

**SAN MATEO COUNTY  
MENTAL HEALTH BOARD  
ANNUAL REPORT TO THE  
BOARD OF SUPERVISORS**

**2001-2002**

**SAN MATEO COUNTY MENTAL HEALTH BOARD**

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**SAN MATEO COUNTY MENTAL HEALTH BOARD  
2001-2002 ANNUAL REPORT TO THE BOARD OF SUPERVISORS**

By: Alison Mills, Chair

**INTRODUCTION**

The California Welfare and Institutions Code, Section 5604 mandates the Mental Health Board (MHB). This Annual Report to the Board of Supervisors fulfills one of the MHB's responsibilities as an advisory body to your Board.

With the passage of the Bronzan-McCorquodale (Realignment) Legislation in 1991-92, program responsibility (with the exception of State Hospitals) and funding for mental health services, was shifted from the State to counties. A portion of State sales tax is dedicated to each County's mental health service with revenues deposited in a Mental Health Trust Fund. Realignment also changes the mandated composition of each County's Mental Health Board/Commission requiring that family members and direct consumers constitute at least 51% of the MHB's membership. The San Mateo County MHB meets this requirement.

Members of the MHB are committed to understanding and respecting the perspectives of all mental health stakeholders—Mental Health Division staff, contracted providers, families/parents and consumers, as well as local and state officials, in order to promote the most effective possible systems of care for children and youth with serious emotional disturbance and adults/older adults with psychiatric disabilities. The MHB continues to enjoy a positive and productive partnership with Gale Bataille, our Local Mental Health Director. We also remain committed to advocating for the best possible services and supports for San Mateo County residents who must rely on public mental health services. During this time of local, State, and national fiscal crisis, mental health care to vulnerable and needy populations is in jeopardy. The members of the San Mateo County MHB will advocate for necessary and comprehensive mental health services and stand ready to support the Board of Supervisors in this goal.

**Mental Health Board Membership and Committee Structure**

The Mental Health Board consists of 18 members (this includes a representative from the Board of Supervisors, and 2 Youth Commissioners). As of October 2002, the MHB has three openings; one direct consumer and two public interest/professional openings. The MHB continues to work with the County Manager's Office and County Counsel to clarify membership criteria and recruitment processes in order to assure that all vacancies are filled in a timely manner.

Supervisor Rich Gordon continues as the Board of Supervisors' representative to the MHB. The MHB appreciates Supervisor Gordon's commitment to community mental health as well as the support provided by Supervisor Gordon's staff, Joe Caruso.

The MHB has an active committee structure consisting of an Executive Committee, Children's Committee, Adult Committee, and an Older Adult Committee. This Annual Report includes activity reports from each committee chair. Ad hoc committees are established as required for such purposes as planning for an annual public forum.

MHB members may also serve as liaisons/representatives to other organizations or committees. In addition, a San Mateo County MHB member continues to serve as the elected Bay Area Region representative to the California Association of Local Mental Health Boards and Commissions.

The following individuals have served as MHB officers and committee chairs/co-chairs:

Chair of the MHB -	Alison Mills
Vice Chair -	Beth Phoenix, Ph.D., Nursing
Past Chair/Exec Comm. -	Michael Lydon
Children's Committee -	Marianne Maneja
Adult Committee -	Eunice Kushman (Monica Dea-resigned)
Older Adult Committee -	Doris Brown, M.D.

### **MHB ACCOMPLISHMENTS FOR 2001-02**

The 2000-01 Mental Health Board Annual Report identified the following priorities for 2001-02:

- Outcome Based Management/Strategic Planning for mental health services
- Public forum on the "Crisis in Care and Financing for Services to Individuals with Dementia and Behavioral Disturbances"
- Participating in setting budget priorities/monitor budget
- Canyon Oaks Youth Crisis/Residential Treatment Facility
- Crisis Intervention Training for Law Enforcement

The MHB is pleased to report significant involvement and accomplishments in each priority area. The following are highlights of the MHB's activities.

- **Public Forum: "Adults with Dementia and Serious Behavioral Disturbances"**  
In February 2002, the MHB sponsored a public forum on the growing crisis in the lack of appropriate care and financing of care for adults with dementia and serious behavioral disturbances. The event received media attention with two newspaper articles and was attended by over 80 people including providers and family members. (Note: this event was co-sponsored by the Commission on Aging.) The MHB remains concerned both about the lack of appropriate alternatives for older adults with organic brain disorders/dementia (OBS) as well as the lack of appropriate financing for this population. This has resulted in a financial burden on Mental Health Services as well as Aging and Adult Services in providing care for this population even though persons with OBS are not considered a mental health target population according to current Medi-Cal criteria.
- **Mental Health Services Strategic Plan**  
MHB members participated actively in the development of a mental health strategic plan that identified three over-arching goals: 1) balancing the gap between needs and resources, 2) assuring service excellence, and 3) providing an effective and efficient infrastructure to support cost effective services. MHB members served on the Strategic Plan Oversight Committee as well as on the Children's System of Care Committee and the Adult/Older Adult Systems of Care Committee.

MHB members will continue to participate in planning and implementation activities related to strategic plan objectives.

In the fall of 2002 a critical initiative will be the reconvening of the Children's System of Care Committee to clarify priorities and address any structural changes necessary to respond to local and State mandates and funding reductions.

- **Mental Health Budget**

The MHB has monitored the development of the Mental Health Services budget as well as plans for spending reductions for FY 2002-03. The MHB is aware that the County faces a financial crisis, however, we are concerned that access to essential mental health services is being eroded. Both the U.S. Surgeon General's Report on Mental Health (May 2000) and two California Little Hoover Commission reports have found that less than 50% of mental health needs are currently met. San Mateo County has a proud record for supporting mental health services and the MHB will continue to support and advocate for this tradition of service to our population with serious emotional disturbances and psychiatric disabilities.

- **Crisis Intervention Training for Law Enforcement**

In 2001, the MHB established a special committee to work with Mental Health staff and local law enforcement. The goal was to develop a crisis intervention training program (CIT) for law enforcement personnel in order to increase knowledge, sensitivity, and skills in intervening with seriously mentally ill persons in the community. Greg Cowart, Police Chief of Milbrae and MHB member, serves as the law enforcement liaison and has actively promoted this program with the Police Chief's and Sheriff's Association.

Three representatives of law enforcement, along with Chris Coppola, Adult Services Manager, attended a weeklong CIT training course in Monterey. These individuals then functioned as a planning group for a San Mateo CIT course. Because of the pressures on law enforcement following September 11<sup>th</sup>, the decision was made to hold an eight-hour introductory workshop rather than the 40-hour training that was initially envisioned. Over 30 law enforcement personnel attended the eight-hour workshop held in May 2002. Plans are underway for more comprehensive training. MHB members participated in sections of the initial San Mateo based training and will continue to support continuation and expansion of this important initiative.

- **Canyon Oaks Crisis/Residential Treatment Facility for Youth**

The MHB is concerned that an effective program be available to seriously emotionally disturbed youth. The MHB has specifically advocated that the program be County operated.

Even in the face of recent obstacles to County eligibility to receive the State Department of Services "residential care level" rate that is core financing for Canyon Oaks, the MHB continues to believe that an administrative or legislative solution must be developed to permit Mental Health Services and its Probation and Human Services Agency partners to operate an effective program. The MHB will continue to closely monitor the development of options and solutions.

- **May is Mental Health Month: “Tony Hoffman” Community Service Awards**  
In honor of “May is Mental Health Month,” Supervisor Rich Gordon and Health Services Director, Margaret Taylor, joined the MHB in presenting Tony Hoffman Awards and Board of Supervisors commendations to honorees for outstanding advocacy and service to individuals with emotional disturbance/mental illness.

This event also included the first mental health recognition awards for law enforcement personnel who provided exemplary responses to people with mental illness. Police Chiefs from San Mateo cities nominated the individuals who received the awards. Chief Greg Cowart, Millbrae Police Department and MHB member, as well as Chief Lee Violet, San Bruno Police Department, were in attendance.

Award recipients included:

Dario Urbino, Client: for personal achievement in the client community

Norma Guaspari, Volunteer: volunteer at Mateo Lodge

Brenda Mays, Landlord: supports housing for people with mental illness

Tom Orsolini, Law Enforcement: successful response/handling of individuals in psychiatric crisis

Ernie Rodriguez, Ph.D., Professional: for leadership in supported education

Deborah Anne Tan, Volunteer: former MHB member and current Executive Director of Peninsula Network of Mental Health Clients

Diane Warner, Volunteer: NAMI-San Mateo

BJ Worden, Law Enforcement: successful response to an individual in a psychiatric crisis

Dorenda Johnson, Business (unable to attend): providing consumer employment opportunities as Manager of Century 12 theaters

- **Monthly Program Presentations**  
The Mental Health Board has a mandated responsibility to “review and evaluate the community’s mental health needs, services, facilities and special problems.” The annual public forum is one method to accomplish this responsibility. In addition, each MHB monthly meeting includes a program presentation on an emerging issue or existing program. A summary of all program presentations is included as an attachment to this report.

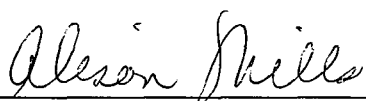
### **MENTAL HEALTH BOARD PRIORITIES FOR FY 2002-03**

MHB goals and priorities for FY 2002-03 are described in Annual Retreat Report (Section IX, Pages 17-20). Priorities include:

- Monitor development of Canyon Oaks, Youth Residential Treatment facility
- Advocate for expanded mental health services for youth involved in Probation/Juvenile Hall; provide support, planning involvement in new “Youth Campus”
- Law enforcement collaboration including “Crisis Intervention Training Program”
- Advocate/participate in planning to increase effectiveness of employment services including expansion of “real work”/ supported employment opportunities
- Accessible, affordable housing

- Advocate for appropriate care and financing options for people with dementia and behavioral disturbances
- Increase collaboration with Aging and Adult Services to increase coordination of care among agencies serving older adults
- Create a public education campaign to decrease stigma regarding mental illness and psychiatric disabilities
- Sponsor/co-sponsor public forum on teen depression
- Participate in Mental Health Division “Strategic Plan” initiatives
- Advocate for financial resources for Mental Health Services and monitor the impact of local and State budget reductions on the access and quality of services to clients

We appreciate the continuing interest and priority that the Board of Supervisors places on mental health services and the activities of the Mental Health Board.



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Alison Mills, Chair  
Mental Health Board



**ADULT SERVICES COMMITTEE**  
**Report to the Board of Supervisors for Fiscal Year 2001-2002**

By: Eunice Kushman, Chair

For the past year, the Adult Services Committee has continued to meet on a monthly basis (except August). Committee members include Eunice Kushman, Chairperson, Irene Kolbisen, Bill Kruse (Administrator of Cordilleras), Alison Mills, Teresa Walker, and Lois Turner. Julie Peck, Director of the Adult/Older Adult Services for San Mateo County Mental Health Services, continued to provide support staff for the committee.

In addition to the usual functions that the Adult Services Committee carries out for the Mental Health Board, the Committee focused on the following issues:

**Incarcerated Mentally Ill Adults:**

Treatment of mentally ill adults incarcerated at the Maquire Jail in Redwood City. Sheriff Donald Horsley was invited to discuss our concerns.

**Crisis Intervention Team (CIT):**

Monitored the CIT Training that will help San Mateo County to develop the necessary skills for implementing this program in San Mateo County law enforcement.

**Vocational Rehab Services (VRS):**

Concern regarding the change in VRS's procedure effecting mentally ill clients. Will continue to receive updates.

**AB 2034 Transitions Program:**

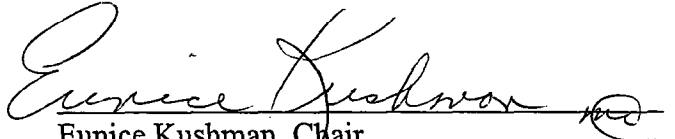
Continue to monitor the AB 2034 Program "Transitions" operated by Telecare. Additional funds were allocated that resulted in expansion and adding some new clients. The Committee met at the Transitions site, received information on the program, and toured the facility.

**Objectives of the Adult Services Committee for the Year 2002-2003 Include:**

- Monitor the Police/Mental Health Interface CIT training.
- Improve effectiveness of VRS.
- Continue to monitor the care of adults living in supportive housing (designated units for San Mateo County residents with mental disabilities).
- Monitor San Mateo Community College program for students with psychological disabilities.
- Monitor AB 1421 (Assisted Outpatient Treatment, aka "Laura's Law").



- Monitor AB 1424 (Mental Health: Involuntary Treatment) – police and Psych Emergency Services should consider past mental history in treatment of client(s).
- Monitor Parity coverage.
- Work in cooperation with NAMI to develop procedures for accessing mental health services in San Mateo County.

  
Eunice Kushman, Chair  
Mental Health Board Adult Services Committee

**OLDER ADULT COMMITTEE**  
**Report to Board of Supervisors for Fiscal Year 2001-2002**

By: Doris Todd-Brown, Chair

In June 2002, the Older Adult Committee decided to change its meeting schedule and the committee is now meeting on a monthly basis. The committee members are:

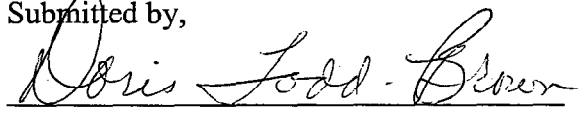
Doris Todd-Brown, M.D., Mental Health Board  
Lani Blazer, Aging and Adult Services  
Diane Dworkin, Senior Mental Health Services  
Judith Guilfoyle, Ombudsman Program  
Howard Lader, Senior Peer Counseling  
Alicia Marquez, Ph.D., Former Commissioner, Commission on Aging  
Jerry Nolan, Senior Peer Counseling  
Beth Phoenix, Mental Health Board

During the past fiscal year the committee continued to focus on programs and services for older adults with mental health issues through discussion, program planning, information sharing and site visits. The committee's specific topics and activities included:

1. Participated in the planning and development of the Public Forum co-sponsored by the Mental Health Board, Aging and Adult Services and the Commission on Aging held on February 6, 2002 titled "A Crisis in Care for Adults with Dementia and Behavioral Problems."
2. Provided updates on Senior Mental Health Services, Senior Peer Counseling, and the Ombudsman Program.
3. Discussed developments in regard to senior facilities including board and care homes, skilled nursing facilities, and locked psychiatric facilities.
4. Participated in the Community-Based Continuum of Care Committee coordinated by the Commission on Aging.
5. Made two site visits to increase committee information about community resources. In May the committee members toured the South San Francisco Day Care Center. In September the committee visited Emmanuel Residential, a Board and Care facility in Millbrae.

The committee will continue to both monitor existing programs and services and advocate for needed additional services for older adults with mental health issues.

Submitted by,



Doris Todd-Brown, M.D., Chair  
Mental Health Board Older Adult Committee

**CHILDREN AND YOUTH COMMITTEE**  
**Report to the Board of Supervisors for Fiscal Year 2001-2002**

By: Marianne Maneja, N.P., Co-Chair and Raja Mitry

**Members of the Committee:** Jane Lewis, MFCC, Marianne Maneja, N.P., Raja Mitry (Education), Tong Zhao (Youth Commission), and Deborah Torres, Deputy Director Youth/Children Services (Staff)

The role of the Children and Youth Committee is to address the needs of children and youth with mental health disorders and those who are at risk of significant mental health conditions, and to oversee County youth Mental Health Services. We also provide community input and support to staff and children's program.

**Committee Accomplishments and Tasks for 2001-2002:**

Although Canyon Oaks Youth Center has not opened for operation, the Committee has continued to monitor the progress of this youth crisis residential facility. We have witnessed the completion of this building in May 2002 and we were able to hold the Mental Health Board (MHB) meeting at the site in June. Paul Sorbo has been appointed as the Clinical Program Manager of Canyon Oaks and Tim Holechek will be the residential supervisor. San Mateo County Mental Health Services has also recently received a State license to operate this facility and the County Board of Supervisors has already approved twenty-six permanent staff positions.

In December 2001, the Interagency Permanency Planning Committee began assessing the review of all youth who were in placement, i.e., youth placed out of county. Their goal was to review cases of these youth by the ninth month of their placement. This allows for more consistent, as well as cost-effective, planning.

The Committee advocates and acknowledges the many efforts of all those involved in supporting legislation drafted by Gale Bataille, Director of Mental Health Services, and County staff, that will allow San Mateo County to receive the necessary scaled funding to operate Canyon Oaks.

The Committee has also monitored the progress of the "Wraparound Pilot Program," a family strength-based project aimed at crating individualized services and support for youth and their families. This project has had up to twenty youth participants with the endeavor to prevent out-of-home residential placement. The program was very successful and enabled fifteen youth to remain at home with their families while receiving significant supportive services.

**Objectives of the Children and Youth Committee for the Year 2002-2003 Include:**

The Committee would like to monitor all of the above projects, as they provide necessary and beneficial services for the youth and their families of our County.

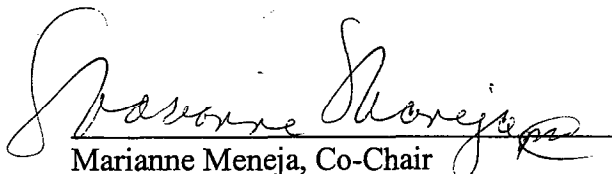
We will continue to strongly advocate for San Mateo County to operate Canyon Oaks Youth Center, emphasizing continuity, consistency, and accountability.

In addition, the Committee would like to monitor the implementation of the Crime Prevention Act (CPA) 2000 in this County. This award of approximately 2.5 million dollars to Juvenile Probation will provide services to youth who are in the Juvenile Justice System or who are at risk of involvement in this system. Eight inter-agency programs have been developed, three of which have mental health components, in the initial proposal to the Board of Corrections. The Committee will advocate for obtaining additional mental health staff through the grant to implement these programs. Members of the Committee visited the Juvenile Assessment and Referral Center adjacent to the Hillcrest Mental Health Unit in San Mateo. We spoke with both Toni DiMarco, Unit Chief of the Hillcrest/Child Welfare Unit, as well as Lance Judd, Probation Program Manager, about the services provided to at-risk youth. We will encourage the on-going collaboration among Mental Health Services, Juvenile Probation, and the Human Services Agency in the effort to provide the best level of care to this population.


The Committee is keenly interested in exploring various ways of making more visible the available mental health services to families with children. Specifically, what gaps can be addressed for kids who may possibly "fall through the cracks" if not identified with a serious mental health diagnosis. In that pursuit, the Committee will schedule visits to the County's special education/mental health programs serving youth and their families.

We are also currently, actively planning a community forum on teen depression and co-morbidity issues headed by Beth Phoenix, R.N., Ph.D., to be held on March 5, 2003. Members of this Committee are enlisting various appropriate agencies to participate in this timely topic and most importantly, to provide available resources within the community for education and intervention.

As MHB positions become available, the Committee will seek to recruit a family member who has or has had a child in the Mental Health System of Care to serve on the Board.



Marianne Meneja, Co-Chair  
Mental Health Board  
Children & Youth Committee



Raja Mitry  
Mental Health Board  
Children & Youth Committee

**MEMBERSHIP REQUIREMENTS OF THE  
MENTAL HEALTH BOARD OF SAN MATEO COUNTY**

The Mental Health Board shall consist of eighteen (18) persons; including fifteen (15) members appointed by the Board of Supervisors, as required by the Welfare & Institutions Code §5604, one (1) member of the Board of Supervisors, and two (2) members of the Youth Commission. Members appointed by the Board of Supervisors shall serve terms of three (3) years, which begin on October 1 and end on September 30. Upon conclusion of a term, a member may be reappointed to a maximum of twelve (12) years of full terms. The twelve (12) year limit does not include partial terms to which members may be appointed at the beginning of their service, or terms that have been adjusted to achieve the staggering referred to in the next paragraph.

The terms of the members appointed by the Board of Supervisors shall be staggered so that approximately one third (1/3) of the appointments expire in each year. To the extent that members' terms are not staggered as of the date this resolution is resolved (June 18, 2002), the terms of the existing members may be adjusted to achieve staggering and equal distribution of term expiration.

The members of the Mental Health Board who are Youth Commissioners shall be designated by the Youth Commission, and shall serve one term of two years.

The member of the Mental Health Board who is a member of the Board of Supervisors may serve a term as long as that person's service on the Board of Supervisors.

The appointed membership should reflect the ethnic diversity of the client population in the County. Fifty (50) percent of the appointed members shall be consumers or the parents, spouses, siblings, or adult children of consumers, who are receiving or have received mental health services. At least twenty (20) percent of the appointed members shall be consumers, and at least twenty (20) percent of the appointed members shall be families of consumers.

The remainder of the appointments shall include individuals who have knowledge and experience of the Mental Health System.

Consistent with W & I Code §5604(d), no member of the Board or his/her spouse shall be a full-time or part-time County employee of a County mental health service, an employee of the State Department of Mental Health, or an employee of, or a paid member of the governing body of a mental health contract agency. "Mental health service" includes any service directed toward early intervention in, or alleviation or prevention of, mental disorder, including, but not subject to, diagnosis, evaluation, treatment, personal care, day care, respite care, special living arrangements, community skill training, sheltered employment, socialization, case management, transportation, information, referral, consultation, and community services.

## **FUNCTIONS**

The functions of this Board shall include, but not be limited to, the following [W&I 5604.2]:

1. To review and evaluate the community's mental health needs, services, facilities, and special problems.
2. To review any county performance contracts entered into pursuant to W & I Code §5650.
3. To advise the Board of Supervisors and the local Mental Health Director as to any aspect of the local mental health program.
4. To review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
5. To submit an annual report to the Board of Supervisors on the needs and performance of the County's Mental Health System, which report shall satisfy the requirement of preparation of an annual work plan.
6. To review and make recommendations on applicants for the appointment of a local Director of Mental Health Services. The board shall be included in the selection process prior to the vote of the Board of Supervisors.
7. To review and comment on the County's performance outcome data and communicate its findings to the California Mental Health Planning Council.
8. Additional duties or authority as specified by the Board of Supervisors.
9. Assess the impact of the legislative realignment of services from the State to the County on services delivered to clients and on the local community.

## 2001-2002 MENTAL HEALTH BOARD MEMBERS

MEMBER	APPOINTMENT DATE	EXPIRATION DATE
<p>Greg Cowart                      Millbrae Police Department                      581 Magnolia Avenue                      Millbrae, CA 94030                      Work: 650-259-2308  <a href="mailto:gcowart@ci.millbrae.ca.us">gcowart@ci.millbrae.ca.us</a>                      (Public Citizen/Law)</p>	06/05/01	12/31/04
<p>Monica Dea                      97 Cameo Court                      Daly City, CA 94015                      Home: 650-878-9018  <a href="mailto:mdea@sfsu.edu">mdea@sfsu.edu</a>                      (Public Citizen/Education)</p>	08/18/98	12/31/02 (resigned 6/04/02)
<p>Daniel Forkin, M.D.                      Kaiser Permanente                      1200 El Camino Real                      South San Francisco, CA 94080                      Work: 650-742-2739  <a href="mailto:forkiyama@aol.com">forkiyama@aol.com</a>                      (MH Professional)</p>	12/16/97	12/31/03
<p>Irene Madrid Kolbisen                      782 Johnston Street                      Half Moon Bay, CA 94019                      Home: 650-726-7166  <a href="mailto:aquua@aol.com">aquua@aol.com</a>                      (Family)</p>	10/04/01	12/31/04
<p>Eunice Kushman                      152 Frankfort                      Daly City, CA 94014                      Home: 415-584-8207                      (Family)</p>	12/17/91	12/31/02
<p>Jane Lewis, MFCC                      121 Grove Drive                      Portola Valley, CA 94028                      Home: 650-851-1248  <a href="mailto:jane@janard.com">jane@janard.com</a>                      (MH Professional)</p>	02/02/82	12/31/02

MEMBER	APPOINTMENT DATE	EXPIRATION DATE
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Robert (Mike) Lydon 501 Sycamore Street San Carlos, CA 94070 Home: 650-592-7326 Work: 650-321-5272/Pager: 650-373-6862 Fax: 650-473-1828 <a href="mailto:mlydon8@home.com">mlydon8@home.com</a> (MH Professional)	06/26/84	12/31/02
Marianne Maneja 781 Niantic Avenue Daly City, CA 94014 Home: 650-755-2564 <a href="mailto:marynps@yahoo.com">marynps@yahoo.com</a> (Other Public Citizen)	03/01/01	12/31/03
Alison Mills 908 Haddon Drive San Mateo, CA 94402 Home: 650-525-0634 <a href="mailto:didinc@cwnet.com">didinc@cwnet.com</a> (Consumer)	05/11/99	12/31/02
Raja H. Mitry P.O. Box 1985 Burlingame, CA 94011 Home: 650-697-7349 <a href="mailto:rmitry@smfc.k12.ca.us">rmitry@smfc.k12.ca.us</a> (Other Public Citizen)	10/04/01	12/31/04
Beth Phoenix 933 9 <sup>th</sup> Avenue San Mateo, CA 94402 Home: 650-342-3797 Work: 415-502-4407 <a href="mailto:beth.phoenix@nursing.ucsf.edu">beth.phoenix@nursing.ucsf.edu</a> (MH Professional)	08/18/98	12/31/02
Calvin Shelton 1348 Laurel Avenue, Apt. 10 San Carlos, CA 94070 Home: 650-594-2931 (Consumer)	11/13/98	12/31/03 (resigned on 12/06/01)



MEMBER	APPOINTMENT DATE	EXPIRATION DATE
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Doris Todd-Brown, M.D. 2470 Comstock Court Belmont, CA 94002 Home: 650-593-9294 (Family)	05/05/92	12/31/03
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Teresa Walker 149 Devonshire Blvd. San Carlos, CA 94070 Home: 650-591-1176 <a href="mailto:tawalker1@home.com">tawalker1@home.com</a> (Family)	02/23/88	12/31/03
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**Youth Commission**

Tong Zhao 1421 El Camino Real, Apt. 5 Burlingame, CA 94010 Home: 650-685-8178	06/01/01	06/01/03
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Eugene Zinovyev 1036 Rudder Lane Foster City, CA 94404 Home: 650-571-6204 <a href="mailto:hellflyer@hotmail.com">hellflyer@hotmail.com</a>	01/11/02	01/11/04
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**Board of Supervisors Representative**

Supervisor Rich Gordon 650-363-4569 <a href="mailto:rgordon@co.sanmateo.ca.us">rgordon@co.sanmateo.ca.us</a> Representative: Joe Caruso 650-599-1013 <a href="mailto:jcaruso@co.sanmateo.ca.us">jcaruso@co.sanmateo.ca.us</a> Board of Supervisors Hall of Justice and Records 400 County Center Redwood City, CA 94063-1662	1997	Upon resignation
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Vacant (Consumer – Two slots)  
Vacant (Public Citizen)

## 2002 MHB COMMITTEE ASSIGNMENTS

### EXECUTIVE COMMITTEE

(Meets 3<sup>rd</sup> Monday, 8:00 a.m., Gale Bataille's office)

Alison Mills, Chair, Adult Services Committee & Representative to State Organizations  
Beth Phoenix, Vice Chair, Older Adults Committee  
Eunice Kushman, Adult Services Committee Chair  
Mike Lydon, Mental Health Board member  
Doris Todd-Brown, M.D., Older Adults Committee Chair  
Terry Walker, Mental Health Board member  
Gale Bataille, Director, Mental Health Services (Staff)

### ADULT SERVICES COMMITTEE

(Meets 1<sup>st</sup> Wednesday, 1:30 p.m., Conference Room 132)

Eunice Kushman, Chair  
Irene Kolbisen, Mental Health Board member  
Bill Kruse, Member of the Public  
Alison Mills, Mental Health Board member  
Lois Turner, Member of the Public  
Terry Walker, Mental Health Board member  
Julie Peck, Mental Health Staff

### CHILDREN & YOUTH COMMITTEE

(Meets 1<sup>st</sup> Wednesday, 2:00 p.m., Room 320)

Jane Lewis, Chair  
Marianne Maneja, Co-Chair  
Raja Mitry, Mental Health Board Member  
Tong Zhao, Youth Commission  
Debbie Torres, Mental Health Staff

### OLDER ADULTS

(Meets 1<sup>st</sup> Wednesday, 1:30 p.m., La Selva  
or other locations to be announced)

Doris Todd-Brown, MD, Chair  
Beth Phoenix, Mental Health Board member  
Diane Dworkin, Mental Health Staff

NOMINATING COMMITTEE (Appoint committee annually at February MHB meeting. Committee presents slate at March MHB meeting. Officers elected at April MHB meeting).

Alison Mills, Chair  
Beth Phoenix, Vice Chair  
Alison Mills, Representative to State  
Mike Lydon, Member At Large

### LIAISON, TASK FORCE AND AD HOC COMMITTEES

Liaison to Mental Health Agencies - (Meets 2<sup>nd</sup> Thursday, 9:00 a.m. at Caminar)  
Coalition Rehabilitation Committee  
Crisis Intervention Team (CIT) – Greg Cowart, MHB Member & Chris Coppola, MH Services (staff)  
Liaison to Inpatient Services  
Neighborhood Housing Concerns  
Quality Improvement Committee – Alison Mills

**SAN MATEO COUNTY MENTAL HEALTH BOARD  
ANNUAL RETREAT  
APRIL 27, 2002**

**AGENDA**

- 9:00 Introduction/Opener
- 9:30 What Are The Challenges That We Face In The Next Year?
- 10:15 Break
- 10:30 Review of Board and Committee Accomplishments & Potential Priorities  
For Next Year (Annual Report)
- A. Children & Youth Committee
  - B. Adult Services Committee
  - C. Older Adults Committee
- 11:15 Break Into Groups
- Discuss Work Plan for 2002-03  
& Identify No More Than Three  
Priorities For Each Committee
- 12:00 Lunch
- 12:45 Committees Report Priorities for Next Year
- 1:00 County MH Strategic Plan Implications for MHB
- 1:30 Other Concerns & Issues Wrap Up & Evaluation
- 2:00 Adjournment

# MENTAL HEALTH BOARD RETREAT

**APRIL 27, 2002**  
**Jane Lewis' House**  
**121 Grove Drive**  
**Portola Valley, CA**

In Attendance: Supervisor Richard Gordon, Alison Mills (MHB Chair), Doris Brown, Monica Dea, Dan Forkin, Irene Kolbisen, Eunice Kushman, Jane Lewis, Mike Lydon, Marianne Maneja, Raja Mitry, Beth Phoenix, and Terry Walker.

## 1. Mental Health Board Members Shared Hopes and Concerns for Next Year

• HOPES	• CONCERNS
<ul style="list-style-type: none"> <li>• Improve services quality</li> <li>• Improve access &amp; speed of ACCESS</li> <li>• AB 1422 – requires consultation with families in Gallinot Hearings and can take client psych history into account. Need to listen to family experience</li> <li>• Family advocate</li> <li>• Expand older adult focus</li> <li>• Expand role with Board &amp; MH where experience as psychiatrist can be used</li> <li>• Sponsor forum on suicide &amp; high risk adolescents</li> <li>• Find more creative ways to use and extend resources (Look at how County uses nurses to more effectively address health care needs)</li> <li>• Increase diversity of Board</li> <li>• AIDS/Dementia need greater identification</li> <li>• MHB help staff and BOS make good decisions given challenges for this year and community</li> <li>• Need transition to new MHB leadership from newer members / greater diversity</li> <li>• Improve linkages with private sector</li> <li>• Want to increase input &amp; effectiveness with BOS</li> <li>• Greater prevention &amp; coordination of services</li> <li>• Committee representing cross section of advisory Boards</li> <li>• More effectively treat sex offenders and intergenerational cycles of abuse</li> <li>• MHB should sponsor a program to welcome and acclimate new immigrants to area as a preventive approach to “strains” on the new assessment center at juvenile hall—note: this was an e mail suggestion from Tong Zhao</li> </ul>	<ul style="list-style-type: none"> <li>• Revolving door</li> <li>• Impact of tight economy cut backs</li> <li>• Do less with less criminalization</li>   <li>• Use resources greater efficiently</li> <li>• Hospital</li> <li>• Funding (\$22 B State deficit)</li> <li>• Less \$ - people at high risk will not get good care</li> <li>• \$ problems/services cut</li> </ul>

## **2. Challenges in the Next Year**

- Budget crisis both local and state/MH Program impact
- Budget will not be resolved by June BOS hearings—lack of clarity re: budget leads to staff anxiety and turmoil
- Implementing the Mental Health Strategic Plan will require continuing MHB involvement
- Dual Diagnosis/funding and coordination of mental health and alcohol and other drug services  
Ken Minkoff guidelines re: treatment of co-occurring MH/AOD for future Board presentation  
Bring AOD and MH provider organizations together  
Identify and publicize Dual Recovery groups  
VA – as an example of program with good dual diagnosis treatment/AOD treatment

### Potential areas of Board Focus----

- Board and Care/quality and monitoring
- Insuring a more integrated SOC across agencies
  - Improve publicity and outreach for SMCMS / corporate volunteers (drug company funding)
  - Stigma campaign
  - Board outreach to faith community (recruit to MHB as well)

\*Find out what resources are used by faith community. Oct.- NAMI – MI Awareness Month; Identify local pastoral counseling organizations

## **3. MHB – Accomplishments in Past Year**

- Options Program presentation
- Continuation of Tony Hoffman Awards and first year for Law Enforcement Awards
- Strategic Planning—MH Board members participated on all planning committees
- Canyon Oaks—supported operation of Canyon Oaks as a county-operated program
- Monitoring quality of care on 3AB
- Two new members on Child Committee
- Electing client as chair of MHB
- Dementia forum-well attended by over 80 people. Good press coverage
- Monitoring housing situation

## **4. Committee Priorities/Goals for Next Year**

### **A. Child/Youth Service Committee**

- 1) Canyon Oaks – RCL issue need legislative change to county operate / MHB may need to support with lobbying
- 2) Dept. of Probation / Youth campus-be involved in program development
- 3) Advocate for expanded MH services for Juvenile Hall/Probation youth (Consider use of Pediatric Nurse practitioner to help fill the specific needs for Meds to offset gap in child psychiatry)
- 4) Ongoing focus--how to improve current quality of care

## **B. Adult Committee**

- 1) Police / MH Interface CIT training
- 2) Vocational Services (VRS) Employment Services (improve effectiveness)
- 3) Continuity of care for Adults
  - Housing
  - Review contracts

## **C. Older Adult Committee**

- 1) Follow up on issue of persons with dementia
- 2) Committee to meet monthly
- 3) Link with Aging and Adult Services. Increase coordination of care among agencies that serve older adults with MI
  - Health promotion/Primary Care
  - A & A Services

## **D. Overall MHB Priorities**

- 1) Public Forum –Beth, Alison, and Raja
  - Possible topic teen depression (what are the options for support/health promotion) suicide prevention
  - Consider holding in a different location—community location
- 2) Public Ed Campaign (Irene) approach Marketing Co. present concept to Executive Committee (New Zealand/promotion campaign)
- 3) Board members as liaison's:
  - a. Dan Forkin –meet with Gale and Celia Moreno re: medical/psychiatry issues
  - b. Nursing staff in MH system –Beth-Liaison with nursing
    - Using advanced practice nursing

2001-2002 HIGHLIGHTS OF MENTAL HEALTH BOARD MEETINGS  
AND OTHER ACTIVITIES

MHB PRESENTATIONS

July 11, 2001

County Budget Hearing of June 25, 2001

Presented by: Mike Lydon, Alison Mills, and Terry Walker, MHB Members &  
Susan Williams, President, Commission on Disabilities

*The 2001-02 Fiscal Year County budget was reduced by 1.1 million dollars. This reduction in County contribution is being covered by a combination of one-time rollover of unanticipated revenue and by budgeting \$400,000 in salary savings. There are no program cuts for this year.*

August 2000

No meeting.

September 5, 2001

Update on AB 2034

Presented by: Julie Peck

*A grant for AB 2034 (Adult System of Care Bill) funding was submitted to the State Department of Mental Health in September 2000, but not funded. After an informal appeal, a one-time award of \$1.5 million dollars was given for 18 months – through June 2001. The project is expected to enroll and serve a total of 75 clients. An expansion of the program, AB 334, provides an additional ten million dollars on a statewide basis. It is likely that the San Mateo project will move from one time to ongoing funding on the basis of the new funding.*

Transitions Program

Presented by: Kevin Jones, Director, Telecare Transitions &  
Pauline Stahlbrodt, Assertive Community Treatment Team Member

*Transitions has two components – Supportive Housing and ACT:*

➤ Supportive Housing

*40 beds at VA in Menlo Park*

*12 females/28 males*

*Age range is 18 to 72 years old*

*Staff works 24/7 (one person on duty in evening)*

*Facility provides a double room and three meals/day*

*Staff monitors and supervises medication*

➤ ACT Team

*Intensive case management to 75 program members*

*Staff focuses on client's needs of housing, education, sobriety and recovery, and/or anger management.*

October 3, 2001

Correctional Mental Health Services

Presented by: Don Horsley, Sheriff, Bill Pardini, Assistant Sheriff, and  
Captain Greg Trindle of San Mateo County

*In the past, seriously mentally ill inmates were placed in administrative segregation. This isolated environment did not work. A ten-bed unit was built for the "5150" occupants, but was too expensive to operate. The Sheriff's Department contracted for jail based mental health beds with Santa Clara County. A 3-1/2 year Mentally Ill Offender Crime Reduction (MIOCR) Grant was awarded by the State Board of Corrections, with one of the conditions to provide case management for inmates. Once released and working with Probation, this group continues to receive enhanced mental health treatment and follow up, giving them a better opportunity of not becoming repeat offenders. In the past several years, significant cuts have occurred in the jail budget, mostly in mental health. Ninety percent of the jail MH Budget comes from the Sheriff's Department. Discussion followed on the release of prisoners, inmate uniforms (jumpsuit color), and meal times. Board Member, Greg Cowart (Chief, Millbrae Police Department) praised Sheriff Horsley and his staff for their progressive model of operation.*

November 7, 2001

Juvenile Justice Mental Health Programs

Presented by: Toni DeMarco, Supervisor &  
Ron Austin, Mental Health Clinician

*Juvenile justice is now a large part of the youth mental health system and the number of youth with very severe mental health issues has increased. Youth at the juvenile hall facility are awaiting placement because group homes and other facilities have not been able to handle them. Some of these youth will be candidates for Canyon Oaks Youth Facility. Canyon Oaks will offer treatment alternatives and an opportunity for continued care under the supervision of San Mateo County staff. Presently, the Juvenile Justice Team provides services to youth in juvenile hall and Camp Glenwood. There are several community-based juvenile justice mental health programs; Sheriff's Diversion Program, Placement Intervention Program (PIP), and the Crossroads Program Team. Mental Health Services offers support and consultation to Probation. There are two juvenile planning initiatives:*

- 1) Long Range Plan - Reconstruct Hillcrest to house a "youth campus" for youth removed from their homes for juvenile justice or child welfare purposes.*
- 2) Crime Prevention Act (CPA 2000) - The sum of 2.4 million dollars has been granted to the County by the Board of Corrections and eight programs have been developed. Seven are already in place.*



December 5, 2001

Looking at Suicide Trends in San Mateo County  
Presented by: Celia Moreno, M.D., Medical Director

*The topic of suicide has a strong stigma associated with it. Risk factors, demographics, gender differences, ethnicity/age, individual factors, family history, and mental status are all associated with suicide. Dr. Moreno emphasized the power of human contact or concern in following up with suicide risk patients. This type of contact makes a significant difference and can reduce the number of suicides for this group. County staff has a commitment to go through training and over forty attended a Suicide Intervention Skills Workshop (SISW) training for two days. In the spring, a refresher course will be offered to those that attended over two years ago. Dr. Moreno is working with the County Suicide Prevention Hotline Director with the intention of increasing collaboration.*

January 2, 2002

Proposition 36 and Dual Diagnosis Services  
Presented By: Susan Montana, Unit Chief &  
Ken Pesso, Director, Adult Probation

*The Mentally Ill Offenders Crime Reduction Grant (MIOCRG) is an intensive case management program for individuals who have a mental illness and also a history with the Criminal Justice System. Extended evaluation clinics (North/South/Central) have been set up to assess and treat individuals who have substance/alcohol abuse and mental illness. The goal of the extended clinics is to give these clients more attention and focus on substance abuse. Proposition 36 was passed in November 1999 and implemented on July 1, 2001. Presently, there are over 200 individuals coming through the system and Drug and Alcohol (A&D) is anticipating an excess of 400 individuals being seen within the next six months. Drug and alcohol providers are submitting proposals for funding to provide treatment slots specifically for Proposition 36 eligible clients. Once an individual enters a plea in court that is appropriate for Proposition 36, he/she is then referred to A&D for assessment; Level One (outpatient-12 hours), Level Two (more comprehensive-6 to 10 weeks), and Level Three (residential program – 6 months). Mental Health Services wants to insure that the psychiatric issues are being addressed in these treatment slots.*

February 6, 2002

In lieu of our monthly meeting, a public forum on “Crisis in Care for Adults with Dementia & Behavioral Disturbances” was held in the evening.

March 6, 2002

The Role of Peer Counselors in County Mental Health  
Presented by: Christine Jones, Patient’s Rights Advocate

*The Peer Counseling Program has contributed to our mental health services for over ten years. Vocational Rehabilitation Services (VRS) provides an important service in finding jobs for clients and providing ongoing employment support. VRS also provides benefits counseling so that clients understand their benefits and how to keep them while they are working or re-entering the workforce*

*Mental Health Services has used Peer Counselors, who have graduated from the peer counseling college program, as interns in the MHS Advocacy Program since 1992. Peer Counseling services include: visiting acute and sub-acute facilities, representing clients at certification review hearings, doing outreach and training for clients at the peer counseling college program and at facilities, and assisting in providing seminars for advanced directives. A very important on-going function is to review our board and care facilities, especially the SB 155 facilities, to assure compliance with program requirements and to keep in contact with the clients to make sure there are no on-going problems. Peer Counselors provide peer-to-peer support as well as a client perspective regarding services.*

April 3, 2002

Mental Health Services to Special Education Youth

Presented by: Deborah Torres, Deputy Director of Youth Services &  
Nancy Littlefield, Unit Chief, Palos Verdes

*The County has about 1,500 youth who are receiving County Mental Health Services and 472 or 31% are designed Chapter 26.5/AB 3632. Youngest age is 5 and oldest is 21. The majority of Chapter 26.5 clients are 12-15 year olds. Three main diagnoses among these youth are; 1) Attention Deficit Hyperactivity Disorder, 2) Oppositional Defiant Disorder, or 3) Depression. Residential placement is considered the most restrictive level of care for these youth – the County has 14 youth in residential treatment, (10 in state, 4 out of state). With the completion of Canyon Oaks, the number of out of county and out of state will be reduced. The goal is to have these youth, treated in outpatient and school-based services in San Mateo County. Chapter 26.5 mental health services are mandated for eligible youth as specified in their Individual Education Plan. Regardless of family income, this service is required to be provided at no cost. The County receives an allotment of \$750,000/year; however, County costs amount to about \$4,000,000/year. This is an unfounded State mandate and costs are claimed through the State Controller's office.*

May 2, 2002

“Anthony Hoffman” Community Service Awards

In celebration of “May Is Mental Health Month”, the Board awarded certificates of appreciation to the following:

- Norma Guaspari, Volunteer: as a volunteer at NAMI and Mateo Lodge in San Mateo.
- Dorenda Johnson, Business: for providing extraordinary services to Job Plus clients through employment.
- Brenda Mays: as a landlord who supports housing for individuals with mental illness.
- Officer Tom Orsolini: his exceptional manner in dealing with several mental health cases that resulted in successful outcomes (San Bruno Police Department).
- Dr. Ernie Rodriguez: for his involvement in the Stepping Stones Program at Canada College.
- Deborah Anne Tan: as a former volunteer on the Mental Health Board and presently at the Peninsula Network.
- Dario Urbina: for his personal achievement in the client community.

- Diane Warner: as a volunteer at NAMI in San Mateo County.
- BJ Worden: for her exceptional manner in dealing with a mental health case that resulted in a successful outcome (Millbrae Police Department-Dispatch).

June 5, 2002

Tour of Canyon Oaks Youth Center

Presented by: Paul Sorbo, Clinical Services Manager

- *12 bed crisis/residential treatment center for San Mateo County youth – ages 12 through 17*
- *Facility is designed with extremely durable furnishings and is very home-like, but safety conscious in design*
- *Unlocked facility though public entry is via a card key*
- *Meal preparation is supervised due to the safety hazards; however, it is intended the “kitchen” be a home-like environment*
- *Three levels of intervention:*
  - 1. Crisis Intervention (1-2 week stay)*
  - 2. Comprehensive Diagnostic Assessment (30-90 days stay)*
  - 3. Residential Treatment Services (months –1 year stay)*
- *Referral Process – The Interagency Placement Review Committee (IPRC) will approve all referrals. Probation, Mental Health, and Children Family Services staff will make referral presentations. Canyon Oaks is requesting a 13/14 Rate Classification Level. Probation, Child and Family Service, and/or Special Education will have had prior contact with these youth.*
- *Treatment Philosophy – “No reject/no eject.” Once referred through IPRC, Canyon Oaks will accept all referrals that do not need acute hospitalization and will work with the youth and family until successful.*
- *Staffing – 18 Residential Counselors, 2.5 PSW/MFT, Creative Arts Therapist, Occupational Therapists, Supervising MH Clinician, .5 MD, Patient Services Assistant, Therapeutic Behavioral Services Worker, kitchen staff, maintenance, housekeeping, and landscaping services.*
- *Education – 2 teachers/2 instructional assistants. County Office of Education will provide the special education services on site in two classrooms of six students each.*
- *Mental Health Services – Individual, family, and group therapy will be provided as well as day treatment programming, substance abuse services, medication services, multiple family groups, and a high degree of family involvement.*
- *Operational Date of Facility – Building construction is complete. Community Care Licensing (CCL) has accepted our application and licensure is pending the outcome of a County fire clearance and a CCL site inspection. Legislation is being pursued to create a regulation change that will allow the County to operate the facility and receive funding from the State Department of Social Services Foster Care Rate Bureau (under current regulations only private, nonprofit providers can receive funding to operate group-home programs). We hope to be operational by January 2003. Paul Sorbo will manage the overall operation of the facility and Tim Holecheck, Psych Social Worker, will supervise the day-to-day operation.*