



## Emergency Assistance

Your First Stop for Food, Shelter,  
Clothing & More

- St. Vincent de Paul Society** **343-4403**  
50 N. B St., San Mateo (M-F, 10am-noon)  
344 Grand Ave, South San Francisco (M-F, 10am-noon)  
2600 Middlefield Rd., Redwood City (M-F, 1pm-2pm)
- Coastside Hope** **726-9071**  
99 Avenue Alhambra, El Granada  
Serves El Granada, Half Moon Bay, La Honda,  
Miramar, Montara, Moss Beach, Pescadero &  
San Gregorio
- Daly City Community Service Center** **991-8007**  
350 - 90th St., Daly City  
Serves Broadmoor, Colma & Daly City
- El Concilio Emergency Services** **330-7432**  
1798 - B Bay Rd., East Palo Alto  
Serves East Palo Alto & Menlo Park
- Fair Oaks Community Center** **780-7500**  
2600 Middlefield Rd., Redwood City  
Serves Atherton, North Fair Oaks, Portola Valley,  
Redwood City, Redwood Shores & Woodside
- N. Peninsula Neighborhood  
Services Center** **588-8822**  
600 Linden Ave., South San Francisco  
Serves Brisbane, San Bruno &  
South San Francisco
- Pacifica Resource Center** **738-7470**  
1809 Palmetto Ave., Pacifica  
Serves Pacifica, North of Devil's Slide
- Puente de la Costa Sur** **879-1691**  
620 North St., Pescadero  
1956-A Pescadero Creek Rd., Pescadero
- Salvation Army**  
1270 Marshall St., Redwood City **368-4643**  
409 S. Spruce Ave., South San Francisco **266-4591**
- Samaritan House, Inc.** **347-3648**  
401 N. Humboldt St., San Mateo  
Serves Belmont, Burlingame, Foster City,  
Hillsborough, Millbrae, San Carlos & San Mateo



## Hotlines/Frequently Called Numbers

- United Way Bay Area** **800-273-6222**  
(Access to 2-1-1 & Helpline information  
& referrals)
- SamTrans Trip Planner** **800-660-4287**
- Alcohol and Drug Helpline** **573-3950**
- Aging and Adult Services** **800-675-8437**
- California Youth Crisis Line** **800-843-5200**
- CORA** (domestic violence) **800-300-1080**
- Daybreak** (shelter for homeless teens) **364-4633**
- Mental Health Access Team** **800 686-0101**
- Shelter Bed Hotline** **800-774-3583**
- Veterans Homeless Shelter** **324-2881**  
795 Willow Road, Menlo Park

Pocket Guide to

# Homeless Services in San Mateo County

January 2009





## Hot Meals/Food Boxes

- St. Vincent de Paul Society** **343-4403**  
 50 N. B St., San Mateo (M-F, 10am-noon)  
 344 Grand Ave, S. San Francisco (M-F, 10am-noon)  
 (Sa, 10am-11am)  
 2600 Middlefield Rd., Redwood City (M-F, 1pm-2pm)
- Samaritan House Family Kitchen** **347-3648**  
 603 Monte Diablo, San Mateo (M-F, 5pm-6pm)  
 401 N. Humboldt St., San Mateo (Sa, Su noon-1pm)
- Food Connection Hotline** **800-984-FOOD**  
 Emergency food, meals & programs
- Catholic Worker House** **827-0706**  
 555 W. San Bruno Avenue, San Bruno (T-F, 7am-9am)
- Catholic Worker House** **366-4415**  
 545 Cassia St., Redwood City (F, 11:30am)
- Ecumenical Hunger Program** **323-7781**  
 2411 Pulgas Ave., East Palo Alto (M-F, 9am-5pm)
- Grace Covenant Church Food Box** **589-6797**  
 740 Del Monte Ave., South San Francisco
- N. Peninsula Food Pantry & Dining Center** **994-5150**  
 31 Bepler St., Daly City (M, T, Th 5pm-6pm)
- St. Anthony's Padua Dining Room** **365-9664**  
 3500 Middlefield Rd., Menlo Park (M-Sa, 11am-1pm)
- St. Francis Church** **323-7781**  
 1425 Bay Rd., East Palo Alto (M, 5pm-6:30pm)
- No Strings Attached Breakfast**  
 535 Kelly Avenue, Half Moon Bay (Sa, 9am-10am)



## Medical/Dental Services

- San Mateo Medical Center** **573-2222**  
 222 W 39th Ave, San Mateo
- Seton Medical Center**  
 1900 Sullivan Ave, Daly City **992-4000**  
 600 Marine Blvd, Moss Beach **563-7100**
- 39th Ave. Health Clinics & Senior Care Center** **573-3702**  
 222 - 39th Ave., San Mateo
- Coastside County Clinics** **573-3941**  
 225 S. Cabrillo Hwy., #200A, Half Moon Bay
- Family Medical Center** **712-7330**  
 225 S. Cabrillo Hwy., #100A, Half Moon Bay
- Daly City Clinic** **301-8600**  
 380 - 90th St., Daly City
- Daly City Youth Health Center** **985-7000**  
 2778 Junipero Serra Blvd., Daly City
- Edison Clinic (HIV/AIDS specialty clinic)** **573-2385**  
 222 W. 39th Ave., San Mateo
- Fair Oaks Adult Clinic** **364-6010**  
 2710 Middlefield Rd., Redwood City
- Mobile Clinic (recorded schedule)** **573-2786**
- Ravenswood Family Health Center**  
 1798-A Bay Rd., East Palo Alto **330-7400**  
 100 Terminal Ave., Menlo Park **321-0980**
- Redwood City Free Clinic** **839-1447**  
 114 - 5th Ave., Redwood City
- RotaCare Clinics**  
 225 S. Cabrillo Hwy, #200A, Half Moon Bay **726-2703**  
 1900 Sullivan Ave., Daly City **991-6046**
- San Mateo Free Clinic** **578-0400**  
 19 W. 39th Ave., San Mateo
- Sequoia Teen Wellness Center** **366-2927**  
 200 James Ave., Redwood City
- Sonrisas Community Dental Center** **726-2144**  
 210 San Mateo Rd., #104, Half Moon Bay
- South San Francisco Health Center** **877-7070**  
 306 Spruce Ave., South San Francisco
- Willow Clinic** **599-3890**  
 795 Willow Rd., Bldg. 334, Menlo Park