

Proclamation

THE BOARD OF SUPERVISORS, COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING JULY 27, 2002 AS

SELF HELP FOR THE ELDERLY, SAN MATEO CENTER DAY

PROCLAIMED, by the Board of Supervisors of the County of San Mateo, State of California,
that

WHEREAS, Self Help for the Elderly proudly celebrates their tenth anniversary on the 27th of July; and

WHEREAS, Self Help for the Elderly is instrumental in involving senior citizens in community activities, and maintains a tri-lingual community center for seniors; and

WHEREAS, Self Help for the Elderly has earned its title "a home away from home" by instructing seniors in exercise and nutrition, and with educational classes on health issues, community concerns and culture, both American and Chinese; and

WHEREAS, One in every four citizens of the city of San Mateo is over the age of fifty-five and the population of Asians has increased 5.2% in 10 years, and that Self Help for the Elderly dutifully serves seniors who often feel alienated from the greater community because of culture, age, and language barriers; and

WHEREAS, Self Help for the Elderly has for ten years maintained a constant \$1.75 price for lunch and a rotation of twenty-four classes all of which are free; and

WHEREAS, Self Help for the Elderly draws on the community of seniors to serve as volunteers, and also depends on the grace of the Volunteer Center of San Mateo County and the Mills Hospital Wellness Center; and

WHEREAS, The San Mateo Center of Self Help for the Elderly depends solely on private donations and it celebrates annually with the highly-successful fundraising dinner, silent auction and fashion show entitled the "Longevity Gala;" and

WHEREAS, The County of San Mateo hopes to be measured and evaluated by the services provided and the care administered for the elderly in our community; and insofar as the County can achieve the ideal level of care and enfranchisement for the elderly, and let it be known that Self Help for the Elderly has done a great deal to help achieve responsible, affordable, efficacious, and gracious care for some of the most vulnerable among us,

NOW, THEREFORE, BE IT PROCLAIMED that the San Mateo County Board of Supervisors designates the 27th of July, 2002 Self Help for the Elderly, San Mateo Center Day, and that the Board of Supervisors recognizes the commitment and quality of care administered by the Center, and that the Board of Supervisors is grateful for such benevolent community service organizations and with wishes for an even more successful decade to come.

DATED: July 27, 2002