## Procession

THE BOARD OF SUPERVISORS, COUNTY OF SAN MATEO, STATE OF CALIFORNIA

## PROCLAIMING MAY 2003 AS

## MAY IS MENTAL HEALTH MONTH

WHEREAS, mental illness is a leading cause of disability, both nationally and worldwide, second only to cardiovascular disease in total impact; and

WHEREAS, serious mental illness and emotional disturbances affects up to 5% of the adult population and up to 10% of our youth each year, and one out of every four families has a mentally ill/emotionally disturbed family member; and

WHEREAS, national and California studies consistently find that less than 50% of our communities' mental health treatment and support needs are met; and

WHEREAS, the US Surgeon General's Report on Mental Health found that there are effective treatments for mental illness and that individuals can recover and become contributing members of our communities; and

WHEREAS, stigma and lack of public understanding of mental illness is the single greatest barrier to individuals seeking treatment; and

WHEREAS, national mental health advisory organizations, including the National Mental Health Association and the National Alliance for the Mentally Ill, have designated the month of May as a time to increase public awareness and support for mental health; and

WHEREAS, San Mateo County Mental Health Board celebrates "May is Mental Health Month" through the annual Tony Hoffman Awards to honor individuals, businesses, and organizations that have acted as mental health advocates and champions.

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the month of May 2003 as "May Is Mental Health Month" and encourages all citizens of San Mateo County to support the efforts to raise awareness concerning mental health.

DATED: May 6, 2003

SUPERVISORS:

ROSE JACOBS GIBSON, PRI

MARK CHURCH

JERRY HILL

RICHARD S. GORDON

MICHAEL D. NEVIN

Attest: Deputy Clerk of the Board of Supervisors