



COUNTY OF SAN MATEO
Inter-Departmental Correspondence

Human Services Agency

DATE: July 24, 2003

BOARD MEETING DATE: August 12, 2003

TO: Honorable Board of Supervisors

FROM: Maureen D. Borland, Director, Human Services Agency
Yvonne Frazier, Administrator, Alcohol and Other Drug Services

SUBJECT: Flat Rate Alcohol and Drug Treatment Agreement with Youth and Family
Enrichment Services for the San Mateo County Juvenile Drug Court
Expansion Project

Recommendation

Adopt a Resolution authorizing:

1. The President of the Board of Supervisors to execute a Flat Rate Agreement with Youth and Family Enrichment Services in the amount of \$463,173.25 for the period of July 1, 2003 through September 29, 2005; and
2. The Director of the Human Services Agency to execute amendments and minor modifications during the term of the Agreement; however, as to each Agreement, such authority is limited to:
 - a) reducing the County's maximum fiscal obligation in the event there is a commensurate reduction in the funding received by the County;
 - b) increasing the County's maximum fiscal obligation in the event there is a commensurate increase in funding received by the County; however, said increase shall be limited to a total of \$25,000 per fiscal year, for the term of the Agreement; and/or
 - c) reallocating funding and units of service between the different contracted modalities as long as the changes have no impact on the County's maximum fiscal obligation.

Background

On September 22, 2002, the Human Services Agency's Division of Alcohol and Other Drug Services (AOD) was awarded a thirty-six month United States Department of Health and Human Services (DHHS) Center for Substance Abuse Treatment (CSAT) grant in the amount of \$1,198,572 to fund the Juvenile Drug Court Expansion Project (JDCE) in San Mateo County. The Board of Supervisors approved the funding award on January 28, 2003,

and the Request for Proposals (RFP) process was waived at that time.

Through the JDCE, alcohol and drug assessments, referrals, case management and nonresidential treatment and aftercare services are provided to multi-recidivist females with co-occurring mental health and substance abuse disorders who enter the Juvenile Drug Court (JDC) in San Mateo County. The need for JDCE services in San Mateo County was identified through a March 2002 study that AOD and the Commission on the Status of Women conducted, titled "Women and Adolescent Girls with Substance Abuse Problems in San Mateo County." Through the study it was noted that there is direct linkage between mental health, substance abuse, and juvenile recidivism. Additionally, it was determined that there were not sufficient services in the County to adequately address the service needs of female offenders who presented with co-occurring mental health and substance abuse disorders.

On March 25, 2003, the Board approved Agreements with Youth and Family Assistance (YFA) and Family and Community Enrichment Services (FACES) to provide JDCE services. The program has served twenty-three clients since that date. On July 1, 2003, the two Contractors merged to become a new 501 (c) (3) organization named Youth and Family Enrichment Services. As a result of the merger, this Agreement was developed and incorporates all JDCE nonresidential treatment and aftercare services under the new Contractor, for the period of July 1, 2003 through September 29, 2005. The current Agreements for JDCE services will be terminated.

Discussion

The JDCE fills a gap in treatment services in relation to female juvenile offenders with co-occurring mental health and substance abuse disorders by expanding services in two critical areas: assessment/case management and treatment services. This Agreement with Youth and Family Enrichment Services contains dual diagnosis nonresidential treatment and aftercare services that will be provided to a total of ninety (90) female juvenile offenders and their families through the term of the Agreement. JDCE services include the involvement of family members to address additional issues that may contribute to delinquent behaviors among participants. Services are provided through a collaborative effort between the Contractor, County AOD Services, Probation, and Mental Health Services.

During the initial one to three months, participants typically receive services while in custody. During that time they receive nonresidential mental health/substance abuse treatment services in an unlocked setting adjacent to the San Mateo County Juvenile Hall. In the next three to nine months, participants receive services while in the community and are provided with intensive dual diagnosis nonresidential treatment, education and twelve (12) months of aftercare.

The program will be evaluated through a separate Agreement with the University of California San Francisco (UCSF) research center to determine if the outcomes established in the funding proposal to the U.S. Department of Health and Human Services are achieved. An Agreement with UCSF is currently under review by the University.

The Resolution and Agreement have been reviewed and approved as to form by the County Counsel's Office.

Risk Management has reviewed and approved the insurance information submitted by the

Contractor.

Performance Measures

Evaluation of the three-year project will assess treatment effectiveness and treatment efficiency through use of the Addiction Severity Index (ASI), urinalysis results, reductions in out-of-home placements, CSAT’s Government Performance Results Act (GPRA) measure, recidivism studies, and improvements in life skills among participants. The measures listed below establish the basis for the evaluation design.

Outcome Based Management Performance Measures	Dependent variable
Participants will show a reduction in juvenile offending and in the severity of offenses committed during the intervention and for the twelve months subsequent to the intervention.	<ul style="list-style-type: none"> • Count of new referrals • Count of new felonies
Participants will show a reduction in psychiatric hospitalizations.	<ul style="list-style-type: none"> • Count of new placement episodes • Sum of placement days • Total costs of placements
Participants will show reduced substance abuse over the period of their participation in the program.	<ul style="list-style-type: none"> • Administer urine tests
90% of participants in the Expanded JDC will show an improvement in the overall ASI score and in a majority of the subscales of the ASI upon follow up.	<ul style="list-style-type: none"> • Administer the Addictions Severity Index assessment
80% of participants will show an improvement in life skills as measured by an improvement in overall Child & Family Assessment Scale (CAFAS) score and an improvement in the majority of CAFAS subscales upon follow up.	<ul style="list-style-type: none"> • Administer CAFAS assessments

Vision Alignment

The Agreement is consistent with the commitment to: Ensure basic health and safety for all and goal number 8: Help vulnerable people – the aged, disabled, mentally ill, at-risk youth and others achieve a better quality of life. The Agreement contributes to this commitment and goal by providing participants with the interventions, treatment, education, and the skills that are necessary to live productive alcohol and drug free lives. In addition, these program services will provide clients who have been identified to have the need for mental health treatment with appropriate interventions and treatment. These dual diagnosis treatment programs and aftercare services utilize a collaborative approach that contributes to the health and safety of the communities in San Mateo County by addressing the treatment needs of this at-risk population of female offenders.

Fiscal Impact

The term of this new combined Agreement in the amount of \$463,173.25 is for twenty-seven months, from July 1, 2003 through September 29, 2005. An appropriation of \$195,304.25 will be needed from July 1, 2003 to June 30, 2004 and is included in the recommended FY 2003-04 Human Services Agency Budget. There are no new Net County Costs associated with the Agreement.