

# Proclamation

THE BOARD OF SUPERVISORS, COUNTY OF SAN MATEO, STATE OF CALIFORNIA  
PROCLAMATION DESIGNATING THE MONTH OF FEBRUARY 2005 AS

## AMERICAN HEART MONTH

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PROCLAIMED, by the Board of Supervisors of the County of San Mateo, State of California, that

WHEREAS, cardiovascular disease (CVD) is the nation's #1 killer, claiming the lives of more females than males and each year CVD claims more lives than the next seven causes of death combined; and

WHEREAS, stroke is the nation's #3 killer and the #1 cause of permanent, long-term disability and each year about 40,000 more women than men have a stroke; and

WHEREAS, symptoms of CVD in women generally are recognized later in life when other health challenges may also be present and only about 38% of women report that doctors have discussed CVD with them when discussing their health; and

WHEREAS, the American Heart Association (AHA) is the largest voluntary, not-for-profit organization whose mission is to reduce disability and death from cardiovascular diseases and stroke and the AHA is committed to the support of ongoing medical research to advance knowledge in the areas of prevention and treatment of heart disease and stroke; and

WHEREAS, since most women do not realize CVD is their greatest health threat, the AHA has launched a new initiative called "Go Red for Women" to help raise awareness of women and heart disease and will focus on that theme during AMERICAN HEART MONTH in February 2005 and on national "Wear Red for Women Day" on Friday, February 4<sup>th</sup>,

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of San Mateo County, hereby designates February 2005 as AMERICAN HEART MONTH and joins the AHA's initiative to raise awareness of women and heart disease and supports the "Go Red for Women" campaign by urging all citizens to draw attention to the vital issue of women's heart health by wearing and displaying the color red on February 4<sup>th</sup>, by urging public support for the various "Go Red for Women" events planned in our community during AMERICAN HEART MONTH and by distributing women's heart health information through its network of public health clinics and facilities during February 2005.

DATED: February 4, 2005

SUPERVISORS:

  
RICHARD S. GORDON, PRESIDENT

