# THE MENTAL HEALTH BOARD OF SAN MATEO COUNTY Annual Report 2005-2006 Presented to the Board of Supervisors of the County of San Mateo October 2006

# **TABLE OF CONTENTS**

INTRODUCTION & SUMMARY	1
MENTAL HEALTH BOARD ACCOMPLISHMENTS FOR 2005-06	3
MENTAL HEALTH BOARD PRIORITIES FOR FY 2006-07	
MEMBERSHIP REQUIREMENTS	
FUNCTIONS	
MENTAL HEALTH BOARD MEMBERS	
COMMITTEE ASSIGNMENTS	10
COMMITTEE FOR ADULT SERVICES REPORT	
COMMITTEE FOR OLDER ADULT SERVICES REPORT	
COMMITTEE FOR CHILD & YOUTH SERVICES REPORT	
HIGHLIGHTS OF MEETINGS	19

### INTRODUCTION & SUMMARY

Raja Mitry, Chair

The California Welfare and Institutions Code, Section 5604 requires that each County have a Mental Health Board appointed by the Board of Supervisors. Submission of an Annual Report to the Board of Supervisors is one of the mandated responsibilities of the Mental Health Board.

The 2005-06 Mental Health Board Annual Report includes the following elements:

- Mental Health Board's (Mental Health Board) composition and committee structure
- Accomplishments for FY 2005-06 including the extent to which Mental Health Board goals were achieved
- Goals and priorities for the FY 2006-07
- Committee Reports

The Mental Health Board (MHB) is committed to the involvement of diverse communities, key stakeholder organizations and individuals—especially those who rely on the public mental health system (people with emotional disturbance/mental illness and their families,) in the design and evaluation of San Mateo County's mental health services. The MHB will continue to support San Mateo County's local Mental Health Services efforts to balance program accountability and compliance with Federal and State and local fiscal and administrative regulatory requirements with a continuing focus on quality and innovation. Finally, the MHB will support the our mental health system's core values of recovery/resilience/wellness and cultural competence though all of its activities.

# Mental Health Board Membership and Committee Structure

In 1991-92, the Bronzan-McCorquodale (Realignment) Act restructured county mental health financing and program responsibilities and specified the mandated composition of each county's Mental Health Board/Commission. Key requirements of this 10 to 15-member board are that consumers (direct consumers and family members) constitute at least 51% of appointed membership and that the Mental Health Board is a reflection of the ethnic and cultural diversity of the county.

The San Mateo County Mental Health Board consists of slots for 15 regularly appointed members, two Youth Commissioners and a member of the Board of Supervisors. The Mental Health Board appreciates Supervisor Rich Gordon's continued support as the Board liaison as well as the active role participation of his staff, Deborah Hirst.

The Mental Health Board meets as a whole on the first Wednesday of each month except August and has an active committee structure that consists of an Executive Committee, Committee for Children & Youth Services, Committee for Adult Services and Committee for Older Adult Services.

This Annual Report includes activity reports from each committee chair. Ad hoc committees are established as required for such purposes as selection of Consumer Hall of Fame nominees. Mental Health Board members also serve as liaisons to other organizations or committees.

The following individuals served as Mental Health Board officers and committee chairs/co-chairs through June of 2006:

Chair

Raja Mitry

Vice Chair

Valerie Gibbs

Child & Youth Committee

Felicitas Rodriguez

(Andrew Calman, Chair through April, 2006)

Representative to CALMHB-C

Katherine Kerns

(Patrick Field, rep through October, 2005)

**Adult Committee** 

Alison Mills

(Eunice Kushman, co-chair with Alison Mills, through September, 2005)

Older Adult Committee

Jim Fields

Member at Large

Judith Schutzman

(Mike Lydon, Chair through September, 2005)

Representative to MH Quality

Improvement Committee

Jim Fields

New officers will be elected and committee chairs will be appointed at the MHB October 2006 general meeting.

# MENTAL HEALTH BOARD ACCOMPLISHMENTS FOR 2005-06

- The Mental Health Board with the support of the Board of Supervisors continued to make serious efforts to reflect the ethnic diversity of San Mateo County's population. One new member is of Latino background and one is of Pilipino decent. As opening occur on the MHB, we will continue to recruit for more diversity, particularly from Latino and African-American communities as well as to increase geographic representation from North County, East Palo Alto and the Coast. The MHB is fully compliant with the State's criteria that consumers or the parents, spouses, siblings, or adult children of consumers constitute 50% of membership.
- O MHB members were actively involved in the development of the Mental Health Services Act (MHSA) three year plan for Community Services and Supports including Co-Chairing the MHSA Steering Committee and age specific workgroups. A representative of the MHB attends a monthly MHSA Implementation Workgroup and MHB members continue to participate in review panels to select agency providers and numerous staff hiring panels for new MHSA positions.
- O The MHB increased its community outreach and engagement holding general meetings in East Palo Alto, Daly City and Half Moon Bay. As a result of significant outreach efforts, each meeting was attended by at least 50 community members. Participants were asked to provide public input regarding mental health needs and services.
- O In December, the Board held a special holiday meeting to continue to honor and build their Consumer Hall of Fame with the induction of eight new consumers. Recognition awards were made to each new inductee. The Consumer Hall of Fame is posted on the San Mateo Network of Care website with stories of recovery and photos.
- At May's Mental Health Board meeting, the Tony Hoffman Community Service Awards recognized community members representing landlords, clients, the media, law enforcement, businesses, and volunteers.
- The Board held its annual public forum in June, 2006 on Mental Health Services & the Criminal Justice System. A panel of speakers including a Superior Court Judge, consumer, family member, probation officer, and SMART team member provided information on new mental health-criminal justice system collaborative programs and personal perspectives on the criminalization of youth and adults with emotional disturbance and mental illness
- MHB members support initiatives and serve on Mental Health committees:
  - Mental Health/Law Enforcement Steering Committee

- Co-Occurring Mental Health/Substance Abuse Disorders Steering Committee
- Community Rehabilitation Coalition
- Quality Improvement Committee
- Consumer Operated Services—two members of the MHB are actively involved in the new consumer operated peer support/self-help services called Heart & Soul
- Budget Development: The MHB received regular updates from the Mental Health Director regarding budget planning for 2005-06. MHB members attended a special budget orientation and 2006-07 mental health budget review meeting in May 2006.
- MHB Retreat—A retreat was held to plan priorities and activities for the 2005-06 year.

# **MENTAL HEALTH BOARD PRIORITIES FOR FY 2006-07**

- Continue community outreach though hold MHB Board meetings in underserved communities of the county.
- O Provide continuing leadership and active participation in the implementation phase of MHSA "community services and supports" as well as in planning for Prevention/Early Intervention and Innovative Services when State guidelines become available.
- C Site visits to various providers and programs throughout the county will be conducted by the MHB's age-specific (Children/Youth, Adult, and Older Adult) committees. The MHB believes it is important to sustain a visible presence with CBO's and County providers as well as consumers and their families, letting them know of our genuine interest in their needs and concerns.
- The MHB understand and values inclusion and diversity, especially of consumers and family members representing our diverse communities and underserved populations. We will continue to advocate and promote involvement of diverse members of our community.

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The Board will continue the Consumer Hall of Fame as one of our hallmarks of our belief in the wellness and recovery vision.

Submitted by:

Raja Mitry, Chair

Mental Health Board

Sale Bataille, Director

Mental Health Services

# MEMBERSHIP REQUIREMENTS

The Mental Health Board shall include eighteen (18) persons; including fifteen (15) members appointed by the Board of Supervisors, as required by the Welfare & Institutions Code §5604, one (1) member of the Board of Supervisors, and two (2) members of the Youth Commission. All members are voting members. Members appointed by the Board of Supervisors shall serve terms of three (3) years, which begin on October 1 and end on September 30. Upon conclusion of a term, a member may be reappointed to a maximum of twelve (12) years of full terms. The twelve (12) year limit does not include partial terms to which members may be appointed at the beginning of their service, holdover service caused by delay in appointing a replacement at the end of a member's service, or terms that have been adjusted to achieve the staggering referred to in the next paragraph.

The terms of the members appointed by the Board of Supervisors shall be staggered so that approximately one third (1/3) of the appointments expire in each year. To the extent that member's terms are not staggered as of the date this resolution is adopted, the terms of the existing members may be adjusted to achieve staggering and equal distribution of term expiration.

The members of the Mental Health Board who are Youth Commissioners shall be designated by the Youth Commission, and shall serve one term of two years.

The member of the Mental Health Board who is a member of the Board of Supervisors may serve a term as long as that person's service on the Board of Supervisors.

The Board membership should reflect the ethnic diversity of the client population in the County (W&I 5604.a). Fifty (50) percent (or eight) of the appointed members shall be consumers or the parents, spouses, siblings, or adult children of consumers, who are receiving or have received mental health services. At least twenty (20) percent (or three) of the appointed members shall be consumers, and at least twenty (20) percent (or three) of the appointed members shall be families of consumers (W&I 5604.a.1).

The remainder of the appointments shall include individuals who have knowledge and experience of the Mental Health System and may include persons who are outlined in paragraph above.

Consistent with W & I Code §5604(d), no member of the Board or his/her spouse shall be a full-time or part-time County employee of a County mental health service, an employee of the State Department of Mental Health, or an employee of, or a paid member of the governing body of, a mental health contract agency. "Mental health service" includes any service directed toward early intervention, or alleviation or prevention or, mental disorder, including, but not subject to, diagnosis, evaluation, treatment, personal care, day care, respite care, special living arrangements, community skill training, sheltered employment, socialization, case management, transportation, information, referral, consultation, and community services.

### **FUNCTIONS**

The functions of this Board shall include, but not be limited to, the following [W&I 5604.2]:

- © Review and evaluate the community's mental health needs, services, facilities, and special problems.
- Review any county performance contracts entered into pursuant to W & I Code §5650.
- Advise the Board of Supervisors and the local Mental Health Director as to any aspect of the local mental health program.
- O Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
- O Submit an annual report to the Board of Supervisors on the needs and performance of the County's Mental Health System, which report shall satisfy the requirement of preparation of an annual work plan.
- O Review and make recommendations on applicants for the appointment of a local Director of Mental Health Services. The Board shall be included in the selection process prior to the vote of the Board of Supervisors.
- © Review and comment on the County's performance outcome data and communicate its findings to the California Mental Health Planning Council.
- O Additional duties or authority as specified by the Board of Supervisors.
- Assess the impact of the legislative realignment of services from the State to the County on services delivered to clients and on the local community.

# MENTAL HEALTH BOARD MEMBERS

MEMBER	APPOINTMENT DAT	E EXPIRATION DATE
Andrew Calman Public	11/18/03	09/30/07
Patrick Field Consumer	07/23/02	Resigned October 31, 2005
James Fields Consumer	11/18/03	09/30/06
Valerie Gibbs Public	11/18/03	09/30/08
Katherine Kerns Consumer	11/18/03	09/30/08
Eunice Kushman Family	12/17/91	Term expired September 30, 2005
Greg Love Public	11/18/03	09/30/06
Mike Lydon Public	06/26/84	Term expired September 30, 2005
Amy Mah Public	11/18/03	09/30/07
Alison Mills Consumer	05/11/99	Resigned June 30, 2006
Raja H. Mitry Public	10/02/01	09/30/07
Felicitas Rodriguez Public	10/01/05	09/30/08
Sharon Roth Family	03/31/05	09/30/06
Judith Schutzman Family	03/31/05	09/30/06
Josephine Thompson	11/18/03	09/30/06
Family	8	

MEMBERAPPOINTMENT DATEEXPIRATION DATEFrancisco Vera<br/>Public10/01/0509/30/08Youth Commissioners<br/>Kelley Miller<br/>Youth Commissioner09/07/0506/03/06

**Board of Supervisors Representative** 

Supervisor Rich Gordon

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Upon termination from BOS

650-363-4569

rgordon@co.sanmateo.ca.us

Representative: Jeremy Dennis, Staff to Supervisor Gordon

650-599-1013

jdennis@co.sanmateo.ca.us

# FISCAL YEAR 2005-06 COMMITTEE ASSIGNMENTS

## **EXECUTIVE COMMITTEE**

(Meets 3<sup>rd</sup> Friday, 3:15pm, Gale Bataille's office)

Raja Mitry, Chair, Mental Health Board Valerie Gibbs, Vice Chair, Mental Health Board Alison Mills, Chair, Adult Services Committee Judith Schutzman, Member at Large Katherine Kerns, Representative to State CALMHB-C; Felicitas Rodriguez, Chair, Child & Youth Committee Jim Fields, Chair, Older Adult Committee Gale Bataille, Director, Mental Health Services Pamela Machado, Staff Support

### COMMITTEE FOR ADULT SERVICES

(Meets 1<sup>st</sup> Wednesday, 1:30pm, Conf Room 132)

Alison Mills, Chair
Bill Kruse, Administrator to Cordilleras
Josephine Thompson, Mental Health Board
Katherine Kerns, Mental Health Board
Sharon Roth, Mental Health Board
Eunice Kushman, Member of the Public
Chris Coppola, Staff Support

# **COMMITTEE FOR CHILDREN & YOUTH SERVICES**

(Meets 1<sup>st</sup> Wednesday, 2:00pm, Room 320)

Felicitas Rodriguez, Chair
Valerie Gibbs, Mental Health Board
Raja Mitry, Mental Health Board
Kelley Miller, Youth Commissioner
Andrew Calman, Mental Health Board
K. Lew, Legal Aid
Ken Epstein, Edgewood Center
Kaitlin Jernstedt, San Mateo 4 C's
Marta Bookbinder, Community Learning Center
Sue Larramendy, San Mateo County Department of Education
Suzanne Aubry, Office of Consumer and Family Affairs
Sylvia Espinoza, San Mateo County staff
Debbie Torres, Staff Support

# COMMITTEE FOR OLDER ADULT SERVICES

(Meets 1<sup>st</sup> Wednesday, 1:30pm, La Selva)

Jim Fields, Chair
Doris Todd-Brown, MD, Member of the Public
Lani Blazer, Aging and Adult Services (now retired)
Linda Franco, Ron Robinson Senior Care Center
Judith Guilfoyle, Ombudsman Program
Teresa Hurtado, Senior Peer Counseling, La Esperanza Vive
Howard Lader, Senior Peer Counseling
Alicia Marquez, Member of the Public (deceased)
Raja Mitry, Mental Health Board
Judy Schutzman, Mental Health Board
Eric Shapira, Senior Peer Counseling
Katherine Tang, Aging and Adult Services
Diane Dworkin, Staff Support

**NOMINATING COMMITTEE** (Appoint committee annually at July Mental Health Board meeting. Committee presents slate at September Mental Health Board meeting. Officers elected at October Mental Health Board meeting).

Alison Mills, Chair Raja Mitry, Valerie Gibbs, Jim Fields

# LIAISON, TASK FORCE AND AD HOC COMMITTEES

Law Enforcement Liaison - Greg Love, Police Chief

Quality Improvement Committee - Jim Fields

Tony Hoffman Mental Health Service Awards – Alison Mills, Eunice Kushman, Valerie Gibbs

Consumer Hall of Fame Committee - Jim Fields, Chair

Liaison to Mental Health Agencies - (Meets 2<sup>nd</sup> Thursday, 9:00 a.m. at Caminar)

Evidence Based Practice Committee – Jim Fields (Terry Walker through October 2004)

Note: Officers and committee assignments will change with elections to be held in October 2006.

# COMMITTEE FOR ADULT SERVICES REPORT

Alison Mills, Chair

For the past year, the Committee for Adult Services has continued to meet on a monthly basis. Committee members include:

Alison Mills, Chair Bill Kruse, Administrator to Cordilleras Josephine Thompson, Mental Health Board Katherine Kerns, Mental Health Board Sharon Roth, Mental Health Board Eunice Kushman, Member of the Public

Chris Coppola, Deputy Director of Adult/Older Adult Services provided staff support for the committee.

In addition to the usual functions that the Adult Services Committee carries out for the Mental Health Board, the committee focused on the following issues:

- We reviewed the arrest policies related to the hospital, one for the San Mateo Medical Center and one for San Mateo Police Department. There has been a great deal of work done with the inpatient staff, and there have been no arrests in the past six months. Josephine Thompson, a family member, is dedicated to this issue and will continue to monitor.
- We receive regular updates from Bill Kruse, Administrator from Cordilleras, our locked facility. To make it more inviting, plans have been developed to fix up the outside patio for the clients on the third floor.
- We have just completed planning for the Mental Health Services Act and are moving onto the implementation stage. The committee continues to be involved and offers input, most recently in the recruiting and hiring process of consumers and family members.
- We have invited partners in the community to our committee meetings to
  educate ourselves of the needs and resources. A member of the SMART Team
  joined us to give the committee an overview of this new resource that works with
  the police when dealing with a 911 call. Lyn Marshall from 3AB joined the
  committee to discuss results from a recent satisfaction survey. She also spoke
  on restraint and seclusion numbers.

Goals/Objectives for 2005-2006:

Support for on-going Crisis Intervention Training for law enforcement.

- Focus on areas that are important and vital for mentally ill adults to ensure all our clients can participate in meaningful and safe activities.
- Continue and promote an on-going relationship with the staff at 3AB.

Submitted by:

Alison Mills - Chair Mental Health Board

Committee for Adult Services

Chris Coppola

Deputy Director/Adult Services

### COMMITTEE FOR OLDER ADULT SERVICES REPORT

Jim Fields, Chair

The Committee for Older Adult Services has met monthly during this past fiscal year. The committee members are:

Jim Fields, Chair
Doris Todd-Brown, MD, Member of the Public
Lani Blazer, Aging and Adult Services (now retired)
Linda Franco, Ron Robinson Senior Care Center
Judith Guilfoyle, Ombudsman Program
Teresa Hurtado, Senior Peer Counseling, La Esperanza Vive
Howard Lader, Senior Peer Counseling
Alicia Marquez, Member of the Public (deceased)
Raja Mitry, Mental Health Board
Judy Schutzman, Mental Health Board
Eric Shapira, Senior Peer Counseling
Katherine Tang, Aging and Adult Services

Diane Dworkin continued to provide staff support for the Committee.

Senior issues continued to dominate the concerns of the Committee for Older Adult Services of the San Mateo Mental Health Board this past year and we focused on the following:

- The Committee reviewed the Mental Health Services Act (MHSA) draft proposal through its various revisions prior to submission to the state with the goal of monitoring the consistency of the plan with the recommendations of the Older Adult Work Group. The Committee also reviewed the Request for Proposals (RFPS) for the Older Adult Full Service Partnership (FSP) in order to provide feedback to the interview panel. In order to fulfill the Committee's current and long range goal of oversight regarding MHSA implementation, Committee members made a site visit to the STAGES program in Oakland in June 2006. STAGES is an Assertive Community Treatment (ACT) program operated by Telecare that has been serving older adults in Alameda County for almost ten years and has the same structure as the Older Adult FSP being developed in San Mateo County. Oversight by the Committee of the development of the Older Adult FSP is consistent with furthering the Committee's goal of moving clients out of locked facilities and into appropriate treatment settings within the community.
- Members of the Committee made site visits to two residential facilities serving San Mateo County older adults: Burlingame Long Term Care and Casa Olga. Both these visits were very informative and provided useful insight about existing residential programs for older adults and needs for additional services. It became clear to Committee members from these visits that the issues and attendant ills associated with aging are both pervasive and inevitable. Site visits

to Ron Robinson Senior Care Center and county supplemented board and care homes were deferred to a future time.

- Three members of the Committee; Raja Mitry, Jim Fields, and Judy Schutzman; accompanied Diane Dworkin to the annual statewide Older Adult Conference, held this year in San Francisco.
- Committee members noted that the issue of dementia is prevalent among the
  aging senior population yet is an unattended area between medical and mental
  health services. As more and more people are living longer and longer it is no
  longer a surprise that services for older adults need to be increased and
  enhanced.
- The Committee recognizes the importance of more fully incorporating the special needs of older adults in the structure of the acute psychiatric setting and we will continue to explore this issue.

## Goals/Objectives for 2006-2007

In response to the fundamental shift and growth of our older adult population and the under service of seniors here and elsewhere, the department for older adult services has been given an upgrade in stature and resources. As next year progresses new infrastructure will enhance present services, coordinate with primary care, mobilize outreach, and utilize MHSA and indigenous funds to design and model some unique and innovative programs. Specific areas of focus for the Older Adult Committee in this next fiscal year will be as follows:

- Oversight of the development and integration of the Older Adult System of Care transformation including the Older Adult FSP, Service Delivery, Primary Care Outreach, and Senior Peer Counseling Expansion.
- Site visits to Ron Robinson Senior Care Center, Board and Care Homes, and if time and opportunity allow, out of county programs such as On Lok in San Francisco and St. Mary's Center in Oakland.

Submitted by:

Jim Fields, Chair Mental Health Board

Committee for Older Adult Services

Diane Dworkin

Clinical Services Manager

# COMMITTEE FOR CHILD & YOUTH SERVICES REPORT

Felicitas Rodriguez, Chair

### Members of the committee are:

Felicitas Rodriguez, Chair
Valerie Gibbs, Mental Health Board
Raja Mitry, Mental Health Board
Kelley Miller, Youth Commissioner
Andrew Calman, Mental Health Board
K. Lew, Legal Aid
Ken Epstein, Edgewood Center
Kaitlin Jernstedt, San Mateo 4 C's
Marta Bookbinder, Community Learning Center
Sue Larramendy, San Mateo County Department of Education
Suzanne Aubry, Office of Consumer and Family Affairs
Sylvia Espinoza, San Mateo County staff

Deborah Torres continued to provide staff support for the committee.

The role of the Child & Youth Committee is to address the needs of the youth population with mental health disorders and those who are at risk of significant mental health conditions; and to oversee the quality of San Mateo County's mental health services for youth, encouraging community input, supporting staff, and advocating for programs and policies to meet the needs of children and youth.

# Specific committee activity included the following:

- MHSA Planning process occurred and implementation begun. Contract awarded for implementation of Full Service Partnership Program with 80 slots for high-risk youth and young adults. Currently, there is no involvement with Early Intervention and Prevention Committee through MHSA as this has not been released by the State.
- The Committee made site visits to Edgewood Center for Children and Families (contract agency that provides residential, day treatment and a continuum of other community based services). They are also part of the Child Abuse Treatment Collaborative and provide comprehensive treatment services to children and families involved with the Child Welfare System. The Committee also visited one of the sites of the Therapeutic Day School Program (TDS). The TDS Program is a collaborative effort between four high schools districts and San Mateo County Mental Health to

provide comprehensive school based services for 72 youth in San Mateo County who are special education certified and experiencing significant mental health issues.

- The Committee will continue to monitor the provision of mental health services to special education youth under the AB3632/Chapter 26.5 program.
- Two committee members Raja Mitry and Suzanne Aubry attended the annual CMHACY conference in Pacific Grove.
- The committee members met with the wraparound team. "Wraparound" focus on transformational services with a holistic view of the child's home school and healthcare issues as they affect his or her sense of well-being and ability to function in daily activities.

## Goals/Objectives for 2006-2007

- For next year the Committee may want to be involved and do a site visit to the new Youth Services Campus and become more aware of the services for youth that will be alternatives to incarceration, i.e. expanded Assessment Center, Girls Camp. The Committee hopefully will be involved in monitoring of the Full Service Partnership Program being implemented by Edgewood Center for Children & Families. Another important role for the Committee will be to review the integration of Family Members into the Regional Youth Teams and oversee the impact on the delivery of services for youth and families in our MH System. This coming year we are also hoping to expand mental health services in four middle schools, primarily focusing on East Palo Alto, Daly City and South San Francisco. The Committee will review this implementation.
- Our representative from the County Office of Education may assist with review of mental health services in the schools.
- We will be reviewing the implementation of Functional Family Therapy, an
  evidence based practice that is implemented by our Hillcrest MH Team with
  youth who are involved with the Juvenile Justice System.
- The Chair and MH Board representatives will continue to be involved in the interview panel for the Clinical Services Manager in Youth. They will also be represented on review panels for responses to Request for Proposals for some of the MHSA programs, e.g. Full Service Partnership.

Submitted by:

Felicitas Rodriguez, Chair Mental Health Board

Committee for Child and Youth Services

**Deborah Torres** 

Deputy Director/Youth Services

### HIGHLIGHTS OF MEETINGS

### MENTAL HEALTH BOARD PRESENTATIONS

July 6, 2005

Medicare and Dual Beneficiaries Prescription Drug Coverage Changes

Presented by: Celia Moreno, MD & Barbara Liang, PharmD

This program works to engage people throughout the county from Daly City to East Palo Alto into wanting to participate in treatment. The staff works to find patients that won't seek out treatment on their own either because they don't know where to go or they don't know how get the services. The staff works to build trust and support with the consumer (their motto is 'engagement, engagement, engagement') and then assist them in developing a plan of treatment. The staff is constantly mobile throughout the community reaching out for those in need. Referrals come from all sources including shelters, probation and parole officers, PES and 3AB, and family members. The staff works seven days a week, with one day up at PES, working closely with the doctors. Their most difficult challenge is linking services through the consumers' primary care physicians.

There are approximately 40-45 open cases at any one time and the staff opens between 8-28 cases each month.

August 3, 2005

Mental Health Services Plan

Presented by: Gale Bataille, Louise Rogers, and MHSA Committee Co-

Chairs

This presentation was used to distribute and discuss the latest draft version of the Community Services & Supports 3-Year Plan.

August 15, 2005 Special Meeting - Mental Health Services Plan

This special meeting was arranged to obtain a full understanding and give input on the Mental Health Services Plan.

September 7, 2005 Mental Health Services Act

Presented by: Louise Rogers

This meeting was dedicated to answering questions from the Board and the public regarding the recent version of the Mental Health Services Act and an overview of the upcoming Public Hearing was given.

October 11, 2005

Mental Health Services Act - Public Hearing

Held by the Mental Health Board

Per the guidelines from the Department of Mental Health, a public forum was held to comment on the Mental Health Services Plan.

November 2, 2005 Needs & Resources in the East Palo Alto Community

Presented by: East Palo Alto Community Clinic Staff

In response to the Mental Health Board's goals of 2004-2005, this monthly meeting was held in the East Palo Alto Community Counseling Center. Over 80 people attended to get information about resources in the community and to voice their needs.

December 7, 2005 Consumer Hall of Fame 2005

Presented by: The Mental Health Board

Recognizing those consumers that have found their path to wellness and recovery and are now advocates of mental illness, the Board recognized, in a holiday celebration, the following individuals:

Alison Mills
Chris Hoover
Frances Corral
Gayle Cronin
Gilbert Rodriguez
Linford Gayle
Susan Bowen
Theresa Bassett

The 2004 and 2005 inductees of the Consumer Hall of Fame can be read on the County's Network of Care site at sanmateo.networkofcare.org.

January 4, 2006 Transitions Program

Presented by: Kevin Jones

This month's presentation was on Telecare's Transitions Program. This program is the San Mateo County's AB 2034 integrated services program for individuals who are homeless and mentally ill. This is the statewide program initiative that served as the foundation for the Mental Health Service Act.

February 1, 2006 MHB Joint Meeting with the Daly City Peninsula Partnership

Collaborative

Presented by: Mental Health Board

After Board business was complete, all members participated in the monthly meeting of the Daly City Peninsula Partnership Collaborative. There was a sharing of both information and ideas.

March 1, 2006 Office of Consumer and Family Affairs

Presented by: Linford Gayle, Suzanne Aubry, and Claudia Saggese

The public joined the Board to hear the history of the Office of Consumer and Family Affairs in San Mateo County. In the past year, the addition of family bi-lingual support helps to further meet the needs of the community.

April 5, 2006 Needs & Resources in the Coastside Community

Presented by: Coastside Community Clinic Staff

In response to the Mental Health Board's goals of 2004-2005, this monthly meeting was held at Hatch Elementary School located across from the Coastside Community Clinic. Over 60 people attended to get information about resources in the community and to voice their needs.

May 3, 2006 Tony Hoffman Community Mental Health Service Awards

Presented by: The Mental Health Board

In observance of 2006 May is Mental Health Month, the San Mateo County Mental Health Board recognized and honored individuals, professionals, businesses, and the media that have made an extraordinary contribution to improving the lives of people with mental illness at the annual Tony Hoffman Community Mental Health Service Awards.

The following individuals and organizations were honored:

- O Ted's Village Pharmacy for providing respectful and excellent pharmacy services to mental health clients.
- O Phil Tucker, Karen Cutter, and Jane Marshburn for working with family members of the mentally ill with compassion and support.
- Bruce Heathcote for his advocacy and support to mental health consumers with their housing needs.
- Sheri Lynn Reed for her tireless work teaching clients how to improve their self-sufficiency and self-esteem through NAMI's Peer to Peer classes.
- Tom Fell for his dedication and many volunteer hours working with consumers at Cassia House.
- O Vic Lee, ABC7 News reporter, for his coverage of mental health events and keeping the public current on mental health issues.

The community service awards are in memory of Tony Hoffman. He and his wife Fran were known throughout California and the nation as leading advocates in the

successful organizing of families to demand compassionate and appropriate services for their family members with serious mental illness. In the early 1970s, the Hoffman's founded Parents of Adult Schizophrenics, an organization which spread across California and the nation to become the National Alliance for the Mentally III (NAMI). For over 20 years, Tony Hoffman served on the San Mateo County Mental Health Board. Controversial, tough, persistent, Hoffman pushed the mental health system to make needed changes. Today our mental health system is a reflection of the influence and leadership of Tony and Fran Hoffman and the advocates that they "trained" and inspired.

June 7, 2006

Public Forum -

Mental Health Services and the Criminal Justice System

Presented by: The Mental Health Board

This public forum was attended with close to 100 members of the County and public. Chaired by Sharon Roth, member of the Mental Health Board, the evening was spent discussing the many resources and partnerships that interact when a consumer or family member becomes involved in the mental health and criminal justice systems. There were also presentations on newly developed programs, SMART, Pathways, and CIT.