



## Asistencia de Emergencia

Ayuda para encontrar comida de emergencia, ropa, refugio y mas

**St. Vincent de Paul Society** **343-4403**  
 50 N. B St., San Mateo (L-V, 10am-medio día)  
 344 Grand Ave, S. San Francisco (L-V, 10am-medio día)  
 2600 Middlefield Rd., Redwood City (L-V, 1pm-2pm)

**Coastside Hope** **726-9071**  
 99 Avenue Alhambra, El Granada  
 Para servicios en Granada, Half Moon Bay,  
 La Honda, Miramar, Montara, Moss Beach,  
 Pescadero y San Gregorio

**Daly City Community Service Center** **991-8007**  
 350 - 90th St., Daly City  
 Para servicios en Broadmoor, Colma & Daly City

**El Concilio Emergency Services** **330-7432**  
 1798 - B Bay Rd., East Palo Alto  
 Para servicios en East Palo Alto & Menlo Park

**Fair Oaks Community Center** **780-7500**  
 2600 Middlefield Rd., Redwood City  
 Para servicios en Atherton, North Fair Oaks,  
 Portola Valley, Redwood City, Redwood  
 Shores & Woodside

**N. Peninsula Neighborhood Services Center** **588-8822**  
 600 Linden Ave., S. San Francisco  
 Para servicios en Brisbane, San Bruno &  
 S. San Francisco

**Pacifica Resource Center** **738-7470**  
 1809 Palmetto Ave., Pacifica  
 Para servicios en Pacifica & North of Devil's Slide

**Puente de la Costa Sur** **879-1691**  
 620 North St., Pescadero  
 1956-A Pescadero Creek Rd., Pescadero

**Salvation Army**  
 1270 Marshall St., Redwood City **368-4643**  
 409 S. Spruce Ave., S. San Francisco **266-4591**

**Samaritan House, Inc.** **347-3648**  
 401 N. Humboldt St., San Mateo  
 Para servicios en Belmont, Burlingame,  
 Foster City, Hillsborough, Millbrae, San  
 Carlos & San Mateo



## Líneas telefónicas de información

**United Way Bay Area** **800-273-6222**  
 (Acceso a 2-1-1 y información y referencias del Helplink)

**SamTrans Trip Planner** **800-660-4287**

**Alcohol and Drug Helpline** **573-3950**

**Aging and Adult Services** **800-675-8437**

**California Youth Crisis Line** **800-843-5200**

**CORA (violencia doméstica)** **800-300-1080**

**Daybreak** **364-4633**  
 (refugio para adolescentes sin hogar)

**Mental Health Access Team** **800 686-0101**

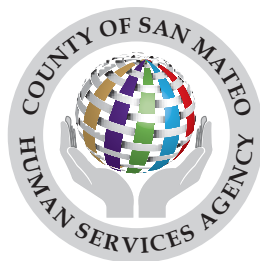
**Shelter Bed Hotline** **800-774-3583**

**Veterans Homeless Shelter** **324-2881**  
 795 Willow Road, Menlo Park

## Guía de bolsillo

## Servicios para Personas sin Hogar en el Condado de San Mateo

Enero 2009





## Comidas calientes y comidas en caja

<b>St. Vincent de Paul Society</b>	<b>343-4403</b>
50 N. B St., San Mateo	(L-V, 10am-noon)
344 Grand Ave, S. San Francisco	(L-V, 10am-noon)
2600 Middlefield Rd., Redwood City	(S, 10am-11am)
	(L-V, 1pm-2pm)
<b>Samaritan House Family Kitchen</b>	<b>347-3648</b>
603 Monte Diablo, San Mateo	(V-V, 5pm-6pm)
401 North Humboldt St., San Mateo	(S, D noon-1pm)
<b>Food Connection Hotline</b>	<b>800-984-FOOD</b>
Programas de comida de emergencia	
<b>Catholic Worker House</b>	<b>827-0706</b>
555 W. San Bruno Avenue, San Bruno	(M-V, 7am-9am)
<b>Catholic Worker House</b>	<b>366-4415</b>
545 Cassia St., Redwood City	(V, 11:30am)
<b>Ecumenical Hunger Program</b>	<b>323-7781</b>
2411 Pulgas Ave., East Palo Alto	(L-V, 9am-5pm)
<b>Grace Covenant Church Food Box</b>	<b>589-6797</b>
740 Del Monte Ave., S. San Francisco	
<b>N. Peninsula Food Pantry &amp; Dining Center</b>	<b>994-5150</b>
31 Bepler St., Daly City	(L, M, J 5pm-6pm)
<b>St. Anthony's Padua Dining Room</b>	<b>365-9664</b>
3500 Middlefield Rd., Menlo Park	(L-S, 11am-1pm)
<b>St. Francis Church</b>	<b>323-7781</b>
1425 Bay Rd., East Palo Alto	(L, 5pm-6:30pm)
<b>No Strings Attached Breakfast</b>	
535 Kelly Avenue, Half Moon Bay	(S, 9am-10am)



## Servicios médicos y dentales

<b>San Mateo Medical Center</b>	<b>573-2222</b>
222 W 39th Ave, San Mateo	
<b>Seton Medical Center</b>	
1900 Sullivan Ave, Daly City	<b>992-4000</b>
600 Marine Blvd, Moss Beach	<b>563-7100</b>
<b>39th Ave. Health Clinics &amp; Senior Care Center</b>	<b>573-3702</b>
222 - 39th Ave., San Mateo	
<b>Coastside County Clinics</b>	<b>573-3941</b>
225 S. Cabrillo Hwy., #200A, Half Moon Bay	
<b>Family Medical Center</b>	<b>712-7330</b>
225 S. Cabrillo Hwy., #100A, Half Moon Bay	
<b>Daly City Clinic</b>	<b>301-8600</b>
380 - 90th St., Daly City	
<b>Daly City Youth Health Center</b>	<b>985-7000</b>
2778 Junipero Serra Blvd., Daly City	
<b>Edison Clinic (Clinica especial de VIH/SIDA)</b>	<b>573-2385</b>
222 W. 39th Ave., San Mateo	
<b>Fair Oaks Adult Clinic</b>	<b>364-6010</b>
2710 Middlefield Rd., Redwood City	
<b>Mobile Clinic (horario grabado)</b>	<b>573-2786</b>
<b>Ravenswood Family Health Center</b>	
1798-A Bay Rd., East Palo Alto	<b>330-7400</b>
100 Terminal Ave., Menlo Park	<b>321-0980</b>
<b>Redwood City Free Clinic</b>	<b>839-1447</b>
114 - 5th Ave., Redwood City	
<b>RotaCare Clinics</b>	
225 S. Cabrillo Hwy, #200A, Half Moon Bay	<b>726-2703</b>
1900 Sullivan Ave., Daly City	<b>991-6046</b>
<b>San Mateo Free Clinic</b>	<b>578-0400</b>
19 W. 39th Ave., San Mateo	
<b>Sequoia Teen Wellness Center</b>	<b>366-2927</b>
200 James Ave., Redwood City	
<b>Sonrisas Community Dental Center</b>	<b>726-2144</b>
210 San Mateo Rd., #104, Half Moon Bay	
<b>South San Francisco Health Center</b>	<b>877-7070</b>
306 Spruce Ave., S. San Francisco	
<b>Willow Clinic</b>	<b>599-3890</b>
795 Willow Rd., Bldg. 334, Menlo Park	