

## ABSTRACT OF PROPOSAL

1. Legal Name of Applicant Organization: San Mateo County Health Department
  
2. Project Title: Brighter Bites
  
3. Project Coordinator: Rachelle Salvana

Provide a brief program description. Include a summary of the essential contents of the proposal.

The Dental Disease Prevention Program will continue to provide services to 3,000 students in the following four school districts: Jefferson, Redwood City, Ravenswood and Cabrillo Unified. These school districts cover a diverse geographical area in the county. The schools to be served exceed the 30.6% FSLP criteria for San Mateo County and are located in areas of need.

The county will offer all required components of the Dental Disease Prevention Program to the targeted schools at the beginning of the school year, with guidance from the Oral Health Advisory Committee. The teacher in-service training will be offered within the first two months of the school session. Oral health education and brushing instruction will also be provided, with flossing promoted in all grade levels. The fluoridation component will be implemented for 30 weeks at one school located in a non-fluoridated area.

Dental screenings will be offered the first four months of the school year to targeted schools. The Dental Coordinator will arrange for the dental screenings through the San Mateo County Dental Society, community dentists, and the schools (College of San Mateo and Foothill College). The dentist(s) will give individual oral health instructions to all children. Following the screenings, parents will receive a notice regarding the oral health status of their child and follow-up instructions.

Dental sealants will be offered to those children screened with deep molar pits and fissures. The Dental Coordinator will arrange for dental sealant application in the schools (CSM and Foothill College) and follow-up on those who received dental sealants.