



SAN MATEO COUNTY  
**HEALTH SYSTEM**

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***PUBLIC HEALTH FAX ADVISORY***

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**November 10, 2009**

**To: San Mateo County OB Providers**  
**From: San Mateo County Health System, Communicable Disease Control Program**

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Main number 650-573-2346 ♦ fax 650-573-2919 ♦ After-hours communicable disease emergency line 650-363-4981

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**Influenza Like Illness (ILI) is defined as fever > 100.0 or 37.8 and a cough or sore throat.**

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1. CDC Hotline and Guidance for providers caring for pregnant and postpartum women with ILI:

On October 19, 2009, the Centers for Disease Control and Prevention (CDC) established a support line (404-368-2133) for health care providers that will be staffed 24 hours/7 days a week to provide clarification on CDC guidance for pregnant women via telephone consultation with board-certified OB/GYNs.

The CDC guidance that is available on their website regarding the care and treatment of pregnant women can be found at the following links:

[http://www.cdc.gov/h1n1flu/clinician\\_pregnant.htm](http://www.cdc.gov/h1n1flu/clinician_pregnant.htm)

<http://www.cdc.gov/h1n1flu/recommendations.htm>

**If you have questions about this guidance for pregnant women, you may call the CDC at 404-368-2133 and you will be directed to a subject matter expert.**

2. Reporting System Established for Pregnant and Postpartum Women with ILI:

To better understand severe influenza in pregnant and postpartum women, the CDC has also established a voluntary reporting system to improve the timeliness, completeness, and accuracy in nationwide reporting of deaths and ICU admissions for influenza in pregnant women and women with symptoms up to 6 weeks postpartum. The California Department of Public Health (CDPH) is working closely with the CDC to monitor severe influenza infection in pregnant and postpartum women.

**If you are caring for any pregnant or immediately postpartum (within 6 weeks of delivery) women who either die or are admitted to an intensive care unit for treatment of any type of influenza, please email Dr. Janice Louie at CDPH at [swineflureport@cdph.ca.gov](mailto:swineflureport@cdph.ca.gov) to report the case.**

For guidelines regarding **antiviral treatment** and **chemoprophylaxis**, go to [www.smhealth.org/flu](http://www.smhealth.org/flu). Note that women < 2 weeks post partum should be considered high risk for influenza complications and prioritized for antiviral treatment.

If you have any questions about this advisory and/or reporting in general, please contact the Communicable Disease Control Program M-F (650) 573-2346 (Please do not give this number to patients).