STRATEGIC PLAN FOR SERVICES FOR OLDER ADULTS AND ADULTS WITH DISABILITIES

FISCAL YEAR 2001-2002 UPDATE

AND

YEAR-END REPORT FOR FISCAL YEAR 2000-2001



FY 2000-01 YEAR-END REPORT/FY 2001-02 UPDATE WORKPLAN GOALS, OBJECTIVES, AND ACTION STEPS

Introduction

The following workplan describes the activities undertaken by organizations in the senior and disabilities networks to carry out the goals and objectives identified in the Strategic Plan for Services for Older Adults and Adults with Disabilities. Strategic Plan goals and objectives were developed based on input received during a lengthy planning process involving numerous organizations in the senior and disabilities networks and members of the community-at-large-- seniors, adults with disabilities, caregivers, and other concerned individuals. "PD" or "C" identifies activities that qualify under the California Department of Aging's definition of Program Development and Coordination in the second column of the workplan.

Because of the comprehensiveness of the Strategic Plan, the resulting complexity of the Workplan, and the large number of stakeholders (both providers and consumers), the development of implementation activities will take place over an extended period of time. The Implementation Coordination Committee (ICC) meets monthly and monitors the implementation of the Plan, working closely with the New Beginning Coalition, Commission on Aging, Commission on Disabilities, and Aging and Adult Services. The community is kept abreast of implementation activities through the ICC's quarterly newsletter, which is distributed to individuals and programs serving seniors and adults with disabilities.

The Consolidated Workplan is a multi-functional document that consolidates information previously contained in different formats into one document. It continues to serve a variety of purposes--- as a consolidated planning document (which includes the Area Agency on Aging Area Plan), quarterly progress reports, and the Area Agency on Aging Year End Report. Because it is a living document it will be revised from time to time to include new activities and delete those that are no longer appropriate in order to reflect the changing needs of the community it was designed to serve.

Goal 1: CONSUMER INVOLVEMENT IN ADVOCACY, SERVICE PLANNING AND DELIVERY

To involve seniors and adults with disabilities in all aspects of the advocacy, planning, delivery, and evaluation of programs which serve them

Rationale: San Mateo County's network of aging and disabilities providers is committed to the ongoing involvement of consumers in advocacy, planning and delivery of services. Consumers have had an active role in the development of this plan for services for seniors and adults with disabilities and will continue to be involved in its implementation.

Obj. 1 Promote and ex organizations th			dults with disabilities i	n providing vol	unteer support to individuals and
Action	PD & C	How	Who	Timeline	Progress
 Provide support to volunteers that en- ables them to function effectively 		Provide mileage reimburse- ment, insurance, annual recog- nition and other support that encourages individuals to pur- sue volunteer opportunities	Retired and Senior Volunteer Program (RSVP)	FY 2000-05	RSVP provided ongoing support to more than 1100 volunteers in FY 2000-01.
		Recruit, support and refer 150 new RSVP volunteers to non- profit agencies	Retired and Senior Volunteer Program (RSVP)	FY 2000-01	RSVP recruited, supported and referred more than 150 new volun- teers during FY 2000-01.
		Provide BoardNet, a training that prepares community members for becoming mem- bers of boards and assists boards in recruiting and retain- ing good board members	Volunteer Center	FY 2000-05	In FY 2000-01, ten trainings were offered and a retreat was facili- tated.
2. Provide support to agencies that enhances their ability to recruit and maintain volun- teers		Place volunteers in agencies serving seniors and adults with disabilities	Volunteer Center	FY 2000-05	Services were provided in FY 2000-01.
		Match adults age 55 and older with volunteer jobs	Retired and Senior Volunteer Program	FY 2000-05	RSVP assisted older adult volun- teers in securing volunteer place- ments during FY 2000-01.
	· · ·	Implement recruitment cam- paign for volunteers to assist the Brown Bag Program	Retired and Senior Volunteer Program	FY 2000-01	Deleted

[]		Sponsor volunteer exposition,	City of Daly City	FY 2000-01	Deleted
		bringing agencies needing vol-	ony of Dury only	112000 01	
		unteers face-to-face with po-	х.	*	· · · ·
		tential volunteers at the Doel-		1	,
		ger Senior Center			
· · · · · · · · · · · · · · · · · · ·	·	Schedule 5-sessions of the	Volunteer Center	FY 2000-02	In FY 2000-01, ten roundtable ses-
		Volunteer Management Course			sions were scheduled.
		Assess interest in 2 nd (higher)	Volunteer Center	FY 2000-02	Completed assessment and then
		level of volunteer management			provided 8 classes of higher level
		course			volunteer management training.
	PD	Explore the feasibility of par-	Península Commu-	FY 2000-01	Representatives from the three
		ticipating in a national com-	nity Founda-		groups met to discuss the feasibil-
		munity development initiative	tion/Implementation		ity of San Mateo County's partici-
		for older adults that focuses on	Coordination Com-		pation in a national volunteer pro-
		volunteerism	mittee/Civic Ventures		gram. The Peninsula Community
					Foundation will use the informa-
					tion to determine whether to pur-
					sue this program.
3. Provide meaningful	PD	Develop a Memorandum of	Mills-Peninsula	FY 2000-01	Carried over to FY 2001-02
opportunities for sen-		Understanding with schools	Senior Focus	carry over to	
iors and adults with		and/or childcare centers in East	(Foster Grandparent	FY 2001-02	<i>'</i>
disabilities to work as		Palo Alto and Pacifica for vol-	Program)		
volunteers		unteer positions in the Foster			
		Grandparent Program			
	PD	Develop host agency sites	Mills-Peninsula	FY 2000-01	Carried over to FY 2001-02
·	i i	within senior housing facilities	Senior Focus	carry over to	
		for volunteers in Senior Com-	(Senior Companion	FY 2001-02	
		panion Program	Program)		
		Explore new and different vol-	City of San Mateo	FY 2000-01	In FY 2000-01, the center began
		unteer activities to attract the	· ·		involving consumers with com-
		new generation of seniors			puter/computer graphic skills.
					They are assisting in the develop-
					ment of brochures and flyers.
[Expand program efforts in tu-	Mills-Peninsula	FY 2000-01	Recruited a group of volunteers to
		toring and mentoring in ele-	Senior Focus		do tutoring and mentoring in ele-
		mentary schools (low income,	(RSVP)		mentary schools in Daly City and

	English-as-a-Second- Lan-		r	Redwood City. Volunteers were
	guage and minority are high		· · · ·	placed to assist in literacy efforts.
	priorities) for volunteers in the		۰ (piaced to assist in fileracy choits.
	Retired and Senior Volunteer	· · ·	1	
	Program	Citer CD	EV 2000 01	D 1-4-1
	Seniors in Action will recruit	City of Pacifica	FY 2000-01	Deleted.
	senior volunteers to work with			
	childcare programs in Pacifica			
· ·	Veterans Memorial Senior	City of Redwood	FY 2000-05	The Veterans Memorial Senior
	Center will operate a friendly	City		Center provided friendly visiting
	visitor program			services to seniors in Redwood
				City in FY 2000-01.
	In coordination with RSVP,	City of San Bruno/	FY 2000-05	In FY 2000-01, the San Bruno
	the San Bruno Senior Center	RSVP		Senior Center and RSVP coordi-
	will operate a volunteer-based			nated on the operation of a shop-
	shopping program in which			ping program utilizing volunteer
	volunteers will take seniors			shoppers.
	shopping (drive them and ac-		· · · ·	
	company them)		ļ	
	Senior Coastsiders Senior Cen-	Senior Coastsiders	FY 2000-05	In FY 2000-01, Senior Coastsid-
	ter will provide one-on-one			ers' volunteer program matched
	support to seniors and adults			at-risk seniors and adults with dis-
	with disabilities by matching			abilities with volunteers who were
	them with volunteers who will			able to assist them in completing a
	assist them with their personal			variety of personal tasks.
	needs			variety of personal tasks.
······································	Recruit volunteers who will	Senior Coastsiders	FY 2000-05	In FY 2000-01, Senior Coastsiders
	teach classes at the Senior	Somor Coasisiners	11 2000-03	recruited volunteers who assisted
	Coastsiders Senior Center and			
	to deliver Meals on Wheels			them in the delivery of Meals on
	to deriver meals on wheels		1. A.	Wheels and who taught classes at
			TTL OOOD OF	the center.
	Utilize over 350 volunteers to	City of Redwood	FY 2000-05	In FY 2000-01, over 400 volun-
	work with staff to support	City		teers provided support to the cen-
	classes, programs, and events			ter.
	at Veterans Memorial Senior			
;	Center			
	Senior Mental Health will re-	Mental Health	FY 2000-5	In FY 2000-01, Senior Mental

		cruit, train, and place volunteer	Division		Health recruited, trained, and
		senior peer counselors to pro-	(Senior Peer Counsel-		placed volunteer peer counselors
		vide emotional support to sen-	ing Program)		with seniors needing emotional
		iors	0 0 0		support.
· · · · · · · · · · · · · · · · · · ·		Senior Mental Health's La Es-	Mental Health	FY 2000-05	3,413 hours of service were pro-
		peranza Vive program will re-	Division		vided to 77 Spanish-speaking sen-
		cruit, train, and place volunteer	(La Esperanza Vive)		iors in FY 2000-01. In the first
-		Spanish-speaking peer coun-	(p		half of FY 2001-02, 43 Spanish-
		selors to provide emotional			speaking seniors received 1,413
		support to Latino seniors			hours of support.
		Center for Independence of the	Center for Independ	FY 2000-05	
		Disabled (CID) will offer help	Center for Independ- ence of the Disabled	1 1 2000-03	In FY 2000-01, CID provided peer
			clice of the Disabled		counseling to assist consumers
		in overcoming emotional bar-			with emotional issues impacting
		riers to independence by pro-			their independence.
	DD	viding peer counseling services	Man 441 TT - 141 TO' -		
	PD	Start peer counseling support	Mental Health Divi-		The first "platica" group was
		groups for Spanish-speaking	sion (La Esperanza		started at Fair Oaks (Redwood)
		seniors	Vive)		City) in November 2000. A sec-
		-in Redwood City		FY 2000-01	ond group was started in Menlo
		-in Menlo Park		FY 2000-01	Park in January 2001. The groups
		-in San Mateo		FY 2001-02	meet weekly and discuss personal
·		· · · · · · · · · · · · · · · · · · ·			life situations.
	PD	Develop additional north	Mills-Peninsula Sen-	FY 2001-02	
		county host agency sites for	ior Focus (Senior		
· · · · · · · · · · · · · · · · · · ·		volunteers in the Senior Com-	Companion Program)		
, , <u>, , , , , , , , , , , , , , , , , </u>		panion Program		· · · · · ·	
· · ·	PD	Develop additional mid and	Mills Peninsula	FY 2001-02	
		south county host agency sites	Senior Focus (Foster	· ·	
		for volunteers in the Foster	Grandparent		
		Grandparent Program	Program)		
		Utilize Senior Companion	Mills Peninsula	FY 2001-02	5,233 hours of volunteer service
		funding under the Community-	Senior Focus		were provided by Senior Compan-
		Based Services Program to	(Senior Companion		ions in the first six months of FY
		provide 15,660 hours of volun-	Program)		2001-02
		teer hours through 15 sti-	2 <i>i</i>		
		pended volunteer positions			

	·	Services Program Foster	Senior Focus (Foster	r	were provided by Foster Grand-
•		Grandparent Program funding	Grandparent		parents in the first six months of
		to provide 10,440 hours of	Program)		FY 2001-02
		volunteer hours through 10	i iogranij		112001-02
		stipended volunteer positions			
· · · · · · · · · · · · · · · · · · ·		Recruit seniors and persons	Human Investment	FY 2001-02	
		with disabilities to assist in the	Project	FI 2001-02	
			Floject		
		planning and evaluation of a marketing campaign to in-			·
		crease community awareness			
		of the benefits of homesharing			
Ohi 2 Engennage the		bation of consumers in leadershi			
· · · · · · · · · · · · · · · · · · ·	PD				
Action	A C	Нож	Who	Timeline	Progress
1. Involve seniors and		Advocate for passage of Mi-	Commission on Dis-	FY 2000-01,	Per recommendation of the CoD
adults with disabilities		CASSA, national attendant	abilities Legislation	carry over to	Legislation and Advocacy Com-
in advocacy activities		care legislation that allocates	and Advocacy Com-	FY 2001-02	mittee, the CoD sent letters of
		equal funding to maintain peo-	mittee		support. Bill has been reintro-
		ple in their homes as it would			duced as S.1298 and the commit-
		cost to institutionalize them			tee will be analyzing it and
			·		responding
		Advocate from the consumer	Commission on Dis-	FY 2000-01	The committee has been monitor-
		perspective on proposed men-	abilities Legislation		ing mental health legislation, but
		tal health legislation (AB 1800	and Advocacy Com-		has not yet made a recommenda-
		and other)	mittee		tion to the CoD.
		Advocate for nursing home	Commission on Ag-	FY 2000-01	Letters of support were sent in
		reform	ing and Commission		support of legislation sponsored by
			on Disabilities Legis-	, ,	Assemblyman Kevin Shelley.
			lation and Advocacy		
			Committees		· · ·
		Advocate for an increase in	Commission on Dis-	FY 2000-01	Representatives of the CoD par-
		wages for direct care providers	abilities Legislation		ticipated in local and state rallies
	:	for people with developmental	and Advocacy Com-		on this issue.
		disabilities	mittee		· · · · · · · · · · · · · · · · · · ·
		Advocate for the reauthori-	Commission on Dis-	FY 2000-01	The committee did not take a posi-
		zation of the National Devel-	abilities Legislation		tion on this issue.
		opmental Disabilities Act	and Advocacy Com-		
			mittee		

Advocate for legislation sup- porting the expansion of the Multipurpose Senior Services Program	Commission on Aging	FY 2000-01	COA sent letters of support for legislation to increase the funding for MSSP.
Advocate for the utility needs (e.g., gas, electric, and phone) of people with disabilities	Commission on Dis- abilities Legislation and Advocacy Com- mittee	FY 2000-01	Letters were written to both PG&E and PacBell. PG&E response re- sulted in an informational meet- ings involving Aging and Adult Services staff, members of the CoD and CoA, and members of the community-at-large.
Advocate for legislation that will improve patient care (e.g., staff ratios) in Skilled Nursing Facilities	Commission on Ag- ing Legislative Ad- vocacy Committee	FY 2001-02	Letters of support were sent in support of legislation sponsored by Assemblyman Kevin Shelley.
 Encourage consumer participa- tion in the development of Ag- ing and Adult Services out- come measures under Outcome-based Management	Commission on Ag- ing Community- based Continuum of Care Committee	FY 2001-02	
Utilize conference calling and e-mail to facilitate consumer involvement in advocacy re- garding In-Home Supportive Services	In-Home Supportive Services Advisory Committee	FY 2001-02	
Support the development of resident councils at housing complexes	Mid-Peninsula Housing Coalition	FY ⁻ 2001-02	
Schedule a joint study session regarding Olmstead implemen- tation and MiCASSA	Commission on Dis- abilities/Mental Health Advisory Board	FY 2001-02	
Advocate on behalf of Section 8 recipients with mental health disabilities who are at risk of being terminated from the pro- gram because of behavioral	Commission on Dis- abilities Joint Hous- ing Task Force	FY 2001-02	

	(disability-related issues)			
	Sponsor Senior Legislative Briefing by Assemblyman Jo- seph Simitian	Commission on Ag- ing Legislative Ad- vocacy Committee	FY 2001-02	,
2. Provide an ongoing opportunity for sen- iors to influence and participate in the de- velopment of public policy	Convene meetings of the Com- mission on Aging and its committees/task forces to dis- cuss issues relating to the in- dependence and well-being of seniors	Aging and Adult Services	FY 2000-05	The Commission on Aging and its committees/task forces met regu- larly to address senior issues.
	Appoint liaisons to key organi- zations addressing the needs of older adults	Commission on Aging	FY 2000-05	CoA maintains liaisons to the Paratransit Coordinating Council, the Implementation Coordination Committee, Commission on Dis- abilities, Legal Aid Society, Adult Day and Day Health Network, Meals on Wheels Coalition, In- Home Supportive Services/Public Authority Advisory Committee, New Beginning Coalition, COA/COD Joint Housing Task Force, California Senior Legisla- ture, and AAA Council of Califor- nia.
	Establish liaison relationship with senior centers	Commission on Aging Community- based Continuum of Care Committee	FY 2000-05	A member of the COA Executive Committee attends the quarterly meetings of the senior center di- rectors. In FY 2001-02, senior center directors began sending a member of their group to the Community-Based Continuum of Care Committee.
	Appoint liaisons to key organi- zations addressing the needs of people with disabilities	Commission on Disabilities	FY 2001-05	Children and Families First, AAPC, Commission on Aging, Health Plan of San Mateo, MOW Coalition, Mental Health Advisory Board, More Family Resource

				Center Advisory, Paratransit Co- ordinating Council, Second Har- vest Food Bank, and IHSS Public Authority Advisory Committee
3. Provide an ongoing opportunity for per- sons with disabilities to influence and par- ticipate in the devel- opment of public pol- icy	Convene meetings of the Com- mission on Disabilities and its committees/task forces to discuss issues relating to the independence and well-being of persons with disabilities	Aging and Adult Services	FY 2000-05	In FY 2000-01, CoD met with rep- resentatives from Mental Health Services and the Mental Health Advisory Board to discuss AB 1800 (Thompson) that expanded the criteria under which involun- tary mental health treatment for people with mental health disabili- ties could be rendered. A com- promise position, which stressed voluntary treatment options, was reached locally and recommended to our elected officials.
	Appoint liaisons to key organi- zations addressing the needs of people with disabilities	Commission on Disabilities	FY 2000-05	Liaison positions have been estab- lished with the Health Plan of San Matco, Second Harvest Food Bank, Commission on Aging, Im- plementation Coordination Com- mittee, and IHSS Public Authority Advisory Committee.

W-11

•

 \sim

Goal 2: RESPONDING TO LOCAL COMMUNITY NEEDS

To provide a coordinated network of services and supports that responds to local community needs

Rationale: A coordinated continuum of services and supports is necessary to maximize the independence and maintain quality of life of seniors and adults with disabilities and prevent their premature or inappropriate institutionalization. It must respond to the needs of the diverse population in San Mateo County--- people who are both rural and suburban, of all income levels, speaking a wide range of languages, and reflecting a variety of cultures.

Obj1 Provide services that assist individuals in their role as caregivers for adults or children						
Action	PD &C	Нош	Who	Timeline	Progress	
1. Provide educational forums at places of business for employed caregivers	PD	Provide a series of seminars for County employees	San Mateo County Aging and Adult Services and Employee Health and Fitness	FY 2000-02	In FY 200)-01, all-day seminars were held at Redwood City and San Mateo locations. Presenta- tions covered In-Home Services, Safety in the Home, Legal Issues, Psychosocial Aspects of Caregiv- ing, and County Benefits support- ing caregivers. Written informa- tion about a wide variety of issues and resources was distributed.	
2. Provide relief for caregivers		Utilize funds from the Respite Purchase of Service program to contract with agency to provide respite services	Aging and Adult Services	FY 2000-05	In FY 2000-01, 1,653 units of respite services were provided to 76 persons.	
		Provide assistance with care planning through individual counseling, group counseling, and respite	Family Caregiver Alliance	FY 2000-5	In FY 2000-01, home visits were conducted to discuss care planning and community resources. Respite services were provided to family caregivers of brain impaired adults.	
		Provide in-home respite (in- cluding 24-hour emergency services) for those who live at home with families	Community Associa- tion for Rehabilita- tion	FY 2000-5	In FY 2000-01, Community Asso- ciation for Rehabilitation provided respite services for families in which the care recipient lived at home.	
3. Facilitate support		Facilitate caregiver support	Coastside Adult Day	FY 2000-05	In FY 2000-01, the center facili-	

groups for individuals		group at Coastside Adult Day	Health Center	· · · · · · · · · · · · · · · · · · ·	tated a support group for caregiv-
caring for adults		Health Center			ers.
		Sponsor monthly caregivers support group	Peninsula Volunteers Rosener House	FY 2000-05	In FY 2000-01, Rosener House facilitated a monthly support group for caregivers.
		Start/provide caregiver support groups	Jewish Family and Children's Services	FY 2000-05	Support group services were pro- vided for family caregivers in FY 2000-01.
		Facilitate caregiver support group	Mills Peninsula Senior Focus	FY 2000-05	In FY 2000-01, Mills-Peninsula Senior Focus facilitated a support group for caregivers.
		Facilitate monthly support group for caregivers	Catholic Charities (San Carlos Adult Day Support Center)	FY 2001-02	
4. Provide support to grandparents raising grandchildren		Hold weekly support group meetings for grandparents rais- ing grandchildren at the East Palo Alto Senior Center	East Palo Alto Senior Center/ Grandparents Raising Grandchildren Group	FY 2000-05	In FY 2000-01, the support group for grandparents raising grandchil- dren met at the East Palo Alto Sen- ior Center. Edgewood Kinship Support Services serves ad a re- source to the group and its mem-
		Explore the feasibility of start- ing a state-funded pre-school at Fair Oaks Senior Center to provide respite for grandpar- ents raising grandchildren	Family Service Agency	FY 2000-01	bers. The center decided it was not fea- sible at this time and postponed the decision to some time in the future.
		Explore feasibility of moving its Grandparents Raising Grandchildren Group to the Fair Oaks Senior Center	Family Service Agency	FY 2000-01	Because group has not been active, the decision to move the group was postponed.
	PD	Develop and disseminate bro- chure to educate grandparents raising grandchildren about re- sources that are available	Edgewood Kinship Support Services Program/Aging and Adult Services	FY 2000-01	A brochure was developed. It has been disseminated at support groups and a conference for rela- tive caregivers.
		Facilitate kinship support groups in San Mateo, East Palo Alto, Daly City and South San	Edgewood Kinship Support Services Program	FY 2000-05	Services were provided in San Mateo (2 groups), Daly City, and East Palo Alto in FY 2000-01. In

		Francisco that provide peer mentoring, support services, parenting help, and youth serv- ices for grandparents and other relatives raising their relatives' children as an alternative to foster care			August 2001, the Daly City group relocated to South San Francisco.
5. Provide resource ma- terial and training that enhances the skills of formal and informal caregivers		Provide a 56-hour home atten- dant training course (thru adult schools in San Mateo, Daly City, and through OICW) that trains people who are taking English-as-a Second-Language to do non-medical homecare	Alliance for Aging Independently	FY 2000-01	Organization ceased operation in January 2001. Some of the train- ing formerly provided by Alliance for Aging Independently has been picked up by other organizations.
	PD	Provide 6 sessions of training (Nutrition, Multi-cultural cook- ing, transferring, stress reduc- tion, emergency preparedness and safety, and community re- sources) for caregiver providers	Public Authority	FY 2000-01	In FY 2000-01, the Public Author- ity sponsored 6 training sessions for caregivers. Training sessions were well attended and attracted members of the community-at— large in addition to providers in the In-Home Supportive Services Program. The issues covered pro- vided caregivers with skills that enhanced the safety and care of the persons they were serving.
		Train qualified staff to go into family home and be a compan- ion to the adult and give the family members respite	Community Association for Rehabilitation	FY 2000-5	In FY 2000-01, Community Asso- ciation for Rehabilitation provided respite for family members by providing staff that served as in- home companions.
		Provide workshops and confer- ences related to brain impair- ment	Family Caregiver Alliance	FY 2000-5	Four educational activities took place in FY 2000-01: a workshop on Caregiving and Aging websites at the Wellness Center in San Mateo (25 people attended); a se- ries of classes on Controlling Frus- tration in March 2001 at the Vet-

				erans Memorial Seniors Center (8 people attended); a workshop on Love, Marriage and Memory Loss at the Menlo Park Veterans Ad- ministration in April 2001 (41 people attended); and a workshop for Spanish-speaking caregivers at the Fair Oaks Senior Center in April 2001 (23 attended).
	Teach 10-hour course, "Elders Caring for Elders," for family members and friends at Re- deemer Lutheran and Messiah Lutheran churches	Alliance for Aging Independently	FY 2000-01	Organization ceased operation in January 2001.
PD	Produce and disseminate quar- terly newsletter to enhance communication and offer sup- port to caregivers	Public Authority	FY 2000-05	Newsletters were produced and disseminated in FY 2000-01.
PD	Provide free half-day workshop for caregivers	Commission on Aging/ Commission on the Status of Women	FY 2001-02	Conference had standing room only crowd. The event focused on the physical and emotional health of the caregiver and included a keynote speaker and two panels of experts. A video tape of the con- ference is available.
	Provide HIV/AIDS training and education to Independent Providers and Contract Provid- ers under In-Home Supportive Services	Aging and Adult Services (AIDS Case Man- agement)	FY 2001-02	
PD	Provide 6 sessions of training for caregiver providers (includ- ing food safety, first aid, diabe- tes, CPR, Alzheimer's Disease, and depression)	Public Authority	FY 2001-02	
	Through Caregiver Training Grant, encourage people to go	Public Authority/ Human Services	FY 2001-02	

Ø	· · · · · · · · · · · · · · · · · · ·	into the health field and to im-	Agency	· · · · · · · · · · · · · · · · · · ·	
· • • •		prove the skills of those who			
		are already involved in caregiv-			
		ing			
		Develop a curriculum for Care-	Mills-Peninsula	FY 2001-02	
		giver University, a program of	Senior Focus		
		the Wellness Center			
Obj2 Provide services	s that j	promote the nutritional health of	seniors and adults wit	h disabilities	
Action	PD &C	How	Who	Timeline	Progress
1. Improve knowledge		Provide nutrition counseling to	Aging and Adult	FY 2000-05	In FY 2000-01, 182 hours of coun-
of nutrition issues		Meals on Wheels recipients	Services Nutritionist		seling were provided to partici-
		who have been identified as at-			pants in the Meals on Wheels Pro-
		risk by their responses to the			gram.
		Nutrition Initiative Survey			
	_	Provide four educational pro-	Aging and Adult	FY 2000-05	In FY 2000-01, 64 nutrition educa-
		gram at each Older Americans	Services Nutritionist		tion presentations were provided
		Act-funded Congregate Nutri-			for participants at Older Ameri-
		tion site per year			cans Act-funded Congregate Nu-
					trition sites.
· · ·		Include nutrition information	Aging and Adult	FY 2000-05	Nutritional information was pro-
		on the back of monthly menu	Services Nutritionist		vided on the back of each of the
		that is distributed to partici-			monthly menus in FY 2000-01.
	•••	pants at the Congregate Nutri-			
		tion sites receiving meals from			
		San Mateo County General			
		Hospital's central kitchen			· · · · · · · · · · · · · · · · · · ·
		Hold class for consumers on	City of Daly City	FY 2000-05	In FY 2000-01, the Doelger Senior
		making ethnic cuisine healthier			Center held classes on how to
		at the Doelger Senior Center			modify ethnic recipes to make
					them healthier.
		Hold informational meeting on	New Beginning	FY 2000-01	The April 2001 quarterly meeting,
		nutrition and wellness for sen-	Coalition		which took place at the El Camino
		iors and adults with disabilities			Senior Center in South San Fran-
					cisco, focused on nutrition and
					wellness
·		Implement newly developed	Family Housing and	FY 2000-05	A nutritional health program was

· · · · · · · · · · · · · · · · · · ·		nutritional health program in residential programs evaluat-	Adult Resources		started by Family Housing and Adult Resources in FY 2000-01
		ing the way food is purchased, developing new menus (health-			and is now ongoing.
		ier, better balanced), and hav-			
		ing clients participate in menu planning and in nutritional			· · · · · · · · · · · · · · · · · · ·
		classes			
		Provide ongoing written mate-	Second Harvest Food	FY 2001-02	
		rials and conduct quarterly on- site nutrition workshops for all	Bank		
•		Brown Bag Program partici-			
		pants			
·······	1	Teach consumers how to alter	City of Daly City	FY 2001-02	
		traditional ethnic recipes to	(Doelger Senior		
		make them healthier as part of	Center)		
		the Cooking Up Wellness pro- gram			
	PD	Provide revised information to	San Mateo County	FY 2001-02	
		consumers on meeting diabetic	Central Kitchen	·	
		dietary requirements through		•	
······································		healthy balanced diets			
	PD	Send notices to Meals on Wheels participants inviting	San Mateo County Central Kitchen	FY 2001-02	
,		them to contact the Nutritionist			
· .		for personal guidance regarding			
		diabetic diets			· ·
· · · · · · · · · · · · · · · · · · ·	PD	Offer Congregate Nutrition	San Mateo County	FY 2001-02	
		sites the opportunity to sched-	Central Kitchen		
		ule cooking demonstrations as part of their Nutrition Educa-			
		tion activities			
·····		Allocate Title IIIC1 funding to	Aging and Adult	FY 2001-02	
		community-based organiza-	Services		
		tions to provide 154 units of			
	ļ	Nutrition Counseling			
	<u> </u>	Allocate Title IIIC1 and IIIC2	Aging and Adult	FY 2001-02	

		funding to an organization that will provide 76 units of Nutri- tion Education	Services		
2. Provide affordable		Operate Older Americans Act-	Twin Pines Senior	FY 2000-05	The City of San Mateo started do-
well-balanced meals		funded Congregate meal sites	Center, Lincoln Park		ing a non-Title III Congregate Nu-
for seniors and adults		that provide mid-day meals for	Nutrition Site, Doel-		trition program in FY 2000-01.
with disabilities		seniors at sites throughout San	ger Senior Center		The Older Americans Act-funded
		Mateo County	(added in FY 2001-		Congregate Nutrition Program
			02), Self-Help for the		provided 159,289 meals to seniors
			Elderly, East Palo		in FY 2000-01.
			Alto Senior Center,		
			Senior Coastsiders,		
			Menlo Park Senior		
			Center, Millbrae Sen-		
			ior Center(deleted in		
			FY 2001-02),		
			Pacifica Senior Serv-		
			ices, Fair Oaks Senior		
,			Center, San Bruno		
	· ·		Senior Center, San		
			Carlos Senior Center,		
			City of San Mateo		
			Senior Center (de-		
			lete), Martin Family		
			Service Agency		
			Luther King Center		
			and Fair Oaks Senior		
			Center, South San		
			Francisco-El	, · · ·	
			Camino Senior Cen-		
			ter and Magnolia		
			Center		
		Operate Older Americans Act-	Peninsula Volunteers,	FY 2000-05	The Older Americans Act-funded
	5	funded Meals on Wheels pro-	Catholic Charities,	1 2 2000 00	Meals on Wheels Program pro-
		grams, providing mid-day	City of Pacifica, and		vided 164,191 meals to seniors in
		meals to seniors throughout	Senior Coastsiders		FY 2000-01.
		San Mateo County			1 2000 01.

	Collaborate with St. Andrew	Self-Help for the	FY 2000-01	In FY 2000-01, meals were pro-
	Church in Daly City to develop	Elderly		vided 4 days per week at the St.
	a 5-day a week lunch program	5		Andrew meal site.
	Operate a lunch program at San	City of San Carlos	FY 2000-05	Services were provided three days
	Carlos Senior Center			a week and for special events in
				FY 2000-01.
	Provide home-delivered meals	Peninsula Volunteers,	FY 2000-05	The Supplemental Meals on
	to adults with disabilities	Catholic Charities,		Wheels Program provided 19,996
	through the Supplemental	City of Pacifica, and		meals to 163 individuals in FY
	Meals on Wheels Program	Senior Coastsiders		2000-01.
	Provide subsidies to the Sup-	Health Plan of	FY 2000-01	Due to financial constraints, the
	plemental Meals on Wheels	San Mateo		Health Plan of San Mateo has been
	Program that will enhance the			unable to provide the meal subsi-
	access of adults with disabili-			dies for Medi-Cal recipients under
	ties under 60 years of age who			age sixty.
	are Medi-Cal recipients to			
	home-delivered meals			
	Introduce a breakfast club for	Millbrae Senior	FY 2000-01	A brunch club was initiated but
	seniors that will meet two days	Center		was terminated because it did not
,	per week at the Millbrae Senior			attract a large enough group.
	Center			
	Provide alternative nutrition	City of Daly City	FY 2000-05	The City of Daly City continues to
	program at Doelger Senior			operate this program. In FY 2001-
	Center in which senior volun-			02, the program became a Title III
	teers prepare and serve nutri-			C-1 funded Congregate Nutrition
	tionally sound lunches for sen-			Site.
	iors		÷	
	The Doelger Senior Center's	City of Daly City	FY 2000-05	In FY 2000-01, the Doelger Senior
	Express Program will deliver			Center froze and delivered entrees
	frozen entrees once a week to			prepared in its Congregate Meal
	homebound seniors			Program to individuals in the Daly
				City area.
	Operate privately-funded lunch	City of Redwood	FY 2000-05	In FY 2000-01, the Veterans Me-
	program at Veterans Memorial	City		morial Senior Center operated a
	Senior Center			privately-funded lunch program at
		•		the senior center.
	Operate lunch program two	City of Burlingame	FY 2000-05	In FY 2000-01, the City of Bur-

,		days per week at Burlingame Recreation Center			lingame provided lunch twice a week at the Burlingame Recrea- tion Center.
	-	Sponsor volunteer-operated "No Strings Breakfast" (no eli- gibility requirements) on Sat- urdays at the Senior Center/ Community Center and pro- vides home-delivered meals on Saturdays	Senior Coastsiders	FY 2000-05	In FY 2000-01, Senior Coastsiders sponsored a weekly Saturday breakfast. Meals were delivered to those who were unable to attend.
		Provide daily mid-day meals for seniors at Little House. Also provide evening meal for seniors on Thursday evenings at Little House	Peninsula Volunteers	FY 2000-05	In FY 2000-01, daily mid-day meals were provided and occa- sional Thursday and other evening meals.
		Once a month, Senior Coastsiders will schedule din- ner outing for seniors partici- pants	Senior Coastsiders	FY 2000-05	Outings were scheduled an aver- age of once a month during FY 2000-01
· · ·		Provide mid-day meal program for seniors	City of San Mateo (San Mateo Senior Center)	FY 2001-05	The City of San Mateo provided a mid-day meal program for seniors at the San Mateo Senior Center in FY 2000-01.
		Provide soup and salad lunch program two days per week	City of Millbrae (Millbrae Senior Cen- ter)	FY 2001-02	
	PD	Incorporate more healthy ethnic recipes into Congregate Nutri- tion program provided at Doel- ger Senior Center and Lincoln Park Community Center	City of Daly City	FY 2001-02	
		Supplement Congregate Meal Program with produce from senior center garden	Fair Oaks Senior Center	FY 2001-05	
		Allocate Title IIIC1 funding to community-based organiza- tions to provide a total of	Aging and Adult Services	FY 2001-02	

	196,728 senior meals under the			<u> </u>
	Congregate Nutrition Program			
	Provide Title IIIC2 funding to	Aging and Adult	FY 2001-02	
	community-based organiza-	Services		
	tions to provide a total of			
· ·	177,010 home-delivered senior			
	meals		· .	
	Provide local funding to com-	Aging and Adult	FY 2001-02	
	munity-based organizations to	Services		
	provide a total of 19,555 home-			
 	delivered non-senior meals			
3. Provide access to food	Provide food to low income	Second Harvest	FY 2000-01	In FY 2000-01, the Brown Bag
for seniors and adults	seniors at Brown Bag Program	Food Bank		Program served 1,820 consumers.
with disabilities who	sites throughout San Mateo			A total of 360 Brown Bags are de-
are low income and/or	County. Arrange for delivery			livered by Meals on Wheels driv-
have difficulty shop-	of food to individuals unable to			ers to individuals unable to come
ping	come to site			to the site. In June 2001, a new site
				was started at Self-Help for the
	Expand 2 nd Helping Program	Second Harvest Food	FY 2000-01	Elderly. Through its 2 nd Helping Program,
		Bank	1 1 2000-01	Second Harvest Food Bank will
		Daik		expand its collection of already-
				prepared meals from restaurants
				for delivery in bulk to social serv-
				ice organizations
	Operate specialized countywide	Center for Independ-	FY 2000-05	In FY 2000-01, Center for Inde-
	shopping assistance program,	ence of the Disabled		pendence of the Disabled provided
	doing grocery shopping and			shopping assistance and delivery
	delivery for those who are			for individuals who were unable to
	homebound			shop.
	Volunteers will provide trans-	Friendly Visiting	FY 2000-05	In FY 2000-01, the City of San
	portation for grocery shopping	Service and City of		Mateo and Friendly Visiting Serv-
	for San Mateo residents	San Mateo		ice provided volunteer transporta-
				tion to assist San Mateo residents
				who were unable to shop on their
				own.
· · · · · · · · · · · · · · · · · · ·	The Caring Cupboard Food	City of San Carlos	FY 2000-05	In FY 2000-01, the center's Caring

		Program at the San Carlos Sen- ior Center will provide free groceries twice a month to San Carlos seniors who are eligible			Cupboard provided free food items to eligible San Carlos seniors.
		SASH (Shopping Assistance for Seniors who are Home- bound) programs throughout San Mateo County match sen- iors with volunteers who will grocery shop for them	Cities of Belmont, Burlingame, Foster City, Millbrae, Pacifica, Redwood City, San Bruno, San Carlos, San Mateo, South San Francisco	FY 2000-05	In FY 2000-01, SASH volunteers in a variety of locations throughout San Mateo County provided gro- cery shopping services for seniors who were unable to shop for them- selves.
		Provide volunteer assistance for frail seniors while on shop- ping trips	City of San Bruno	FY 2000-05	In FY 2000-01, the City of San Bruno provided frail seniors with volunteers to assist them in shop- ping.
	PD	Open 2 new Brown Bag sites	Second Harvest Food Bank	FY 2001-02	
	PD	Implement pilot program that provides free vouchers to low- income seniors to purchase fresh fruit and vegetables at local farmers markets	Second Harvest Food Bank	FY 2001-02	The Farmer's Market Nutrition Program was implemented in July 2001. A limited number of cou- pon booklets were made available to participants in Second Harvest's Brown Bag Program.
4. Improve and expand nutrition-related serv- ices and programs		Ensure acceptability of menus by clients in Meals on Wheels program by developing and administering a customer satis- faction survey that addresses meal quality	Aging and Adult Services/ Meals on Wheels Coalition	FY 2000-01	A survey was administered and the results were tallied.
		Investigate the need for food services for adults with dis- abilities and implement what is needed	Second Harvest Food Bank, Commission on Disabilities, and Center for Independ- ence of the Disabled	FY 2000-01	On September 25, Second Harvest Food Bank met with providers to discuss the issue. A food pantry was established at CID as a pilot project. Program is ongoing now and serves 14-15 of their consum- ers per month.
L	L	Meet with community-based	Second Harvest Food	FY 2000-01	The Food Bank met with agencies

[·	organizations to discuss their	Bank	[in Redwood City and started a
		need and interest in reducing		-	Family Harvest at Fair Oaks. Also
		the cost of their food programs			met with disability providers and
		by utilizing food from the Food			started a weekly food closet at the
		Bank.			independent living center.
			Second Harvest	FY 2000-01	The Food Bank increased the
[PD	Provide more ethnically appro-		FI 2000-01	
		priate foods that are geared to	Food Bank		amount and diversity of ethnic
		the participants at each Brown	•		foods provided in the Brown Bags.
		Bag location		TTL 0000 01	
	PD	Explore the feasibility of estab-	Second Harvest	FY 2000-01	The Food Bank met with the Di-
		lishing a new Brown Bag site	Food Bank		rector of Peninsula Volunteers and
		in Menlo Park			visited on of its senior housing
					complexes. They are still discuss-
					ing the possibility of establishing
					an additional Menlo Park site.
	PD	Investigate the need for estab-	Second Harvest	FY 2000-01	An additional Brown Bag site was
		lishing an additional Brown	Food Bank		opened one at Pilgrim Plaza, a sen-
		Bag site in mid-county and im-			ior housing complex in San Mateo.
		plement, if needed			
	С	Using Congregate Nutrition	Commission on	FY 2000-01	The Nutrition Committee devel-
		Task Force Report, design tool	Aging Nutrition		oped an evaluation tool that indi-
		to assess ambience at Congre-	Committee		vidual sites could use to evaluate
	•	gate Nutrition sites			participant reaction to the envi-
					ronment and nutrition program in
					general.
	C	Using Congregate Nutrition	Commission on	FY 2000-01,	The groundwork was completed in
		Task Force Report, develop	Aging Nutrition	carry over to	FY 2000-01. An RFP for an out-
		countywide outreach plan for	Committee	FY 2001-02	reach coordinator will go out in
		the Congregate Nutrition Pro-	Committee	112001-02	FY 2001-02
		gram			1 1 2001-02
	PD	Using the findings of the Con-	Commission on	FY 2000-01,	Four pilot programs were imple-
	_	gregate Nutrition Task Force	Aging Nutrition	carry over to	mented late in FY 2000-01. The
		Report, develop pilot programs	Committee/ Congre-	FY 2001-02	projects will be evaluated during
		to enhance the participation of	gate Nutrition Pro-	1 1 2001-02	FY 2001-02.
		seniors at Congregate Nutrition	viders	r -	1 1 2001-02.
		sites	, viucia		
	C	Continue to develop products	Commission on	FY 2000-01	Valuetoon handhaale was welded
		Commue to develop products		ri 2000-01	Volunteer handbook was updated

		that will support Congregate Nutrition sites (volunteer hand- books, supervisors handbook)	Aging Nutrition Committee		and distributed to Congregate Nu- trition sites.
	C	Continue to research and evaluate emergency meal op- tions and procedures	Commission on Aging Nutrition Committee	FY 2000-02	Still trying to identify a package that we can give that is affordable and meets requirements for emer- gency meals for three days.
	C	Explore the feasibility of using a universal senior card that also serves as a meal card	Commission on Aging Nutrition Committee	FY 2000-01	The Committee researched the vi- ability of using a meal card and determined that other counties found that is it was problematic.
	PD	Evaluate the success of the four Congregate Nutrition Pilot Programs implemented in FY 2000-01	Commission on Aging Nutrition Committee	FY 2001-02	
	PD	Contract with Outreach Coor- dinator who will develop mar- keting program for Congregate Nutrition sites	Commission on Aging Nutrition Committee	FY 2001-02	
Obj3 Promote the po	12	nteraction between individuals f	com different generatio)ns	
Action	<i>PD</i> & <i>C</i>	Ною	Who	Timeline	Progress
1. Provide work and/or recreational		Invite preschoolers from city- operated childcare center to	City of South San Francisco	FY 2000-01	Deleted
opportunities for individuals of different generations to develop positive		participate in art and music ac- tivities four times a year at the South San Francisco Adult Day Care Center			
relationships		Senior Coastsiders will sponsor an intergenerational Calendar Contest that highlights the posi- tive interaction between generations and market the intergenerational calendars that are developed	Senior Coastsiders	FY 2000-01	A contest was held and an intergenerational calendar was produced.
		Intergenerational group consist-	Senior Coastsiders	FY 2000-01	Deleted

		Senior Coastsiders and Half Moon Bay High School will embark on special projects							
		Sponsor Intergenerational thea- ter project with San Bruno schools	City of San Bruno (San Bruno Senior Center)	FY 2000-02	In FY 2000-01, the San Bruno Senior Center sponsored a theater project in which school children worked together with seniors.				
		Sponsor intergenerational mentoring program involving students at local high school who will participate in food service program at Doelger Senior Center	City of Daly City	FY 2000-01	Program was implemented in FY 2000-01 and ran through the be- ginning of FY 2001-02, when it was terminated due to the illness of the teacher.				
		Invite children from local schools to participate in special events at East Palo Alto Senior Center	East Palo Alto Senior Center	FY 2000-01	On three occasions, children from local schools came to the center and participated in holiday cele- brations. They sang, read, made cards, and gave programs.				
		Group of children with disabili- ties will volunteer once a week to assist East Palo Alto Senior Center's Congregate Meal Pro- gram	East Palo Alto Senior Center	FY 2000-01	Every Thursday, when school was in session, a group of children with disabilities came to the senior cen- ter.				
		Recruit a student with a disabil- ity to serve on the Youth Commission and be a liaison to the Commission on Disabilities	Commission on Dis- abilities/Youth Commission	FY 2001-02					
		Distribute Disabilities Aware- ness Curriculum developed for third graders by the Commis- sion on Disabilities and MORE Family Resource Center	CoD/MORE Family Resource Cen- ter/Office of Educa- tion	FY 2001-02					
their independe		d/or quality of life	·······						
Action	PD &C	Нош	Who	Timeline	Progress				
1. Improve coordination		Schedule quarterly meetings of	Aging and Adult	FY 2000-05	During FY 2000-01, AAS met				

among providers in the senior and disabili- ties networks		agencies serving seniors and adults with disabilities	Services		with providers. Per their request, we have reduced the number of meetings to 3 times per year.
	С	Explore the feasibility of con- solidating all senior services on Coastside into one location	Senior Coastsiders/ Coastside Adult Day Health Care/Aging and Adult Services	FY 2000-01	A planning group met over a pe- riod of months, projected the space needs of the two programs, and made recommendations regarding the design and use of the new building.
	С	Develop and implement plans to bring In-Home Supportive Services and Conservatorship program staff together with staff from Mental Health and Golden Gate Regional Center to discuss issues of their mutual clients	Aging and Adult Services	FY 2000-05	In FY 2000-01, supervisors from Aging and Adult Services (Adult Protective Services, IHSS and Public Guardian units) met with supervisors from Golden Gate Re- gional Center to discuss clients in common.
	С	Host open houses to enhance communication between In- Home Supportive Service pro- vider, social workers, union, and Public Authority staff	Public Authority	FY 2000-01	The Public Authority invited so- cial workers, providers, union, and Public Authority staff to attend three open houses, one at AAS and two in the community. While the turnout was moderate, it was an opportunity for providers to ask questions, meet the staff, and es- tablish relationships.
	C	Schedule meetings involving Aging and Adult Services and Mental Health staff to improve referrals from TIES and Case Management programs to sen- ior peer counseling program	Aging and Adult Services/ Mental Health Division	FY 2000-05	In FY 2001-05, Aging and Adult Services staff met with Mental Health chiefs to determine when it was appropriate to make referrals.
	C	Meet with hospital discharge planners to increase referrals to the Multipurpose Senior Serv- ices Program	Aging and Adult Services	FY 2000-01	A nurse and social worker from both the Multipurpose Senior Services Program and Linkages made presentations to discharge planners at four hospitals.

C	The AIDS Case Management programs will meet monthly with the AIDS Program, the Mental Health Association, Health Outreach Team, Public Health Nurses and social work- ers from Aging and Adult Serv- ices to discuss treatment strate- gies and client issues	Aging and Adult Services/Mental Health Association, and the Health Outreach Team	FY 2000-05	In FY 2000-01, the group met regularly. In addition to discuss- ing treatment plans, they also avoided duplication of services.
	Provide regular updates to each of the programs within Aging and Adult Services on the availability of funding for the purchase of respite services	Aging and Adult Services	FY 2000-05	In FY 2000-01, supervisors from each of the units in Aging and Adult Services received an update on the availability of funds for the purchase of respite services at their bi-monthly meeting
	Attend meetings of Psychiatric Utilization Review, Cordilleras Utilization Review, and Resi- dential Meetings at Mental Health	Aging and Adult Services	FY 2001-02	
C	Schedule meetings involving the central kitchen and Congre- gate and Meals on Wheels pro- viders utilizing its services	Aging and Adult Services	FY 2001-02	
C	Schedule meeting to discuss issues and client in common	Aging and Adult Services/Mental Health, Golden Gate Regional Center	FY 2001-02	
	Make presentations to hospital discharge planners at various hospitals to encourage referrals to Multipurpose Senior Serv- ices Program	Aging and Adult Services	FY 2001-02	
	Make presentations to social day care and adult day health care programs to encourage referrals to the Multipurpose	Aging and Adult Services	FY 2001-02	

		Senior Services Program			
		Schedule a meeting to improve coordination and increase communication regarding client	Aging and Adult Services/Older Adults Care Man-	FY 2001-02	
	_	needs	agement		
		Schedule monthly meetings between Mental Health (Access and San Mateo Senior Serv-	Aging and Adult Services/ Mental Health	FY 2001-02	
		ices) and Centralized Intake staff to discuss clients they have in common	Division		
	С	Schedule a minimum of two meetings involving staff from Centralized Intake and the Commissions and Provider	Aging and Adult Services	FY 2001-02	
		Services Unit to talk about how the units can work together to effectively address client con- cerns and issues			
		Schedule a series of meeting to improve information sharing between Social Security and Aging and Adult Services	Aging and Adult Services	FY 2001-02	
	С	Community liaison will meet monthly with staff at senior programs to discuss client is- sues and to promote referrals to the TIES Line	Aging and Adult Services	FY 2001-02	
<i></i>	С	Community liaison will meet with contracted case managers to review cases and encourage referrals to the TIES Line and other resources	Aging and Adult Services	FY 2001-02	
		Meet quarterly with staff from other Senior Peer Counseling programs participating in the Northern California Senior	Senior Peer Counseling/ La Esperanza Vive	FY 2001-05	

		Peer Counseling Network to discuss issues of mutual con- cern			
	PD	Plan for the co-location of serv- ices for seniors and adults with disabilities on the Coastside	Coastside Adult Day Health Center/Senior Coastsiders	FY 2001-02	Plans for the co-location are in process and the capital campaign is underway. A consultant has been hired to help them look at economic feasibility.
2. Provide services and supports that keep at- risk young adults and seniors independent and safe		Operate a variety of case man- agement programs -Centralized Intake (short- term case management) -Multipurpose Senior Services Program -Linkages -AIDS/AIDS Waiver Programs	Aging and Adult Services	FY 2000-05	In FY 2000-01, Aging and Adult Services provided a variety of case management programs to seniors and adults with disabilities.
		Monitor people who are on the Linkages waiting list by phone to ensure their safety	Aging and Adult Services	FY 2000-05	Linkages waiting list was moni- tored during FY 2000-01.
		Maintain a computerized regis- try of In-Home Supportive Services providers	IHSS Public Authority	FY 2000-05	In FY 2000-01, a computerized registry of providers was main- tained.
		Operate Lifeline, a 24-hour telephone emergency response system that links at-risk indi- viduals with central response center	Mills-Peninsula Hos- pital, Catholic Healthcare West, and Stanford University Hospital	FY 2000-05	24-hour Lifeline services were provided for at-risk individuals by a variety of organizations in FY 2000-01.
		The Heart-to-Heart Line will provide daily or frequent calls to homebound individuals	Assistance League of San Mateo County— Friendly Visiting Service	FY 2000-05	In FY 2000-01, the Friendly Visit- ing Service linked homebound in- dividuals with volunteers who called them to provide emotional support.
		Operate Tele-Care Telephone Service	Seton Medical Center	FY 2000-05	In FY 2000-01, Tele-Care pro- vided personal contact via the telephone for homebound indi- viduals.

PD	Operate Special Circumstances Allowance Program to cover the cost of non-recurring spe- cial needs for low income adults Develop pilot program that provides identification brace- lets for residents of residential care facilities who have demen- tia	Aging and Adult Services San Mateo Police Department and Aging and Adult Services	FY 2000-05	In FY 2000-01, Aging and Adult Services was able to purchase ap- pliances, clothing, and other needed items for low-income adults through the Special Circum- stances Program. A pilot program was developed and successfully implemented in the City of San Mateo.
	Provide pro-active case man- agement by a locally-based so- cial worker to facilitate access to social work services for frail and isolated individuals	Senior Coastsiders	FY 2000-05	In FY 2000-01, 67 seniors re- ceived 956 hours of case manage- ment service.
	Contract with consultant to do needs assessment regarding day care expansion and improve- ment and brain injured indi- viduals	Aging and Adult Services	FY 2000-01	Deleted. Aging and Adult Serv- ices was unable to identify a quali- fied consultant interested in taking on the project.
	Outreach and recruit potential In-Home Supportive Services providers by attending commu- nity meetings and events and working with senior housing facilities and senior centers	Public Authority	FY 2000-05	Public Authority staff participated in a variety of community events, meetings, and job fairs in FY 2000-01.
C	Work with training providers (ROP, OICW, and Alliance for Aging Independently) to im- prove recruitment and offer ca- reer ladder to providers of in- home services	Public Authority	FY 2000-05	In FY 2000-01, the Public Author- ity co-authored a grant with the Human Services Agency for the Caregiver Training Initiative. They were awarded a grant that will enable them to provide im- proved training and a career ladder for in-home services providers.
PD	Explore feasibility of reestab- lishing supplementary In-Home	Public Authority	FY 2000-01	The feasibility was examined and it was decided that the re-

	Supportive Services for indi-			establishment be put on hold.
	viduals waiting for In-Home			colarismicht of put on nord.
	-			
	Supportive Services Program			
	eligibility determination and			
	for others who fall between the			
	cracks.			
	Construct a new facility to	Peninsula Volunteers	FY 2000-	Renovation was completed in Sep-
	house the Adult Day Care Cen-	(Rosener House)	2002	tember 2001. The center is now
	ter so that it can increase en-	·		working on increasing enrollment.
	rollment and can accommodate			
	more people with dementia	ан сайтаан ал ал ан ал ан ал ан ал ан		
	Renovate facility and expand	Coastside Adult Day	FY 2000-02	The renovation for the Alz-
	adult day health care program	Health Center		heimer's unit will be completed in
	to include Adult Day Support	•		January 2002. Renovation for the
	and Alzheimer's unit			Adult Day Support unit has not
				begun yet.
	Through the Personal Assis-	Center for Independ-	FY 2000-05	In FY 2000-01, CID's Personal
	tance Program provide a regis-	ence of the Disabled		Assistance Program facilitated the
	try of attendants and caregivers			matching of attendants and care-
	and mediation services to help			givers with care recipients through
	maintain harmony between the			its registry. They also provided
	individual and his/her personal			mediation services to assist in re-
	assistant			solving issues that arose between
	ussistunt			the recipient and the care-
				· · ·
<u> </u>	Provide licensed day care are	City of Couth Corr	TX 2000 05	giver/attendant.
	Provide licensed day care pro-	City of South San	FY 2000-05	In FY 2000-01, licensed day care
	grams for frail/at-risk older	Francisco, Peninsula		programs provided services to
	adults	Volunteers Rosener		frail/at-risk older adults at a vari-
		House, Catholic		ety of locations throughout San
		Charities, Poplar		Mateo County.
		ReCare		
	Provide day care services for	Mills-Peninsula	FY 2000-05	In FY 2000-01, the Menninger
1 1	adults with mental health issues	Menninger Senior		Senior Day Program provided day
	and/or chemical dependency	Day Program		care services for adults with men-
		· · · · · · · · · · · · · · · · · · ·		tal health and/or chemical depend-
	1	1		
	Operate licensed Alzheimer's			ency issues.

-		Day Care Resource Center for adults with dementia	Senior Focus (added in FY 2001)- Coastside Adult Day Health Cen- ter/Peninsula Volun- teers Rosener House	-	vided 6,405 days of attendance at the Adult Day Health Care Center; 695.5 hours of family counseling, training and support group ses- sions; and 34 hours of professional training for staff.
		Provide household and per- sonal care assistance to SSI or Medi-Cal eligible elderly, blind, and disabled individuals through the In-Home Suppor- tive Services Program	Aging and Adult Services	FY 2000-05	In FY 2000-01, the In-Home Sup- portive Services Program provided income-eligible seniors, blind, an disabled individuals with the household and personal care assis- tance needed for them to live safely in the community.
		Operate loan closet of medical home equipment at Veterans Memorial Senior Center	City of Redwood City	FY 2000-05	In FY 2000-01, the Veterans Me- morial Senior Center provided medical equipment to individuals from its loan closet.
		San Carlos Senior Center's Loan Closet will provide walk- ers, wheelchairs, canes and crutches that can be borrowed by those in need	City of San Carlos	FY 2000-05	In FY 2000-01, the San Carlos Senior Center loaned out a variety of medical equipment to the com- munity.
	PD	Explore the feasibility of ex- panding the Safe Return Pro- gram to other locations in the county	Aging and Adult Services/ City of San Mateo	FY 2001-02	
	PD	Expand the number of Alz- heimer's Day Care Resource Centers for adults with demen- tia	Aging and Adult Services	FY 2001-02	
	-	Expand the Linkages Program to include a nursing component that will work in conjunction with the social work compo- nent	Aging and Adult Services	FY 2001-02	

 Evaluate procedures and make changes in Rep Payee Program that will result in more face-to- face communication and im- proved service to clients Appoint a task force to develop a plan for integrating and ex- panding their dementia-related services 	Aging and Adult Services Mills-Peninsula Senior Focus	FY 2001-02 FY 2001-02	
- Develop course of treat ment protocols for de mentia care			
Match at-risk seniors and per- sons with disabilities with "roommates" who can assist them with cooking, cleaning and other activities that will maximize their independence	Human Investment Project	FY 2001-02	
Provide Title III B funding to community-based organiza- tions to provide a total of 2,365 units of Case Management	Aging and Adult Services	FY 2001-02	
Allocate Title IIIB funding to community-based organiza- tions to provide a total of 29,775 units of Adult Day/ Health Care	Aging and Adult Services	FY 2001-02	
Utilize Community-Based Services Program Linkages funding to provide case man- agement services to 160 undu- plicated clients	Aging and Adult Services	FY 2001-02	
Utilize Community-Based Services Program Respite Pur- chase of Service funding to provide 49 unduplicated fami- lies with 1,460 hours of respite	Aging and Adult Services	FY 2001-02	

		Designate 46.4% of applicable Title III program budget to fund Access Services to meet the annual Adequate Proportion allocation determined during the planning process Designate 2.1% of the applica- ble Title IIIB program budget to fund I-Home Services to meet the annual Adequate Pro- portion allocation determined during the planning process	Aging and Adult Services Aging and Adult Services	FY 2001-05 FY 2001-05	
3. Provide assistance that will enable per- sons with disabilities to integrate into main- stream programs and independent living		Examine existing program models and determine their ability to accommodate the premature aging of adults with developmental disabilities	Parca	FY 2000-01	Parca found few models targeting adults with developmental disabili- ties who were experiencing prema- ture aging. Poplar is one of the few programs working with that population. As a result of their research, Parca now recommends that adults with developmental disabilities utilize programs that target seniors and adults with dis- abilities (e.g, adult day health care).
		Provide independent living skills training to adults with developmental disabilities Work with retirement centers (Residential Care Facilities) and special programs serving the elderly (e.g., Poplar) to bring their folks to events and to lunch program at the South	Community Association for Rehabilitation City of South San Francisco	FY 2000-05	In FY 2000-01, Community Asso- ciation for Rehabilitation provided adults with disabilities with inde- pendent living skills training. Services were provided in FY 2000-01.
	i	San Francisco Senior Center Occupational therapist will provide skills assessments and	Mental Health Association	FY 2000-05	Services were provided in FY 2000-01.

	supports mentally ill people in			1
	living independently		-	
	The Independent Living Skills	Center for Independ-	FY 2000-05	Program is operational and com-
	First Step program will teach	ence of the Disabled	112000-05	bined with Peer Counseling Pro-
-	basic household skills, financial		i.	gram
	management, safety, social			gram
	skills, and effective communi-			
	cation to help individuals work			
	towards independence	· · ·		
	The Independent Living Skills	Center for Independ-	FY 2000-05	In EV 2000 01 CID's Occurre
	Program will provide evalua-	ence of the Disabled	11 2000-03	In FY 2000-01, CID's Occupa-
	tions and/or training by a regis-			tional Therapist worked with indi- viduals to evaluate their environ-
	tered Occupational Therapist to			ment and make recommendations
	disabled/frail elderly individu-			on how to increase or maintain
	als to increase or maintain in-			
	dependence.			independence.
	Explore the feasibility of estab-	Social Vocational	FY 2000-05	In FY 2000-01, the buddy system
	lishing a buddy system that	Services	1 1 2000-05	was established and is now ongo-
	would provide emotional sup-	501 11005	-	
	port and mentoring for those			ing.
	residents of its groups homes			
	that do not have families			
	Work with senior service pro-	Kainos	FY 2000-05	No activities took place in FY
	viders to include older adults	IX41105	112000-05	2000-01.
	with disabilities in their serv-			2000-01.
	ices			
	Work with aging service pro-	Poplar ReCare	FY 2000-05	Poplar ReCare works with the
	viders on integrating seniors		II 2000-0J	King Center, Doelger Senior Cen-
	into mainstream senior pro-			ter, and Fair Oaks Senior Center
	grams			
	Statio			on an ongoing basis to integrate its seniors into mainstream senior
	Advocate for the integration of	Commission on	FY 2000-01	programs. In the Spring of 2001, a represen-
	adults with developmental dis-	Disabilities	112000-01	tative from Poplar ReCare gave
	abilities into senior programs	1000111100		presentation to the CoD about the
· · .				success of their integration proj-
				ects with Family Service Agency
	<u> </u>	L	L	Cota with Faining Service Agency

				programs. The Commission ex- pressed its ongoing support for these types of efforts.
· .	Hold a workshop that will fo- cus on planning for the transi- tion from school to adulthood for children with disabilities and preparing for the future of dependent adults	Commission on Dis- abilities/ California Children's Services, and San Mateo County Office of Education	FY 2000-01	In October 2000, an evening workshop was conducted. The workshop included a panel of speakers who spoke about issues and resources that address the in- dependence of children and adults with disabilities.
	Teach residents of a group home for adults with develop- mental disabilities and behav- ioral problems the living skills that will enable them to inte- grate back into the community	Social Vocational Services	FY 2000-01	In FY 2000-01, Social Vocational Rehabilitation taught independent living skills to adults with devel- opmental disabilities residing in a group home.
	Operate LEARN, an adult day care and community integration program in which participants go out into the community for a variety of activities	Community Association for Rehabilitation	FY 2000-05	In FY 2000-01, Community Asso- ciation for Rehabilitation's LEARN program assisted partici- pants with activities designed to integrate them into the community.
	Operate Young Adult Program (Support and Advocacy For Young Adults in Transition), which provides case manage- ment (help finding housing and jobs and personal counseling regarding relationships) for young adults with substance abuse problems, learning dis- abilities, and/or low IQ	Mental Health Association	FY 2000-05	In FY 2000-01, the Mental Health Association's Young Adult Pro- gram provided case management support for young adults with sub- stance abuse, learning disabilities, and/or low intelligence scores.
	Occupational therapist will provide skills assessments and support mentally ill people in living independently.	Mental Health Association	FY 2000-05	In FY 2000-01, the Mental Health Association's occupational thera- pist assisted person with mental illness by providing skills assess- ment and assistance with inde- pendent living.

	Provide supported education	College of San	FY 2000-05	All three colleges provided sup-
	classes (with weekly support	Mateo, Skyline and		ported education programs for stu-
	groups and study labs) to help	Canada College		dents with mental health issues in
	mental health clients get	0		FY 2000-01.
	through college.			1 1 2000 01.
	Participate in "Life After High	Commission on	FY 2001-02	·
	School—Transition Informa-	Disabilities	112001-02	
	tion Session," an educational	Disaonnies		
	event for students with learning			
	disabilities and their families			
4. Provide assistance to	Under the authority and direc-	Aging and Adult	FY 2000-05	In EV 2000 01 A sing and A dult
individuals who are	5	Services	FI 2000-05	In FY 2000-01, Aging and Adult Services served as conservator for
	tion of the Superior Court,	Services	:	
unable to provide for	serve as Conservator for clients			clients for whom there were no
their own personal	who have been determined to	•		other individuals capable of serv-
needs (health, food,	need a conservator and for			ing as conservator.
clothing, or shelter)	whom there is no other feasible			
and/or are unable to	individual to serve in that ca-			
manage financial re-	pacity			
sources or resist fraud		,		· · ·
or undue influence				
	Serve as Representative Payee	Aging and Adult	FY 2000-05	In FY 2000-01, Aging and Adult
	for individuals who are not	Services		Services served as Representative
	conserved, but who need assis-			Payee for individuals needing as-
	tance with their money man-			sistance in managing their fi-
· _	agement	•		nances.
	Volunteers in Money Manage-	Center for Independ-	FY 2000-05	In FY 2000-01, CID's Volunteers
	ment will recruit, train, and su-	ence of the Disabled		in Money Management program
	pervise volunteers who help			provided trained and supervised
	individuals with basic money			volunteers to assist individuals
	management			with basic money management
				(e.g., bill paying).
5. Ensure that the needs	Develop and administer needs	Aging and Adult	FY 2000-01	Aging and Adult Services devel-
of individuals who re-	assessment survey to skilled	Services/		oped a needs assessment for
side in skilled nursing	nursing facility administrators	Ombudsman		skilled nursing facilities. 1/3 of
facilities, residential	regarding the needs of their			the facilities returned completed
care facilities, and are	residents			surveys.
participants in adult				

1

day health care pro- grams are met					
	PD	Develop alternative placement resources for Aging and Adult Service's conserved clients	Aging and Adult Services	FY 2000-01	Alternative placement resources were developed and used in the placement of AAS' conserved cli- ents.
	PD	Provide technical assistance and support to newly- established free-standing non- profit Ombudsman program	Aging and Adult Services	FY 2001-02	Aging and Adult Services met fre- quently with the new agency. Staff provided technical assistance regarding the fiscal management system and purchasing for non- profits. There were also several meetings with the Board of Direc- tors. Aging and Adult Services staff assisted in the recruitment process and participated in the in- terview panel for the executive director.
		Allocate Title IIIB and VII funding to a community-based organization to operate an Om- budsman Program that will close a total of 800 cases, pro- vide 16 sessions (48 hours) or training to 20 Ombudsman staff and volunteers, and maintain a presence in 26 skilled nursing facilities and 150 residential care facilities	Aging and Adult Services	FY 2001-02	
6. Provide legal assis- tance and benefits counseling		The Senior Advocates program will provide free legal counsel and assistance to seniors	Legal Aid Society	FY 2000-05	The Senior Advocates Program provided 7,398 units of legal assis- tance to 1,094 seniors in FY 2000- 01.
		Provide bilingual legal services for Spanish-speaking persons	La Raza Centro Legal	FY 2000-05	In FY 2000-01, La Raza provided bilingual services to Spanish- speaking persons in San Mateo County.

	Clients Rights program will provide legal representation, assistance and advocacy to per- sons with disabilities Provide legal consultation to individuals/families of indi- viduals with brain impairment	Legal Aid Society Family Caregiver Alliance	FY 2000-05	In FY 2000-01, the Legal Aid So- ciety provided legal services to persons with disabilities through its Clients Rights program. In FY 2000-01, Family Caregiver Alliance provided legal consulta- tion to individuals/families of in- dividuals with brain impairment.
·	Offer estate planning services by an attorney two times per month at Little House	Peninsula Volunteers Little House	FY 2000-05	During FY 2000-01, estate plan- ning services were provided at Lit- tle House by a guest attorney.
	The Client Assistance Program will work with disabled clients, applicants, or former clients of the Dept. of Rehabilitation or other agencies funded under the Federal Rehabilitation Act to investigate complaints, negoti- ate settlements, represents con- sumers at administrative hear- ings and appeals, and inform consumers of their rights under the law	Center for Independ- ence of the Disabled	FY 2000-05	CID's Client Assistance Program provided help with complaint in- vestigation, settlement negotiation, and consumer representation at administrative hearings and ap- peals, and informing consumers of their rights.
د	Provide Title IIIB funding to a community-based organization to provide 7,500 units of Legal Assistance under the Senior Advocates Program	Aging and Adult Services	FY 2001-02	
	Designate 15.9% of the appli- cable Title IIIB program budget to fund Legal Assistance Serv- ices to meet the annual Ade- quate Proportion allocation de- termined during the planning process	Aging and Adult Services	FY 2001-05	
	Provide local funding to com- munity-based organization to	Aging and Adult Services	FY 2001-02	

		provide a total of 1,240 units of Legal Assistance to individuals under the Kids in Crisis and the Clients' Rights Advocate Pro- grams			
7. Help seniors and adults with disabilities secure and retain gain- ful employment		Explore employment opportu- nities for seniors, especially the new generation of seniors who have marketable skills	City of San Mateo (San Mateo Senior Center)	FY 2000-01	Delete from workplan.
		Advocate for supportive em- ployment	Commission on Disabilities	FY 2000-01	Wrote letter of support for the Workforce Incentives Improve- ment Act.
		Provide supportive employ- ment for adults with develop- mental disabilities and physical disabilities by helping people identify, get, and retain jobs in mainstream workforce	Community Association for Rehabilitation	FY 2000-05	In FY 2000-01, Community Asso- ciation for Rehabilitation provided supportive employment services for adults with developmental and physical disabilities.
	PD	Provide training to employment and training providers on how to work with people with spe- cial needs (older workers and workers with disabilities)	Family Service Agency	FY 2000-01	Family Service Agency provided one-on-one assistance to Title V worksite supervisors on working with people with special needs. Also trained volunteers at the cen- ter on working with people with developmental disabilities.
		Implement newly developed classroom curricula for career development for their voca- tional program	Poplar ReCare	FY 2000-01	Poplar ReCare has revamped and implemented a new classroom cur- ricula.
		Explore the feasibility of de- veloping businesses (e.g., greeting cards, bags) in which clients-made products would be sold	Poplar ReCare	FY 2000-01	At present, they are operating a small-scale business operation selling greeting cards.
		Operate Employment Support Services Program, a pre- vocational training program	Family Housing and Adult Resources	FY 2000-05	The Employment Support Services Program provided pre-vocational training services in FY 2000-01.

	that integrates alignets as and	T	T	·
	that integrates clients as volun-			
	teers into community-based	·		
	human service programs com-	1		
	munity programs.			
	Provide subsidized employ-	Family Service	FY 2000-05	In FY 2000-01, Family Service
	ment opportunities for income	Agency		Agency provided 81 subsidized
	eligible older adults 55 years of	(employment positions for low-
	age and older through the Older			income older adults ((25 were
	Americans Act Title V Senior] - ,	funded by the AAA, 56 were
	Community Services Employ-			funded by the National Council on
	ment Program, which recruits,			the Aging).
	trains, and places individuals in			5 6
	positions at private non-profit			
	organizations	Į	l	
	Provide employment assistance	Family Service	FY 2000-05	In FY 2000-01, Family Service
	to older adults who do not qual-	Agency		Agency provided 1,670 hours of
	ify for or are not interested in		l	community education and assisted
	subsidized employment			135 older adults in securing full
	through the Older Americans			and/or part-time employment.
	Act Title III-funded employ-	ļ /	ł	and of part-time employment.
	ment program			
	Contract with the Dept. of Re-	Poplar ReCare	FY 2000-04	As per its contract with the Dept.
			112000-04	
		i -		
-				
				2000-01
· · · · · · · · · · · · · · · · · · ·		Domlan DCom	EV 2000 05	L EV 2000 01 P 1 P C
		ropiar Recare	F Y 2000-05	
				adults with disabilities.
		Poplar ReCare	FY 2000-05	· •
		ļ	(vided, but the number of work-
	disabilities through 16 small]	groups was reduced.
	group contracts with various			
	businesses		ł	
	Advocate for local Workforce	Family Service	FY 2000-01	The Commission on Aging wrote a
I				
	 habilitation of San Mateo County to provide vocational services to adults with mental health disabilities Conduct computer classes thru adult school at Poplar ReCare worksite for adults with dis- abilities Perform job placement for small groups of people with disabilities through 16 small group contracts with various businesses 	Poplar ReCare Poplar ReCare	FY 2000-05 FY 2000-05	of Rehabilitation, Poplar ReCare provided vocational services in FY 2000-01 In FY 2000-01, Poplar ReCare conducted computer classes for adults with disabilities. In FY 2000-01, services were pro- vided, but the number of work- groups was reduced.

percentage of funding for older workers	on Aging		Board requesting a slot for a senior employment representative. A po- sition was not established.
Develop a computer program for consumers in its employ- ment support program.	Family Housing and Adult Resources	FY 2000-01 carry over to FY 2001-03	The development of a computer program started in September 2001 and is still in progress. It is anticipated that the program plan- ning will be completed by summer 2002
Provide vocational rehabilita- tion services that enable county mental health clients to return to work. Work with clients to help them find employment by providing intensive case man- agement – assistance in job de- velopment, placement, and re- tention.	Vocational Rehabilitation	FY 2000-05	In FY 2000-01, Vocational Reha- bilitation assisted county mental health clients in finding and main- taining employment.
Conduct a 5-year research/ demonstration grant that pro- vides assistance to Social Secu- rity recipients who are on dis- ability with mental health diagnosis and who want to re- turn to work.	Human Services Agency (Vocational Rehabilitation)	FY 2000-04	HSA received a grant (Individual Self-Sufficiency Planning) from the Social Security Administration to provide intensive benefits coun- seling and other support services to clients receiving some type of Social Security disability benefits. They are part of a nationwide ef- fort (State Partnership Initiative) to help clients become more inde- pendent. 100 Vocational Rehabili- tation clients are participating in the program.
Explore the feasibility of join- ing with neighboring counties in applying for a grant to fund benefit planners who will help people with disabilities return to work	Human Services Agency (Vocational Rehabilitation)	FY 2000-04	HSA received a grant from the Department of Rehabilitation to hire a benefits planner to assist California Department of Rehabili- tation clients with any of their So- cial Security benefits.

	Educate employers regarding the employment of people with disabilities	Commission on Dis- abilities	FY 2000-01	Activity deleted from CoD's workplan
PD	Appoint an older worker spe- cialist who will be a liaison with the one-stop centers to recruit and assist older workers in the subsidized and unsubsi- dized employment programs in accessing services.	Family Service Agency	FY 2001-02	An older worker specialist was employed in December 2001.
PD	Participate on county's Equal Employment Opportunity Ad- visory Committee to bring greater awareness of employ- ability of people with disabili- ties and the barriers that pre- vent their employment	Aging and Adult Services/Commission on Disabilities	FY 2001-02	
PD	Out-station staff of their senior employment programs at the three One-Stop Centers to en- sure that older workers are served	Family Service Agency	FY 2001-02	
	Explore expansion of voca- tional services to persons with mental health disabilities, in- cluding an employment prepa- ration program for persons who are able to meet the demand of regular work.	Poplar ReCare	FY 2001-02	A new vocational program has been approved by the Department of Rehabilitation. It will be im- plemented in January 02.
	Allocate Title IIIB funding to a community-based organization to provide a total of 1,350 units of Employment services to sen- iors	Aging and Adult Services	FY 2001-02	
	Allocate Title V funding to a community-based organization to provide 26 slots of work ex-	Aging and Adult Services	FY 2001-02	

perience and training for low-		· · · · · · · · · · · · · · · · · · ·
income older adults		

Ì

W-4.4

Goal 3: PROMOTING ACCESSIBILITY AND INDEPENDENT LIVING

To maximize the independence of seniors and adults with disabilities by promoting affordable/accessible housing and transportation in safe environments and ensuring physical and programmatic access to community-based services and supports

Rationale: The ability to live independently is influenced by a variety of factors. Without a home, it is nearly impossible for most people to feel safe and secure. Even within the safety of our homes we are subject to both man-made and natural disasters that threaten our in dependence. If the home is the hub of the wheel, transportation is the spoke that enables us to get to the wide array of community re sources that are an integral part of our lives. Physical and programmatic barriers can prevent us from even the most vital community resources.

The high cost of housing in San Mateo County has created a demand for affordable/ accessible housing that far exceeds the supply. Even those who are safely ensconced in their homes are vulnerable to earthquakes, floods, and other disasters that we experience in the Bay Area. Limitations in the county's current transportation system inhibit or prevent seniors and adults with disabilities who live independently in the community from accessing a wide variety of resources. Because a significant portion of the adult population has from disabilities, it is important that accommodations be made that allow them to utilize services and supports that promote their independence in the community. Weaknesses or inadequacies in any of these areas can result in the unnecessary institutionalization of seniors and adults with disabilities. These issues were all major concerns expressed in the series of community forums held during the planning process.

Obj1 Improve the ab abilities	ility of	seniors and adults with disabilit	ies to obtain affordable	/accessible hous	ing for seniors and adult with dis-
Action	PD &C	How	Who	Timeline	Progress
1. Advocate for the de-	PD	Develop and adopt universal	Commission on Ag-	FY 2000-01	Universal design recommenda-
velopment of new		design recommendations for	ing/Commission on		tions for accessibility were devel-
housing and/or the		accessibility	Disabilities Joint		oped by the Joint Housing Task
maintenance and/or			Housing Task Force		Force and adopted by the Com-
renovation of existing					mission on Aging and Commis-
housing					sion on Disabilities.
······································	C	Keep the senior and disabilities	County Planning	FY 2000-01	Aging and Adult Services is now
		networks informed about pro-	Department		notified when major housing proj-
		posed housing projects			ects are going through the county's
					planning department. That infor-
					mation is shared with the Commis-
					sion on Aging and Commission on
					Disabilities.
	PD	Develop and implement plan	Commission on Ag-	FY 2000-01,	carry over to FY 2001-02.
		for the dissemination universal	ing/Commission on	carry over to	In October 2001, 2000 copies of

W-45

[design recommendations for	Disabilities Joint	FY 2001-02	the brochure were printed. A plan
	accessibility	Housing Task Force	1 1 2001-02	for disseminating the brochures
		Housing Fusik Foroe		will be developed during FY 2001-
	· · · · ·		· .	02
	Advocate for the development	Commission on Ag-	FY 2000-01	Commissions were involved in the
	of affordable units that meet	ing/Commission on	1 1 2000 01	review of a proposed housing
	accessibility and needs of sen-	Disabilities Joint	,	complex in Moss Beach and advo-
	iors and people with disabilities	Housing Task Force		cated for design changes to ensure
		The using Tuble Toroto		accessibility for people with dis-
				abilities.
	Advocate for the development	Commission	FY 2000-01	The Commission on Aging sent a
	of a special housing fund for	on Aging Legislative		letter in support of this issue and
	the elderly supported by es-	Advocacy Committee		encouraged individuals to send
	cheated funds (from estates	,		letters as well. Legislation was
	without heirs)	. (defeated.
	Participate on Housing Leader-	Legal Aid Society	FY 2000-05	The Executive Director was one of
	ship Council	-		the founders of the Housing Lead-
				ership Council. He now partici-
				pates as a member on a regular
				basis
	Through the Senior Advocates	Legal Aid Society	FY 2000-01	Legal Aid worked with tenants and
	Program, provide legal repre-			the city on the transition of a sen-
	sentation of tenants in the			ior housing complex to city own-
	sale/purchase of senior housing	<i>(</i>		ership.
	complex by the City of Pacifica			
	Develop housing policy as it	City of Redwood	FY 2000-02	The development of the policy is
	relates to efficiency units and	City		underway. The concept was
	provide a density bonus com-			adopted in FY 2000-01 and ap-
	ponent that would allow city to			pears in their housing element. It
	negotiate with private develop-			is anticipated that the ordinance
	ers for set-asides.			will be adopted within the year.
	Advocate that a percentage of	Commission on	FY 2000-01	The CoA/CoD Joint Housing Task
	units in new housing projects	Disabilities		Force met with the director of the
	be set aside for people with			San Mateo County Office of Hous-
·	disabilities			ing to discuss the issue.
	Advocate that new afford-	Commission on	FY 2000-01	Representatives participated in a
	able/accessible housing be built	Disabilities/		housing and transportation forum

	along major transit corridors	Commission on	<u> </u>	sponsored by the San Mateo
	uroug unger commente e commente	Aging	İ	County Chamber of Commerces.
		00		It focused on regarding redefining
· · · · · · · · · · · · · · · · · · ·				the transportation corridor for
				housing development.
	Advocate for the development	Commission on	FY 2000-01	Representatives from the CoD par-
	of affordable/ accessible hous-	Disabilities	1 1 2000 01	ticipated on the county workgroup
	ing for people with mental	Disubilities		addressing this issue, advocating
	health disabilities (supportive			that any housing built be accessi-
	housing)			ble.
	Explore the housing issue for	Parca	FY 2000-05	In 2000-01, Parca started its advo-
	seniors with developmental	1 1104	112000 05	cacy efforts relating to housing. It
	disabilities and advocate for			looked into purchasing school
	what is needed			property in Pacifica, which is still
	what is needed		×	pending. In FY 2001-02, Parca
· ·				began meeting with Golden Gate
				Regional Center and consumers to
				educate them about affordable
		· · · · · ·		housing. It started a coalition to
				pursue housing for adults with de-
				velopmental disabilities and has
				approached several cities, encour-
				aging them to include affordable
				housing for adults with disabilities
				in their city's housing plan.
	Advocate for visitability in new	Kainos	FY 2000-01	The Housing Leadership Council
	residential construction			made accessibility a key compo-
				nent of its mission.
	Advocate for giving non-profits	Commission on Ag-	FY 2000-01	No action was taken on this issue.
	the opportunity to be the first	ing/Commission on		
	bidders on Section 8 property	Disabilities Joint		
	converting to market rate	Housing Task Force)
	Advocate for the use of "To-	Commission on Ag-	FY 2000-01	No action was taken on this issue.
	bacco Funds" for afford-	ing Commission on		
	able/accessible housing	Disabilities Joint		{
		Housing Task Force	· ·	
2. Promote the dissemin-	PD Promote the listing of accessi-	Commission on Ag-	FY 2000-01	CoD representatives made a pres-

ation of information	r	ble apartments on the national	ing/Commission on		entation to the San Mateo County
about affordable/ ac-	}	Accessible Apartment Clear-	Disabilities Joint		Board of Realtors about this web-
cessible housing		inghouse website	Housing Task Force		site and provided them with Ac- cessible Apartment Registration Forms.
	C	Coordinate with Housing Leadership Council regarding the Accessible Apartment Clearinghouse website and universal design standards	Commission on Ag- ing/Commission on Disabilities Joint Housing Task Force	FY 2000-01	Deleted from workplan.
		Implement outreach program targeting seniors who are living in their own homes to educate them about benefit of sharing	(Human Investment Project) HIP Hous- ing/Center for Inde- pendence of the Dis- abled	FY 2000-05	In FY 2000-01, CID and HIP con- ducted an outreach campaign to promote shared housing for sen- iors living in their own homes.
		Write articles on new afford- able/accessible housing devel- opments in quarterly newsletter	Implementation Co- ordination Committee	FY 2000-01	July 2001 edition of the ICC Newsletter featured an article on the availability of applications for the Rollison Road Project, which was developed by Habitat for Hu- manity in collaboration with the City of Redwood City.
3. Provide/promote affordable/ accessible housing for seniors and adults with dis- abilities		Explore feasibility of develop- ing supportive housing for peo- ple with disabilities	Kainos	FY 2000-05	Discussions took place, but no specific plans were made in FY 2000-01.
		Develop plans for 30-room fa- cility (permanent housing) for mentally ill adults	Mental Health Association	FY 2000-03	There was a change from the original site, which extended the timeline for this project. In FY 2001-02, an offer was made on property in the Belmont/San Car- los area. The offer was accepted and plans are now being devel- oped.
		After completion of fundraising for facility for mentally ill	Mental Health Association	FY 2001- 2003	
	<u> </u>	101 Identity for mentality In	/10001011	2005	

		adults, begin rehabilitation of building		······	
	PD	Develop a system that will as- sist Aging and Adult Services case managers and deputy pub- lic guardians in placing clients in appropriate residential care facilities	Community Informa- tion Program/Aging and Adult Services	FY 2000-02	In the 3 rd quarter of FY 2000-01, a database of residential care facili- ties was developed and a model report developed. During FY 2001-02, an automated 800 number will be implemented to receive updated information from facilities.
,		Start Rollison Road Project, a 36-unit occupant-owned facil- ity, which will have 2 units that will be designed for wheelchair use and one unit that will be adaptable for a person(s) with hearing and/or vision impair- ment.	City of Redwood City/ Habitat for Humanity	FY 2000-03	The project is underway and is expected to be completed in early 2003. Orientation to fill the units is taking place. In January 2002, six units were occupied; seven more units will be available by the end of spring 2002. The remaining 15 units are still under contruction.
	-	If offer on property is accepted, begin plans for an affordable housing facility of 30-units of mixed unit sizes (no specific agc group)	City of Redwood City	FY 2000-01	The offer was accepted and the City purchased the property for the El Camino Project. Tenants were relocated and the existing build- ings were demolished. The site is being prepared for the developer, who will develop 50, instead of the 30 units that were originally pro- jected.
		Develop two new independent group residences (IGR's), which will be shared housing arrangement for adults who can live semi-independently with follow-up support services.	Family Housing and Adult Resources	FY 2000-05	Two new IGR's were developed and became operational in FY 2000-01.
		Explore the feasibility of de- veloping a rental deposit pro- gram	City of Redwood City	FY 2000-01	Project is on hold until the city is able to identify an organization that is willing to operate the pro-

In Scalition, Penin- sula Volunteers, Hu- man Investmenthousing programs for seniors.CMaintain timeline for the transitioning of subsidized facilities to market rateCommission on Ag- ing/Commission on Ag- ing/Commission on Ag- ing/Commission on Ag- ing/Commission on Ag- affordable supportive housing affordable supportive housingFY 2000-01 ing/Commission on Ag- ing/Commission on Ag- ing/Comission on Ag- ing/Commission on Ag- ing/Co	·					gram.
transitioning of subsidized facilities to market rateing/Commission on Disabilities Joint Housing Task Forceto discuss the timeline for transi tioning subsidized facilities to market rates.CWork on the development of affordable supportive housingCommission on Ag- ing/Commission on Ag- ing/Commission on Disabilities Joint Housing Task Force/Mental Health/Mental Health Association/Aging and Adult Serv- ices/Drug and Alco- hol/Mid-Peninsula Housing Coafition, Corporation for Sup- portive HousingFY 2000-01 issue advocating that any housi built be accessible.Investigate the possibility of seniors with developmental dis- abilitiesInvestigate the possibility of operate Shared Housing Proj- ect, screening and matching individuals who have housing to share with those looking forHuman Investment ProjectFY 2000-01 carry over to FY 2000-05Many discussions were held, bu no decisions were reached in FY 2000-01, the Human In- vestment Project operated a sha housing program.				Mid-Peninsula Hous- ing Coalition, Penin- sula Volunteers, Hu- man Investment Project, Mercy Chari- ties, Housing Author- ity, Peninsula Habitat	FY 2000-05	ganizations operated affordable
CWork on the development of affordable supportive housingCommission on Ag- ing/Commission on Disabilities Joint Housing Task Force/Mental Health/Mental Health Association/Aging and Adult Serv- ices/Drug and Alco- hol/Mid-Peninsula Housing Coalition, Corporation for Sup- portive HousingFY 2000-01 to serve to FY 2000-01Representatives from the CoD a other agencies participated on the county workgroup addressing the issue, advocating that any housi 		С	transitioning of subsidized	Commission on Ag- ing/Commission on Disabilities Joint	FY 2000-01	
opening a board and care for seniors with developmental dis- abilitiescarry over to FY 2001-02no decisions were reached in FY 2000-01. Carry over to FY 200 02Operate Shared Housing Proj- ect, screening and matching 		C	affordable supportive housing	Commission on Ag- ing/Commission on Disabilities Joint Housing Task Force/Mental Health/Mental Health Association/Aging and Adult Serv- ices/Drug and Alco- hol/Mid-Peninsula Housing Coalition, Corporation for Sup- portive Housing		
ect, screening and matchingProjectvestment Project operated a shaindividuals who have housinghousing program.to share with those looking for			opening a board and care for seniors with developmental dis-	Kainos	carry over to FY 2001-02	Many discussions were held, but no decisions were reached in FY 2000-01. Carry over to FY 2001- 02
			ect, screening and matching individuals who have housing to share with those looking for housing	Project		vestment Project operated a shared

	tations on home equity conver- sion to seniors	Project		ment Project provided unbiased counseling and information on home equity conversion.
	Operate 4 group homes for de- velopmentally disabled adults with behavioral problems	Social Vocational Services	FY 2000-05	In FY 2000-01, Social Vocational Rehabilitation operated four group homes for adults with develop- mental disabilities who had behav- ioral problems.
	Operate group home in Menlo Park for 6 adults with devel- opmental disabilities who need 24-hour staff support	Community Associa- tion for Rehabilita- tion	FY 2000-05	In FY 2000-01, Community Asso- ciation for Rehabilitation operated a group home for adults with de- velopmental disabilities who needed 24-hour staff support.
	Develop and disseminate bro- chures promoting housing ac- cessibility and visitability	Commission on Disabilities/ Commission on Ag- ing	FY 2000-02	CoD and CoA developed and dis- seminated "Universal Housing Design Recommendations for Ac- cessibility" and "Residential Visi- tability."
	Build and manage affordable housing complexes for seniors and adults with disabilities	Mid-Peninsula Housing Coalition	FY 2001-02	
	Enhance the availability of af- fordable/accessible housing through the Homesharing Pro- gram, Home Equity Conversion counseling, and other related housing services	HIP Housing	FY 2001-02	
4. Improve the safety and maintenance of existing housing for seniors and adults with disabilities	Administer housing benefit programs (Section 8 and public housing)	Housing Authority	FY 2000-05	In FY 2000-01, the Housing Authority administered Section 8 and public housing programs.
	Operate housing rehabilitation programs	Cities of Daly City, Menlo Park, Red- wood City, San Mateo	FY 2000-05	In FY 2000-01, the four entitle- ment cities operated housing reha- bilitation programs.
	Operate single family rehabili-	County of San Mateo	FY 2000-05	In FY 2000-01, the County of San

tation loan program		······································	Mateo operated a single family rehabilitation loan program.
C Improve the coordination among agencies involved in home modification	Aging and Adult Services, California Dept. of Aging, Dept. of Rehabilitation, and Independent Living Centers	FY 2000-01	Staff from Aging and Adult Serv- ices attended a meeting in Sacra- mento in June 2001.
Operate senior minor home re- pair program	City of Daly City	FY 2000-05	In FY 2000-01, the City of Daly City provided 17 grants to low- income seniors (60+) who owned homes/mobile homes in Daly City.
Operate ongoing home rehabilitation program for Coastside homes	Senior Coastsiders	FY 2000-05	In FY 2000-01, Senior Coastsiders operated a home rehabilitation program for individuals residing on the Coastside.
Operate home repair program through the Veterans Memorial Senior Center	City of Redwood City	FY 2000-05	In FY 2000-01, the City of Red- wood City provided funding to the North Peninsula Neighborhood Services Center to provide home repair services.
Operate emergency grant pro- gram that loans up to \$5000 for income eligible homeowners		FY 2000-05	In FY 2000-01, the City of Red- wood City operated an emergency grant program for income eligible homeowners in Redwood City.
Operate countywide minor home repair program for low income homeowners who re- side in the house	North Peninsula Neighborhood Serv- ices Center	FY 2000-05	In FY 2000-01, the North Penin- sula Neighborhood Services Cen- ter operated a countywide minor home repair program.
Operate home modification program that installs ramps, grab bars, handrails, etc.	Center for Independ- ence of the Disabled	FY 2000-05	In FY 2000-01, CID operated a home modification program, in- stalling ramps, grab bars, hand- rails, and other items to assist in- dividuals in living safely in their homes.
Perform home and non-profit facility renovation	Christmas in April (now known as Re-	FY 2000-05	In FY 2000-01, Christmas in April renovated homes and non-profit

T		building Together)		facilities.		
	Provide low-interest loans to	San Mateo Co. Hu-	FY 2000-05			
	low and moderate income	man Services Agency	1.1 2000-03	In FY 2000-01, the County's		
	property owners to rehabilitate	Housing and Com-		Housing and Community Devel-		
·				opment Division made low-		
	their property	munity Development		interest rate loans available for the		
				rehabilitation of property of low		
				and moderate-income property		
				owners.		
	Provide low-interest loans to	Cities of Daly City,	FY 2000-05	Three entitlement cities provided		
	low and moderate income	San Mateo and Red-		low-interest loans for the rehabili-		
	property owners in their respec-	wood City		tation of property of low and mod-		
	tive cities to rehabilitate their			erate income property owners in		
	property			FY 2000-01.		
	Provide weatherization and	Community Action	FY 2000-05	In FY 2000-01, Community Ac-		
	home repair services	Agency		tion Agency provided weatheriza-		
				tion and home repair services.		
	Provide minor home repair and	Peninsula	FY 2000-05	In FY 2000-01, the organization		
	neighborhood beautification	Community Services		provided a variety of maintenance		
				and repair services for homeown-		
				ers and renters, including nuisance		
				animal damage control, ivy and		
				debris removal, hauling, carpentry		
	·	<		repair, painting, plumbing, roof-		
				ing, yard cleaning, etc.		
	Provide home renovation and	Christmas in April	FY 2000-05	In FY 2000-01, Christmas in April		
	repair for low-income elderly	(now known as Re-		provided home repair and renova-		
	or homeowners with disabili-	building Together)		tion services for low-income sen-		
	ties (serves all locations except			iors or homeowners with disabili-		
	Coastside)			ties at locations throughout San		
				Mateo County (except for the		
				Coastside).		
Obj2 Provide an accessible transportation system that is client-centered, sensitive to disability and culture, reliable, safe, recognizes access to services as crucial, recognizes transportation as an integral component of the service delivery system, and includes new and innovative transportation services for seniors and adults with disabilities.						
(1) 「「「「」」」、「」、「」、「」、「」、「」、「」、「」、「」、「」、「」、「」						
PD			.			
	Ĥain	Who	Timeline ·	Progress		

transportation services for seniors and adults with disabilities	portation and paratransit serv- ices			sit services were provided by SamTrans in FY 2000-01.
	Purchase and operate two new vehicles to transport residents in their residential homes	Family Housing and Adult Resources	FY 2000-05	The organization purchased two vehicles and began providing transportation in FY 2000-01.
	Explore the feasibility of pro- viding own in-house transportation for residential consumers participating in day programs	Family Housing and Adult Resources	FY 2000-01	FHAR met with different transpor- tation providers and discussed this option with the Regional Center. After much discussion, the organi- zation decided not to pursue the option at this time.
	Provide transportation (shuttle) and paratransit services for Coastside residents	Coastside Opportu- nity Center	FY 2000-05	The Coastside Opportunity Center provided transportation and para- transit services for Coastside resi- dents.
	Provide senior center-based transportation	Aging and Adult Services (for East Palo Alto), Senior	FY 2000-01	Senior centers provided 39,367 units (one-way trips) of Older Americans Act-funded transporta-
		Coastsiders, and the Cities of Belmont, Menlo Park, Pacifica, San Bruno, San Mateo and South San	· · ·	tion to 322 seniors in FY 2000-01.
	Provide transportation services for participants in its day care/day health care program	Francisco Coastside Adult Day Health Care Center, Mills-Peninsula Sen- ior Focus, Peninsula Volunteers, City of South San Francisco, Catholic Charities Adult Day Support Center (added in FY 01-02)	FY 2000-05	Day Care/Adult Day Health Care Centers provided 41,042 units (one-way trips) of Older Ameri- cans Act-funded transportation to 341 seniors in FY 2000-01. Services were provided in FY 2000-01.
	Provide transportation for trips and outings 6 times a year us-	City of South San Francisco	FY 2000-01	In addition to trips to and from their centers, these organizations

ing their van	(South San Francisco Senior Center)		provided transportation for recrea- tional outings at least 6 times per
			year.
Provide medical transportation every other week to Kaiser and Seton	City of Pacifica (Pacifica Senior Cen- ter)	FY 2000-05	In FY 2000-01, the City of Pacifica provided medical trans- portation to Kaiser and Seton Medical Center on a limited basis.
Provide shopping trips for par- ticipants of senior center	City of South San Francisco, Senior Coastsiders, City of San Mateo	FY 2000-05	In addition to trips to and from the center, these program provided shopping trips for center participants during FY 2000-01.
Volunteers will provide trans- portation to individuals resid- ing in Millbrae, Burlingame, San Mateo, Foster City, San Carlos, Hillsborough, Belmont, Redwood City	Friends in Service to Humanity (FISH)	FY 2000-05	In FY 2000-01, FISH volunteers provided volunteer transportation services to residents of Millbrae, Burlingame, San Mateo, Foster City, San Carlos, Hillsborough, Belmont and Redwood City.
Provide transportation to and from treatment centers for am- bulatory cancer patients	American Cancer Society	FY 2000-05	The American Cancer Society provided treatment-related trans- portation for cancer patients in FY 2000-01.
Provide curb-to-curb transpor- tation for medical appoint- ments/trips to the pharmacy for clients who are unable to utilize other transportation resources	Health Plan of San Mateo	FY 2000-05	In FY 2000-01, the Health Plan of San Mateo provided medical transportation for its clients who could not use other forms of trans- portation.
Provide senior group trips by special arrangement	City of San Mateo	FY 2000-05	In FY 2000-01, the City of San Mateo provided senior group trips by special arrangement.
Provide transportation services to residents of senior housing complex	HIP Housing (Edgewater Isle)	FY 2001-02	
Provide Title IIIB funding to community-based organiza- tions to provide 36,050 units of Transportation	Aging and Adult Services	FY 2001-02	
Provide Title IIIB funding to	Aging and Adult	FY 2001-02	

		community-based organiza- tions to provide 43,650 units of Assisted Transportation	Services		
2. Improve access to transportation and paratransit services	PD	Expand Consumer Corps	Paratransit Coordi- nating Council	FY 2000-01	In FY 2000-01, additional con- sumers were recruited for the Con- sumer Corps. The volunteer corps members ride the buses to ensure that Redi-Wheels policies are car- ried out and that the vehicles oper- ate in an efficient and safe manner.
	C	Educate consumers on how to use the transportation system	Paratransit Coordi- nating Council	FY 2000-01	A brochure for Redi-Wheels users and service providers was devel- oped and disseminated.
		Eliminate paratransit denials by purchasing new vehicles and expanding the reservation schedule time	SamTrans	FY 2000-01 carry over to FY 2001-02	New vehicle delivery was ex- tended into FY 2001-02. A no- denial policy was also imple- mented in the fall of FY 2001.
	С	Work with SamTrans to de- velop its 10-year strategic plan -Look at all kinds of transpor- tation resources—buses, trains, shuttles, etc.—and fa- cilities needing transportation -Develop workplan -Take workplan to stakeholders for input and approval Schedule a series of activities that will encourage consumer input regarding needs, gaps, and solutions regarding acces- sible transportation -open house	Aging and Adult Services	FY 2000- 2002 FY 2000-01 Sept. 2000 Fall 2000- August 2001 FY 2001-02	In FY 2000-01 a committee was convened to develop the workplan, develop an outreach strategy, and agreed that the out- reach would include public forums (3), focus groups (20+), key in- formant surveys, intercept inter- views, and video that would ap- pear on cable TV. An e-mail address and 800 number were es- tablished to facilitate consumer input. A steering committee was appointed to oversee the project. In FY 2000-01, the project applied for and received a Long Term Care Innovation Planning Grant from the Dept. of Aging, enabling
		-video tapes of consumers (with language barriers			the outreach component of the plan to be broadened, including

.

		and/or geographic isolation) -20 focus groups -3 public forums -consumer survey (targeting people with language barri- ers) -key informant surveys -cable TV show with videos— (including 800# and e-mail address for feedback/input)			 the execution of videotaped consumer interviews. In summer 2001, the project contracted with a video production company to tape individuals who gave input regarding accessible transportation. In October 2001, the project held an open house to encourage consumer input. In addition to speakers, the event included an opportunity for individuals to discuss their accessibility issues one-on-one.
Ň		Continue to meet with Sam- Trans to establish a Memoran- dum of Understanding regard- ing the rate for subscription trips	Association of Day Care Providers	FY 2000-01	Providers received verbal com- mitments from SamTrans and its paratransit provider that their need for subscription trips will always be met. There has been no change in the rate for subscription trips.
		Clients Rights Program will assist people who are denied paratransit services through the appeal process	Legal Aid Society	FY 2000-05	In FY 2000-01, the Clients Rights Program provided assistance through the appeal process for people who were denied paratran- sit services.
		SamTrans advisor will be available at senior center to an- swer questions about the bus system, RediWheels and Cal- Train	City of San Carlos (San Carlos Senior Center)	Fall 2000-01	For one month, a representative from SamTrans was out-posted at the center. The representative was promoted, but a new representative was not assigned.
	PD	Expand transportation to in- clude more people from Pesca- dero and southcoast area	Coastside Adult Day Health Center	FY 2000-01, carry over to FY 2001-02	The center has applied for a van, but the van has not arrived yet. Program expansion is contingent on the availability of van.
	PD	Explore the feasibility of using Senior Companions as para-	Mills-Peninsula Senior Focus	FY 2000-01 carry over to	Mills-Peninsula Senior Focus ap- plied for and received a \$10,000

ſ <u>.</u>	1	transit escorts	T	FY 2001-02	grant from the Peninsula Commu-
	Í			11 2001-02	nity Foundation to expand the Sen-
	ĺ				
	-		l		ior Companion Program in order
					to provide volunteer transportation
					escorts.
		New van will increase the	City of Pacifica	FY 2000-05	New van can transport two people
		number of people in wheel			in motorized wheel chairs at one
		chairs served by the Pacifica	ĺ		time.
		Senior Center's transportation			
		program			
}	C	Coordinate with Paratransit	Commission on Ag-	FY 2000-01	The Paratransit Coordinating
		Coordinating Council by	ing and Commission		Council (PCC) made a presenta-
		scheduling presentations at	on Disabilities		tion to the Commission on Aging
		their general meetings			during the first quarter of FY
					2000-01.
					The CoD liaison to the Paratransit
					Coordinating Council reports on
					PCC activities at the monthly CoD
3					meetings.
		Expand travel training for per-	Poplar ReCare	FY 2001-02	посепида.
		sons with developmental dis-		11200102	
		abilities on public transporta-			·
		tion by developing a travel			
	(assessment service to evaluate			
		barriers to independent travel.			
		Implement website for con-	Paratransit Coordi-	EV 2001 02	
		sumers and the general public		FY 2001-02	Planning for the website began in
		to educate them about the func-	nating Council		FY 2000-01. The website became
					operational in FY 2001-02.
		tions and role of the Paratransit			
		Coordinating Council.			
3. Provide input regard-		Advocate for the availability of	COD Legislative Ad-	FY 2000-01	Because of the Innovation Grant
ing the transportation/		accessible transportation in all	vocacy Committee		that Aging and Adult Services and
paratransit needs of		areas of the county			SamTrans received for SPATS, the
seniors and adults					focal point for this activity was
with disabilities					transferred to SPATS Steering
					Committee.
		Advocate for the availability of	Commission on	FY 2000-01	Because of the Innovation Grant

	C	regional transportation (inter- county paratransit service) Review and make recommen-	Disabilities Commission on Ag-	FY 2000-01	that Aging and Adult Services and SamTrans received for SPATS, the focal point for this activity was transferred to SPATS Steering Committee. Because the SPATS grant received
		dations to the Commission on Aging regarding reports from the Paratransit Coordinating Council, guidelines and other transportation-related issues	ing Community- based Continuum of Care Committee		by Aging and Adult Services, re- ports were given directly to the Commission on Aging, rather than through the Continuum of Care Committee.
Obj. 3 Improve physic	C	Conduct consumer forum on transportation needs as part of a regular general meeting	Commission on Ag- ing and Commission on Disabilities	FY 2001-02	Forums were conducted as part of the regular October general meet- ings of each commission.
community	ai auuc	ss to community services and su	pports mat enable mut	VILLUAIS LO IIVE AI	ia work independently in the
Action	PD &C	Höw	Who	Timeline	Progress
1. Provide guidance that will enable organiza- tions to become more accessible	C	Develop county policies and procedures relating to the (ADA) Americans with Dis- abilities Act	Commission on Dis- abilities ADA Sub- committee/Aging and Adult Services	FY 2000-01	The policies and procedures were drafted and approved by the Commission on Disabilities in 4 th quarter FY 2000-01.
	С	Develop Americans with Dis- abilities Act (ADA) Resource Guide for county departments	Commission on Dis- abilities ADA Sub- committee/Aging and Adult Services	FY 2000-01	The Resource Guide was devel- oped as an attachment to the Poli- cies and Procedures and has been approved by the Commission on Disabilities in the 4 th quarter of FY 2000-01.
	С	Review county facilities for physical accessibility polling places, county parks and build- ings	Commission on Dis- abilities ADA Com- pliance Commit- tee/Aging and Adult Services	FY 2000-05	Renovations have been completed on the EPA Municipal Building, and North and Central Courts. Site visits have been made to Flood Park, Mental Health Facility on La Selva, Adult Probation (SSF), Election Bureau, Daytop Drug and Alcohol Program, and the San Carlos Airport. Funding

W-59

	[has been approved for Flood Park,
	}				the Election Bureau, and Adult Probation.
).	As of 11/01 renovations have been
	}				completed on the Election Bureau
}	2				and funding has been secured for
	}		l.		Adult Probation. The construction
[1				process is underway for those
					Adult Probation and Flood Park.
,	C	Work with American Red	Commission on Dis-	FY 2000-01	Deleted from the workplan.
]	Cross to review the accessibil-	abilities ADA Com-		
·		ity of emergency shelters	pliance Committee		
		Provide ADA (Americans With	Center for Independ-	FY 2000-05	In FY 2000-01, CID provided
	1	Disabilities Act) consultation	ence of the Disabled		ADA consultation and training
	l	and training regarding building			regarding building access, public
	ł	access assessments, public ac-	l t		accommodations, employment,
		commodations, employment,			and state and local government
·	 	state and local government			
· .	}	Develop consultation arrange-	Poplar ReCare	FY 2000-05	In FY 2000-01, Poplar ReCare
	}	ments with business commu-			provided consultation on working
		nity—offering consultation on			with people who use wheelchairs
	<u>.</u>	how to work effectively with		ĺ	to the business community.
		persons who are in wheelchairs	<u> </u>		
		Serve as consultant to cities ad	Commission on Dis-	FY 2000-05	In FY 2000, representatives from
	Ì	the county regarding accessibil-	abilities ADA Com-	ĺ	the CoD and Legal Aid Society
		ity	pliance Committee/		met with City of San Mateo offi-
]		Aging and Adult	{	cials regarding regulations for on-
			Services		street accessible parking and their
)	1				impact on people with disabilities.
	l				Our recommendations were ac-
l	(cepted and incorporated into the
2. Provide information		Staff romand to incuision as	A sing and A daily	EV 2000 07	new city policies and regulations.
	}	Staff respond to inquiries re- garding accessibility and the	Aging and Adult Services/Commission	FY 2000-05	AAS and CoD respond to individ-
and advocacy about accessibility and rea-		Americans with Disabilities	on Disabilities	· ·	ual inquiries and refer to appropri-
sonable accommoda-		Act and are available for pres-	UII DISAUIIIUES		ate organizations.
tions		entations			
	[I	

	Serve as a resource regarding the Americans with Disabilities Act	Legal Aid Society	FY 2000-05	Staff provides assistance to indi- viduals with ADA issues. If it is litigation material, it is referred to an agency that does that type of litigation.
	Provide consultation to indi- viduals and groups regarding Americans with Disabilities Act	Center for Independ- ence of the Disabled	FY 2000-05	In FY 2000-01, CID assisted indi- viduals and groups with ADA is- sues
	Develop and disseminate bro- chure that will inform consum- ers about how to respond to physical and programmatic bar- riers	Commission on Dis- abilities	FY 2001-02	The CoD developed and dissemi- nated copies of "Removing Barri- ers through Self-Advocacy." Ma- terial from the brochure is also available on the CoD website.
	Establish a workgroup that will research and develop standards for a universal curbcut	ADA Compliance Committee Curbcut Workgroup/San Mateo County De- partment of Public Works	FY 2001-02	
3. Provide reasonable accommodations and/or training that will improve accessi- bility to programs and services	Produce and disseminate spe- cial large print copies of the Strategic Plan Newsletters to individuals with visual impair- ment	Implementation Coordination Committee/ Aging and Adult Services	FY 2000-05	Large print copies of the newslet- ter were produced and dissemi- nated in FY 2000-01.
	Hold speech reading class for people with hearing impair- ment	Senior Coastsiders	FY 2000-01	In FY 2000-01, a speech reading class was held at the senior center.
	Hold all public meetings at ac- cessible locations, with auxil- iary aids (assistive listening device) and services available, upon request	Aging and Adult Services/Commission on Aging/ Commission on Disabilities	FY 2000-05	According to policy, all public meeting are held at accessible lo- cations, with auxiliary aids and services available, upon request.

	[Install new ADA accessible	City of Pacifica	FY 2001-02	
	·	doors for the community center			
4. Make modifications to		Install electric doors leading to	City of San Bruno	FY 2000-01	Carry over to FY 2001-02. Fund-
public facilities to en-	1	bathrooms and lower front desk		carry over to	ing has been allocated. The instal-
hance accessibility by	}	to wheel chair height		FY 2001-02	lation should occur by June 30,
those with disabilities			· · ·		2001.
		Decrease the size of doors to	City of Pacifica	FY 2000-01	Door size has been decreased.
		make them easier to open			
5. Promote technology		Work with legislature on pro-	Center for Independ-	FY 2000-01	Work with legislature resulted in
as a means of enhanc-	}	posal that would fund programs	ence of the Disabled		the funding of CID grant for tech-
ing accessibility		to provide counseling and train-			nology assistance
	ł	ing regarding assistive technol-			
	}	ogy			
······································	C	Facilitate meetings of city	Commission on Dis-	FY 2000-01	carry over to FY 2001-02
	1	Americans with Disabilities	abilities ADA	carry over to	
		Act (ADA) coordinators and	Compliance Commit-	FY 2001-02	
	ļ	building inspectors	tee		
		Identify accessible meeting	Commission on Dis-	FY 2000-01	carry over to FY 2001-02
	i .	places and hotels for commu-	abilities ADA Com-	carry over to	
		nity meetings and events	pliance Committee	FY 2001-02	
		Do outreach in the disabled	Center for Independ-	FY 2001-02	
	ļ	community to make people	ence of the Disabled		
	[aware of the technology that is			
		available for people with dis-			
		abilities	· ·		
· · · · · · · · · · · · · · · · · · ·		Schedule training regarding	Center for Independ-	FY 2001-02	
	ł	technology for people who	ence of the Disabled		
	l	need it to be more independent			
		Assist people with disabilities	Center for Independ-	FY 2001-02	
· ·	1	in identifying resources for	ence of the Disabled		
		technology and in getting dona-			
		tions of technological equip-			
		ment		· .	
Obj4 Improve the sal	fety of	seniors and adults with disabiliti	ės		
Action	PD	How	Whö	Timeline	Progress
	&C				
1. Improve safety in the		Provide emergency response	Aging and Adult	FY 2000-05	In FY 2000-01, AAS implemented

home		systems, as needed, for clients	Services		emergency plans during a heat
		enrolled in the Multipurpose		2	wave. At-risk clients were con-
		Senior Services Program			tacted to ensure their safety.
	· · ·	Pilot home safety program to	Emergency Medical	FY 2000-01	The Health Services Agency's
		reduce incidents of falls and	Services/Community-	11200001	Emergency Medical Services and
		other accidents in the home,	Oriented Health Serv-		
		which would include a self-	ices Program/Menlo		Menlo Park Fire Dept imple-
		assessment home safety survey			mented the pilot program. Com-
			Park Fire Dept.		munity-Oriented Health Services
		and the option of a home as-		<u>.</u>	Program was discontinued when
	1	sessment by paramedics	- · · · ·		its coordinator left. Two presenta-
					tions were given at the Menlo Park
			,	5 5	Senior Center, covering a variety
					of safety-related topics—falls,
	· · ·				burns, fire, and general safety in
					the home. The main focus was on
					preventing falls and burns. In ad-
					dition, participants were given
					smoke detectors (if they lacked
			· · ·		one), and batteries. A self-survey
					was distributed to all participants.
·					They were invited to contact the
					Fire Dept. for help in changing the
					batteries in their detectors.
		Provide low-cost modifications	Center for Independ-	FY 2000-05	In FY 2000-01, CID provided low-
		(handrails, grab bars, wheel-	ence of the Disabled	112000 05	cost modifications that enabled
	1	chair ramps) to seniors and	chee of the Disabled		seniors and adults with disabilities
		adults with disabilities			
		·	C'in CD-11C'i	EV 2000 05	to life safely in their homes.
	}	Provide home safety evalua-	City of Redwood City	FY 2000-05	The Veterans Memorial Senior
		tions through the Veterans	(Veterans Memorial		Center provided home safety
		Memorial Senior Center	Senior Center)		evaluations in FY 2000-01.
		Plan and implement a lecture	East Palo Alto Senior	FY 2000-01	The local fire department came to
		on safety for senior center par-	Center		the center and gave a presentation
·		ticipants			on safety.
		Develop and implement educa-	Public Health/	FY 2001-02	
		tional program to prevent hip	Commission on		
-		fractures in the elderly	Aging		
2. Improve the safety of		Offer AARP's 55 and Alive	Senior Centers	FY 2000-05	AARP's 55 and Alive program

seniors who drive		program at a variety of loca- tions	throughout San Mateo County		was offered at various senior cen- ters throughout San Mateo County in FY 2000-01.
Obj. 5 Improve the abi		agencies and individuals to resp	ond to emergencies and	disasters	
Action	PD & C	How	Who	Timeline	Progress
 Improve the prepar- edness of seniors and adults with disabilities and the organizations serving them 	С	Coordinate with other key agencies regarding emergency- related projects	Aging and Adult Services/Health Serv- ices/Office of Emer- gency Services/ and Collaborating Agen- cies Responding to Disasters	FY 2000-01	Training was provided to commu- nity-based organizations by CARD. AAS was not included as a collaborator in CARD's training efforts.
	С	Provide training for commu- nity-based organizations on use of volunteers in emergencies	Bay Area Coalition and Collaborating Agencies Responding to Disasters	Fall 2000-01	Trainers from the San Mateo Vol- unteer Center, the Volunteerism Project, San Mateo CARD, and the Bay Area Emergency Prepared- ness Coalition fo rSeniors and Peole with Disabilities provided training at the April 2000 quarterly Provider Network Meeting.
	С	Train agencies and seniors and adults with disabilities on re- sources related to emergency preparedness	Bay Area Coalition and Collaborating Agencies Responding to Disasters	FY 2000-01	On November 8, 2001, the Bay Area Emergency Preparedness Coalition held an evening training for IHSS providers. In addition, it held a workshop on emergency preparedness at the state confer- ence on coordinated leadership. In March 2001, it conducted a workshop for residential care fa- cilities. Training for agencies con- tracting with AAS was also in- cluded in a Provider Network meeting.
	С	Promote the development of Memoranda or Understanding between community-based or- ganizations and the County Of-	Bay Area Coalition and Collaborating Agencies Responding to Disasters	FY 2000-01	A series of planning meetings were facilitated with representa- tives form various county depart- ments (Office of Emergency Serv-

	fice of Emergency Services and other associated organizations to ensure access to disaster re- sources		· · · · · · · · · · · · · · · · · · ·	ices, Mental Health, Aging and Adult Services, and Public Health) community-based organizations and CARD. Community agencies reported that they did not have the necessary staffing and did not see disaster MOUs as a priority at that time. The issue was tabled for fu-
C	Assist providers in establishing Memoranda of Understanding with other community-based	Bay Area Coalition and Collaborating Agencies Responding	FY 2000-01	ture discussion. San Mateo CARD was delegated the responsibility of leading this effort in conjunction with its won
	organizations related to disaster response and how they can en- sure that people receive needed services	to Disasters		operational support planning. The organization's focus during that time was on the establishment of its own non-profit status and or- ganizational development. The executive director resigned and an interim director has been ap- pointed. We know of no MOUs that were completed during that period of time.
	Advocate for state funding for Area Agencies on Aging to do disaster preparedness planning	Commission on Ag- ing Legislation and Advocacy Committee	FY 2000-02	In FY 2000-01, a letter of support was sent by the Commission on Aging to the State Budget Com- mittee requesting funding for dis- aster preparedness planning.
	Advocate for voluntary regis- tration of people with disabili- ties with emergency response agencies	Commission on Disabilities	FY 2000-01	To ensure that people with dis- abilities were not at-risk during blackouts, CoD encouraged people with disabilities to register with PG&E. The ICC newsletter also featured an article regarding vol- untary registration.
С	Coordinate with Brown Bag Program regarding the provi- sion of emergency food kits	Aging and Adult Services	FY 2000-01 carry over to FY 2001-02	Carry over to FY 2001-02.

PD	Establish a menu of hot/cold	City of Pacifica	FY 2000-05	Special menu has been developed
	food items to prepare for Meals			and items are kept on stock. The
	on Wheels clients, families,			site is a designated volunteer
	staff, volunteers, and the fami-			emergency site.
	lies of staff and volunteers in		1	
	an emergency and purchase			
	emergency food to back it up	·		

W-66

**

Goal 4: CONNECTING PEOPLE, RESOURCES, AND INFORMATION

To provide information, education, training, and consultation that enable individuals and organizations to understand issues facing seniors and adults with disabilities, to be informed about resources, and to connect with services and supports

Rationale: The existence of a network of services and supports is meaningless unless consumers and the organizations that they are working with are knowledgeable about them. In spite of the ongoing community and professional education that has taken place in San Mateo County, both consumers and providers who participated in the planning process indicated lack of knowledge about issues and services.

Obj1 Promote th	e provision	of Information and Assistance l	oy trained individuals v	vithin the senior	and disabilities networks
Action	PD &C	Но́ж	Whö	Timeline	Progress
1. Assist seniors		Trained professional social	Aging and Adult	FY 2000-05	In FY 2000-01, Aging and Adult
and/or adults w	ith	workers and deputy public	Services		Services' TIES Line provided
disabilities in a	c-	guardians will respond to calls			Information and Assistance to
cessing information	a-	on the TIES Line, a 24-hour			14,263 individuals-4,291 non-
tion		information and assistance line	•		seniors, 7,936 seniors, and 2,036
					persons of unknown age. A total
					of 8,076 units of information were
					delivered—2,099 to non-seniors,
					4,244 to seniors, and 1,733 to per-
					sons of unknown age. Adult Pro-
· · ·					tective Service cases were opened
					on a total of 1,515 persons—297
					non-seniors; 1,192 seniors, and 26
		· · · · · · · · · · · · · · · · · · ·			persons of unknown age. A total
	i				of 6,592 consults were performed
					-2,382 for non-seniors; 3799 for
					seniors, and 411 for persons of un-
					known age. A total of 191 home
					visits were performed—53 for
					non-seniors, 135 for seniors, and 3
					for persons of unknown age.
		Provide part-time or full-time	City of San Mateo	FY 2000-05	In FY 2000-01, part-time or full-
		Information and Assistance at	(San Mateo Senior		time Information and Assistance
		senior centers	Center), City of San		was provided at senior centers
			Bruno (San Bruno		throughout San Mateo County.
		<u> </u>	Senior Center), City	I	

	of Redwood City (Veterans Memorial Senior Center), City of Menlo Park	· · · · · · · · · · · · · · · · · · ·	
	(Menlo Park Senior		
	Center), City of San		
~	Carlos (San Carlos		
	Senior Center, City of		
	Belmont (Twin Pines		
· · ·	Senior Center),		
Serve as a clearinghouse on	Family Caregiver	FY 2000-5	In FY 2000-01, Family Caregiver
brain impairments and care-	Alliance		Alliance served as a clearinghouse
giver assistance			on issues related to brain impair-
			ments and caregiver assistance.

P

	·	Provide Information and Assis-	Center for Independ-	FY 2000-05	In EV 2000 01 CID and do 1 In
	1	tance regarding disability and	ence of the Disabled	1 1 2000-03	In FY 2000-01, CID provided In- formation and Assistance regard-
			ence of the Disabled		· · · · · · · · · · · · · · · · · · ·
		non-disability-related issues			ing both disability and non-
					disability-related issues.
· · · ·		Provide information, guidance,	California Registry	FY 2000-05	In FY 2000-01, the California
	ľ	and referrals regarding retire-			Registry provided assistance to
		ment homes, residential care			individuals seeking placement in
		homes, and skilled nursing fa-			retirement homes, residential care
		cilities			and skilled nursing facilities.
		Use grant funds to develop a	Poplar ReCare	FY 2000-05	Resource Center has been partially
		resource center for families,	· ·		developed. They are looking for
		clients, or persons with dis-			funds to help complete the re-
		abilities			source center.
		Senior Resource Coordinator	Seton Medical Center	FY 2000-05	In FY 2000-01, Seton Medical
		will link Seton patients with			Center's Senior Resource Coordi-
		community resources and will		1	nator provided patients with in-
		provide follow-up with patients			formation regarding community
		who are in the community			resources.
	C	Coordinate regarding publicity	Mills-Peninsula	FY 2000-01	Staff from Senior Focus regularly
•		about services and trainings	Senior Focus and		attended Commission committee
	1	offered by the Alzheimer's Day	Commission on		meetings, reporting on the serv-
		Care Resource Center	Aging Continuum of		ices, trainings, and other activities
			Care Committee		offered by the ADCRC.
	1	Full-time staff person will pro-	Parca	FY 2000-05	In FY 2000-01, Parca's Director of
		vide information and advocacy			Family Support Services provided
					information and advocacy to over
					300 persons.
	1	Utilize Adult Protective Serv-	Aging and Adult	FY 2001-02	L. T.
		ices and local funding to pro-	Services		
		vide a total of 10,550 units of			
	1	Information and Assistance for			
		seniors			
Obj2 Develop and in	pleme		s that provide informa	tion about issue	s of concern to seniors and adults
with disabilitie	sin un	derstandable formats			
	PD	- Summarian Constants		······································	
Action	&С	How	Who	Timeline	Progress
	· · · · · · · · · · · · · · · · · · ·				No. 7 IS IN CAMPAGE AND

1. Provide visual infor-	Provide annual update for	Commission	FY 2000-05	In FY 2000-01, the Commission
mation in the form of	"Help at Home," a resource	on Aging	•	on Aging updated and produced an
flyers, brochures,	directory for seniors			additional 5000 copies of the di-
newsletters, etc.				rectory to respond to increased
				demand.
· .				In the 1 st quarter of FY 2001-02,
				the "Help at Home Directory" was
				posted on the CoD website.
	Advocate for a directory that	Commission on	FY 2000-01	Because of the addition of the
	highlights resources for people	Disabilities	,	Help at Home Directory to the
	with disabilities			CoD website, a separate resource
				directory is not being sought at
				this time.
	Develop new materials, bro-	Commission on	FY 2000-01,	Carry over to FY 2001-02.
	chures, etc. that enhance the	Disabilities	carry over to	
	visibility of and knowledge		FY 2001-02	
	about the Commission on Dis-			
<u> </u>	abilities		FW 2000 05	
	Produce Directory of Human	Community Information Program	FY 2000-05	CIP produced the annual update of
	Services for San Mateo County	intormation riogram		the Human Services Directory in FY 2000-01.
<u></u>	Produce "Guide to Community	Community	FY 2000-05	The guide was updated and dis-
	Resources"	Information Program	11 2000-05	seminated in FY 2000-01
	Produce flyer on core services	Community	FY 2000-05	In FY 2000-01, CIP produced a
	and the agencies that provide	Information Program	112000-05	flyer on core service agencies and
	them	information r rogram		the services they provide.
- <u>.</u>	Produce food resource flyer	Community	FY 2000-05	In FY 2000-01 CIP produced a
		Information Program	11200000	flyer on food resources in San
				Mateo County.
	Produce flyer on health educa-	Community	FY 2000-05	CIP produced a flyer on health
	tion and promotion activities of	Information Program		education and promotion activities
	various agencies			that were taking place throughout
				San Mateo County in FY 2000-01.
	Produce flyer on support	Community	FY 2000-05	In FY 2000-01, CIP produced a
	groups offered by various or-	Information Program		flyer on a wide variety of support
	ganizations			groups operated by agencies
				throughout San Mateo County.

	Produce flyer containing in-	Community	FY 2000-05	In FY 2000-01, CIP produced a
	formation about senior centers	Information Program		flyer on senior centers in San Mateo County.
	Pacifica Senior Center will write monthly senior page for the Pacifica Tribune	City of Pacifica	FY 2000-05	In FY 2000-01 the center wrote a monthly senior page for the local newspaper.
	Senior Coastsiders will write senior page for the Half Moon Bay Review	Senior Coastsiders	FY 2000-05	In FY 2000-01, the senior center continued to provide semi-monthly page in local newspaper. The page was updated to make it easier to access information on it.
С	Develop and disseminate quar- terly newsletter on activities that implement the Strategic Plan for Services for Seniors and Adults with Disabilities	New Beginning Coalition	FY 2000-05	Quarterly newsletters were dis- seminated during FY 2000-01. They featured articles about the wide variety of activities under- taken by organizations serving seniors and adults with disabilities throughout San Mateo County.
PD	Develop Linkages brochure to be used in outreach activities	Aging and Adult Services	FY 2000-01 carry over to FY 2001-02	A new Linkages brochure was de- veloped in the 2 nd quarter of FY 2001-02
	Provide information about the services provided by San Mateo County Health Services Agency in Health Tracks, the departmental newsletter	Health Services Agency	FY 2000-05	Informational articles about serv- ices were written by Health Serv- ices staff for the departmental newsletter in FY 2000-01.
С	Develop and implement out- reach plan to inform the com- munity about Medi-Cal	Aging and Adult Services/Health In- surance Counseling and Advocacy Pro- gram/Health Plan of San Mateo	FY 2000-01	Staff from AAS did several Medi- Cal informational sessions in co- ordination with HICAP. Plans for working with the Health Plan of San Mateo to do Medi-Cal out- reach were indefinitely postponed.
	Provide information on Doel- ger Senior Center's healthy ethnic cuisine program in Fili- pino newspaper, independent paper, and on back of bro-	City of Daly City	FY 2000-01	Information on the program was provided in the Filipino press, the independent newspaper and on brochures.

chures			1
 Project READ will conduct	East Palo Alto	FY 2000-01	Project READ conducted weekly
weekly literacy classes at the	Senior Center		literacy classes every Tuesday at
East Palo Alto Senior Center			1:00 P.M.
Send catalogs/newsletters to	City of Belmont, City	FY 2000-05	Catalogs/newsletters containing
local residents listing classes,	of Pacifica, Senior		information about senior center
programs, and services at the	Coastsiders		programs and services were made
 senior center			available in FY 2000-01.
Disseminate information to	Peninsula Volunteers	FY 2000-05	In FY 2000-01, Rosener House
physicians about the services	Rosener House		disseminated information about its
 offered by Rosener House Disseminate information about	Coastside Adult Day	FY 2000-01	day care services to physicians.
the program to the South Coast	Health Center	T 1 2000-01	Adult Day Health Care director served on South Coast Collabora-
(Pescadero) area	Hountin Conton		tive in an effort to disseminate in-
			formation about the program. The
			center is coordinating with the de-
			veloping health clinic and com-
			munity center in that area.
Distribute Brown Bagger News	Second Harvest Food	FY 2001-05	In FY 2001-01, copies of the
on a quarterly basis to all	Bank		Brown Bagger were distributed to
Brown Bag participants			participants in the Brown Bag
 Update consumer handbook for	IHSS Advisory	FY 2001-02	Program.
In-Home Supportive Services	Committee	112001-02	
 Produce and disseminate a	Mills-Peninsula	FY 2001-05	
newsletter 10 times a year on	Health Services		
health and social service-	,		
 related issues and programs.			
Develop Resource Center for	Poplar ReCare	FY 2001-02	
persons with disabilities and			
 their families	Denet	EV acol of	
Publish and disseminate quar- terly newsletter containing	Paratransit Coordinating Council	FY 2001-05	A newsletter containing informa-
paratransist-related information			tion on policy updates, ridership tips, Redi-Wheels travel training is
to consumers			disseminated to Redi-Wheels users
- · · · · · · · · · · · · · · · · · · ·			and agencies serving their clien-
}			tele.

	PD	Translate Help at Home Direc- tory into Chinese	Commission on Ag- ing Minority Elders Committee	FY 2001-02	
		Develop new AIDS Case Man- agement flyer to be used in out- reach activities	Aging and Adult Services	FY 2001-02	A new AIDS Case Management flyer was developed in the 2 nd quarter of FY 2001-02.
		Develop new Multipurpose Senior Services Program flyer to be used in outreach activities	Aging and Adult Services	FY 2001-02	A new Multipurpose Senior Serv- ices flyer was developed in the 2 nd quarter of FY 2001-02.
		Develop new In-Home Suppor- tive Services flyer to be used in outreach activities	Aging and Adult Services	FY 2001-02	A new In-Home Supportive Serv- ices flyer was developed in the 2 nd quarter of FY 2001-02.
2. Provide oral presenta- tions/training to consumers	PD	Schedule Older Worker Week presentation that highlights contributions of older workers	Family Service Agency	October 2000	Family Service Agency made a presentation on the contributions of older workers at the Commis- sion on Aging's general meeting.
	PD	Present information about sen- ior services at community fo- rums and events	Commission on Ag- ing Minority Elders Committee and Community-based Continuum of Care Committee	FY 2000-01	Representatives from the two committees participated in well- ness, health fairs, and community events throughout the county. They provided volunteer support at information exhibits at those events.
		Make presentations about the Commission on Disabilities	Commission on Disabilities	FY 2000-05	In FY 2000-01, representatives of the CoD made presentations to the MORE Steering Committee, Self- Help for the Hard of Hearing, the Parkinsons' Support Group (Daly City), and the San Mateo County Board of Realtors.
	~	Sponsor workshop on transi- tioning from adolescence to adulthood for people with dis- abilities and preparing for the future of dependent adult chil- dren	Commission on Dis- abilities, California Children's Services, County Office of Education	FY 2000-01	On October 18, 2001 a workshop was held. Approximately 60 con- sumers and their families partici- pated in the workshop.
·	C .	Community liaison will pro-	Aging and Adult	FY 2000-05	In FY 2000-01, Aging and Adult

vide training and education for consumers at community-based organizations regarding serv- ices provided by Aging and Adult Services, social work issues, Adult Protective Serv- ices, etc.	Services		Services staff gave a presentation on the TIES Line and the contin- uum of services at the March 2000 I&R Forum
C In order to involve greater numbers of consumers, the New Beginning Coalition will conduct this year's general meetings/educational forums at the Fair Oaks Community Cen- ter, Lincoln Park Nutrition Site, and Self-Help for the Elderly's Senior Center		FY 2000-01	 The following educational forums were held in FY 2000-01: Celebrating cultural (including racial, ethnic, cultural, ability, and sexual orientation) diversity- at Self-Help for the Elderly; Nutrition and Wellness for Seniors and Adults with Disabilities- at El Camino Senior Center (substituting for Lincoln Park site); and Building Bridges: Involving Adults with Disabilities in Senior Programs- at Fair Oaks Senior Center.
Conduct educational activities (public speaking, workshops, sensitivity training, etc.) to promote an understanding of persons with disabilities and independent living	Center for Independ- ence of the Disabled	FY 2000-05	In FY 2000-01, Center for Inde- pendence of the Disabled gave presentations and workshops to educate the community about per- sons with disabilities and inde- pendent living.
Schedule presentation by out- side speakers once each quarter at the senior center	East Palo Alto Senior Center	FY 2000-05	Quarterly speakers included HI- CAP, Legal Aid, NAACP, and the League of Women Voters.
Start hospitality committee to welcome new people and tell them about programs and serv- ices	City of Belmont (Twin Pines Senior Center)	FY 2000-01	Twin Pines Senior Center started a hospitality committee and it is now operational.

Fair," featuring speakers and exhibits, at Oracle Conference Center	Independently		January 2001.
Schedule guest speakers for community education forums 4 times per month at senior cen- ter	Peninsula Volunteers Little House	FY 2000-05	In FY 2000-01, at least 50 educa- tional forums took place.
Schedule at least one public presentation for consumers per month regarding key senior is- sues (e.g., Social Security changes)	Legal Aid Society	FY 2000-05	Legal Aid provides an average of at least two presentations per month at senior centers and senior senior venues.
Schedule two educational pres- entation per month on senior issues and resources	City of Pacifica (Pacifica Senior Center)	FY 2000-05	In FY 2000-01 an average of two presentations were provided per month.
Provide speakers 3-4 times per year at the center	Japanese American Citizens League	FY 2000-05	The Japanese American Citizens League provided educational speakers for its participants at least four times during FY 2000-01.
Schedule monthly lecture series at Veterans Memorial Senior Center offering informative lectures on topics of interest to seniors	City of Redwood City	FY 2000-05	In FY 2000-01, monthly lectures on subjected of interest to seniors were scheduled at the Veterans Memorial Senior Center.
Parca Speakers Series offers presentations six times a year by experts in the field who talk about important issues for peo- ple with disabilities	Parca	FY 2000-05	Six presentations were given in FY 2000-01— two presentations by an attorney on conservationship, two presentations by an attorney on wills an d trusts, a presentation by two teachers on sex issues, and a presentation by a behavior special- ist (teacher) on behavior.
Utilize Electric Education Trust funding to do community edu- cation and outreach on a variety of energy-related issues (con- sumer rights, conservation, and	Legal Aid Society	FY 2001-02	

	special programs for low- income consumers)			
	Schedule seminars on how to hire an in-home worker for residents of senior housing complexes	Public Authority	FY 2001-02	
	Develop content for "Transi- tion to Independence II," a fol- low-up to the earlier workshop	Commission on Disabilities	FY 2001-02	
3. Provide information via other media	Provide information on Doel- ger Senior Center's healthy ethnic cuisine program on local cable and on website	City of Daly City	FY 2000-01	Information on the program was provided on the local cable station and on the center website.
	Develop/maintain web site highlighting the Commission on Disabilities, it members, ac- tivities/ events, and disability- related issues	Commission on Disabilities	FY 2000-02	The development of the website began in January 2001 and was completed in April 2001. Since that time, there have been numer- ous updates and new features added, including links to other ma- jor resources for people with dis- abilities.
	Maintain website on commu- nity resources that is accessible through all public libraries and private computers	Community Informa- tion Program	FY 2000-05	A website was available during FY 2000-01.
	Provide website that contains information on a variety of sen- ior issues (e.g., hiring help at home)	Alliance for Aging Independently	FY 2000-05	Organization ceased operation in January 2001.
х	Provide website for families, clients, and persons with dis- abilities	Poplar ReCare	FY 2000-05	In FY 2000-01, the organization discussed plans for the website. It has not yet been developed.
	Develop a website	Family Housing and Adult Resources	FY 2000-02	FHAR started a website in FY 2000-01, but it is still being devel- oped.
	Purchase two computers and provide public internet access	City of Belmont	FY 2000-05	In FY 2000-01, computers were purchased and access was pro-

······································		at Twin Pines Senior Center		· · ·	vided.
	PD	Update departmental website	Health Services Agency	FY 2001-02	
Obj3 Improve the ab	ility of	agency staff to respond to issues		nd adults with	disabilities through training and
resource develo		8 1			
Action	PD &C	Нош	Who	Timeline	Progress
1. Provide training to staff and volunteers of agencies serving sen- iors and adults with disabilities		Hold monthly senior Informa- tion & Referral Forums for providers	Community Informa- tion Program	FY 2000-05	CIP held monthly senior Informa- tion and Referral Forums for pro- viders in FY 2000-01.
	C	Community liaison will pro- vide training and education to staff of community-based or- ganizations regarding services provided by Aging and Adult Services, social work issues, Adult Protective Services, etc.	Aging and Adult Services	FY 2000-05	A social worker has been appointed to fill the community liaison position in the Commissions and Provider Services Unit. She is responsible for coordinating presentations to community-based organizations, providing technical assistance regarding client issues, monitoring of contracted case management programs, and serving as a liaison to senior centers.
		Schedule a presentation about the TIES Lines for members of the Commission on Disabilities	Commission on Dis- abilities/Aging and Adult Services	FY 2000-01	During the 1 st quarter of the fiscal year, staff from the TIES Line gave a presentation at a CoD gen- eral meeting.
		Provide monthly "Orientation to Community Resources" ses- sions to ensure that new em- ployees of human service agen- cies are knowledgeable about resources in San Mateo County	Community Information Program	FY 2000-05	In FY 2000-01, orientation ses- sions were provided at least once a month—the regularly scheduled orientation plus orientation ses- sions requested by specific organi- zations/groups.
		Provide MediCal, Social Secu- rity, and Medicare training for deputy public guardians	Aging and Adult Services	FY 2001-02	
	L	Provide training on working	Aging and Adult	FY 2001-02	

 with investments for deputy	Services		
public guardians			
Provide in-service trainings on	Aging and Adult	FY 2001-02	
legal, Medi-Cal, and energy-	Services		
related issues for the staff of			
the three case management pro-			
grams			
Provide comprehensive training	Aging and Adult	FY 2001-04	
and field work for stipended	Services/U.C. Ber-		
social work graduate students	keley/San Francisco		
	State/San Jose State		
Invite professionals to provide	Aging and Adult	FY 2001-02	
in-service training three times	Services		
per year for staff in the three			
case management programs			
(MSSP, Linkages, and AIDS)			
Schedule meeting with contrac-	Aging and Adult	FY 2001-02	
tors to improve services and	Services		
better protect the assets of con-			
servatees through obtaining tax			
benefits and diversifying in-			
vestment portfolios			
Provide basic financial man-	Aging and Adult	FY 2001-02	
agement training for deputy	Services		
public guardians on money	ر د		
managements, stocks, bonds,			
 annuities, etc.			
Provide training to deputy pub-	Aging and Adult	FY 2001-02	
lic guardians, representative	Services		
payees, and 24-hour response			
team on the processes to be fol-			
 lowed when a client dies	A	FW 2001 02	
Promote staff attendance at	Aging and Adult	FY 2001-02	
statewide public guardian con- ferences to learn more about	Services		
resources, regulations/updates,			
and to receive basic training			

		Provide regular in-service training on a variety of health and nutrition topics pertaining to seniors	Catholic Charities	FY 2001-05	
	PD	Promote the participation of senior peer counselors in the Northern California Senior Peer Counseling Network's annual conference at Asilomar, "Enriching Counseling Rela- tionships—Strengthening Your Style"	Senior Peer Counsel- ing/La Esperanza Vive	FY 2002-3	
2. Provide resource ma- terial for staff and volunteers of agencies serving seniors and adults with disabilities		Maintain data base on vacan- cies in residential care facilities for seniors and adults with dis- abilities	Community Information Program	FY 2000-05	In FY 2000-01, the database was developed and providers were sur- veyed. A process for regularly updating the database and making the information available to staff and volunteers will be imple- mented in FY 2001-02.
		seniors and adults with disabilit	ies to utilize technology	as a means to a	ccessing information
I SALE AND A CHICK SHOULD BE AND A SALE AND A	PD &C	Нож	Who	Timeline	Progress
1. Teach seniors and adults with disabilities how to utilize com- puters		Hold classes at the San Mateo Senior Center on how to buy and operate computers, how to use the Internet, and how to use hand-held computers	City of San Mateo	FY 2000-05	In FY 2000-01, the San Mateo Senior Center held computer classes- how to buy and operate computers, how to use the Internet, and how to use hand-held comput- ers.
		Schedule class on computer basics	Senior Coastsiders	FY 2000-05	In FY 2000-01, Senior Coastsiders held a class on computer basics.
		Provide computer classes (be- ginning, intermediate, specific programs, and internet) target- ing younger and more diverse seniors	City of Daly City	FY 2000-01	In FY 2000-01, the City of Daly City provided a series of computer classes to attract a younger and more diverse senior population.
		Sponsor computer club and provide access to 9 computers	City of San Bruno	FY 2000-01	In FY 2000-01, the computer club was operational and provided a

with Internet connection. Pro- vide variety of classes at all levels, as well as one-on-one coaching at the San Bruno Sen- ior Center Provide expanded variety of computer classes at the Millbrae Senior Center- Intro- ductory, Publisher and Print Shop	City of Millbrae	FY 2000-02	variety of classes Program expansion began in FY 0-01 and continues. More classes and additional days were added in FY 2001-02.
Offer a variety of computer classes at Veterans Memorial Senior Center- Works, desktop publishing, internet, etc.	City of Redwood City	FY 2000-01	In FY 2000-01, the Veterans Me- morial Senior Center offered a va- riety of computer classes at the senior center, including Works, desktop publishing, Internet. Classes were provided in FY 2000-01.
Provide computer classes on keyboarding, genealogy, Word, Exccl, JAVA, digital nature workshops- photography, photo memories- photo enhancing, essential Macintosh.	Peninsula Volunteers	FY 2000-01	In FY 2000-01, Peninsula Volun- teers Little House held a variety of computer classes—keyboarding, genealogy, Word, Excel, JAVA, digital nature workshops— photography, photo memories, photo enhancing, essential Macin- tosh.
Develop and implement com- puter classes for seniors	Messiah Lutheran Church	FY 2000-05	The church developed and imple- mented computer classes in FY 2000-01. It now conducts classes for both beginning and in- termediate levels.
Explore feasibility of using volunteer instructors for com- puters classes at Twin Pines Senior Center	City of Belmont	FY 2000-01	Volunteer instructors were re- cruited and now provide ongoing instruction
Develop computer literacy by purchasing 12 new computers (funded by Lions Club) for the	City of Pacifica	FY 2000-01	A new computer program was im- plemented with assistance from Lions Club. A separate computer

	Pacifica Senior Center and util- izing students from high school and college as teachers. Seniors will be able to take some com- puters home on loan. Teach staff of senior congre- gate housing facilities how to teach residents to use e-mail	Alliance for Aging Independently	FY 2000-01	room with ten donated computers was designed as the new computer center. All instructors for classes and labs are volunteers. Over 100 seniors have been signed up. Organization ceased operation in January 2001.
	and internet via WebTV Acquire additional computers and implement plan for com- puter classes at the East Palo Alto Senior Center	East Palo Alto Senior Center	FY 2000-01	The center acquired three computers and offered weekly computer classes.
	Teach participants in the subsi- dized (Title V)and unsubsi- dized (Title III) employment programs basic computer skills so they can access core services at one-stop employment centers	Family Service Agency/ Sequoia Adult School	FY 2001-02	
	Provide computers and com- puter instruction for residents of their affordable housing complexes	Mid-Peninsula Hous- ing Coalition	FY 2001-02	
2. Promote the use of the Internet as a valuable means to access in- formation	Advocate for affordable Inter- net access	Commission on Dis- abilities	FY 2000-01	Delete from workplan.
	Advocate for the use of acces- sible and accurate on-line in- formation	Commission on Dis- abilities	FY 2000-01	To ensure access to accurate and accessible on-line information, the CoD developed its own website. in addition, the ADA Compliance Committee worked with represen- tatives from County ISD to de- velop website accessibility stan- dards that were included as part of the county's ADA Policies and Procedures.

Goal 5: RESPECTING AND RESPONDING TO OUR DIVERSITY

To ensure that the network of services and supports for seniors and adults with disabilities reflects an understanding of and respect for this county's cultural and racial diversity and is free of ethnic, cultural, sexual orientation, and/or language barriers to utilization of services

Rationale: The rich diversity of San Mateo County has dramatically increased since the last Census and will continue to do so during the next decade. Accordingly, the services and supports that are provided must be physically accessible and culturally acceptable to this county's diverse population of seniors and adults with disabilities. This was one of the key issues identified during the community forums held during the planning process.

Obj1 Improve the ab							
Action	PD &C	Нож	Whô	Timeline	Progress		
1. Target outreach ef-	PD	Recruit, train, and station bilin-	Family Service	FY 2000-01,	Carry over to FY 2001-02.		
forts to minority indi-		gual volunteer at King Center	Agency	carry over to			
viduals who are un-		to implement special outreach		FY 2001-02			
derutilizing services to		program targeting the minority					
encourage their par-		community surrounding the					
ticipation		King Center Congregate Nutri-	· ·				
		tion site					
		Collaborate with groups that	Legal Aid Society	FY 2000-05	Legal Aid has worked with		
i		target minority populations to			Nuestro Canto de Salud, the Fili-		
i		ensure that their legal issues are			pino Bar Association, and a Ton-		
i		addressed			gan community organization to		
					provide community education.		
		Outreach minority communities	Retired and Senior	FY 2000-01	Program scheduled a series of		
1		in order to increase participa-	Volunteer Program		speaking engagements at minority		
		tion in the Retired and Senior	(RSVP)		organizations. A small number of		
		Volunteer Program			volunteers were recruited.		
	C	Increase distribution of Help at	Commission on Ag-	FY 2000-01	Members of the Minority Elders		
		Home Directory in minority	ing Minority Elders		Committee were responsible for		
		communities through churches,	Committee		the distribution of the directories		
		ethnic organizations			to their respective ethnic organiza-		
	DD	Transformer to an transformer to an	CalCITala Cartha	FX 2000 01	tions and churches.		
	PD	Implement outreach campaign to recruit, train and place bilin-	Self-Help for the	FY 2000-01	HICAP conducted an outreach		
		gual and minority volunteers	Elderly		campaign and recruited several		
		for the Health Insurance Coun-			minority volunteers. The volun-		
	L	101 me meanin montance Coult-	<u> </u>	L	teers will complete the training in		

		seling and Advocacy Program	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·	mid-March 2002.
		Contract with consultant to help them develop and imple- ment outreach to Hispanic and Asian populations to increase number of ethnic clients and to recruit more diverse staff and board members	Center for Independ- ence of the Disabled	FY 2000-01	Hired two consultants and met with leaders of Hispanic and Asian communities. Outreach plans were developed and are being im- plemented.
	PD	The Alzheimer's Day Care Re- source Center will develop and implement outreach program targeting the minority commu- nity	Mills-Peninsula Senior Focus	FY 2000-01	Mills-Peninsula Senior Focus has outreached the minority commu- nity by working with North County churches serving large mi- nority populations. They have dis- tributed flyers to the churches and have coordinated with the health ministries operated by them.
	PD	Work with East Palo Alto com- munity leaders to improve par- ticipation in the Wise and Well Program by the multicultural community in EPA.	Mills-Peninsula Senior Focus	FY 2000-01	Wise and Well Program has worked with the site manager, who has promoted the program to par- ticipants at the site. They have also worked with AAS staff to identify ways to promote the pro- gram and to problem-solve.
		Hold a minimum of two of its monthly meetings per year at community-based sites to en- courage greater minority par- ticipation	Commission on Ag- ing Minority Elders Committee	FY 2001-05	
2. Provide training that will enable organiza- tions to better serve targeted groups within their community	PD	Provide culturally sensitive training on identifying and re- porting of elder abuse for Span- ish-speaking volunteers in La Esperanza Vive	La Esperanza Vive	FY 2000-05	Training is provided every year as part of the classroom training for the peer counselors in La Esper- anza Vive
	PD	Conduct workshop on cultural diversity for nutrition service providers	Aging and Adult Ser- vices	FY 2000-01	AAS staff led a workshop on cul- tural diversity at the statewide CANDE conference in May 2001.
	PD	Provide technical assistance to	Aging and Adult	FY 2000-01	Aging and Adult Services staff

Obj. 2 Develop and im	pleme	service providers on minority outreach nt programs/services for the pur	Services pose of attracting the p	articipation of 1	worked with an outreach worker from the City of Daly City on the development of their plan for out- reaching Latino elders. Staff also gave a workshop on diversity at the CANDE Conference in May 2001. Targeted populations
Action	PD & C	Ною	Who	Timeline	Progress
1. Improve participation of the minority com- munity by having pro- grams that are cultur- ally sensitive and that respond to the inter-		Hold weekly support group at San Mateo Senior Center for Latino seniors	City of San Mateo	FY 2000-05	In FY 2000-01, a weekly support group was held for Latino seniors at the San Mateo Senior Center.
ests/needs of the target community(ies)			,		
		Provide peer counseling to La- tino elders by their cultural peers	La Esperanza Vive	FY 2000-05	In FY 2000-01, La Esperanza Vive provided 3,414 hours of peer counseling to 77 Latino seniors.
	C	Collaborate with the senior housing project and neighbor- hood community in Daly City to start an ethnic home- delivered meal program to serve homebound seniors in the area	Self-Help for the Elderly	FY 2000-01	As a result of collaboration efforts, Self-Help for the Elderly was able to start ethnic home-delivered meals programs in Daly City and San Mateo.
	PD	Explore the feasibility of estab- lishing and co-facilitating a peer support group for Latino seniors at the Fair Oaks Senior Center	Family Service Agency/La Esperanza Vive	FY 2000-01	A peer support group was estab- lished at Fair Oaks Senior Center in November 2000.
		Implement new Hispanic edu- cation project involving at-risk Latinos in supported education in order to make the transition into young adulthood easier	Canada College	FY 2000-01	Unable to confirm progress on this activity.

	A variety of ethnic clubs will meet regularly at the South San Francisco Senior Center— Chinese American Club, Fili- pino American Club, Black Heritage Club, Hispanic Club	City of South San Francisco	FY 2000-05	In FY 2000-01, South San Fran- cisco Senior Services hosted a va- riety of ethnic clubs (Chinese American, Filipino American, Black Heritage, and Hispanic) to promote the participation of those groups at the senior centers.
PD i	Develop multicultural Congre- gate Nutrition Program and senior center activities at Cen- tral Park in San Mateo	Self-Help for the Elderly	FY 2000-01	The Congregate Nutrition Program at Central Park features a Chinese lunch. In addition to the standard activities offered at senior centers, Self-Help's Central Park site fea- tures activities that highlight the Chinese culture. The lunch and the events are well attended, at- tracting the participation of a di- verse group of seniors.
	Implement case management program targeting the Chinese community in central county	Self-Help for the Elderly	FY 2000-01	A Chinese-speaking social worker was employed to provide case management targeting the Chinese community. In FY 2000-01, 38 persons received 268 hours of case management services.
	Start weekly support group at senior center for Asian seniors	City of San Mateo (San Mateo Senior Center)	FY 2000-01	Deleted. Need is being met by another organization.
	Drop-in mah jong class at Twin Pines Senior Center to attract Pacific Asian seniors	City of Belmont	FY 2000-05	In FY 2000-01, the Twin Pines Senior Center held a drop-in mah jong class to attract Pacific Asian seniors.
	Schedule African American Line Dance classes at Doelger Senior Center	City of Daly City	FY 2000-01	In FY 2000-01, an African Line Dance class was held at the Doel- ger Senior Center.
	Once a month, offer cooking class in Spanish, on healthy cooking at Lincoln Park Senior Nutrition Program	City of Daly City	FY 2000-01	In FY 2000-01, the City of Daly City provided a monthly class on healthy cooking in Spanish at the Lincoln Park Senior Nutrition

					Program.
		Schedule mah jong class at	City of Millbrae	FY 2000-05	In FY 2000-01, the Millbrae Sen-
		Millbrae Senior Center			ior Center offered two varieties of
				·	mah jong.
		Offer free English as a second-	City of Daly City	FY 2000-01	In FY 2000-01, free English as a
		language class at Lincoln Park			second language classes were of-
		Senior Nutrition Program			fered at Lincoln Park in FY 2000-
			· · · · · · · · · · · · · · · · · · ·		01.
		Schedule ballroom dancing in-	City of Millbrae	FY 2000-05	In FY 2000-01, ballroom dancing
		struction class at the Millbrae	н. Н		instruction was offered at the
		Senior Center to outreach			Millbrae Senior Center as a way of
		Asian community			enhancing the participation of the
					Asian community in the senior
				EX 0000 CC	center.
		Facilitate support group in	Edgewood Kinship	FY 2000-05	In FY 2000-02, a Spanish lan-
		Spanish for relative caregivers	Support Services		guage support group was facili-
	D D		Program		tated in the City of San Mateo
	PD	Expand Foster Grandparent	Mills-Peninsula	FY 2000-01	carried over to FY 2001-02
		Program by developing host	Senior Focus	carry over to	
		agency sites and placing senior volunteers in schools/ child		FY 2001-02	
	ļ	care centers in multicultural			
		community of East Palo Alto	A ging and A dult	EX 2001 02	
		Allocate Title IIIB funding to	Aging and Adult	FY 2001-02	
		an organization to provide	Services		
		1,500 units of Visiting to re- cipients of peer counseling			
		services for seniors whose pri-			
		mary language is not English			· · · · ·
2. Provide activities that		Schedule special events at sen-	City of South San	FY 2000-05	Special events highlighting attail
highlight the diversity		ior center highlighting holidays	Francisco (South San	1.1 7000-03	Special events highlighting ethnic holidays and traditions were
that exists in San		and traditions	Francisco (South Sall		scheduled in FY 2000-01.
Mateo County			Center)		501000000 m t t 2000-01.
		Recognize Filipino culture by	City of Daly City	FY 2000-05	In FY 2000-01, the senior center
		holding annual event at Doel-	only of Dury only	1 2000 00	held special events highlighting
6		ger Senior Center	, ,		Filipino culture.
t.		Include a variety of ethnic	Central Kitchen	FY 2000-05	Ethnic meals are included in the

		meals on the Congregate and			menus that are developed by the
		Meals on Wheels menu			Central Kitchen.
	}	Celebrate holidays of different	City of Daly City	FY 2000-05	In FY 2000-01, different cultural
		cultures by having special	(Doelger Senior Cen-		holidays were celebrated at the
		meals and entertainment at the	ter and Lincoln Park)	~	nutrition programs.
		nutrition programs			
		Participate in senior center-	East Palo Alto Senior	FY 2000-05	In FY 2000-01, the center held a
	1	based and community-based	Center		diversity festival in which a vari-
	}	diversity celebrations, includ-			ety of local cultures were featured.
	}	ing Juneteenth and Island Fes-			
		tival			
· .	{	Hold computer-based geneal-	City of Belmont	FY 2000-01	The City of Belmont held a com-
		ogy class at Twin Pines Senior			puter-based genealogy class at the
		Center			Twin Pines Senior Center in FY
					2000-01.
	PD	Develop Meals on Wheels Pro-	Aging and Adult	FY 2001-02	
		grams that have the capability	Services		
		of providing ethnic meals			
		Celebrate cultural diversity by	Catholic Charities	FY 2001-05	,
		scheduling holiday events and	(San Carlos Adult		
		celebrations	Day Support Center)		
		Grupo Folklorico provides 5	City of Pacifica	FY 2001-05	In FY 2000-01 five free perform-
		free performances a year to the			ances of the Grupo Folklorico
	1	seniors and meets there at the			were provided at the senior center.
		center each week.			
		Schedule additional ethnic	City of Pacifica	FY 2001-02	In FY 2000-01, there were
		holiday celebrations			celebrations of Chinese New Year,
					Martin Luther King, Hawaiian
					Day, and other ethnic holidays.
3. Enhance the ability of		Provide English as a second	City of Daly City'	FY 2000-01	Senior centers in Daly City and
program participants	}	language classes at senior cen-	(Doelger Senior		Menlo Park provided English as a
to communicate with	}	ter	Center), City of	4	second language classes in FY
other seniors and with			Menlo Park (Menlo		2000-01.
program staff			Park Senior Center)		
		Provide Spanish classes at sen-	City of Daly City	FY 2000-05	In FY 2000-01, Spanish classes
		ior center	(Doelger Senior		were provided at Doelger Senior
			Center), City of		Center, Menlo Park Senior Center,

"\'

	Menlo Park (Menlo Park Senior Center), Peninsula Volunteers Little House City of Belmont (Twin Pines/Belmont	added FY 2001-02	Little House, and Twin Pines Sen- ior Center.
	Senior Center)		
Provide conversational Italian class at senior center	Peninsula Volunteers Little House	FY 2000-01	In FY 2000-01, Little House pro- vided conversational Italian classes; they were cancelled in September 2001.
Schedule conversational French class at senior center	City of Belmont (Twin Pines Senior Center),	FY 2000-02	In FY 2000-01, the Twin Pines Senior Center held a conversa- tional French class at the center.
Explore feasibility of staring conversational Spanish class at senior center	City of Belmont (Twin Pines Senior Center)	FY 2000-01	The center determined that there was enough interest to start a group.
Provide translation equipment and translations at all agency and commission-sponsored meetings (upon request)	Aging and Adult Services/ Commission on Ag- ing/Commission on Disabilities	FY 2000-05	Translation equipment and transla- tions are provided at all agency and commission-sponsored meet- ings, when requested.
Provide translations for minor- ity elders at community meet- ings and events	Commission on Ag- ing Minority Elders Committee	FY 2000-05	Representatives of the Minority Elders Committee provide transla- tions and/or identify other com- munity individuals who can pro- vide translations for community meetings and events.
Assist in the translation of writ- ten materials in languages that are prominent in the commu- nity (Spanish, Chinese, and Tagalog)	Commission on Ag- ing Minority Elders Committee	FY 2000-05	Representatives of the Minority Elders Committee provide written translations and/or identify other community individuals who can provide written translations.
Provide Spanish, Chinese, and Tagalog translations of Home-	HIP Housing	FY 2001-02	

		sharing outreach flyers		l	
		Explore the feasibility of start-	City of Belmont	FY 2001-02	
		ing a conversational Chinese	(Twin Pines Senior	11200102	
		class	Center)		
Obj. 3 Provide support	that	enhances the participation of div			
	L LIIAL V	characes the participation of un	erse groups of seniors a	and addits with	disabilities in programs and
services		r — — — — — — — — — — — — — — — — — — —		 	-
Action	РД & С	How	Who	Timeline	Progress
1. Make staffing as-		Recruit bilingual workers to	Family Service	FY 2000-01	Bilingual volunteers were re-
signments that en-		staff its newly acquired Fair	Agency		cruited, as well as paid bilingual
hance the ability of		Oaks Senior Center		1	staff.
programs to serve the	,			0	
diverse community					
		Provide staff who can translate	Japanese American	FY 2000-05	Bilingual staff help non-English-
		for non-English-speaking cli-	Citizens League		speaking clients conduct business
		ents at medical appointments,	υ		with social service agencies and
		social service agencies, etc.			medical providers.
		Employ bilingual case manager	Family Service	FY 2001-02	
		to perform assessments and	Agency		
		link people with needed serv-		}	
		ices			
		Employ culturally diverse staff	HIP Housing	FY 2001-02	
		who are bilingual in Spanish	5		
		and Mandarin/Cantonese		}	

Goal 6: IMPROVING PHYSICAL AND MENTAL HEALTH

To promote wellness and to improve access to a variety of prevention and intervention services

Rationale: The ability to utilize a variety of health and mental health services is key to maintaining independence and quality of life. During the planning process, we repeatedly received input from seniors and adults with disabilities in San Mateo County regarding problems associated with managed care, health insurance, the cost of medical care, and a variety of other health issues.

Obj1 Ensure access t	o a contii	nuum of héalth services that n	naintains the health and	d well-being of s	eniors and adults with disabilities
Action .	PD &C	Нож.	Who	Timeline	Progress
1. Provide a variety of	Pı	rovide licensed Adult Day	Mills-Peninsula Sen-	FY 2000-05	Services were provided in FY
county and commu-	H	lealth Care services	ior Focus/Coastside		2000-01.
nity-based health pro-			Adult Day Health		

grams that target sen- iors and adults with disabilities			Center		
	PD	Work on the development of a North County adult day health care site	Aging and Adult Services/ Commission on Ag- ing Community- Based Continuum of Care Committee (serving as coordina- tor) Adult Day Health Care Planning Coun- cil	FY 2000-02	The Continuum of Care Commit- tee was the focal point for discus- sions with Adult Day Health Care Providers about the development of a North County site and its im- pact on the attendance in existing programs. The Committee meet- ings were rescheduled for a time that was more convenient for those providers to encourage their par- ticipation in the planning.
		Provide podiatry services every other week at the senior center	City of San Mateo (San Mateo Senior Center)	FY 2000-05	Services were provided in FY 2000-01.
		Hold weekly massage group at the senior center	City of San Mateo (San Mateo Senior Center)	FY 2000-05	Services were provided in FY 2000-01.
		Provide podiatrist services and chiropractic consultation once a month at the senior center	Peninsula Volunteers Little House	FY 2000-05	Services were provided in FY 2000-01.

	Provide mental health services	San Mateo County	FY 2000-05	Services were provided in FY
	for older adults $(60+)$ who are	Mental Health		2000-01.
	seriously mentally ill and	Division		
	homebound or unable to use	,		
	services at county clinic			
	Provide individual, family, and	Center for Independ-	FY 2000-05	Services were provided in FY
	group counseling to help indi-	ence of the Disabled		2000-01.
	viduals overcome emotional			2000 01.
	barriers to independence			
	Provide psychiatric assessment,	San Mateo County	FY 2000-05	Services were provided in FY
	including medication evalua-	Mental Health	112000-05	2000-01.
	tion and ongoing medication	Division		2000-01.
	monitoring by psychiatrist, as			
	well as case management and			
	education for caregivers			
	Provide hospice care for the	Department of Veter-	FY 2000-05	In FY 2000-01, hospice services
	terminally ill	ans Affairs/ Home	FI 2000-03	were provided by a wide variety of
		Health Plus Hos-		
		pice/Hospice by the		organizations.
	·	Bay (deleted in FY		
		2001-02), Kaiser		
		Permanente/Mid-		
		Peninsula Home Care		
		and Hospice/Mission		
		Hospice/Self-Help		
		HomeCare and Hos-	·	
		pice/Stanford Home-		
		Care and Hos-		
		pice/SutterVisiting		
		Nurse Association		
		and Hospice/ Heart-		
		land Home Health		
		and Hospice (added		
		FY 2001-02)		· · · ·
·	Provide Reiki treatments and	City of Redwood	FY 2000-01	Paiki treatments and some
	acupressure at the senior center	City (Veterans Me-	1 1 2000-01	Reiki treatments and acupressure were provided at the Veterans
	acaptessure at the senior center	City (v cicialis ivie-	L	were provided at the veterans

-			morial Senior Center)		Memorial Senior Center in FY 2000-01.
		Improve access to home health services for clients in case management programs by re- cruiting additional home health agencies to provide home care	Aging and Adult Services	FY 2001-02	
	PD	Contract with new provider to improve access to Adult Day Health Care for people in South County	Aging and Adult Services	FY 2001-02	
•	PD	Train program directors to be- come intervenors in order to impact alcohol consumption of people whose intake is above the recommended level	Aging and Adult Services/American Society on Aging	FY 2001-02	
 Advocate on behalf of individuals and groups to ensure their access to health services 		Advocate for Patients Bill of Rights	Commission on Dis- abilities Legislation and Advocacy Com- mittee	FY 2000-01	Deleted from workplan.
		Advocate for prescription drug coverage under Medicare	Commission on Dis- abilities Legislation and Advocacy Com- mittee	FY 2000-01	Deleted from workplan.
		Advocate for the communica- tion needs of people with dis- abilities during rolling black- outs	Commission on Disabilities	FY 2000-1	Letters were sent to PacBell and PG&E regarding concerns raised by consumers after they experi- enced energy blackouts. Repre- sentatives of the CoD Legislative Advocacy Committee met with PG&E staff to improve coordina- tion and response to emergency situations.
		The Health Insurance Counsel- ing and Advocacy Program (HICAP) will provide free counseling and legal assistance	Self-Help for the Elderly	FY 2000-05	In FY 2000-01, provided 64 hours of community education to 55 in- dividuals and 1,826.5 hours of counseling and advocacy to 1,650

		on Medicare and health insur-	1		individuals.
		ance issues at a variety of sites -			
		(Senior Centers, Social Secu-			
		rity, medical facilities, etc.)			
2	PD	Develop additional outpost site	Self-Help for the	FY 2000-01	The Health Insurance and Advo-
		for Health Insurance Counsel-	Elderly		cacy Program started a new out-
		ing and Advocacy Program			post site at the Fair Oaks Senior
		(HICAP)			Center in FY 2000-01.
		Advocate for more comprehen-	Commission on	FY 2000-01	Deleted from workplan.
		sive dental coverage under	Disabilities Legisla-		-
		Denti-Cal	tive Advocacy Com-		
			mittee		
		Health Consumer Center will	Legal Aid Society	FY 2000-05	In FY 2000-01, Legal Aid Soci-
		assist seniors and adults with			ety's Health Consumer Center
		disabilities in responding to			provided assistance to seniors and
		denials by managed care pro-			adults with disabilities who were
		grams			having problems with managed
					care programs.
		Advocate for the development	Commission on	FY 2000-01	CoD wrote a letter of support for
		and funding of a medication	Disabilities		funding a program under LTSSP.
		monitoring program			
	PD	Explore the feasibility of estab-	San Mateo County	FY 2000-01	Commission on Aging wrote a let-
		lishing a geriatric mental health	Mental Health		ter of support for a \$3,000,000
		clinic, which will focus on de-	Division/Commission		planning grant that the Mental
		pression in the elderly	on Aging		Health Division applied for. The
					grant focused on depression in the
					aging population. The Mental
					Health Division was not awarded
	L	· · · · · · · · · · · · · · · · · · ·			the grant.
Obj2 Improve access		lth-related information and acti	vities	· · · · · · · · · · · · · · · · · · ·	
Action	PD &C	How	Who	Timeline	Progress
1. Increase public aware-	<u></u>	Provide health-related pro-	Family Service	FY 2000-01	Provided bilingual health-related
ness about health-		grams at the senior center	Agency (Fair Oaks		programs through Nuestro Canto
related issues			Senior Center)		de Salud lectures on cancer,
					heart disease, diabetes, blood pres-
			· · · ·		sure/stroke prevention. Sequoia

		,	Hospital did a bilingual focus group on the health needs of sen- iors.
Through individual counseling sessions and group meetings, the Health Insurance Counsel- ing and Advocacy Program (HICAP) will present up-to- date information about health and long-term care insurance options	Self-Help for the Elderly	FY 2000-05	In FY 2000-01, the Health Insur- ance Counseling and Advocacy Program provided information about health and long-term care insurance through individual coun- seling and group meetings.
Plan and implement training on Older Persons' Health issues within the Health Services Agency.	Health Services Agency	FY 2000-01	A curriculum was developed for quarterly trainings for Health Services staff. The trainings have covered issues such as depression in the older adult and dementia.
Explore feasibility of holding a health care fair targeting people with disabilities	Commission on Disabilities	FY 2000-01	Deleted from workplan.
Conduct adult ed class, "Vir- tual Doelger," in which stu- dents are on the Net looking at health sites and tracking their own health issues	City of Daly City (Doelger Senior Cen- ter)	FY 2000-01	Doelger Senior Center offered "Virtual Doelger," a class in which students use the Internet to track their own health issues.
Provide health information through toll-free Health Re- source Line	Mills Peninsula Senior Focus	FY 2000-05	In FY 2000-01, Senior Focus op- erated a toll-free Health Resource Line, providing health information to consumers.
Provide public access to com- puters in library for people to do health-related research	Mills Peninsula Senior Focus	FY 2000-05	In FY 2000-01, Senior Focus pro- vided public access for consumers to research health issues on com- puters.
Provide a series of educational classes and programs through the Wellness Center, focusing on mental health, physical health, spiritual, social, and	Mills-Peninsula Senior Focus	FY 2000-05	In FY 2000-01, Senior Focus pro- vided a classes/programs on men- tal health, physical health, spiri- tual, social, and emotional health, prevention, disease management,

1

emotional health, prevention, disease management, and health promotion			and health promotion.
Provide a variety of educational classes as a part of the Wise and Well Program	Mills-Peninsula Senior Focus	FY 2000-05	In FY 2000-01, Senior Focus pro- vided educational classes through its Wise and Well Program.
In conjunction with Doelger Senior Center's walking pro- gram, provide a once-a-month talk on a health-related issue	City of Daly City/Serramonte Shopping Center/ Commission on Aging	FY 2000-05	In FY 2000-01, monthly health- related programs were provided in conjunction with the walking pro- gram.
Schedule a monthly presenta- tion on a health-related issue at the senior center	City of (San Bruno Senior Center)	FY 2000-05	In FY 2000-01, the San Bruno Senior Center scheduled monthly presentations on health-related is- sues.
Provide monthly health presen- tations at the South San Fran- cisco Senior Center	City of South San Francisco (South San Francisco Senior Center)	FY 2000-05	In FY 2000-01, South San Fran- cisco provided monthly health presentations for consumers at the South San Francisco Senior Cen- ter.
Provide regularly-scheduled health classes and lectures at the senior center	City of San Carlos (San Carlos Senior Center)	FY 2000-05	In FY 2000-01, health presenta- tions and lectures were provided at the San Carlos Senior Center.
Schedule quarterly lectures on health-related issues at the sen- ior center	City of Belmont (Twin Pines Senior Center)	FY 2000-05	In FY 2000-01, quarterly health lectures were scheduled at the Twin Pines Senior Center.
Schedule a workshop on deal- ing with holiday blues at the senior center	City of Belmont (Twin Pines Senior Center)	Fall 2000	In anticipation of the problems that some seniors undergo during the holidays, a workshop on dealing with holiday blues was scheduled at the Twin Pines Senior Center.
Hold health forums once a quarter at the senior center	East Palo Alto Senior Center	FÝ 2000-05	In FY 2000-01, the center held health forums in coordination with the Wise and Well Program and Stanford Geriatric Education Cen- ter.
Provide 5 health presentations	City of Foster City	FY 2000-01	Five presentations on health-

	at the senior center	(Foster City Senior Center)		related issues were scheduled a the Foster City Senior Center during FY 2000-01.
	Hold class on creative aging in which participants have discus- sions on the aging process	Senior Coastsiders	FY 2000-02	During FY 2000-01, Senior Coastsiders held classes on crea- tive aging.
	Schedule a series of health education seminars at the sen- ior center	City of Redwood City (Veterans Memorial Senior Center)	FY 2000-05	In FY 2000-01, a series of health education seminars took place at the Veterans Memorial Senior Center.
	Provide a series of classes on holistic health	City of Redwood City (Veterans Me- mortal Senior Center)	FY 2001-05	
	Schedule a series of community presentations on HMO closures and withdrawals from Medi- care	Health Insurance Counseling and Advocacy Program	FY 2001-02	
	Schedule 6-month workshop on Aging with Energy, including individual assessment, devel- opment of exercise plans, lec- tures on healthy eating and the benefits of exercise	City of Redwood City (Veterans Me- morial Senior Center)	FY 2001-5	
	PD Develop and implement a Medication Management Edu- cation Series that will address issues of cross medication, pre- scription drug use, simultane- ous use of herbal remedies and prescription medication	San Mateo County Public Health Division/ Aging and Adult Services	FY 2001-02	
,	Provide Title IIIF funding to organizations to provide a total of 670 units of service under Disease Prevention	Aging and Adult Services	FY 2001-02	
2. Provide emotional support and health in-	Hold weekly support group for individuals with brain injury—	Poplar ReCare/ Center for Independ-	FY 2000-05	Services were provided in FY 2000-01. The support group is

formation to people	community resource informa-	ence of the Disabled		now provided in collaboration
who are suffering	tion, strategies to ease func-		×	with Center for Independence of
from chronic and	tional community living skills,			the Disabled.
acute illnesses and	and peer support		1	
conditions	F FF	~		
	Provide class on arthritis man-	City of Foster City	FY 2000-01	Delete from workplan.
↓	agement at the Foster City Sen-	and Arthritis Founda-	11 2000 01	Delete nom workplan.
	ior Center	tion		
	Hold Cancer support group at	Senior Coastsiders	FY 2000-05	The Cancer Support group met
	the senior center	Sellior Coasisiders	FI 2000-05	
	the senior center			during part of FY 2000-01, but has
			TT 2000 05	not reconvened.
	Host Arthritis Club, which has	Senior Coastsiders	FY 2000-05	Arthritis club met during FY 2000-
	guest speakers and provides			01. The meetings were videotaped
	information about arthritis-			and shown on local cable TV sta-
	related issues, at the senior cen-]		tion.
	ter			
· · · · · · · · · · · · · · · · · · ·	Convene support group for	Peninsula Council for	FY 2000-05	In FY 2000-01, the Peninsula
	people with visual impairment	the Blind and Visu-		Council for the Blind and Visually
		ally Impaired		impaired convened a support
				group to assist people with visual
				impairment.
	Hold class on how to reduce	City of Redwood	FY 2000-05	In FY 2000-01, classes on pain
	pain with equipment or hard	City (Veterans Me-		reduction were held at the Veter-
	exercise at the senior center	morial Senior Center)		ans Memorial Senior Center.
	Hold class on stress manage-	City of Belmont	Fall 2000	In FY 2000-01, stress management
	ment at the senior center	(Twin Pines Senior		classes were held at the Twin
		Center)		Pines Senior Center.
	Hold meetings of the Coping	City of San Mateo	FY 2000-05	In FY 2000-01, the San Mateo
	with Change support group at	(San Mateo Senior		Senior Center held meetings of the
	the senior center	Center)		Coping with Change support
		,		group.
	Host low vision self-help group	City of Redwood	FY 2000-05	In FY 2000-01, a self-help group
	(sponsored by Kaiser Hospital)	City/Kaiser Hospital	11200000	for people with low vision was
	at the Redwood City Library	stoji misor mospitur		facilitated by Kaiser Hospital.
	Hold monthly meetings of Self-	City of Redwood	FY 2000-05	Monthly meetings of Self-Help for
	Help for Hard of Hearing at the	City (Veterans Me-	112000-00	the Hard of Hearing were held at
	senior center	morial Senior Center)		the Veterans Memorial Senior
		morrar Semor Center)		the veteralis ivielnonal Senior

					Center.
		Facilitate the following support groups: Parkinsons, arthritis, fibromyalgia, osteoporosis, Hepatitis C, post-polio, caring for elders, grief, and meno- pause	Mills Peninsula Senior Focus	FY 2000-05	Senior Focus facilitated support groups on Parkinson, arthritis, fi- bromyalgia, osteoporosis, Hepati- tis C, post-polio syndrome, caring for elders, grief, menopause, be- reavement, caregiving, and diabe- tes.
Obj3 Develop and im		nt a variety of community-based	health promotion activ	lties	
Action	PD &C	How	Who	Timeline	Progress
1. Provide health screen-		Provide both comprehensive	Mills-Peninsula Sen-	FY 2000-01	In FY 2000-01, Senior Focus'
ing and prevention ac-		screening (weight, cholesterol,	ior Focus		Wise and Well meeting provided
tivities at community-		health history, blood pressure			comprehensive screening and
based organizations		and blood sugar) and monitor-			monitoring for medically under-
:		ing for medically underserved			served seniors.
		older adults at designated Wise and Well Program sites			
		Schedule monthly blood pres- sure checks, using volunteer nurses	Japanese American Citizens League	FY 2000-05	In FY 2000-01, monthly blood pressure checks were performed for participants at the Japanese American Citizens League.
	PD	Explore the feasibility of de- veloping an office in the Pes- cadero area to do screening	Coastside Adult Day Health Center	FY 2000-01	The Adult Day Health Care Center is working with the developing health clinic and community cen- ter in the south coast area to see if they can outpost there.
		Implement program (pending funding of grant) in which Pub- lic Health Nurses would visit skilled nursing facilities to do	Public Health Nursing and Long Term Care Ombudsman Program	FY 2000-01	Deleted from workplan.
		communicable disease control			
		Provide a variety of health screenings—blood pressure, dental screening, chiropractic— at the senior center	City of San Carlos (San Carlos Senior Center)	FY 2000-05	In FY 2000-01, the San Carlos Senior Center provided blood pressure checks, dental and chiro- practic screening.
		Provide regular screenings	Mills Peninsula	FY 2000-05	In FY 2000-01, the Wellness Cen-

(foot, diabetes, blood pressure, Senior Focus ter provided a variety of	Carpan
blood glucose, cholesterol, os-	
teoporosis, etc.)- at the Well-	
ness Center cholesterol, and osteopo	
Provide blood pressure checks, Senior Coastsiders FY 2000-05 During FY 2000-01 blo	
blood glucose tests, and one-	two times
on-one health education once a per month. The nurse p	rovided
month at the senior center individual consultation	as needed.
Schedule blood pressure Peninsula Volunteers FY 2000-05 In FY 2000-01, Little H	
screening at the senior center Little House scheduled blood pressu	
ings at the center.	
Provide blood pressure screen- City of Redwood FY 2000-05 The Veterans Memorial	Senior
ing once a month at the senior City (Veterans Me-	
center morial Senior Center sure screenings at the se	~
ter.	
Provide blood pressure screen- City of Belmont FY 2000-05 Blood pressure screening	os were
ing every other month at the (Twin Pines Senior provided in FY 2000-01	
senior center Center) increased to once a mor	
	or center.
meet with agencies and serv- ison (agunumeture, audie	
ices (acupuncture, audio,	
podiatry, massage, etc.)	
Hold wellness fair at the senior City of Foster City October 2000 Wellness Fair took plac	
center (Foster City Senior ber 2000. Health care p	
Center) and vendors were there	
questions and display m	aterials.
Blood pressure screening	g and flu
shots were provided.	
Provide monthly podiatry serv- Senior Coastsiders FY 2000-05 Podiatric services were	provided
ices at senior center each month at Senior C	oastsiders
Senior Center during F	
Provide flu shot clinics at sen- San Mateo County FY 2000-05 Flu shots were provided	
ior centers throughout San Public Health centers throughout San	
Mateo County Nursing County in FY 2000-01.	

-

		the senior center	(Pacifica Senior Cen-	· <u>·································</u> ······	Center doubled the level of po-
		Offer menioures and nadioures	ter)	EV 2000 0C	diatric services it provided.
		Offer manicures and pedicures	City of Redwood	FY 2000-05	In FY 2000-01, manicures and
		by appointment at the senior	City (Veterans Me-	•	pedicures were provided at the
		center	morial Senior Center)		Veterans Memorial Senior Center.
2. Conduct studies that	1	Implement the Round the	Stanford Center for	FY 2000-01	As of February 2002, data were
focus on healthy aging		Clock Wellness Program, a 12-	Research in Disease	carry over	still being collected and the pro-
and interventions that		month project looking at strate-	Prevention at Stan-	through FY	gram was still doing interventions.
positively affect well-		gies for improving both day-	ford University	2001-02	
being		time and nighttime quality of life	School of Medicine		
		Implement Community Health	Stanford Center for	FY 2000-02	As of February 2002, data were
		Advice Telephone (CHAT), an	Research in Disease		still being collected and the pro-
		18-month program, which will	Prevention at Stan-		gram was still doing interventions.
		compare the use of different	· ford University		-
	1	telephone-based counseling	School of Medicine		
		strategies in motivating partici-			
		pants to start and maintain a			
		regular moderate exercise pro-			
		gram			
		Implement Wellness Interven-	Stanford Center for	FY 2000-01	As of Feb. 2002, data were still
		tions for Self Enrichment	Research in Disease		being collected on the 120 people
		(WISE), which will evaluate a	Prevention at Stan-		in the study. The program will be
		one-year program of Tai Chi	ford University		finishing up in Nov. 2002, at
		exercise, Western exercise, and	School of Medicine		which time they will be looking at
1		health education.	٢.		the data.
3. Provide a variety of		Sponsor Active Aging Program	Sequoia Senior	FY 2000-05	In FY 2000-01, Sequoia Senior
exercise/activity pro-		for Seniors	Services	· · ·	Services sponsored a once a month
grams for seniors					workshop featuring speakers who
and/or adults with dis-					demonstrated exercises. Some in-
abilities					dividuals had functional fitness
					tests performed and met with a
					counselor for follow-up exercise
					counseling.
					In FY 2001-02, the program was
		· · · · · · · · · · · · · · · · · · ·		······	expanded and renamed Aging with

W-100

.

d.

				Energy. This more intensive pro- gram includes a functional fitness test and a series of eight work- shops on how to become more physically active. The program also includes a lecture about nutri- tion and health. More than 100 people are currently participating in the program.
	Provide daily exercise program highlighting outdoor activities, at the day care center	Rosener House	FY 2000-05	During FY 2000-01, Rosener House incorporated daily exercise, including outdoor activities, into the day care schedule.
	PD Develop and implement pilot exercise promotion program (CHAMPS) for seniors	Health Services Agency, UCSF, Commission on Aging	FY 2000-02	In FY 2000-01, a planning com- mittee was convened and a survey was developed and implemented at three senior centers and other community locations to assess need and interest.
	Explore feasibility of develop- ing recreational activities and events (e.g., skydiving, bike riding, mounting climbing) that will attract the new generation of seniors to become partici- pants of the senior center	City of San Mateo (San Mateo Senior Center)	FY 2000-01	In FY 2000-01, staff met with met with people to assess their interest. The center will continue to work with consumers and will begin im- plementing new programs in Spring 2002.
1	Provide walking program at the senior center	Center	FY 2000-01	During the warmer weather, the walking program took place every Monday morning at the East Palo Alto Senior Center.
	Provide a variety of swimming programs (through the Betty Wright Swim Center): adaptive aquatics for people with devel- opmental disabilities; therapeu- tic and physical therapy for people with problems associ-		FY 2000-05	In FY 2000-01, Community Asso- ciation for Rehabilitation provided a variety of aquatic programs for people with disabilities, a learn-to- swim program for everyone, and water massage.

	ated with arthritis, post-stroke,		r	······
	and hip replacement; learn-to-			
	swim program for everyone,			
	and water massage (stress re-			
	ducer)			
	Investigate the feasibility of	City of San Bruno	FY 2000-01	Carry over to FY 2001-02
	having the senior center spon-	(San Bruno Senior	carry over to	Still looking into feasibility.
	sor a walk-run in San Bruno	Center)	FY 2001-02	
· · · · · · · · · · · · · · · · · · ·	Schedule a fitness week in	City of San Bruno	FY 2000-01	The San Bruno Senior Center
	August to introduce seniors at	(San Bruno Senior		scheduled a special fitness week to
	the senior center to different	Center)		introduce seniors to a variety of
	kinds of athletic events (e.g.,			athletic activities.
	bocce ball, par course, tennis			
	round robin, badminton, water			, , , , , , , , , , , , , , , , , , ,
	aerobics, ping pong, etc.)			
	Provide exercise program, in-	Mills-Peninsula	FY 2000-01	The exercise programs were held
	cluding two ongoing classes	Senior Focus	1 2000 01	at the Wellness Center and were
	(ease into exercise and get	bomor r obus		filled to capacity. Weights classes
	moving) designed for people			were also held at the Fitness Cen-
	with some physical limitations,	· · ·	ar 1	ter.
	adaptive physical education for			
	people with physical disabili-			
	ties, and one-time only special			
	classes (e.g., using weights)			
	Offer general exercise and	City of Menlo Park	FY 2000-05	In EV 2000 01 growing on Low It
	walking classes three days a		FI 2000-03	In FY 2000-01, exercise and walk-
		(Menlo Park Senior		ing classes were offered three days
	week through the senior center	Center)		a week at the Menlo Park Senior
······			DIL GOOD OF	Center.
	Offer several exercise classes at	City of Foster City	FY 2000-05	In FY 2000-01, the Foster City
	the senior center, including ex-	(Foster City Senior		Senior Center offered exercise
	panded senior fitness program	Center)		classes (expanded fitness and sen-
	and new senior yoga class			ior yoga).
	Sponsor two-day per week	City of Daly City	FY 2000-01	The Doelger Senior Center spon-
	walking program through the	(Doelger Senior Cen-		sored a very successful two-day
	senior center	ter)		per week walking program.
	Conduct exercise classes in col-	City of Daly City	FY 2000-01	Exercise classes, including exer-
	laboration with adult education,	(Doelger Senior Cen-		cise for physically challenged,

	including exercise for physi- cally challenged, yoga, stretch- ing, weights, and special exer- cise class for arthritis sufferers Provide volunteer-based exer-	ter) Physically Chal-	FY 2000-01	yoga, stretching, weights, and spe- cial exercise for people with dis- abilities, were conducted at the Doelger Senior Center in FY 2000-01. Program closed in FY 2000-01.
	cise program for people with disabilities	lenged Exercise Center		
	Schedule Thursday evening line dancing and ballroom dancing programs at senior center	Peninsula Volunteers Little House	FY 2000-05	In FY 2000-01, Little House pro- vided the dancing programs, with line dancing shifting to Tuesday afternoons.
-	Conduct a variety of daytime sports and exercise programs at senior center—bowling, golf, fitness, hiking, hula, low im- pact aerobics, move with mu- sic, Taji/Qi Gong, Healthy Moves, Tai Chi, Feldenkrais Method, and Yoga	Peninsula Volunteers Little House	FY 2000-05	In FY 2000-01, Little House pro- vided a variety of sports and exer- cise programs—bowling, golf, fit- ness, hiking, hula, low impact aerobis, move with music, Taji/Qui Gong, Healthy Moves, Tai Chi, Feldenkrais Method, and Yoga.
	Schedule a variety of programs at the senior centerchair exer- cise class (targeting seniors and people with mobility impair- ment), a breathing class, Fel- denkrais (stretching and relaxa- tion), Yoga, physical fitness, ballroom line dancing for peo- ple without partners, and stan- dard line dancing	City of Pacifica (Pacifica Senior Cen- ter)	FY 2000-05	In FY 2000-01, the Pacifica Senior Center provided chair exercise, a breathing class, Feldenkrais, Yoga, physical fitness, ballroom line dancing for people without part- ners, and standard line dancing.
	Provide a variety of classes at the senior center tai chi, yoga, exercise class, and western dancing.	Senior Coastsiders	FY 2000-01	With the exception of western line dancing, classes were provided in FY 2000-01 at the Senior Coastsiders Senior Center.
	Provide a variety of exercise programs at the senior center walking for people with differ-	City of (San Bruno Senior Center)	FY 2000-05	In FY 2000-01, the San Bruno Senior Center provided a variety of exercise programs—walking for

ent levels of ability, aerobics, ballroom line dancing, western line dancing, ballroom dancing, tap dancing (3 levels), tai chi, Feldenkrais, tai bo, and week- end ballroom dancing Schedule Senior Swim Party	City of South San	FY 2000-01	people with different levels of ability, aerobics, ballroom line dancing, western line dancing, ballroom dancing, tap dancing, tai chi, Feldenkrais, tai bo, and week- end ballroom dancing. The South San Francisco Senior
two times per year through the senior center	Francisco (South San Francisco Senior Center	11 2000-01	Center scheduled two Senior Swim Parties in FY 2000-01.

	Provide a variety of activities at	City of Redwood	FY 2000-05	In EV 2000 01 Veter M
	the senior center morning fit-	City (Veterans Me-	r i 2000-03	In FY 2000-01, Veterans Memo-
	ness class- stretching, condi-	morial Senior Center)		rial Senior Center provided an ex-
>	Ç,	monal Semor Cemer)		tensive activity programmorning
	tioning, and low-impact aero-	· ·		fitness class- stretching, condition-
	bics; Tai chi chuan; chair			ing, and low-impact aerobics; Tai
	dancing; chair exercise, exer-			chi chuan; chair dancing; chair ex-
	cise equipment and free			ercise, exercise equipment and free
	weights at the drop-in fitness	· · · · · ·		weights at the drop-in fitness
	room; positive posture class;			room; positive posture class; adap-
	adaptive physical education			tive physical education (through
	(through Canada College) for			Canada College) for individuals
	individuals with health im-			with health impairments or other
	pairments or other disabilities;			disabilities; bike club; morning
	bike club; morning walks (two			walks (two levels beginning for
	levels beginning for three			three times per week, advanced
	times per week, advanced five			five days per week); country west-
	days per week); country west-			ern line dancing; dance and exer-
	ern line dancing; dance and ex-			cise class—Latin, swing, and
	ercise class—Latin, swing, and			Broadway music.
	Broadway music			Dioadway music.
	Schedule classes at the senior	City of Belmont	FY 2000-05	In EV 2000 01 the Truin Di
3	centertai chi, senior strength	(Twin Pines Senior	FI 2000-03	In FY 2000-01, the Twin Pines
	(resistance bands), ballroom			Senior Center held classes on tai
		Center)		chi, senior strength, ballroom
	dance, light aerobics, and video		· .	dance, light aerobics, and video
	exercise			exercise.
	Schedule summer walking	Belmont Senior	through	The Twin Pines Senior Center
	group	Center (Twin Pines	August 31,	scheduled a summer walking
		Senior Center)	2000	group.
	Provide exercise programs for	Family Housing and	FY 2000-05	An exercise program was started
	clients in residential group	Adult Resources		in FY 2000-01 and now ongoing.
	homes-aerobics, walking,			The program includes aerobics,
	jogging, stationary bikes			walking, jogging, and stationary
	·		· .	bikes.

Program, which includes square dancing for people with devel- opmental disabilities (including seniors)tion programs were provided— square dancing once a week (pro- vided by San Bruno Rec Dept.), teen gatherings once a year, soft- ball during softball season (inte- grated teams), and four special trips (long distance). Trips may not be continued in future years as the coordinator's position may be eliminated.Image: the seniors of the seniors of the seniors of the seniors of the seniors at Menlo Park Senior ior CenterCity of Menlo ParkFY 2001-05The stretchercise class provided exercise for participants at the Menlo Park Senior Center in FY 2000-01.Image: the senior of the center's pro- grammingIncorporate exercise as a regu- lar part of the center's pro- grammingCatholic Charities (San Carlos Adult Day Support Center)In FY 2001-05In FY 2000-01, exercise was in- cluded in the San Carlos Adult Day Support Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, known as LTSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of funding WhoTimelineProgress	1 · · · · · · · · · · · · · · · · · · ·		Descride engeing regrestion	Parca	FY 2000-05	In EV 2000 01 a variate of rearea
dancing for people with devel- opmental disabilities (including seniors) square dancing once a week (pro- vided by San Bruno Rec Depl.), teen gatherings once a yeek, soft- ball during softball season (inte- grated teams), and four special trips (long distance). Trips may not be continued in future years as the coordinator's position may be eliminated. Provide stretchercise classes for seniors at Menlo Park Sen- ior Center City of Menlo Park FY 2001-05 The stretchercise class provided excrecise for participants at the Menlo Park Senior Center in FY 2000-01. Incorporate exercise as a regu- gramming Incorporate exercise as a regu- gramming Catholic Charities (San Carlos Adult Day Support Center FY 2001-05 The stretchercise class provided exercise for participants at the Menlo Park Senior Center in FY 2000-01. Obj: 4 Develop and implement a model program. (Long: Term Supportive Services Program, known as L TSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of funding Timeline Pringress 1. Develop program- matic infrastructure PD Contract with consultants to develop menu of services, pre- admission screening protocols, and communication plan Aging and Adult Services/Health Plan of San Mateo FY 2000-01 Aging aud Adult Services and the Health Plan of San Mateo have been in negotiatons with the state regarding the establishment of an appropriate reimbursement rate. PD Submit request and negotiate for waiver so th		}	Provide ongoing recreation	raica	FI 2000-03	In FY 2000-01, a variety of recrea-
opmental disabilities (including seniors) opmental disabilities (including seniors) vided by San Brune Rec Dept.), teen gatherings once a year, soft-ball during softball season (integrated teams), and four special trips (long distance). Trips may not be continued in future years as the coordinated's position may be eliminated. Provide stretchercise classes for seniors at Menlo Park Senior Center City of Menlo Park FY 2001-05 The stretchercise classes for seniors at Menlo Park Senior Center Image: the control of the center's programming Incorporate exercise as a regular part of the center's program (Long Terms Supportive Services Program, Kurown at LTSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities with covelop menu of services, needed by individual seniors and adults with disabilities with covelop menu of services, and communication plan. Phow Through Sept tember 2000-01 Action PD Submit request an negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing facilities Aging and Adult Services Progress PD Submit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing facilities Aging and Adult PY 2000-01 Aging and Adult PY 2000-01 PD Submit waiver to include Adult Aging and Adult FY 2000-01 Aging and Adult PY 2000-01 Aging and Adult PY 2000-01<		ť				
seniors)teen gatherings once a year, soft- ball during softball season (inte- grated teams), and four special trips (long distance). Trips may not be continued in future years as the coordinator's position may be eliminated.Provide stretchercise classes for seniors at Menlo Park Sen- ior CenterCity of Menlo ParkFY 2001-05The stretchercise class provided exercise for participants at the Menlo Park Senior Center in FY 2000-01.Obj: 4Develop and implement at model programit (Long-Term Supportive Services Program, to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of funding develop menu of services, pre- admission screening protocols, and communication planFY 2000-01Consultants worked with staff and provides the specific services needed by individual seniors and adults with services needed by individual seniors and adults with develop neu of services, pre- admission screening protocols, and communication planThrough Sep- tense tense of funding servicesConsultants to develop a menu of services reservices receives the staff and provides the staff and protocols, and communication plan can cover Board and Care charges for skilled nursing fa- cilliesFy 2000-01Aging and Adult ServicesFy 2000-01Aging and Adult services and he Health Plan of San MateoPDSubmit waiver to include AdultAging and AdultFy 2000-01Aging and Adult tense to develop a menu of services for skilled nursing fa- cillitiesPDSubmit waiver to include AdultAging and AdultFy 2000-01Aging and Adult 		1				· · · ·
ball during softball season (integrated teams), and four special trips (long distance). Trips may not be continued in future years as the coordinator's position may be eliminated.Provide stretchercise classes for seniors at Menio Park ior CenterCity of Menio Park rFY 2001-05The stretchercise class provided exercise for participants at the Menio Park Senior Center in FY 2000-01.Incorporate exercise as a regu- lar part of the center's pro- grammingCatholic Charities (San Carlos Adult Day Support Center)FY 2001-05In FY 2000-01, exercise was in- cluded in the San Carlos Adult Day Support Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, known as LTSSP) that has the discretion (6 utilize a variety of funding sources in a way that provides the specific services needed by individual sentors and adults with disabilities without regard to diagnosis, disability, age or source of funding admission screening protocols, and communication planMnTimeline1. Develop program- matic infrastructurePD Submit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cititiesMnTimeline tenter 2000-01Consultants worked with staff and provides, and a communication plan.PD been in regotation of switers or shilled nursing fa- cititiesPD Submit waiver to include Adult Aging and AdultFY 2000-01Aging and Adult FY 2000-01PD been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.FY 2000-01Aging and Adult FY 2000-01PD bubmit waive		ļ				
Provide stretchercise classes for seniors at Menlo Park Sen- ior CenterCity of Menlo Park Seniors at Menlo Park Sen- ior CenterFY 2001-05Inetretchercise class provided exercise for participants at the Menlo Park Senior Center in FY 2000-01.Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, known as 1, TSSP) that has the discretion disabilities without regard to diagnosis, disability, sige or source of funding and communication planFY 2001-05FY 2001-05FY 2000-01, exercise was in- cluded in the San Carlos Adult Day Support Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, known as 1, TSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, sige or sources of funding services pre- admission screening protocols, and communication planAging and Adult ServicesTheolthe PY 2000-01Consultants worked with staff and providers to develop a menu of services, pre- admission screening protocols, and communication planAging and Adult ServicesFY 2000-01Aging and Adult services, pre- demised a communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult services predimised in the state regarding the establishment of an appropriate reinbursement rate. PDPDSubmit waiver to include Adult charges for skilled nursing fa- 			seniors)			
Image: state infrastructureProvide stretchercise classes for seniors at Menlo Park Sen- ior CenterCity of Menlo Park Catholic Charities (San Carlos Adult Day Support Center)FY 2001-05The stretchercise class provided exercise for participants at the Menlo Park Senior Center in FY 2000-01.Obj. 4 Develop and implement a model program. to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of fundingFY 2001-05Timeline1. Develop program- matic infrastructurePD & Contract with consultants to develop menu of services, pre- admission screening protocols, and communication planMhoTimeline TimelineProgress1. Develop program- matic infrastructurePD & Submit request and negotiate charges for skilled nursing fa- cilitiesAging and Adult ServicesServices Aging and Adult ServicesFY 2000-01 Aging and Adult ServicesConsultants worked with staff and providers to develop a menu of services and a communication plan.PDSubmit request and negotiate charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01 Aging and Adult Services and adult Services/Health Plan of San MateoFY 2000-01 Aging and Adult Services appropriate reinbursement rate.PDSubmit waiver to include Adult charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01 Aging and Adult ServicesPDSubmit waiver to include Adult cilitiesAging and A						
Obj. 4Provide stretchercise classes for seniors at Menlo Park Seni- ior CenterCity of Menlo Park classes for seniors at Menlo Park Seni- ior CenterFY 2001-05The stretchercise class provided exercise for participants at the Menlo Park Senior Center in FY 2000-01.Obj. 4Develop and implement a model program (Long-Term grammingCatholic Charities (San Carlos Adult Day Support Center)FY 2001-05In FY 2000-01, exercise was in- cluded in the San Carlos Adult Day Support Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term grammingSupport Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term grammingSupport Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term grammingSupport Center's ongoing programming.Obj. 4Develop regram- disabilities a variety of funding sources in a way that provides the specific services program, and communication planTimeline1Develop program- matic infrastructurePDContract with consultants to develop menu of services, pre- admission screening protocols, and communication planAging and Adult Services/Health Plan of San MateoFY 2000-01PDSubmit request and negotate charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01PDSubmit waiver to include AdultAging and AdultFY 2000-01Aging and Adult Services ment rate. a providers to aver was submitted, but a de-PDSubmit waiver to include AdultAging and Adu						
Provide stretchercise classes for seniors at Menlo Park Sen- ior CenterCity of Menlo Park FY 2001-05FY 2001-05The stretchercise class provided eliminated.Incorporate exercise of seniors at Menlo Park Sen- ior CenterIncorporate exercise as a regu- lar part of the center's pro- grammingCatholic Charities (San Carlos Adult Day Support Center)FY 2001-05In FY 2000-01, exercise was in- cluded in the San Carlos Adult Day Support Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, known as LTSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of funding ServicesTimelineProgress1. Develop program- matic infrastructurePD Submit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult FY 2000-01PDSubmit waiver to include AdultAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult services heat health Plan of San MateoPDSubmit waiver to include AdultAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult services, preadmission screening propriate reinbursement rate.PDSubmit waiver to include AdultAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult services heat health Plan of San Mateo </th <th></th> <th>-</th> <th></th> <th></th> <th></th> <th>trips (long distance). Trips may</th>		-				trips (long distance). Trips may
Image: Second	j					not be continued in future years as
Image: Services provide stretchercise classes for seniors at Menlo Park Senior CenterCity of Menlo ParkFY 2001-05The stretchercise class provided exercise for participants at the Menlo Park Senior Center in FY 2000-01.Incorporate exercise as a regular part of the center's programmingIncorporate exercise as a regular part of the center's programming.FY 2001-05In FY 2000-01.Obj. 4. Develop and implement a model program (Long-Term Supportive Services Program, known as 1 TSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of fundingTimelineProgramming.ActionPD & Contract with consultants to develop menu of services, preadmission screening protocols, and communication planAging and Adult Services/Health Plan or San Mateo have been in negotiation screening protocols, and communication plan.FY 2000-01Aging and Adult Aging and AdultPD Submit waiver to include AdultAging and Adult Services/Health Plan or San Mateo have been in negotiations with the state regarding the establishment of an appropriate rainbustment rate.FY 2000-01PD Submit waiver to include AdultAging and AdultFY 2000-01Aging and AdultPD Submit waiver to include AdultAging and AdultFY 2000-01Aging and Adult						the coordinator's position may be
for seniors at Menlo Park Senior Centerexercise for participants at the Menlo Park Senior Center in FY 2000-01.Incorporate exercise as a regular part of the center's pro- grammingIncorporate exercise as a regular part of the center's pro- (San Carlos Adult Day Support Center)FY 2001-05In FY 2000-01, exercise was in- cluded in the San Carlos Adult Day Support Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, known as LTSSP) that has the discretion tio utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of fundingFY 2001-05In FY 2000-01, exercise was in- cluded in the San Carlos Adult Day Support Center's ongoing programming.ActionPD &CHowWhoTimelineProgress1. Develop program- matic infrastructurePD PDContract with consultants to develop menu of services, pre- admission screening protocols, and communication planAging and Adult ServicesFY 2000-01Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication planPDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult Services and the Health Plan of San Mateo have been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include Adult charges fo						
Incorporate exercise as a regular part of the center's programmingCatholic Charities (San Carlos Adult Day Support Center)FY 2001-05In FY 2000-01, exercise was included in the San Carlos Adult Day Support Center)Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, known as LTSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of fundingTimelineProgressActionPD accContract with consultants to develop menu of services, pre- admission screening protocols, and communication planAging and Adult ServicesThrough Sep- tember 2000Consultants worked with staff and providers to develop a menu of services and a communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult services and mapprovide state approviders to develop a menu of san Mateo have been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-	<u></u>		Provide stretchercise classes	City of Menlo Park	FY 2001-05	The stretchercise class provided
Image: Construction of the center is programmingIncorporate exercise as a regular part of the center is programmingCatholic Charities (San Carlos Adult Day Support Center)FY 2001-05In FY 2000-01, exercise was included in the San Carlos Adult Day Support Center is ongoing programming.Obj. 4Develop and implement a model program (Long-Termi Supportive Services Program, known as LTSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of fundingTimelineActionPD & CContract with consultants to develop menu of services, pre-admission screening protocols, and communication planAging and Adult ServicesThrough September 2000 regard AdultConsultants worked with staff and providers to develop a menu of services, pre-admission screening protocols, and communication planPDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing facilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult Services and the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01Aging regarding the establishment of an appropriate reimbursement rate.		1	for seniors at Menlo Park Sen-		}	exercise for participants at the
Incorporate exercise as a regular part of the center's programmingCatholic Charities (San Carlos Adult Day Support Center)FY 2001-05In FY 2000-01, exercise was included in the San Carlos Adult Day Support Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of funding &CTimelineProgressActionPD &CMowWhoTimelineProgressI. Develop program- matic infrastructurePDContract with consultants to develop menu of services, pre- admission screening protocols, and communication planAging and Adult ServicesFY 2000-01Aging and Adult Aging and AdultPDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01Aging and Adult Health Plan of San Mateo have been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01Aging regrite reimbursement rate.		1	ior Center			Menlo Park Senior Center in FY
Image: constraint of the center's programming(San Carlos Adult Day Support Center)cluded in the San Carlos Adult Day Support Center's ongoing programming.Obj.: 4Develop and implement a model program (Long-Term Supportive Services Program, to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without regard to diagnosis, disability, age or source of fundingContract with consultants to develop program- matic infrastructurePD PDContract with consultants to develop menu of services, pre- admission screening protocols, and communication planAging and Adult ServicesThrough Sep- tember 2000Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult services/Health Plan of San MateoFY 2000-01Aging and Adult services ad the teatbilitiesPDSubmit waiver to include AdultAging and AdultFY 2000-01Aging and Adult for waiver was submitted, but a de-			, ,			2000-01.
Obj. 4Develop and implement a model program (Long-Term Support Center)Day Support Center's ongoing programming.Obj. 4Develop and implement a model program (Long-Term Supportive Services Program, known as LTSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities without of diagnosis, disability, age or source of fundingDay Support Center's ongoing 			Incorporate exercise as a regu-	Catholic Charities	FY 2001-05	In FY 2000-01, exercise was in-
Obj. 4 Develop and implement a model program (Long-Term Supportive Services Program, known as LTSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities with-uregard to diagnosis, disability, age or source of funding Programming. Action PD &C How Who Timeline Progress 1. Develop programmatic infrastructure PD Contract with consultants to develop menu of services, pre-admission screening protocols, and communication plan Aging and Adult Through September 2000 Consultants worked with staff and providers to develop a menu of services, pre-admission screening protocols, and communication plan Aging and Adult FY 2000-01 Aging and Adult Services and the Health Plan of San Mateo have been in negotiators with the state regarding the establishment of an appropriate reimbursement rate. PD Submit waiver to include Adult Aging and Adult FY 2000-01 Aging the establishment of an appropriate reimbursement rate.			lar part of the center's pro-	(San Carlos Adult)	cluded in the San Carlos Adult
Obj. 4 Develop and implement a model program (Long-Term Supportive Services Program, known as LTSSP) that has the discretion to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities with-uregard to diagnosis, disability, age or source of funding Programming. Action PD &C How Who Timeline Progress 1. Develop programmatic infrastructure PD Contract with consultants to develop menu of services, pre-admission screening protocols, and communication plan Aging and Adult Through September 2000 Consultants worked with staff and providers to develop a menu of services, pre-admission screening protocols, and communication plan Aging and Adult FY 2000-01 Aging and Adult Services and the Health Plan of San Mateo have been in negotiators with the state regarding the establishment of an appropriate reimbursement rate. PD Submit waiver to include Adult Aging and Adult FY 2000-01 Aging the establishment of an appropriate reimbursement rate.			gramming	Day Support Center)		Day Support Center's ongoing
to utilize a variety of funding sources in a way that provides the specific services needed by individual seniors and adults with disabilities with-ut regard to diagnosis, disability, age or source of fundingActionPD &CHowWhoTimelineProgress1. Develop program- matic infrastructurePD admission screening protocols, and communication planAging and Adult ServicesThrough Sep- 						
disabilities without regard to diagnosis, disability, age or source of fundingActionPD &CHowWhoTimelineProgress1. Develop program- matic infrastructurePD admission screening protocols, and communication planAging and Adult ServicesThrough Sep- tember 2000Consultants worked with staff and providers to develop a menu of services, precadmission screening protocols, and a communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult ServicesFY 2000-01 of San MateoAging and Adult Health Plan of San MateoPDSubmit waiver to include AdultAging and AdultFY 2000-01Aging the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-	1	1			1	POB.
ActionPD &CHowWhoTimelineProgress1. Develop program- matic infrastructurePDContract with consultants to develop menu of services, pre- admission screening protocols, and communication planAging and Adult ServicesThrough Sep- tember 2000Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult of San MateoFY 2000-01 of San MateoAging and Adult been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-						as LTSSP) that has the discretion
Action&CHowWhoLimetineProgress1. Develop program- matic infrastructurePDContract with consultants to develop menu of services, pre- admission screening protocols, and communication planAging and Adult ServicesThrough Sep- tember 2000Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult of San MateoFY 2000-01 of San MateoAging and Adult been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-						as LTSSP) that has the discretion
ActAct1. Develop programment in matic infrastructurePDContract with consultants to develop menu of services, pre-admission screening protocols, and communication planAging and AdultThrough September 2000Consultants worked with staff and providers to develop a menu of services, pre-admission screening protocols, and communication planPDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing facilitiesAging and AdultFY 2000-01Aging and Adult Services and the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-	to utilize a vari	ety of f	lunding sources in a way that pro	vides the specific servi		as LTSSP) that has the discretion
matic infrastructuredevelop menu of services, pre- admission screening protocols, and communication planServicestember 2000providers to develop a menu of services, preadmission screening protocols, and a communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult of San MateoFY 2000-01 of San MateoAging and Adult been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-	to utilize a vari disabilities with	ety of 1 iout re <i>PD</i>	unding sources in a way that pro gard to diagnosis, disability, age	ovides the specific servi or source of funding	ces needed by ir	as LTSSP) that has the discretion idividual seniors and adults with
admission screening protocols, and communication planservices, preadmission screening protocols, and a communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01 been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01PDSubmit waiver to include AdultAging and AdultFY 2000-01	to utilize a vari disabilities with	ety of 1 iout re <i>PD</i>	unding sources in a way that pro gard to diagnosis, disability, age	ovides the specific servi or source of funding	ces needed by ir	as LTSSP) that has the discretion idividual seniors and adults with
and communication planprotocols, and a communication plan.PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01 Health Plan of San MateoAging and Adult Health Plan of San Mateo been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-	to utilize a vari disabilities with	ety of f iout re <i>PD</i> &C	funding sources in a way that pro gard to diagnosis, disability, age <i>How</i>	ovides the specific servi or source of funding Who	ces needed by if <i>Timeline</i>	as LTSSP) that has the discretion dividual seniors and adults with Progress
PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult services/Health Plan of San MateoFY 2000-01 Health Plan been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01Aging and AdultPDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-	to utilize a vari disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C	Lunding sources in a way that pro gard to diagnosis, disability, age <i>How</i> Contract with consultants to develop menu of services, pre-	ovides the specific servi or source of funding <i>Who</i> Aging and Adult	ces needed by if <i>Timeline</i> Through Sep-	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and
PDSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesAging and Adult Services/Health Plan of San MateoFY 2000-01 Health Plan been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01Aging and Adult Services and the Health Plan been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.	to utilize a vari disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C	Lunding sources in a way that program to diagnosis, disability, age <i>How</i> Contract with consultants to develop menu of services, pre- admission screening protocols,	ovides the specific servi or source of funding <i>Who</i> Aging and Adult	ces needed by if <i>Timeline</i> Through Sep-	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and providers to develop a menu of
for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesServices/Health Plan of San MateoHealth Plan of San Mateo have been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-	to utilize a vari disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C	Lunding sources in a way that program to diagnosis, disability, age <i>How</i> Contract with consultants to develop menu of services, pre- admission screening protocols,	ovides the specific servi or source of funding <i>Who</i> Aging and Adult	ces needed by if <i>Timeline</i> Through Sep-	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and providers to develop a menu of services, preadmission screening
for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilitiesServices/Health Plan of San MateoHealth Plan of San Mateo have been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.PDSubmit waiver to include AdultAging and AdultFY 2000-01A waiver was submitted, but a de-	to utilize a vari disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C	Lunding sources in a way that program to diagnosis, disability, age <i>How</i> Contract with consultants to develop menu of services, pre- admission screening protocols,	ovides the specific servi or source of funding <i>Who</i> Aging and Adult	ces needed by if <i>Timeline</i> Through Sep-	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication
charges for skilled nursing fa- cilities regarding the establishment of an appropriate reimbursement rate. PD Submit waiver to include Adult Aging and Adult FY 2000-01 A waiver was submitted, but a de-	to utilize a vari disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C PD	unding sources in a way that progard to diagnosis, disability, age Bard to diagnosis, disability, age How Contract with consultants to develop menu of services, pre- admission screening protocols, and communication plan	ovides the specific servi or source of funding Who Aging and Adult Services	ces needed by if <i>Timeline</i> Through Sep- tember 2000	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication plan.
charges for skilled nursing fa- cilities regarding the establishment of an appropriate reimbursement rate. PD Submit waiver to include Adult Aging and Adult FY 2000-01 A waiver was submitted, but a de-	to utilize a varie disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C PD	unding sources in a way that progard to diagnosis, disability, age gard to diagnosis, disability, age How Contract with consultants to develop menu of services, pre- admission screening protocols, and communication plan Submit request and negotiate	ovides the specific servi or source of funding <i>Who</i> Aging and Adult Services Aging and Adult	ces needed by if <i>Timeline</i> Through Sep- tember 2000	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication plan. Aging and Adult Services and the
cilities appropriate reimbursement rate. PD Submit waiver to include Adult Aging and Adult FY 2000-01 A waiver was submitted, but a de-	to utilize a varie disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C PD	unding sources in a way that progard to diagnosis, disability, age gard to diagnosis, disability, age How Contract with consultants to develop menu of services, pre- admission screening protocols, and communication plan Submit request and negotiate for waiver so that Health Plan	vides the specific servi or source of funding <i>Who</i> Aging and Adult Services Aging and Adult Services/Health Plan	ces needed by if <i>Timeline</i> Through Sep- tember 2000	Aging and Adult Services and the Health Plan of San Mateo have
PD Submit waiver to include Adult Aging and Adult FY 2000-01 A waiver was submitted, but a de-	to utilize a varie disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C PD	Contract with consultants to develop menu of services, pre- admission screening protocols, and communication plan Submit request and negotiate for waiver so that Health Plan can cover Board and Care	vides the specific servi or source of funding <i>Who</i> Aging and Adult Services Aging and Adult Services/Health Plan	ces needed by if <i>Timeline</i> Through Sep- tember 2000	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication plan. Aging and Adult Services and the Health Plan of San Mateo have been in negotiations with the state
	to utilize a varie disabilities with Action 1. Develop program-	ety of f iout re <i>PD</i> &C PD	Lunding sources in a way that programgard to diagnosis, disability, ageHowContract with consultants to develop menu of services, pre- admission screening protocols, and communication planSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa-	vides the specific servi or source of funding <i>Who</i> Aging and Adult Services Aging and Adult Services/Health Plan	ces needed by if <i>Timeline</i> Through Sep- tember 2000	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication plan. Aging and Adult Services and the Health Plan of San Mateo have been in negotiations with the state regarding the establishment of an
Day meatin Care as one the Services/ nearly Fran Cision has not been made.	to utilize a vari disabilities with Action 1. Develop program-	ety of 1 nout re PD &C PD PD	Lunding sources in a way that programgard to diagnosis, disability, ageHowContract with consultants to develop menu of services, pre- admission screening protocols, and communication planSubmit request and negotiate for waiver so that Health Plan can cover Board and Care charges for skilled nursing fa- cilities	Aging and Adult Services Aging and Adult Services	ces needed by if <i>Timeline</i> Through Sep- tember 2000 FY 2000-01	as LTSSP) that has the discretion dividual seniors and adults with Progress Consultants worked with staff and providers to develop a menu of services, preadmission screening protocols, and a communication plan. Aging and Adult Services and the Health Plan of San Mateo have been in negotiations with the state regarding the establishment of an appropriate reimbursement rate.

		Health Plan of San Mateo's covered services	of San Mateo		
	PD	Develop process to do home and community-based assess- ments for current residents of SNF's and before people enter SNF's.	Aging and Adult Services	FY 2001-02	Aging and Adult Services received a development grant in July 2001.
		Employ consultant to deter- mine eligibility, create a tool to filter people to services, look at accessibility and coordination of care, and train providers on what will be expected of them	Aging and Adult Services	FY 2001-02	
-		Explore the feasibility of in- creasing access to primary care for residents of skilled nursing facilities	Health Plan of San Mateo	FY 2001-02	
2. Complete financial component of LTSSP planning	PD	Contract with consultant to cost out proposed program	Aging and Adult Services	FY 2000-01	Consultants were hired to do the costing of the program. A completed report will be available in January 2002.
	PD	Develop reimbursement rate for day care	Aging and Adult Services	FY 2000-01 carry over to FY 2001-02	Carry over to FY 2001-02.
3. Convene groups to review programmatic issues	PD	Meet regularly with representa- tives from different units in Aging and Adult Services to get input from staff	Aging and Adult Services LTSSP Committee	FY 2000-01	A committee was convened and met to discuss relevant issues.
	PD	Review and make recommen- dations to Commission on Ag- ing regarding protocols and other recommendations by con- -sultants-	Commission on Aging and its Com- munity-based Con- tinuum of Care Committee	FY 2000-01	LTSSP is an item on the Contin- uum of Care Committee's monthly agenda. Updated reports are pro- vided on a regular basis during
4. Meet with LOG (Lo- cal Organizing Group) to review progress of	C	Schedule discussion of LTSSP as part of the monthly agenda of the Implementation Coordi-	Aging and Adult Services/ Implemen- tation Coordination	FY 2000-01	those meetings by AAS staff. LTSSP became an ongoing agenda item at the ICC monthly meetings. Regular updates were given and

model project	nating Committee, which	Committee	input was solicited regarding the	1
	serves as the LOG		continued development of the pro-	
ĺ			ject.	

3

W-108

Goal 7: PREVENTING VIOLENCE, ABUSE, AND NEGLECT

To improve the security and well being of seniors and adults with disabilities by responding to and reducing the incidence of violence, abuse, and neglect in San Mateo County

Rationale: San Mateo County has received an increased number of reports of suspected elder and dependent adult abuse/neglect in the last several years. Despite the increase, it is estimated that only one in six cases of abuse/neglect is actually reported. Both agencies and consumers participating in the planning process indicated that this is a priority concern and needs to be addressed through prevention, intervention, and prosecution.

Obj.,1 Increase public	Obj.,1 Increase public awareness and promote reporting of elder and dependent adult abuse and neglect							
Action	PD &C	How	Who	Timeline	Progress			
1. Educate the commu-	PD	Hold annual conference target-	Commission on	FY 2000-05	Over 325 people attended the con-			
nity regarding the		ing consumers	Aging Minority	1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 -	ference in June 2000. The confer-			
various types of			Elders Committee		ence, Staying in Charge: Putting			
abuse, how to avoid					the Freeze on Fraud, focused on			
being a victim, and					scam artists and prosecution of			
how to report abuse					scam artists.			
	PD	Convene Adult Abuse Preven-	Aging and Adult	FY 2000-01	The Adult Abuse Prevention Col-			
		tion Collaborative to involve	Services		laborative was established as a			
		agency representatives and			spin-off the Multi-Disciplinary			
		community members in the de-			Team. It has a broad range of			
		velopment of a comprehensive			agency and community representa-			
		community education program		EN 2000 05	tives.			
	PD	Develop and disseminate mate- rials on elder abuse for con-	Aging and Adult Services	FY 2000-05	In FY 2000-01 a one-page re-			
		sumers at educational forums	Services		source flyer was developed and disseminated at the Collaborative's			
		and community events	,					
	PD	As part of "Pacifica Connect	City of Pacifica/	FY 2000-01	community education events.			
		and Protect Elder Abuse	Retired and Senior	FI 2000-01	The week of September 17 was			
		Awareness Week," implement	Volunteer Pro-		proclaimed Elder Abuse Aware- ness Week in Pacifica. A team of			
		elder abuse awareness cam-	gram/Aging and		trained volunteers distributed edu-			
		paign in Pacifica, utilizing vol-	Adult Services		cational material to merchants in			
		unteers who will pass out mate-	Adult Del VICES	· · ·	shopping centers throughout the			
		rial to merchants			city.			
		Write monthly column on	City of Pacifica	FY 2000-01	A representative from Senior Cen-			
		abuse and related issues for the	(Pacifica Senior Cen-	112000-01	ter's Advisory Council who is an			
	·			L				

i

		senior page of the local paper	ter Advisory Council)		attorney specializing in elder and
		benner page er me levar paper			dependent adult abuse writes
					monthly articles for the Pacifica
					Tribune.
	C	Members of the committee will	Commission on Ag-	FY 2000-01	Member of the committee speak to
	U	serve as ambassadors, educat-	ing Minority Elders	11200001	individuals and groups in their re-
		ing their own communities	Committee		spective communities regarding
		about the issue of elder/depen-	Committee		
		dent adult abuse			elder and dependent adult abuse,
		dent addit aduse			with an emphasis on cultural sensi-
	PD	Make presentation to Board of	Adult Abuse Preven-	October 2001	tivity.
	rD		tion Collaborative	October 2001	Representatives made a presenta-
		Supervisors, asking them to declare November 2001 as El-	tion conadorative		tion to the Board on October 30.
					A proclamation declaring Novem-
		der and Dependent Adult			ber as Elder and Dependent Abuse
		Abuse Prevention Month			Prevention Month was issued by
		~		·	the Board.
	PD	Station information booth at	Adult Abuse Preven-	November	From November 2-4, representa-
		shopping center	tion Collaborative	2001	tives of the Collaborative staffed
	ĺ			. •	an information booth at the
	i	·			Hillsdale Shopping Center. They
					answered questions and distributed
					material on recognizing and re-
					porting abuse and community re-
					sources.
	PD	Write press release about elder	Adult Abuse Preven-	October 2001	A press release was written. Sev-
		and dependent adult abuse and	tion Collaborative		eral articles about the Collabora-
		publicize prevention activities			tive and its activities appeared in
					the media.
	PD	Recruit and train intergenera-	Adult Abuse Preven-	FY 2001-02	
		tional drama troupe that will do	tion Collaborative		
		at least 10 interactive presenta-			
		tions for consumers			
		Disseminate literature on abuse	Catholic Charities	FY 2001-02	· · ·
		and neglect to clients	(Meals on Wheels		
		-			
-			Program)		
		Utilize Title VII Elder Abuse	Program) Aging and Adult	FY 2001-02	

	······	units of Elder Abuse Preven- tion			
Obj2 Increase profes	sional	awareness and promote reportin	g of elder and depende	nt adult abuse a	ind neglect
Action	PD &C	Нош	Who	Timeline	Progress
1. Provide training on the various types of abuse, how to avoid being a victim, and how to report abuse for staff and volun- teers at programs serv- ing seniors and adults with disabilities	PD	Develop and implement train- ing program for employees of fire departments and banks	Aging and Adult Services	FY 2000-01	Training of fire departments and banks has been put on hold until a later date.
	PD	Work with Sheriff's Depart- ment on the development and implementation of abuse train- ing for law enforcement	Aging and Adult Services/Sheriff's Department	FY 2000-01 carry over to FY 2001-02	A training conference on investi- gations and evidence collection is scheduled for February 21, 2002.
	PD	Develop and implement plans to train mandated reporters about the new Elder and Dependent Abuse laws	Aging and Adult Services	FY 2000-01 carry over to FY 2001-02	· .
		Provide staff training on recog- nizing signs of abuse and re- porting requirements	Catholic Charities (Meals on Wheels/San Carlos Adult Day Support Center)	FY 2001-02	· · · · · · · · · · · · · · · · · · ·
		Alert staff at housing com- plexes to indications of elder and dependent adult abuse and neglect	Mid-Peninsula Hous- ing Coalition	FY 2001-02	
 Provide written mate- rial that will assist staff and volunteers at agencies serving sen- iors and adults with disabilities in identify- 	PD	Develop written material on the identification and reporting of elder and dependent adult abuse and disseminate it to mandated reporters and indi- viduals in key agencies serving	Aging and Adult Services	FY 2000-05	An easy to read two-sided flyer was developed on how to recog- nize the need for protective serv- ices, the signs of elder and de- pendent adult abuse and how to report it. The flyer is disseminated

ing and reporting sus- pected cases of abuse and neglect		seniors and adults with disabili- ties			widely in all appropriate AAS community activities.
Obj3 Provide forums		ich the County, the District Attor			
		ons, and community members cal	n cooperatively address	s issues relating	to elder and dependent adult
abuse and negl	ect				
Action	PD &C	Ĥow	Who	Timeline	Progress
1. Develop and convene	C	Meet regularly to discuss cur-	Aging and Adult	FY 2000-05	The group was established in June
Adult Abuse Preven-	}	rent issues and plan abuse pre-	Services		2001. During FY 2000-01, the
tion Collaborative		vention activities			group met on a monthly basis to discuss emerging issues and de- velop plans for a countywide pre- vention campaign.
Obj4 Enhance the ab	ility of	agencies working with seniors a	nd adults with disabilit	ies to identify, i	report, and respond to incidents of
suspected abus			The state of the s		
Action	PD &C	How	Who	Timeline	Progress
1. Improve the commu-	C	Develop Memoranda of Under-	Aging and Adult	FY 2000-01	Carry over to FY 2000-01.
nication, coordination,		standing with the Ombudsman	Services/	carry over to	
and working relation-		Program, Golden Gate Re-	Golden Gate	FY 2001-02	
ships within and	{	gional Center, and Aging and	Regional Center/		
among organizations	}	Adult Services regarding the	Ombudsman		
serving seniors and		provision of services for people			
adults with disabilities	}	with developmental disabilities]
		residing in residential care fa- cilities			1
		Convene a group to develop a	Health Services	FY 2000-01	The Trauma and Abuse Commit-
· ·		coordinated approach to ad-	Agency		tee was charged with coordinating
		dressing the various types of			division responses to family vio-
		family violence			lence.
		Deputy Public Guardians will	Aging and Adult	FY 2000-01	In FY 2000-01, a Deputy Public
		be available to consult on fi-	Services		Guardian position was established
		nancial abuse cases assigned to			in Centralized Intake to work with
	Í	Adult Protective Services case			APS staff on cases involving fi-
•	ł	managers			nancial abuse. The success of this
		L			coordination effort has resulted in

					the assignment of two additional Public Guardians to Centralized Intake.
		Designate a portion of the weekly Centralized Intake staff meetings to a discussion of abuse regulations	Aging and Adult Services	FY 2000-01	Discussions about abuse/abuse regulations take place at the weekly meetings of the Central- ized Intake Unit, whose focus is on Adult Protective Services.
		Designate a portion of other unit meetings within Aging and Adult Services to discuss abuse regulations	Aging and Adult Services	starting 3 rd quarter FY 2000-01 carry over to FY 2001-02	Plans are being developed to pro- vide training about abuse regula- tions at unit meetings. Staff from Adult Protective Services will as- sist in the training.
, ,	С	Convene Trauma and Abuse Committee to better enable all divisions in Health Services Agency to identify, assess, and refer victims of abuse	Health Services Agency	FY 2000-01	The staff in charge of family and intimate partner abuse convened and chaired the committee, which met quarterly. Trainings were de- veloped for all divisions of the Health Services Agency.
	С	Define agency's role in the community around the issue of family violence prevention (including elder and dependent adult abuse)	Health Services Agency	FY 2000-01	The Trauma and Abuse Commit- tee that was convened (see above) defined the agency's roles related to prevention of the various types family violence.
Obj5 Provide suppor		iors and adults with disabilities	who are vulnerable to	abuse and negle	ct
Action	PD &C	How	Who	Timeline	Progress
 Link at-risk individu- als with needed serv- ices to minimize the potential for abuse/ neglect 		Centralized Intake Unit will provide short-term case man- agement	Aging and Adult Services	FY 2000-05	In FY 2000-01, Aging and Adult Services provided short-term case management to at-risk seniors and adults with disabilities.
		Centralized Intake Unit will refer individuals needing ongo- ing case management to appro- priate Aging and Adult Serv- ices (e.g., MSSP, AIDS/AIDS	Aging and Adult Services	FY 2000-05	In FY 2000-01, after providing a maximum of three months of short-term case management to at- risk seniors and dependent adults, Centralized Intake staff referred

	Waiver, Linkages) and outside case management programs Provide 24-hour response ca- pability to reports of abuse and neglect	Aging and Adult Services	FY 2000-05	those needing ongoing case man- agement to its in-house case man- agement programs (MSSP, AIDS/AIDS Waiver, and Link- ages) and community-based or- ganizations providing long-term case management programs. In FY 2000-01, Aging and Adult Services provided 24-hour re- sponse capability to reports of
	Establish conservatorships for	Aging and Adult	FY 2000-05	abuse and neglect of seniors and adults with disabilities. In FY 2000-01, Aging and Adult
	individuals who are unable to handle their basic needs	Services		Services established conservator- ships for individuals unable to ad- dress their basic needs.
	Reduce the time between the receipt of an abuse report and the assignment of the case to the case manager	Aging and Adult Services	FY 2000-01	In FY 2000-01, a committee met to examine the issue and suggest changes to the method for assign- ing cases. In FY 2001-02, the changes were incorporated and, in most instances, cases are now as- signed the same day they are re- ceived.
	Implement new protocol of providing a face-to-face contact within 48 hours for all cases of physical and sexual abuse in order to arrange for protection	Aging and Adult Services	FY 2000-05	In FY 2000-01, a committee met and developed a new protocol. re- garding face-to-face contact. On- site social workers respond to cases of physical and sexual abuse
	Assign 24-hour staff to help with initial abuse investigations (especially in regard to imme- diate response for physical abuse). Assign TIES line staff help with immediate response during working hours	Aging and Adult Services	FY 2000-05	during business hours. TIES line staff can provide immediate re- sponse. After hours, 24-hour on- call social workers respond to those cases.
· .	Establish county focal point for	San Mateo County	FY 2000-05	The hospital-based Keller Center

		providing service to abuse vic- tims	General Hospital		was opened in FY 2000-01. It serves victims of abuse and do- mestic violence of all ages.
		Long Term Care Ombudsman Program will make regular vis- its to skilled nursing facilities, residential care facilities, and adult day health care programs in order to ensure that the care residents receive is adequate and to investigate and resolve complaints on their behalf	Catholic Charities (FY 2000-01)/ Ombudsman of San Mateo (FY 2001-05)	FY 2000-05	In FY 2000-01, Catholic Charities, the designated Ombudsman Pro- gram in San Mateo County, pro- vided services to seniors in skilled nursing facilities, residential care, and adult day health care. As of FY 2001-02, a new organi- zation, Ombudsman of San Mateo, took on the role.
		Provide legal representation to seniors and adults with disabili- ties who are victims of abuse	Legal Aid Society	FY 2000-05	Legal Aid has provided legal rep- resentation, including being co- counsel on a case that went to court and filing an appeal. Other cases were placed with private at- torneys.
Obj6 Improve our a		o prosecute perpetrators of elder	and dependent adult a	ibuse	
Action	_ PD & C	Нош	Who	Timeline	Progress
 Create a vehicle for enhancing coordina- tion in the prosecution of elder and dependent abuse cases 	С	Convene monthly meetings of the Multi-Disciplinary Task Force to review current cases and the potential for prosecu- tion	Aging and Adult Services/ District Attorney's Office/ Ombudsman	FY 2000-05	During FY 01-02, law enforce- ment representative met with APS and the Ombudsman to discuss the prosecution of active cases.
2. Improve evidence col- lection	PD	Implement new protocol of providing a face-to-face contact within 48 hours for all cases of physical and sexual abuse in order to collect evidence	Aging and Adult Services	FY 2000-05	A new protocol was developed in which staff is required to respond to cases of physical and sexual abuse within 48 hours to facilitate the collection of evidence. Staff is encouraged to coordinate with the

		····· ···· ····· ·····················		vices.
3. Advocate for legisla- tion which improves protection of seniors and dependent adults	Support the passage of the Sen- ior Fraud Protection Act of 2000, which prohibits attorneys from engaging in specified practices with their clients	Commission on Aging	FY 2000-01	A letter of support was written and the President of the Commission on Aging testified at the State Hearings on the legislation.
	Support the expansion of the definition of elder and depend- ent adult abuse to include acts which cause severe depression and serious emotional distress	Commission on Aging	FY 2000-01	A letter of support was written by the Commission on Aging. The bill was defeated.
	Support legislation promoting unannounced inspections of long term care facilities by state licensing agencies	Commission on Aging	FY 2000-01	A letter of support was written by the Commission on Aging. The bill was defeated.

APPENDICES FOR YEAR-END REPORT

PROGRAM/ ACTIVITY	FUNDING SOURCE	AREA PLAN SERVICE LEVEL	ACTUAL SERVICE LEVEL	VARIANCE FROM PLAN
Transportation (Access)	IIIB	41,500	30,890	-25.6% (1)
Assisted Transportation (Access)	IIIB	45,730	49,519	+8.3%
Information & Assistance (Access)	IIIB	10,550	13,263	+25.7%
Case Management (Access)	IIIB	1,484	1,224	-17.5% (2)
Adult Day Care/Health	IIIB	28,850	26,656	-7.6% (3)
Employment	IIIB V	1,350 25 slots/ 7 placements	1,805 25 slots/ 9 placements	+33.7% 0% +28.6%
Legal Assistance	IIIB	7,500	7,398	-1.4%
Ombudsman	IIIB	1,000 cases	1,218 cases	+22%
Nutrition Counseling	IIIB/C-2	150	182	+21.3%
Nutrition Education	IIIC1/C2	76	64	-15.8% (4)
Congregate Meals	IIIC-1	187,450	159,289	-15.0% (5)
Meals on Wheels- Meals	IIIC-2	168,000	164,191	-2.3%
Peer Counseling	IID	1,500	3,413.25	+127.6%
Wellness/Disease Prevention	IIIF IIIB	722 0	768 46	+6.4% n/a
Elder Abuse Prevention	VII	6	n/a	(6)
Health Insurance Counseling & Advocacy Program	CBSP	1,705	1,890.5	+10.9%
Alzheimer's Day Care Resource Ctr.	CBSP	6,284	7,134.5	+13.5%
Senior Companion	CBSP	9,000	9,613.5	+6.8%
Foster Grandparent	CBSP	9,000	10,197	+13.3%

FY 00-01 PROGRAM PERFORMANCE

(1) **Transportation**—We continue to experience a decline in transportation utilization, but an increase in assisted transportation.

(2) Case Management—Caseloads in the two targeted communities have been lower than anticipated. One program experienced a delayed start-up due to difficulty in recruiting a Chinese-speaking social worker.
(3) Adult Day Care/Health Care—The temporary relocation of one center due to building renovation resulted in a decrease in participation.

(4) Nutrition Counseling—Units of service were impacted by a vacancy in the Nutritionist position at the Central Kitchen.

(5) Congregate Nutrition— Nutrition Committee is addressing the ongoing decline in program participation. In the next fiscal year, the committee will be evaluating pilot programs to see their effectiveness in increasing participation at Congregate Nutrition sites.

(6) Elder Abuse Prevention—Funding was utilized for a 1-day conference on abuse prevention in which more than 325 individuals participated.

Area Plan Year End Stats FY 00-01

APPENDICES FOR AREA PLAN UPDATE

Service Unit Plan 2001-2002

Note: This Service Unit Plan utilizes the NAPIS (National Aging Program Information System) Categories.

Indicate the number of units of service to be provided with ALL funding sources, including federal funds, State funds, USDA, program income, and local funds. Other units of service cannot be added since only the units of service listed under each program are allowable. Only programs identified should be listed in the budget.

The right-hand column (Goals) provides the Area Agency with an opportunity to relate Title III funded services/programs to goal statements. Use of this column is optional.

TIT	LE III		
#	Program		Goals (Optional)
1.	Personal Care* (In-Home) Units of Service		Goal #
2.	Homemaker* (In-Home) Units of Service		 Goal #
3.	Chore* (In-Home) Units of Service		Goal #
4.	Home Delivered Meals Units of Service	<u>177,010 (Senior)</u> 19,555 (Non-senior)	Goal #
5.	Adult Day Care/Health Units of Service	<u>29,775</u>	Goal #
6.	Case Management* (Access) Units of Service	<u>2,365</u>	Goal #
7.	Congregate Meals Units of Service	<u>196,728</u>	Goal #
8.	Nutrition Counseling Units of Service	<u>154</u>	Goal #
9.	Assisted Transportation* (Access) Units of Service	<u>43,650</u>	Goal #
10.	Transportation* (Access) Units of Service	<u>36,050</u>	Goal #

*Indicates priority services

Contraction and the

11.	Legal Assistance Units of Service	<u>7,500 (Senior)</u> 1,240 (Non-senior)	Goal #
12.	Nutrition Education Units of Service	<u>76</u>	Goal #
13.	Information and Assistance* (Access) Units of Service	10,550	Goal #
14.	Outreach* (Access) Units of Service		Goal #
15.	Other Title III Services (Specify which) <u>Disease Prevention</u> Units of Section <u>Employment</u> Units of Section <u>Visiting</u> Units of Section Units of Section	ervice $\frac{1,350}{1,500}$	Goal #
Title Prog			Goals (Optional)
Omb	udsman Services Total number of cases to be clo Training for Ombudsman staff and vol Number of sessions Number of hours Total number of trainees Resident visitation (other than in respon Number of SNF's to visit Number of RCFE's to visit	tunteers $\frac{16}{48}$ 20	Goal #
	· · · · · · · · · · · · · · · · · · ·		

,

*Indicates priority services

Sec.

APPENDIX I

Service Matrix Instructions

- 1. Indicate on the Service Matrix <u>each</u> OAA and CBSP program/service the AAA provides by entering a "D" if provided as a direct services and/or "C" if contracted.
- 2. If a CBSP service has been checked as a direct service, has prior approval been obtained in accordance with PM 98-10? If not, when is request for approval documentation to be submitted?

CBSP <u>Program</u>	Direct Service <u>Approved</u>	Request to be Submitted by:
Linkages	Yes No N/A_X	
	YesNo	
	Yes No	
	Yes No	

- 3. If the Title III/VII service has been checked as a direct service, complete Appendix IA or IB as appropriate.
- 4. Indicate all funding sources used in providing each program/service.

The "Other" column is used to indicate when funds other than State or federal funds, e.g., other local government agencies or programs, private funding or grants, are used as a fundig source to provide the program/service.

5. Optional- Use the "Funding" column to indicate <u>all funds</u> from any source utilized in providing the service/program.

APPENDIX I 2001-2005 Area Plan AAA Services Matrix for PSA 8 for FY 2001-05

		Funding Sources *								
Federal Programs	IIIB	IIIC	IIIF	V	VII	State	Other	Funding Amount (Optional)		
Adult Day Care/Health	С									
Assisted Transportation	C			· · · · · · · · · · · · · · · · · · ·			·····			
Case Management	С				<u>+</u>					
Chore					<u> </u>	**D				
Community Services	С									
Congregate Meals		С								
Disease Prevention	С		C							
Elder Abuse Prevention	· · · · · · · · · · · · · · · · · · ·				C					
Employment	С			С						
Family Support		·····	· ·							
Health	····			<u> </u>	+					
Home Delivered Meals		С		···.			С			
Homemaker		··			-					
Home Repair	·····			<u> </u>						
Housing					1					
Information &										
Assistance						D				
Legal Assistance	С						С			
Mental Health										
Nutrition Counseling		С					1			
Nutrition Education		С								
Ombudsman	С									
Outreach										
Personal Care				· · · · · · · · · · · · · · · · · · ·			· · · · · · · · · · · · · · · · · · ·			
Program Development	D						<u> </u>			
& Coordination										
Transportation	С				<u> </u>					
Security/Crime		······································		<u>.</u>						
Senior Center Renova-	- · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·			-		<u> </u>			
tion/Acquisition										

Community Based	1	Funding Sources*						
Programs	IIIB	IIIC	IIIF	V	VII	State	Other	(Optional)
Alzheimer's (ADCRC)						C		
Brown Bag	Yan Yan				III			· · ·
Foster Grandparent						C		
HICAP					· ·	C	C	
Linkages	N. A. Star		1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 -			D		
Respite Purchase of						D		
Service								
Respite Registry							1	
Senior Companion						C	1	

*For each program indicate if the AAA provides it as a Direct (D) or Contracted (C) service. **Program administered by the California Department of Social Services

APPENDIX IA

NOTICE OF INTENT FOR AREA AGENCY ON AGING TO PROVIDE SPECIFIED OLDER AMERICANS ACT SERVICES

CDA has determined that provision of the specific Title III and Title VII services listed below is considered to be part of the function of an AAA. An AAA may provide these services directly because it has a leadership role and the mandated responsibility to meet the service needs of the targeted populations in the Planning and Service Area. (California Code of Regulations, Article 3, §7320)

> If the Notice of Intent is <u>not</u> for all four years of the Planning Period, check the applicable Fiscal Year(s)

Check all applicable services

		FY 04-05
III B Case Management	FY 2001-02FY 02-03FY 03-04F	⁷ Y 04-05
X Title III B Program Development and Coordination	FY 2001-02FY 02-03FY 03-04F	Y 04-05
Title III F Disease Prevention and Health Promotion	FY 2001-02FY 02-03FY 03-04FY	Y 04-05
X Title VII Prevention of Elder Abuse, Neglect, and Exploitation	FY 2001-02FY 02-03FY 03-04F	Y 04-05

<u>Please describe the methods that will be used to assure that target populations will be</u> served throughout the PSA. (Attach additional paper if needed.)

Information and Assistance

Aging and Adult Services operates a centralized Information & Assistance service for seniors and adults with disabilities, the TIES Line, but does so without using Title IIIB

funding. The TIES Line, a 24-hour toll-free number, is staffed by experienced social workers that are well versed in issues and resources regarding seniors and adults with disabilities. Aging and Adult Services staff speak a variety of languages. Additionally, staff members have access to AT&T translation services.

Aging and Adult Services' community liaison meets monthly with staff at senior programs throughout San Mateo County to discuss client issues and to promote referrals to the TIES Line. She also meets with contracted case managers to review cases and encourage referrals to the TIES Line and other resources. The Community liaison provides or arranges training and education for consumers at community-based organizations regarding services provided by Aging and Adult Services, social work issues, Adult Protective Services, etc.

Each year, Aging and Adult Services funds the updating of the Commission on Aging's Help at Home directory, a comprehensive resource guide that assists San Mateo County residents in remaining at home. Twenty-five thousand copies of the directory are produced and distributed at a wide variety of community locations. An on-line copy of the directory appears on the Commission on Disabilities' website.

Program Development and Coordination

Program development and coordination activities are coordinated with the New Beginning Coalition, the Commission on Aging and Commission on Disabilities and their committees/task forces. Meetings and activities of these groups involve a broad spectrum of individuals and agencies serving low income individuals, minority seniors, adults with disabilities, geographically isolated individuals and other targeted groups.

The Implementation Coordination Committee monitors the implementation of the countywide Strategic Plan, ensuring that information flows to and from the two commissions, the New Beginning Coalition, and community-based organizations. It publishes a quarterly newsletter that is distributed to individuals and community-based organizations serving seniors and adults with disabilities throughout San Mateo County. The newsletter, as well as other information regarding resources and activities appears on the Commission on Disabilities website.

Title VII Prevention of Elder Abuse, Neglect, and Exploitation

The Adult Abuse Prevention Collaborative has taken on the responsibility for developing and implementing a countywide community education campaign regarding elder and dependent adult abuse, neglect and exploitation. It encourages the participation of both consumers and organizations serving seniors and adults with disabilities. The meetings take place at a local police department and include representation from the Commission on Aging, Ombudsman of San Mateo, the Legal Aid Society, private attorneys, senior centers, hospitals, Aging and Adult Services, Center for Independence of the Disabled, San Mateo County Mental Health, senior housing complexes, a home health agency, the Alzheimer's Association, Community Care Licensing, and the Public Authority. The Commission on Aging's Minority Elders Committee has focused on the issue of elder and dependent adult abuse, with each of its members assuming responsibility for taking the information back to his/her respective community. The committee has also sponsored seven annual conferences on elder abuse prevention, targeting the minority senior community.

APPENDIX II

PUBLIC HEARINGS Conducted for the 2001-2003 Planning Period California Code of Regulations, Title 22, Article 3, §7302(a)(10) and §7308

- Place an asterisk beside the hearings at which the Area Plan was presented in a language other than English and/or at which a translator was used.
- Indicate any hearing held at a long-term care facility by entering (LTC) after the appropriate location.

Location	Date	Number Attending
Health Services Agency	April 9, 2001	45
225 37 th Avenue		
San Mateo		

1. Discuss outreach efforts used in seeking input into the Area Plan from institutionalized, homebound, and/or disabled older individuals.

During the development of the plan, a series of 31 community forums were held to encourage consumer participation. Forums were held with groups working with visually impaired individuals, caregivers at a day care/adult day health care support group, clients of a community living center, participants at a center serving adults with developmental disabilities, peer counselors serving at-risk older adults, and with members and attendees at Commission on Aging and Commission on Disabilities general meetings,

Flyers about the public hearing were mailing to an extensive mailing list containing Aging and Adult Services providers, the local Ombudsman Program, skilled nursing facilities, hospitals, day care/adult day health care centers, the local independent living center, agencies serving adults with developmental disabilities, and the Alzheimer's Day Care Resource Center.

2. Were proposed expenditures for Program Development and coordination (PD&C) discussed at the hearing?

X Yes No Not applicable

3. Summarize the comments received concerning proposed expenditures for PD&C, if applicable.

There were none.

4. Were all interested parties notified of the public hearing and provided the opportunity to testify regarding the establishment of minimum percentages for adequate proportion expenditures in the PSA?

<u>X</u> Yes

___No

___Not applicable

5. Summarize the comments received concerning the establishment of minimum percentages for adequate proportion.

There were none.

- 6. Summarize other major issues discussed or raised at the public hearings.
 - There was interest in Title IIIE funding to support services to grandparents raising grandchildren.
 - Consumers expressed interest in having a culturally-appropriate Meals on Wheels Program that would serve seniors in a housing facility in DC.
- 7. List major changes in the Area Plan resulting from input by attendees at the hearings.

There were none.

APPENDIX III

GOVERNING BOARD

Names/Title of Officers

Michael Nevin/President

Jerry Hill/Vice President

Names/Titles of all other Board Members

Mark Church

Rose Jacobs Gibson

Richard S. Gordon

Term Expires

January 2002

January 2002

Term Expires

January 2002

January 2002

January 2002

Number of Members on the Board 5

APPENDIX IV

ADVISORY COUNCIL Older Americans Act Regulation §1321.57

Name/Title of Officers Helen E. Karr, Esq./President		Term Expires July 1, 2002
Andre Belarmino/Vice President Arline Elliott/Secretary		July 1, 2002 July 1, 2002
	1	July 1, 2002
General Membership Characteristics:	Number	
Council Members (Total, including vacancies) Members 60+	<u>21</u> <u>16</u>	
	% of PSA's 60+ Population	% on Advisory Council-
Race/Ethnic Composition		
White	68.4%	62.5%
Hispanic	9.8%	6.3%
Black	3.5%	12.5%
Asian/Pacific Islander	16.4%	18.8%
Native American/Alaskan Native	.2%	0
Other	1.7%	0
(There is currently one vacancy on the Ac	lvisory Council)	
Low Income Representative	X Yes	Ne
Disabled Representative	X Yes	N
Supportive Services Provider Representative	<u> </u>	No
Health Provider Representative	<u> </u>	N
Veteran Health Care Provider Representative (If appropriate)	e <u>X</u> Yes	No
Local Elected Officials Individuals With Leadership Experience	XYes	No
In the Private and Voluntary Sectors	<u> </u>	N
Evolain any "No" answer.		

Explain any "No" answer:

Briefly describe the process designated by the local governing bodies to appoint advisory council members. Ten members are appointed by the Board of Supervisors, 10 members by the Appointments Committee (consisting of one member-at-large appointed by the President of the Board of Supervisors, one member of the Commission on Aging, two members appointed from seniors organizations, and the Director of Aging and Adult Services or his/her designee), and one member by the Executive Committee of the Commission on Aging.

APPENDIX V

ADEQUATE PROPORTION PERCENTAGES for Access, In-Home Services, and Legal Assistance

The California Code of Regulations, Article 3, §7312, requires that the Area Agency on Aging allocate a percentage of federal funds to provide Access, In-Home Services, and Legal Assistance in the Planning and Service Area. The annual minimum allocation is determined by the Area Agency through the planning process.

The minimum percentages applicable Title III-B funds* listed below have been identified for annual expenditure through the four-year planning period. These percentages are based on needs assessment findings, resources available within the Planning and Service Area, and discussions at public hearing on the Area Plan

	Percentage of Title III-B Funds to Be Expended in FY 2001-2005		
Category of Service			
Access: (Case Management, Assisted Transportation, Transportation, Information and Assistance, and Outreach)	46.6 %		
In-Home Services: (Personal Care, Homemaker, and Chore)	%		
Legal Assistance:	15.9 %		

Attach a copy of the Schedule of Supportive Services (page 6) from your CDA 180 Closeout document for 199-00 to provide details about the amount of funds expended for Access, In-Home Services, and Legal Assistance.

*Minimum percentages of applicable funds are calculated on the annual Title III-B baseline allocation, minus Title III-B administration, minus Ombudsman.

CIAL CLOSEOUT REPORT CDA 180 (6/97) Page 5

ADEQUATE PROPORTION, USDA & TRANSFERS

GRANT PERIOD: 7/1/00 - 6/30/01		[X] ORIGIN	AL	[] REVISION NO.:	GRANT NO.: FF-0001-	08	DATE: 8/29/01	PSA NO.: 8			
SECTION A			_		SECTION B	,		·····			
ADEQUATE PROPORTION CALCULA	TION (Does Not)	Include OTO)			AREA PLAN ADMINISTRATION (FEDERAL SHARE)						
						Final	Federal Share				
ITEM				Amount	Fund	Budget Display	Administration Costs (Pg 15)	Difference			
1. Total Supportive Services Federal Shar				Alloull	runu	Display	C0313 (1 g 1 5)	Difference			
Page 10 Column (h)	•		+	271,600	16. III B Administration	78,923	78,923	0			
2. Less III B Ombudsman Federal Share											
Page 10 Column (h) Direct and Contrac	cted	1	-	25,782	17. III C-1 Administration	87,734	87,734	. 0			
3. Equals III B Supportive Services											
Base Allocation			=	245,818	18. III C-2 Administration	36,344	36,344	0			
	Actual				SECTION C						
	Federal	% of		Approved							
Service Category	Share*	Base**		Percentage [^]	USDA ENTITLEMENT						
4. Information & Assistance						Senior Meals		Entitlement			
5. Case Management	69,489				Congregate Nutrition	Served	Rate	Amount			
6. Assisted Transportation	73,417										
7. Transportation	49,420				19. 7/1 to 9/30	40,729	0.5300	21,586			
8. Outreach											
					20. 10/1 to 6/30	121,107	0.5300	64,187			
9. Total Access	192,326	78.2%		46.6%							
					21. One-Time-Only USDA			1,128			
10. Personal Care											
11. Homemaker	10,000				22. Total Title III C-1 USDA	161,836		86,901			
12. Chore						Senior Meals		Entitlement			
13. Alzheimer's Day Care	·				Home Delivered Nutrition	Served	Rate	Amount			
14. Total In-Home	10,000	4.1%		2.1%	23. 7/1 to 9/30	40,512	0.5300	21,471			
	00.450	26.004		15.00/		100 (70					
15. Legal Assistance	88,450	36.0%		15.9%	24. 10/1 to 6/30	123,679	0.5300	65,550			
* Excluding One-Time-Only			25. One-Time-Only USDA			1,049					
** Total Federal Share Divided by III B B	ase (line 3)										
^ As Approved in the Area Plan					26. Total Title III C-2 USDA	164,191		88,070			
								<u>i i i i i i i i i i i i i i i i i i i </u>			

ŧ

Department of Aging

COMMUNITY FOCAL POINTS LIST California Code of Regulations, Article 3, §7302(a)(14)

Provide an updated list of designated community focal points and their addresses. This information should match the National Aging Program Information System SPR 106.

	Name	Address
1	Aging and Adult Services	225 37 th Avenue
		San Mateo, CA 94403
2	Twin Pines Senior Center	1225 Ralston Avenue
		Belmont, CA 94002
3	Burlingame Recreation Center	850 Burlingame Avenue
		Burlingame, CA 94010
4	Catholic charities Adult Day Support Services	787 Walnut Street
		San Carlos, CA 94070
5	Catholic Charities	36 37 th Avenue
	·	San Mateo, CA 94303
6	Coastside Adult Day health Center	645 Correas Street
		Half Moon Bay, CA 94019
7	Doelger Senior Center	101 Lake Merced Blvd.
	· · · · · · · · · · · · · · · · · · ·	Daly City, CA 94015
8	Lincoln Park senior Center	901 Brunswick
		Daly City, CA 94014
9	East Palo Alto Senior Center	560 Bell Street
		East Palo Alto, CA 94303
10	Fair Oaks Senior Center	2600 Middlefield Road
	(operated by Family Service Agency)	Redwood City, CA 94063
11	Foster City Senior Center	650 Shell Blvd.
		Foster City, CA 94404
12	Martin Luther King Senior Center	725 Monte Diablo
10	(operated by Family Service Agency)	San Mateo, CA 94401
13	Legal Aid Society	521 E. 5^{th} Avenue
14	Menlo Park Senior Center	San Mateo, CA 94402 110 Terminal Avenue
14	Wento Park Senior Center	Menlo Park CA 94025
15	Millbrae Senior Center	477 Lincoln Circle
13		Millbrae, CA 94030
16	Mills-Peninsula Senior Focus Adult Day Health	1720 El Camino Real #10
10	Care	Burlingame, CA 94010
17	Mills-Peninsula Wellness Center	100 S. San Mateo Drive
1/	winis-r chinisula wenness Center	San Mateo, CA 94401
	·	Sall Maleo, CA 94401

18	Pacifica Senior Center	540 Crespi Drive
		Pacifica, CA 94044
19	Peninsula volunteers Little House	800 Middle Avenue
	•	Menlo Park, CA 94025
20	Poplar ReCare	1764 Marco Polo Way
	· · · · · · · · · · · · · · · · · · ·	Burlingame, CA 94010
21	Veterans Memorial Senior Center	1455 Madison Avenue
		Redwood City, CA 94061
22	Rosener House Adult Day Support Center	500 Arbor Drive
		Menlo Park, CA 94025
23	San Bruno Senior Center	1555 Crystal Springs Road
		San Bruno, CA 94066
24	San Carlos Senior Center	601 Chestnut Street
		San Carlos, CA 94070
25	Self-Help for the Elderly (San Mateo)	50 E. 5 th Avenue
		San Mateo, CA 94401
26	Self-Help for the Elderly (Daly City)	Daly City Center
		St. Andrew's Parish Hall
		1571 Southgate Avenue
		Daly City, CA 94015
27	Senior Coastsiders Senior Center	535 Kelly Avenue
		Half Moon Bay, CA 94019
28	South San Francisco Adult Day Care Center	601 Grand Avenue
		So. San Francisco, CA 94080
29	Magnolia Senior Center	601 Grand Avenue
		So. San Francisco, CA 94080

Ţ

APPENDIX VII

TITLE III-B MULTIPURPOSE SENIOR CENTER (MPSC) ACQUISITION AND CONSTRUCTION* COMPLIANCE REVIEW California Code of Regulations, Title 22, Article 3, §7302(a)(15)

(This has a 20-year tracking requirement, e.g., 1985 to 6/30/05)

PSA # 8

[X] No Title III-B funds have been used for MPSC Acquisition or Construction

Title III Grantee and /or Senior Center	Type Acq/Const	III-B Funds Awarded	% of Total	MM/I	re Period DD/YY	Compliance Verification
			Cost	Begins	Ends	
Name:						
Address:						
Name:						
Address:						
Name:						
Address:						
Name:						· · · · · · · · · · · · · · · · · · ·
Address:						
Name:					·	
Address:						

- * Construction is defined as building a new facility, including the costs of land acquisition, architectural and engineering fees, or making modifications to, or in connection with an existing facility, which more than doubles the square footage of that original facility and all physical improvements.
 - Acquisition is defined as obtaining ownership of an existing facility (in fee simple or by lease for 10 years of more) for use as an MPSC.

APPENDIX VIII

Yes

CORPORATE ELDERCARE

Is the AAA currently involved in corporate eldercare?

<u>X</u> No

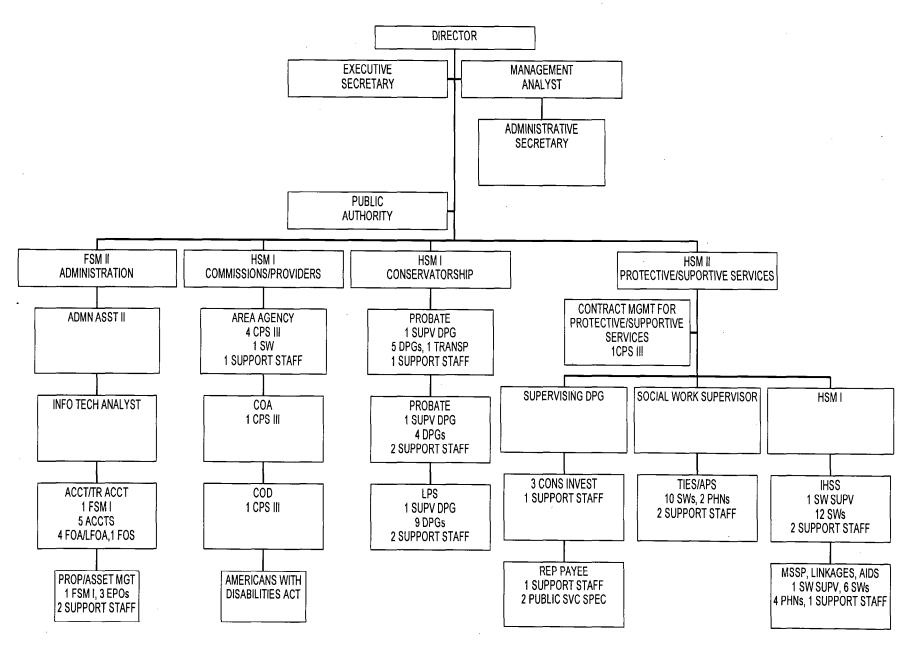
If yes, please describe your activities.

Is the AAA planning to become involved in corporate eldercare?

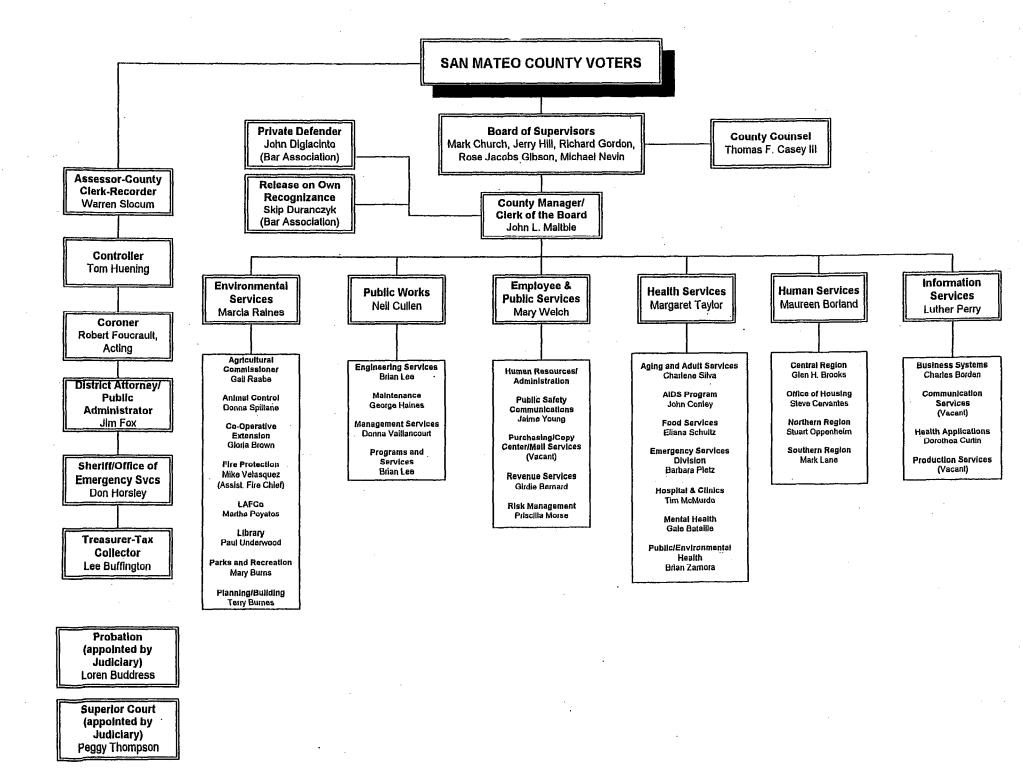
No

Yes If yes, please describe your activities.

SAN MATEO COUNTY HEALTH SERVICES AGENCY AGING AND ADULT SERVICES



i



Summary of Program-Related Plan Activities FY 2001-02

1

	INFORMATION AND ASSISTANCE
4.2.1	Provide annual update for "Help at Home," a resource directory for seniors
5.1.1	Increase distribution of Help at Home Directory in minority communities through churches, ethnic organizations, etc.
4.1.1	Trained professional social workers and deputy public guardians will respond to calls on the TIES Line, a 24-hour information and assistance line
4.2.1	Translate Help at Home Directory into Chinese
2.4.1	Community liaison will meet monthly with staff at senior programs to discuss client issues and to promote referrals to the TIES Line
2.4.1	Community liaison will meet with contracted case managers to review cases and encourage referrals to the TIES Line and other resources
4.3.2	Staff respond to inquiries regarding accessibility and the Americans with Disabilities Act and are available for presentations
4.3.1	Develop Americans with Disabilities Act (ADA) Resource Guide for county departments
4.3.2	Serve as a resource regarding the Americans with Disabilities Act
4.3.2	Provide consultation to individuals and groups regarding Americans with Disabilities Act
4.3.2	Develop and disseminate brochure that will inform consumers about how to respond to physical and programmatic barriers
4.1.1	Trained professional social workers and deputy public guardians will respond to calls on the TIES Line, a 24-hour information and assistance line
4.1.1	Provide part-time or full-time Information and Assistance at senior centers
4.11	Serve as a clearinghouse on brain impairments and caregiver assistance

4.1.1	Provide Information and Assistance regarding disability and non-disability-related issues
4.1.1	Provide information, guidance, and referrals regarding retirement homes, residential care homes, and skilled nursing facilities
4.1.1	Use grant funds to develop a resource center for families, clients, or persons with disabilities
4.1.1	Senior Resource Coordinator will link Seton patients with community resources and will provide follow-up with patients who are in the community
4.1.1	Full-time staff person will provide information and advocacy
4.2.1	Advocate for a directory that highlights resources for people with disabilities
4.2.1	Produce Directory of Human Services for San Mateo County
4.2.1	Produce "Guide to Community Resources"
4.2.1	Produce flyer on core services and the agencies that provide them
4.2.1	Produce food resource flyer
4.2.1	Produce flyer on health education and promotion activities of various agencies
4.2.1	Produce flyer on support groups offered by various organizations
4.2.1	Produce flyer containing information about senior centers
4.2.1	Develop Resource Center for persons with disabilities and their families
4.2.1	Translate Help at Home Directory into Chinese
4.3.1	Hold monthly senior Information & Referral Forums for providers

4.3.1	Provide monthly "Orientation to Community Resources" sessions to ensure that new employees of human service
	agencies are knowledgeable about resources in San Mateo County
4.3.1	Maintain data base on vacancies in residential care facilities for seniors and adults with disabilities
4.1.1	Utilize Adult Protective Services and local funding to provide a total of 10,550 units of Information and Assistance for seniors
	CASE MANAGEMENT
5.2.1	Implement case management program targeting the Chinese community in central county
4.3.1	Provide in-service trainings on legal, Medi-Cal, and energy-related issues for the staff of the three case management programs
2.4.2	Operate a variety of case management programs -Centralized Intake (short-term case management) -Multipurpose Senior Services Program -Linkages -AIDS/AIDS Waiver Programs
2.4.2	Provide pro-active case management by a locally-based social worker to facilitate access to social work services for frail and isolated individuals
2.4.2	Expand the Linkages Program to include a nursing component that will work in conjunction with the social work component
2.4.2	Provide Title III B funding to community-based organizations to provide a total of 2,365 units of Case Management
	TRANSPORTATION
3.2.2	Work with SamTrans to develop its 10-year strategic plan
	Take workplan to stakeholders for input and approval
	Schedule a series of activities that will encourage consumer input regarding needs, gaps, and solutions regarding accessible transportation

	-open house	
	-video tapes of consumers (with language barriers and/or geographic	
	isolation	
×	-20 focus groups	
	-3 public forums	
	-consumer survey (targeting people with language barriers)	
	-key informant surveys	
	-cable TV show with videos—	
	(including 800# and e-mail address for feedback/input)	
3.2.3	Conduct consumer forum on transportation needs as part of a regular general meeting	
3.2.1	Provide senior center-based transportation	
2.2.1		
3.2.1	Provide Title IIIB funding to community-based organizations to provide 36,050 units of Transportation	
ASSISTED TRANSPORTATION 3.2.1 Provide transportation services to participants in its day care/day health care program		
3.2.1	Provide transportation services to participants in its day care/day health care program	
3.2.2	Explore the feasibility of using Senior Companions as paratransit escorts	
3.2.1	Provide shopping trips for participants of senior centers	
3.2.2	Expand travel training for persons with developmental disabilities on public transportation by developing a travel	
	assessment service to evaluate barriers to independent travel.	
3.2.1	Provide Title IIIB funding to community-based organizations to provide 43,650 units of Assisted Transportation	
ADULT DAY CARE		
6.1.1	Work on the development of a North County adult day health care site	
6.4.2	Develop reimbursement rate for day care (still)	
2.4.2	Contract with consultant to do needs assessment regarding day care expansion and improvement and brain injured individuals	
2.4.2	Expand adult day health care program to include Adult Day Support and Alzheimer's Unit	

2.4.1	Explore the feasibility of consolidating all senior services on Coastside into one location
2.4.2	Provide licensed day care programs for frail/at-risk older adults
6.1.1	Provide licensed Adult Day Health Care services
4.2.1	Disseminate information about the program to the south coast (Pescadero) area
4.2.1	Disseminate information to physicians about the services offered by Rosener House
6.3.1	Explore the feasibility of developing an office in the Pescadero area to do screening
6.3.3	Provide daily exercise program, highlighting outdoor activities, at Rosener House
2.4.2	Make presentations to social day care and adult day health care programs to encourage referrals to the Multipurpose Senior Services Program
2.4.2	Make presentations to social day care and adult day health care programs to encourage referrals to the Multipurpose Senior Services Program
2.4.2	Construct a new facility to house the Adult Day Care Center so that it can increase enrollment and can accommodate more people with dementia
2.4.2	Provide day care services for adults with mental health issues and/or chemical dependency
2.4.3	Operate LEARN, an adult day care and community integration program in which participants go out into the community for a variety of activities
2.4.2	Allocate Title IIIB funding to community-based organizations to provide a total of 29,775 units of Adult Day/Health Car
OMBUDSMAN	
7.5.1	Long Term Care Ombudsman Program will make regular visits to skilled nursing facilities, residential care facilities, and adult day health care programs in order to ensure that the care residents receive is adequate and to investigate and resolve complaints on their behalf

2.4.5	Provide technical assistance and support to newly-established free-standing non-profit Ombudsman program
7.6.1	Convene monthly meetings of the Multi-Disciplinary Task Force to review current cases and the potential for prosecution
2.4.3	Allocate Title IIIB and VII funding to a community-based organization to operate an Ombudsman Program that will close a total of 800 cases, provide 16 sessions (48 hours) or training to 20 Ombudsman staff and volunteers, and maintain a presence in 26 skilled nursing facilities and 150 residential care facilities
	LEGAL ASSISTANCE
3.2.2	Clients Rights Program will assist people who are denied paratransit services through the appeal process
4.2.2	Utilize Electric Education Trust funding to do community education and outreach on a variety of energy-related issues (consumer rights, conservation, and special programs for low-income consumers)
2.4.6	The Senior Advocates program will provide free legal counsel and assistance to seniors
5.1.1	Collaborate with groups that target minority populations to ensure that their legal issues are addressed
7.5.1	Provide legal representation to seniors and adults with disabilities who are victims of abuse
2.4.6	Provide bilingual legal services for Spanish-speaking persons
2.4.6	Clients Rights program will provide legal representation, assistance and advocacy to persons with disabilities
2.4.6	Provide legal consultation to individuals/families of individuals with brain impairment
2.4.6	The Client Assistance Program will work with disabled clients, applicants, or former clients of the Dept. of Rehabilitation or other agencies funded under the Federal Rehabilitation Act to investigate complaints, negotiate settlements, represents consumers at administrative hearings and appeals, and inform consumers of their rights under the law
2.4.6	Provide Title IIIB funding to a community-based organization to provide 7,500 units of Legal Assistance under the Senior Advocates Program
2.4.6	Provide local funding to community-based organization to provide a total of 1,240 units of Legal Assistance to individuals under the Kids in Crisis and the Clients' Rights Advocate Programs

·	PEER COUNSELING
1.1.3	Senior Mental Health's La Esperanza Vive program will recruit, train, and place volunteer Spanish-speaking peer counselors to provide emotional support to Latino seniors.
5.1.2	Provide culturally sensitive training on identifying and reporting of elder abuse for Spanish-speaking volunteers in La Esperanza Vive
5.2.1	Provide peer counseling to Latino elders by their cultural peers
1.1.3	Start peer counseling support groups for Spanish-speaking seniors in San Mateo
6.2.2	Hold weekly support group for individuals with brain injury—community resource information, strategies to ease functional community living skills, and peer support
2.4.1	Meet quarterly with staff from other Senior Peer Counseling programs participating in the Northern California Senior Peer Counseling Network to discuss issues of mutual concern
5.2.1	Allocate Title IIIB funding to an organization to provide 1,500 units of Visiting to recipients of peer counseling services for seniors whose primary language is not English
	CONGREGATE NUTRITION
2.2.4	Operate Older Americans Act-funded Congregate meal sites that provide mid-day meals for seniors at sites throughout San Mateo County
2.2.4	Using Congregate Nutrition Task Force Report, develop countywide outreach plan for the Congregate Nutrition Program
2.2.4	Continue to research and evaluate emergency meal options and procedures
5.2.2	Include a variety of ethnic meals on the Congregate and Meals on Wheels menu
2.4.3	Work with retirement centers (Residential Care Facilities) and special programs serving the elderly (e.g., Poplar ReCare) to bring their folks to events and to lunch program at the South San Francisco Senior Center
2.2.4	Evaluate the success of the four Congregate Nutrition Pilot Programs implemented in FY 2000-01
2.4.1	Schedule meetings involving the central kitchen and Congregate and Meals on Wheels providers utilizing its services

2.2.2	Operate a lunch program at San Carlos Senior Center
2.2.2	Operate privately-funded lunch program at Veterans Memorial Senior Center
2.2.2	Operate lunch program two days per week at Burlingame Recreation Center
2.2.2	Sponsor volunteer-operated "No Strings Breakfast" (no eligibility requirements) on Saturdays at the Senior Center/ Community Center and provides home-delivered meals on Saturdays
2.2.2	Provide daily mid-day meals for seniors at Little House. Also provide evening meal for seniors on Thursday evenings at Little House
2.2.2	Incorporate more healthy ethnic recipes into Congregate Nutrition program provided at Doelger Senior Center and Lincoln Park Community Center
2.2.2	Supplement Congregate Meal Program with produce from senior center garden
4.2.4	Contract with Outreach Coordinator who will develop marketing program for Congregate Nutrition sites
2.4.2	Allocate Title IIIC1 funding to community-based organizations to provide a total of 196,728 senior meals under the Congregate Nutrition Program
	MEALS ON WHEELS
2.2.2	Operate Older Americans Act-funded Meals on Wheels programs, providing mid-day meals to seniors throughout San Mateo County
2.2.4	Continue to research and evaluate emergency meal options and procedures
3.51	Establish a menu of hot/cold food items to prepare for Meals on Wheels clients, families, staff, volunteers and the families of staff and volunteers in an emergency and purchase emergency food to back it up
2.2.2	Include a variety of ethnic meals on the Congregate and Meals on Wheels menu
2.2.2	Provide home-delivered meals to adults with disabilities through the Supplemental Meals on Wheels Program

2.2.2	The Doelger Senior Center's Express Program will deliver frozen entrees once a week to homebound seniors
5.2.2	Develop Meals on Wheels Programs that have the capability of providing ethnic meals
2.2.2	Provide Title IIIC2 funding to community-based organizations to provide a total of 177,010 home-delivered senior meals
2.2.2	Provide local funding to community-based organizations to provide a total of 19,555 home-delivered non-senior meals
	NUTRITION COUNSELING
2.2.1	Provide nutrition counseling to Meals on Wheels recipients who have been identified as at-risk by their responses to the Nutrition Initiative Survey
2.2.1	Send notices to Meals on Wheels participants inviting them to contact the Nutritionist for personal guidance regarding diabetic diets
2.2.1	Allocate Title IIIC1 funding to community-based organizations to provide 154 units of Nutrition Counseling
	NUTRITION EDUCATION
2.2.1	Provide four educational programs at each Older Americans Act-funded Congregate Nutrition site per year
2.2.1	Include nutrition information on the back of monthly menu that is distributed to participants at the Congregate Nutrition sites receiving meals from San Mateo County General Hospital's central kitchen
2.2.1	Provide ongoing written materials and conduct quarterly on-site nutrition workshops for all Brown Bag Program participants
2.2.1	Teach consumers how to alter traditional ethnic recipes to make them healthier as part of the Cooking Up Wellness program
2.2.1	Provide revised information to consumers on meeting diabetic dietary requirements through healthy balanced diets
2.2.1	Offer Congregate Nutrition sites the opportunity to schedule cooking demonstrations as part of their Nutrition Education activities
2.2.1	Allocate Title IIIC1 funding to an organization to provide 76 units of Nutrition Education

SUBSIDIZED EMPLOYMENT		
2.4.7	Provide training to employment and training providers on how to work with people with special needs (older workers and workers with disabilities	
2.4.7	Out-station staff of their senior employment programs at the three One-Stop-Centers to ensure that older workers are served	
2.4.7	Provide employment assistance to older adults who do not qualify for or are not interested in subsidized employment through the Older Americans Act Title III-funded employment program	
2.4.7	Participate on county's Equal Employment Opportunity Advisory Committee to bring greater awareness of employability of people with disabilities and the barriers that prevent their employment	
4.4.1	Teach participants in the subsidized (Title V)and unsubsidized (Title III) employment programs basic computer skills so they can access core services at one-stop employment centers	
2.4.7	Allocate Title IIIB funding to a community-based organization to provide a total of 1,350 units of Employment services to seniors	
	UNSUBSIDIZED EMPLOYMENT	
2.4.7	Provide subsidized employment opportunities for income eligible older adults 55 years of age and older through the Older Americans Act Title V Senior Community Services Employment Program, which recruits, trains, and places individuals in positions at private non-profit organizations	
2.4.7	Out-station staff of their senior employment programs at the three One-Stop-Centers to ensure that older workers are served	
4.4.1	Teach participants in the subsidized (Title V)and unsubsidized (Title III) employment programs basic computer skills so they can access core services at one-stop employment centers	
2.4.7	Allocate Title V funding to a community-based organization to provide 26 slots of work experience and training for low- income older adults	
	WELLNESS/DISEASE PREVENTION	
6.2.1	Provide a variety of educational classes as part of the Wise and Well Program	
6.3.1	Provide both comprehensive screening (weight, cholesterol, health history, blood pressure and blood sugar) and	

	monitoring for medically underserved older adults at designated Wise and Well Program sites
4.2.1	Produce flyer on health education and promotion activities of various agencies
6.2.1	Provide a series of educational classes and programs through the Wellness Center, focusing on mental health, physical health, spiritual, social, and emotional health, prevention, disease management, and health promotion
6.2.1	Provide a variety of educational classes as a part of the Wise and Well Program
6.2.1	In conjunction with Doelger Senior Center's walking program, provide a once-a-month talk on a health-related issue
6.2.1	Schedule a monthly presentation on a health-related issue at the senior center
6.2.1	Provide monthly health presentations at the South San Francisco Senior Center
6.2.1	Provide regularly-scheduled health classes and lectures at the senior center
6.2.1	Schedule quarterly lectures on health-related issues at the senior center
6.2.1	Hold health forums once a quarter at the senior center
6.2.1	Provide 5 health presentations at the senior center
6.2.1	Schedule a series of health education seminars at the senior center
6.2.1	Develop and implement a Medication Management Education Series that will address issues of cross medication, prescription drug use, simultaneous use of herbal remedies and prescription medication
6.2.1	Provide Title IIIF funding to organizations to provide a total of 670 units of service under Disease Prevention
	ALZHEIMER'S DAY CARE RESOURCE CENTER
2.42	Operate licensed Alzheimer's Day Care Resource Center for adults with dementia
2.4.2	Renovate facility and expand adult day health care program to include Adult Day Support and Alzheimer's unit

2.4.2	Expand the number of Alzheimer's Day Care Resource Centers for adults with dementia
2.4.2	Construct a new facility to house the Adult Day Care Center so that it can increase enrollment and can accommodate more people with dementia
2.4.2	 Appoint a task force to develop a plan for integrating and expanding their dementia-related services Develop course of treatment protocols for dementia care
	Allocate Community-Based Services Program funding to a community-based agency to provide services to 22 participants with moderate cognitive impairment and 65 with severe impairment, and to provide 40 support sessions, 25 in-service training sessions, and 30 on-site training sessions
	HICAP
6.2.1	Through individual counseling sessions and group meetings, the Health Insurance Counseling and Advocacy Program (HICAP) will present up-to-date information about health and long-term care insurance options
6.1.2	-The Health Insurance Counseling and Advocacy Program (HICAP) will provide free counseling and legal assistance on Medicare and health insurance issues at a variety of sites (Senior Centers, Social Security, medical facilities, etc.)
6.2.1	Schedule a series of community presentations on HMO closures and withdrawals from Medicare
	Allocate HICAP funding under the Community-Based Services Program to provide community education to 1,925 persons and counseling to 1,815 persons
	SENIOR COMPANION PROGRAM
1.1.3	Develop host agency sites within senior housing facilities for volunteers in Senior Companion Program
1.1.3	Develop a Memorandum of Understanding with schools and/or childcare centers in East Palo Alto and Pacifica for volunteer positions in the Foster Grandparent Program
3.2.2	Explore the feasibility of using Senior Companions as paratransit escorts
1.1.3	Develop additional north county host agency sites for volunteers in the Senior Companion Program
1.1.3	Utilize Senior Companion funding under the Community-Based Services Program to provide 15,660 hours of volunteer hours through 15 stipended volunteer positions

FOSTER GRANDPARENT PROGRAM	
5.2.1	Expand Foster Grandparent Program by developing host agency sites and placing senior volunteers in schools/ child care centers in multicultural community of East Palo Alto
1.1.3	Develop a Memorandum of Understanding with schools and/or childcare centers in East Palo Alto and Pacifica for volunteer positions in the Foster Grandparent Program
1.1.3	Develop additional mid and south county host agency sites for volunteers in the Foster Grandparent Program
1.1.3	Utilize Community-Based Services Program Foster Grandparent Program funding to provide 10,440 hours of volunteer hours through 10 stipended volunteer positions
	LINKAGES
2.4.2	Monitor people who are on the Linkages waiting list by phone to ensure their safety
4.2.1	Develop Linkages brochure to be used in outreach activities
2.4.2	 Operate a variety of case management programs Centralized Intake (short-term case management) Multipurpose Senior Services Program Linkages AIDS/AIDS Waiver Programs
2.4.2	Expand the Linkages Program to include a nursing component that will work in conjunction with the social work component
2.4.2	Utilize Community-Based Services Program Linkages funding to provide case management services to 160 unduplicated clients
	MSSP
1.2.1	Advocate for legislation supporting the expansion of the Multipurpose Senior Services Program
2.4.1	Meet with hospital discharge planners to increase referrals to the Multipurpose Senior Services Program
2.4.2	Operate a variety of case management programs Centralized Intake (short-term case management) Multipurpose Senior Services Program

	- Linkages
	- AIDS/AIDS Waiver Programs
3.4.1	Provide emergency response systems, as needed, for clients enrolled in the Multipurpose Senior Services Program
2.4.1	Make presentations to hospital discharge planners at various hospitals to encourage referrals to Multipurpose Senior Services Program
2.4.1	Make presentations to social day care and adult day health care programs to encourage referrals to the Multipurpose Senior Services Program
4.2.1	Develop new Multipurpose Senior Services Program flyer to be used in outreach activities
	RESPITE PURCHASE OF SERVICE
2.1.2	Utilize funds from the Respite Purchase of Service program to contract with agency to provide respite services
2.4.1	Provide regular updates to each of the programs within Aging and Adult Services on the availability of funding for the purchase of respite services
2.4.2	Utilize Community-Based Services Program Respite Purchase of Service funding to provide 49 unduplicated families with 1,460 hours of respite
	BROWN BAG PROGRAM
2.2.3	Provide food to low income seniors at Brown Bag Program sites throughout San Mateo County. Arrange for delivery of food to individuals unable to come to site
3.5.1	Coordinate with Brown Bag Program regarding the provision of emergency food kits
4.2.1	Distribute Brown Bagger News on a quarterly basis to all Brown Bag participants
2.2.1	Provide ongoing written materials and conduct quarterly on-site nutrition workshops for all Brown Bag Program participants
CASE MANAGEMENT	
2.4.2	Provide pro-active case management by a locally-based social worker to facilitate access to social work services for frail and isolated individuals
5.2.1	Implement case management program targeting the Chinese community in central county

2.4.1	Community liaison will meet with contracted case managers to review cases and encourage referrals to the TIES Line and other resources
	ELDER ABUSE
7.1.1	Develop and disseminate materials on elder abuse for consumers at educational forums and community events
7.1.1	As part of "Pacifica Connect and Protect Elder Abuse Awareness Week," implement elder abuse awareness campaign in Pacifica, utilizing volunteers who will pass out material to merchants
7.1.1	Members of the committee will serve as ambassadors, educating their own communities about the issue of elder/dependent adult abuse
7.1.1	Hold annual conference targeting consumers
7.1.1	Convene Adult Abuse Prevention Collaborative to involve agency representatives and community members in the development of a comprehensive community education program
7.2.1	Develop and implement training program for employees of fire departments and banks
7.2.1	Work with Sheriff's Department on the development and implementation of abuse training for law enforcement
7.2.1	Develop and implement plans to train mandated reporters about the new Elder and Dependent Abuse laws
7.2.2	Develop written material on the identification and reporting of elder and dependent adult abuse and disseminate it to mandated reporters and individuals in key agencies serving seniors and adults with disabilities
7.4.1	Define agency's role in the community around the issue of family violence prevention (including elder and dependent adult abuse)
7.1.1	As part of "Pacifica Connect and Protect Elder Abuse Awareness Week," implement elder abuse awareness campaign in Pacifica, utilizing volunteers who will pass out material to merchants
7.5.1	Centralized Intake Unit will provide short-term case management
7.5.1	Centralized Intake Unit will refer individuals needing ongoing case management to appropriate Aging and Adult Services

	(e.g., MSSP, AIDS/AIDS Waiver, Linkages) and outside case management programs
7.5.1	Provide 24-hour response capability to reports of abuse and neglect
7.5.1	Establish conservatorships for individuals who are unable to handle their basic needs
7.5.1	Implement new protocol of providing a face-to-face contact within 48 for all cases of physical and sexual abuse in order to arrange for protection
7.1.1	Make presentation to Board of Supervisors, asking them to declare November 2001 as Elder and Dependent Adult Abuse Prevention Month
7.1.1	Station information booth at shopping center
7.1.1	Recruit and train intergenerational drama troupe that will do at least 10 interactive presentations for consumers
7.1.1	Disseminate literature on abuse and neglect to clients
7.2.1	Provide staff training on recognizing signs of abuse and reporting requirements
7.2.1	Alert staff at housing complexes to indications of elder and dependent adult abuse and neglect
7.3.1	Meet regularly to discuss current issues and plan abuse prevention activities
7.5.1	Assign 24-hour staff to help with initial abuse investigations (especially in regard to immediate response for physical abuse). Assign TIES line staff help with immediate response during working hours
7.5.1	Establish county focal point for providing service to abuse victims
7.5.1	Long Term Care Ombudsman Program will make regular visits to skilled nursing facilities, residential care facilities, and adult day health care programs in order to ensure that the care residents receive is adequate and to investigate and resolve complaints on their behalf
7.5.1	Provide legal representation to seniors and adults with disabilities who are victims of abuse

ĺ	7.1.1	Utilize Title VII Elder Abuse Prevention funding to provide 6 units of Elder Abuse Prevention

THESE ASSURANCES ARE APPLICABLE FOR THE ENTIRE 4-YEAR PLAN

ASSURANCES

- A. The area agency on aging assures that it shall:
 - Develop an area plan and carry out, directly or through contractual or other arrangements, a program in accordance with the plan within the planning and service area. Older Americans Act (OAA) [305(c)]
 - 2. Submit for approval by the State agency a plan which meets all requirements specified in section 306(a).
 - Specify annually in the area plan, as submitted or as amended, in detail the amount of funds expended for each such category of services (e.g., services associated with access to services, in-home services, and legal assistance) during the fiscal year most recently concluded. [306(a)(2)]
 - 4. Designate, where feasible, a focal point for comprehensive service delivery in each community, giving special consideration to designating multipurpose senior centers operated by organizations that have a proven record of providing services to older individuals that: (a) were officially designated as community action agencies or community action programs under section 210 of the Economic Opportunity Act of 1964 (42 USC 2790) for fiscal year 1981 and did not lose the designation as a result of failure to comply with such Act: or (b) came into existence during fiscal year 1982 as direct successors in interest to such community action agencies or community action programs and that meet the requirements under section 675 (c)(3) of the Community Services Block Grant Act [42 USC 9904(c)(3)] [306(a)(6)(E)].
 - 5. Provide for the establishment and maintenance of sufficient numbers of information and assistance services to assure that all older individuals within the planning and service area covered by the plan will have reasonably convenient access to such services, with particular emphasis on linking services available to isolated older individuals and older individuals with Alzheimer's disease or related disorders with neurological and organic brain dysfunction

(and the caretakers of individuals with such disease or disorders). OAA [306(a)(4)]

- Set specific objectives for providing services to older individuals with the greatest economic needs and greatest social needs, including specific objectives for providing services to low-income minority individuals, and include proposed methods of carrying out the preference in the area plan. [306(a)(5)(A)(i)]
- 7. Include in each agreement made with a provider of any service under this title, a requirement that such provider will: (I) specify how the provider intends to satisfy the service needs of low-income minority individuals in the area served by the provider; (II) to the maximum extent feasible, provide services to low-income minority individuals in accordance with their need for such services; and (III) meet specific objectives established by the area agency on aging for providing services to low-income minority individuals within the planning and services areas. [306(a)(5)(A)(ii)]
- 8. Use outreach efforts that will: (i) identify individuals eligible for assistance under this Act, with special emphasis on: (I) older individuals residing in rural areas; (II) older individuals with greatest economic need (with particular attention to low-income minority individuals); (III) older individuals with greatest social need (with particular attention to low-income minority individuals); (IV) older individuals with severe disabilities; (V) older individuals with limited English-speaking ability; and (VI) older individuals with Alzheimer's disease or related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and (ii) inform the older individuals referred to in subclauses (I) through (VI) of clause (i), and the caretakers of such individuals, of the availability of such assistance. [306(a)(5)(B)]
- Ensure that each activity undertaken by the agency including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals.
 [306(a)(5)(C)]
- Perform for the planning and service area all of the activities specified in section 306(a)(6)(A) through (S).
 [306(a)(6)(A-S)]

- Provide assurances that any amount received under part D will be expended in accordance with such part. OAA [306(a)(7)]
- 12. Provide assurances that any amount received under part E will be expended in accordance with such part. [306(a)(8)]
- 13. Provide assurances that any amount received under part F will be expended in accordance with such part. [306(a)(9)]
- 14. Assure that the area agency on aging, in carrying out the State Long Term Care Ombudsman program under section 307(a)(12) and section 712, will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 1991 in carrying out such a program under this title. [306(a)(11) and 307(a)(12)]
- 15. Assure that the activities conform with: (i) the responsibilities of the area agency on aging, as set forth in this subsection; and (ii) the laws, regulations, and policies of the State served by the area agency on aging. [306(a)(13)(B)]
- 16. Assure that it will: (A) maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships; (B) disclose to the Commissioner and the State agency (i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and (ii) the nature of such contract or such relationship; (C) demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such contract or such relationship; (D) demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such contract or such relationship; and (E) on the request of the Commissioner or the State for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals. [306(a)(14)(A) through (E)]
- 17. Assure that funds received under this title will not be used to pay any part of a cost (including an administrative cost)

incurred by the area agency on aging to carry out a contract or commercial relationship that is not carried out to implement this title. OAA [306(a)(15)]

- Assure that preference in receiving services under this title will not be given by the area agency on aging to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this title. [306(a)(16)]
- Assure that projects in the planning and service areas will reasonably accommodate participants, as described in section 307(a)(13)(G). [306(a)(17)]
- 20. Assure that the area agency on aging will, to the maximum extent practicable, coordinate the services it provides under this title with services provided under title VI. [306(a)(18)]
- 21. Assure that (A) the area agency on aging will pursue activities to increase access by older individuals who are Native Americans to all aging programs and benefits provided by the agency, including programs and benefits under this title, if applicable; and (B) specify the ways in which the area agency on aging intends to implement the activities. [306(a)(19)]
- 22. Assure that case management services provided under this title through the area agency on aging will: (A) not duplicate case management services provided through other Federal and State programs; (B) be coordinated with services described in subparagraph (A); and (C) be provided by: (i) a public agency; or (ii) a nonprofit private agency that: (I) does not provide, and does not have a direct or indirect ownership orcontrolling interest in, or a direct or indirect affiliation or relationship with, an entity that provides, services other than case management services under this title; or (II) is located in a rural area and obtains a waiver of the requirement described in subclause (I). [306(a)(20)]
- 23. Be [a] the leader relative to all aging issues on behalf of all older individuals in the planning and service area. This means that the area agency shall proactively carry out, under the leadership and direction of the State agency, a wide range of functions related to advocacy, planning, coordination, interagency linkages, information sharing, brokering, monitoring and evaluation, designed to lead to the

development or enhancement of comprehensive and coordinated community based systems in, or serving, each community in the planning and service area. These systems shall be designed to assist older individuals in leading independent, meaningful and dignified lives in their own homes and communities as long as possible.

[b] A comprehensive and coordinated community based system described in paragraph (a) of this section shall: {1} Have a visible focal point of contact where anyone can go or call for help, information or referral on any aging issue; {2} Provide a range of options; {3} Assure that these options are readily accessible to all older individuals: The independent, semi-dependent and totally dependent, no matter what their income; {4} Include a commitment of public, private, voluntary and personal resources committed to supporting the system; {5} Involve collaborative decision-making among public, private, voluntary, religious, and fraternal organizations and older people in the community; {6} Offer special help or targeted resources for the most vulnerable older individuals, those in danger of losing their independence; {7} Provide effective referral from agency to agency to assure that information or assistance is received, no matter how or where contact is made in the community; {8} Evidence sufficient flexibility to respond with appropriate individualized assistance, especially for the vulnerable older person; {9} Have a unique character which is tailored to the specific nature of the community; {10} Be directed by leaders in the community who have the respect, capacity and authority necessary to convene all interested individuals, assess needs, design solutions, track overall success, stimulate change and plan community responses for the present and for the future. CFR [1321.53(a)(b)]

- 24. Use the resources made available to the Area Agency on Aging under the OAA to finance those activities necessary to achieve elements of a community based system set forth in paragraph (b) [of section 1321.53]. [1321.53(c)]
- 25. Work with elected community officials in the planning and service area to designate one or more focal points on aging in each community, as appropriate. [1321.53(c)]
- 26. Assure access from designated focal points to services financed under the Older Americans Act. [1321.53(c)]

- 27. Work with, or work to assure that community leadership works with, other applicable agencies and institutions in the community to achieve maximum collocation at, coordination with or access to other services and opportunities for the elderly from the designated community focal points. CFR [1321.53(c)]
- 28. Consult with and support the State's Long Term Care Ombudsman Program. [1321.61(b)(4)]
- 29. [Not deem any] requirement in Section 1321.61 to supersede a prohibition contained in the Federal appropriation on the use of Federal funds to lobby the Congress; or the lobbying provision applicable to private nonprofit agencies and organizations contained in OMB Circular A-122. [1321.61(d)]
- 30. Assure that individuals age 60 and over who are frail, homebound by reason of illness or incapacitating disability, or otherwise isolated, shall be given priority in the delivery of services under this part. [1321.69(a)]
- B. The State agency, the California Department of Aging, is assuring in the State Plan on Aging that the following requirements will be met. The State's assurance is based on area agency on aging compliance with certain federal statutes and regulations and State statutes including those identified below. Any area agency on aging which has a need for technical assistance in regard to such compliance should contact its assigned Community-Based Services Team.

The area agency on aging assures that:

- Such fiscal control and fund accounting procedures will be adopted as may be necessary to assure proper disbursement of, and accounting for, Federal funds paid under this title to the area agency on aging including any such funds paid to the recipients of a grant or contract. OAA [(307(a)(7)(A)]
- 2. (i) No individual (appointed or otherwise) involved in the designation of the head of any subdivision of an area agency on aging, is subject to a conflict of interest prohibited under this Act; (ii) no officer, employee, or other representative of an area agency on aging is subject to a conflict of interest prohibited under this Act; and (iii) mechanisms are in place to identify and remove conflicts of interest prohibited under this Act. [307(a)(7)(B)]

- 3. (i) (It will) maintain the integrity and public purpose of services provided, and service providers, in all contractual and commercial relationships; (ii) Demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this Act by such agency has not resulted and will not result from such contract or such relationship; (iii) Demonstrate that the quantity or quality of the services to be provided under the plan will be enhanced as a result of such contract or such relationship. OAA [307(a)(7)(C)]
- 4. It will give consideration, where feasible, in the furnishing of home delivered meals, to the use of organizations which (i) have demonstrated an ability to provide home delivered meals efficiently and reasonably; and (ii) furnish assurances to the area agency on aging that such organizations will maintain efforts to solicit voluntary support and that the funds made available under this title to such organizations will not be used to supplant funds from non-federal sources. [307(a)(13)(H)]
- 5. It shall establish procedures that will allow nutrition project administrators the option to offer a meal, on the same basis as meals provided to elderly participants, to individuals providing volunteer services during the meal hours, and to individuals with disabilities who reside at home with and accompany to meal sites older individuals who are eligible under this Act. [307(a)(l3)(l)]
- 6. In the case of purchase or construction, there are no existing facilities in the community suitable for leasing as a multipurpose senior center, (and that the) plans and specifications for the facility are in accordance with regulations relating to minimum standards of construction, promulgated with particular emphasis on securing compliance with the requirements of the Act of August 12, 1968, commonly known as the Architectural Barriers Act of 1968. [307(a)(14)(B) and (C)]
- 7. Any laborer or mechanic employed by any contractor or subcontractor in the performance of work on the facility (multipurpose senior center) will be paid wages at rates not less than those prevailing for similar work in the locality as determined by the Secretary of Labor in accordance with the Act of March 3, 1931 (40 U.S.C. 276a - 276a-5, commonly known as the Davis-Bacon Act), and the Secretary of Labor

shall have, with respect to the labor standards specified in this clause, the authority and functions set forth in reorganization plan numbered 14 of 1950 (15 F.R. 3176; 64 Stat. 1267), and section 2 of the Act of June 13, 1934 (40 U.S.C. 276c). OAA [307(a)(14)(D)]

8. It shall (i) enter into contracts with providers of legal assistance which can demonstrate the experience or capacity to deliver legal assistance; (ii) include in any such contract provisions to assure that any recipient of funds under division (i) will be subject to specific restrictions and regulations promulgated under the Legal Services Corporation Act (other than restrictions and regulations governing eligibility for legal assistanceunder such Act and governing membership of local governing boards) as determined appropriate by the Commissioner; and (iii) attempt to involve the private bar in legal assistance activities authorized under this title, including groups within the private bar furnishing services to older individuals on a pro bono and reduced fee basis. [307(a)(15)(A)]

9. No legal assistance will be furnished unless the grantee administers a program designed to provide legal assistance to older individuals with social or economic need and has agreed, if the grantee is not a Legal Services Corporation project grantee, to coordinate its services with existing Legal Services Corporation projects in the planning and service area in order to concentrate the use of funds provided under this title on individuals with the greatest such need; and the area agency on aging makes a finding, after assessment, pursuant to standards for service promulgated by the Commissioner, that any grantee selected is the entity best able to provide the particular services. [307(A)(I5)(B)].

- 10. It shall, to the extent practicable, require that legal assistance furnished under the area plan will be in addition to any legal assistance for older individuals being furnished with funds from sources other than this Act and that reasonable efforts will be made to maintain existing levels of legal assistance for older individuals. [307(a)(15)(D)]
- 11. It will give priority to legal assistance related to income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination. [307(a)(15)(E)]

- 12. (In carrying out services for the prevention of abuse of older individuals), it will conduct a program [other than such a program funded under section 303(g)], consistent with relevant State law and coordinated with existing State adult protective service activities for:
 - (i) public education to identify and prevent abuse of older individuals;
 - (ii) receipt of reports of elder abuse;
 - active participation of older individuals participating in programs under this Act through outreach, conferences, and referral of such individuals to other social services agencies or sources of assistance where appropriate and consented to by the parties to be referred; and
 - (iv) referral of complaints to law enforcement or public protective service agencies where appropriate. OAA [307(a)(16)(A), p.36-37]
- 13. If a substantial number of the older individuals residing in the planning and service area are of limited English-speaking ability, then the area agency on aging shall (A) utilize in the delivery of outreach services under Section 306(a)(2)(A), the services of workers who are fluent in the language spoken by a predominant number of such older individuals who are of limited English-speaking ability; and (B) designate an individual employed by the area agency on aging, or available to such area agency on aging on a full-time basis, whose responsibilities will include (i) taking such action as may be appropriate to assure that counseling assistance is made available to such older individuals who are of limited English-speaking ability in order to assist such older individuals in participating in programs and receiving assistance under this Act; and (ii) providing guidance to individuals engaged in the delivery of supportive services under the area plan involved to enable such individuals to be aware of cultural sensitivities and to take into account effectively linguistic and cultural differences. [307(a)(20)]
- 14. The area plan shall, with respect to the fiscal year preceding the fiscal year for which the plan is prepared:
 - (a) identify the number of low income minority older individuals in the planning and service area; and
 - (b) describe the methods used to satisfy the service needs of such minority older individuals. [307(a)(23)]

- It shall conduct efforts to facilitate the coordination of community based, long-term care services, pursuant to OAA section 306(a)(6)(I), for older individuals who:
 - (a) reside at home and are at risk of institutionalization because of limitations on their ability to function independently;
 - (b) are patients in hospitals and are at risk of prolonged institutionalization; or are patients in long-term care facilities, but who can return to their homes if community-based services are provided to them.
 [307(a)(26)]
- 16. It shall consult and coordinate in the planning and provision of in-home services under section 341 of the Older Americans Act, with State and local agencies and private nonprofit organizations which administer and provide services relating to health, social services, rehabilitation, and mental health services. [307(a)(27)]
- 17. The area plan shall, with respect to the fiscal year preceding the fiscal year for which the plan is prepared, describe the methods used to satisfy the service needs of older individuals who reside in rural areas. [307(a)(29)]
- 18. Special efforts will be made to provide technical assistance to minority providers of services. [307(a)(32)]
- 19. Funds received under Title III will not be used to pay any part of a cost (including an administrative cost) incurred by the area agency on aging to carry out a contract or commercial relationship that is not carried out to implement this title. [307(a)(38)]
- 20. Preference in receiving services under Title III will not be given by the area agency on aging to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this title. [307(a)(39)]
- 21. If the area agency on aging receives funds appropriated under section 303(g) (for supportive services for caregivers) the area agency on aging will expend such funds to carry out part G. [307(a)(40)]
- 22. Demonstrable efforts will be made: (A) to coordinate services provided under this Act with other State services

that benefit older individuals; and (B) to provide multigenerational activities, such as opportunities for older individuals to serve as mentors or advisers in child care, youth intervention, juvenile delinquency treatment, and family support programs. OAA [307(a)(41)]

- It shall prepare and submit to the State agency a report of the activities conducted with funds provided under this paragraph and the evaluation of such activities.
 [705(a)(7)(B)(iii)]
- 24. All services provided under Title III meet any existing State and local licensing, health, and safety requirements for the provision of those services. CFR [1321.17(f)(4)]
- 25. It shall not fund program development and coordination activities as a cost of supportive services for the administration of area plans until it has first spent 10 percent of the total of its combined allotments under Title III on the administration of area plans. [1321.17(f)(14)(I)]
- 26. It shall, consistent with budgeting cycles, submit the details of proposals to pay for program development and coordination as a cost of supportive services to the general public for review and comment. [1321.17(f)(14)(ii)]
- 27. It shall provide the State agency an explanation of how proposed expenditures for program development and coordination will have a direct and positive impact on the enhancement of services for older individuals in the planning and service area. [1321.17(f)(14)(iii)]
- 28. Any amount received for a program under Title VII will be expended in accordance with the provisions of Title VII for that program. (Title VII)
- C. The area agency on aging may not:
 - 1. Require a provider of legal assistance under this part to reveal any information that is protected by attorney-client privilege. [1321.51(c)]
 - 2. Engage in any activity, which is inconsistent with its statutory mission under the Act or policies prescribed by the State agency. [1321.53(c)]