



THE MENTAL HEALTH BOARD OF SAN MATEO COUNTY

Annual Report
2007-2008

Presented to the Board of Supervisors
of the County of San Mateo
February 2009

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INTRODUCTION & SUMMARY

California Welfare and Institutions Code, Section 5604, requires that each County have a Mental Health Board appointed by the Board of Supervisors. Submission of an Annual Report to the Board of Supervisors is one of the mandated responsibilities of the Mental Health Board.

The 2007-08 Mental Health Board Annual Report includes the following elements:

- Mental Health Board's (MHB) composition and committee structure
- Accomplishments for FY 2007-08 including the extent to which Mental Health Board goals were achieved
- Goals and priorities for FY 2008-09
- Committee Reports

The Mental Health Board (MHB) is committed to the involvement of diverse communities, key stakeholder organizations and individuals - especially those who rely on the public mental health system and alcohol and other drug (AOD) services - in the design and evaluation of San Mateo County's Behavioral Health and Recovery Services (BHRS). The MHB will continue to support San Mateo County's local BHRS efforts to balance program accountability and compliance with Federal, State and local laws and regulations with a continuing focus on quality and innovation. Finally, the MHB will support our behavioral health system's core values of recovery/resilience/wellness and cultural competence through all of its activities.

Mental Health Board Membership and Committee Structure

In 1991-92, the Bronzan-McCorquodale (Realignment) Act restructured county mental health financing and program responsibilities and specified the mandated composition of each county's Mental Health Board/Commission. Key requirements are that consumers (direct consumers and family members) constitute at least 51% of the appointed membership and that the Mental Health Board is a reflection of the ethnic and cultural diversity of the county.

The San Mateo County Mental Health Board consists of positions for 15 regularly appointed members, two Youth Commissioners and a member of the Board of Supervisors. The Mental Health Board appreciates Supervisor Rich Gordon's continued support as the Board liaison as well as the active role participation of his staff, Matthew Jacobs. All members have full voting rights.

The Mental Health Board meets as a whole on the first Wednesday of each month with one month off during the summer and has four standing committees: an Executive Committee, Committee for Children & Youth Services, Committee for Adult Services and Committee for Older Adult Services. In addition, Board members participate on more than 10 in-service and community committees and as liaison to other commissions. One Board member serves as our representative to the California Association of Mental Health Boards and Commissions.

This Annual Report includes activity reports from each committee chair. Ad hoc committees are established for such purposes as nomination of officers and selection of Tony Hoffman Community Services and Consumer Hall of Fame awardees.

The following individuals served as Mental Health Board officers and committee chairs/co-chairs through June of 2006:

Chair	Judith Schutzman
Vice Chair	John Castro Glen Rossman (resigned 12/2007)
Child & Youth Committee	Patrisha Scott
Adult Committee	Sharon Roth
Older Adult Committee	Judith Schutzman
Member at Large	Jillian Collins (Youth Commissioner)
Representative to CA Association of Local Mental Health Boards and Commissions	Sharon Roth

Mental Health Board members also served as liaisons and representatives to other Behavioral Health & Recovery Services (BHRS) Division and County committees and work groups and community organizations:

Commission on Disabilities, Legislative Committee: John Castro
Mental Health Quality Improvement Committee: Josephine Thompson
Mental Health Services Act Steering Committee, age related workgroups: all members
Mental Health Services Act Implementation Committee: Judith Schutzman and Raja Mitry
Police Chiefs and Sheriffs Association Liaison: Chief Greg Love
Community Rehabilitation Coalition: Raja Mitry
Co-Occurring Mental Health/Substance Abuse Disorders Steering Committee:
Josephine Thompson
Youth Commission: Jillian Collins
Paving the Way (for hiring and retention of consumer and family member employees):
Youth Development Initiative: Valerie Gibbs and Felicitas Rodriguez
Behavioral Health & Recovery Services Transition Advisory Group: Judith Schutzman
East Palo Alto Mental Health Committee of 1EPA: Patrisha Scott
BHRS Leadership: Judith Schutzman & Raja Mitry
Consumer Hall of Fame Committee: Kathleen Bernard
Tony Hoffman Mental Health Service Awards: Kathleen Bernard
BHRS Training & Educational Development Committee: Raja Mitry & Judith Schutzman

MENTAL HEALTH BOARD ACCOMPLISHMENTS FOR FY 2007-2008

- ✓ **Continue community outreach though holding MHB Board meetings in underserved communities of the county.**
The MHB met at the Youth Services Center and South San Francisco during 2008. Mental Health Board Members also participated in community outreach through attending meetings of the Daly City Partnership and One East Palo Alto Mental Health Committee.
- ✓ **Provide leadership and participate in the implementation phase of Mental Health Services Act (MHSA) “Community Services and Supports” as well as in community planning for Prevention/Early Intervention and Innovative Services.**
The MHSA continues to be a major focus of the Mental Health Board. Two members participate on the MHSA implementation committee that tracks progress and problem solves the rollout of approximately \$7 million dollars in new services. Additional activities included: serving on review and selection panels for contracted services and on interview panels for staff including consumer and family member Community Worker positions: participating on committees charged with development of a three year Education and Training Plan, implementation of the Pathways Mental Health Court and, the mental health advisory committee facilitated by One East Palo Alto. The full Mental Health Board continued as members of the MHSA Steering Committee which met twice during 2007-08 and held two public hearings on the MHSA Annual Update and Expansion Plan and the Prevention and Early Intervention Plan.
- ✓ **Age focused MHB committee site visits to various providers and programs throughout the county to sustain a visible presence with CBO’s and County providers as well as consumers and their families letting them know of our genuine interest in their needs and concerns.**
Site visits were conducted with agencies/programs including: On-Lok Senior Health Services, St. Mary’s Adult Day Program in Oakland,
- ✓ **The Board continued the Consumer Hall of Fame as one of our hallmarks of our belief that mental health consumers can achieve wellness and recovery.**
The Consumer Hall of Fame awards were presented in November 2007. A listing of awardees is included in this report.
- ✓ **The MHB is aware of the need and strength derived from ethnic inclusion, especially of consumers and family members on our Board. We will continue to advocate and promote involvement of diverse members of our community.**
2007-08 was a year of some turn-over on the MHB and there are currently three vacancies, two of which are for consumers/family members. The MHB continues to seek geographic and cultural diversity in its membership. We were successful this year in adding two members from East Palo Alto, one from North County and

one from the Coast. Our membership is diverse with two African-Americans, one Native American, one Filipina and one Chinese out of 12 current appointees.

✓ **Additional Activities and Accomplishments**

Members of the MHB participated in community meetings and events to both learn about community concerns and to raise awareness of mental health services and the Board. Activities included: Soul Stroll, San Mateo County Fair, Daly City ACCESS kick-off for the H.A.R.T. program, the Filipino Mental Health Initiative, the East Palo Alto Health Fair as well as a meeting with South San Francisco community leaders and attendance at Sam Trans Board to advocate for transportation needs of individuals with psychiatric disabilities.

In celebration of May is Mental Health Month, the MHB held the annual Tony Hoffman Community Service Awards recognizing the contributions of community members, landlords, the media, law enforcement, businesses, clients and family members. A listing of those who received awards is included in this report.

MHB members attended various conferences including a California Institute on Mental Health (CIMH) forum on Prevention and Early Intervention, Older Adult System of Care Conference, and a conference on Co-occurring Mental Health and Substance Use to increase their understanding of mental health needs, services and best practices.

Budget Development: The MHB received regular updates from the Mental Health Director regarding budget planning for 2008-09.

MHB members received/reviewed updates regarding clients served in San Mateo County mental health programs.

Members participated in a study of the impact of the MHSA conducted by the Nicholas Petris Center for Healthcare and Consumer Welfare in partnership with the California Institute for Mental Health.

In February, MHB members participated in a review by the APS Healthcare External Quality Review Organization.

The MHB chair presented a report on the Board's quality improvement activities to the California Mental Health Planning Council as part of our oversight responsibilities.

The MHB supported the integration of Mental Health and Alcohol and Other Drug (AOD) Services into a new Behavioral Health and Recovery Services Division by participation on the Transition Advisory Group and through efforts to incorporate AOD into the routine activities of the Board.

In December, the MHB said farewell to retiring director, Gail Bataille, and welcomed the new director, Louise Rogers. Gail was an outstanding leader who

will be greatly missed. We have every confidence in Louise and look forward to a long and productive relationship.

MENTAL HEALTH BOARD PRIORITIES FOR FY 2008-2009

- Continue to learn about the needs and priorities of individuals with mental illness and their families with a particular focus on un-served and underserved populations. This will be accomplished through scheduling MHB meetings in local communities as well as participating in a range of community events and activities. Formally acknowledge the elected Member-at-Large officer as the “Outreach and Engagement Coordinator” for the Board.
- Collaborate with mental health staff, consumers and family members/parents in leadership skill development. Support the staff training and education efforts of the BHRS division.
- Participate in San Mateo County’s “Youth Development Initiative” and develop strategies/program to increase voice of transition age youth in the activities of the MHB.
- Support and monitor the organizational transition of the Behavioral Health and Recovery Services Division of the Health Department to insure that there is a continuing commitment to effective services for youth, adults and older adults (and their families) with mental health needs as well as co-occurring mental health and substance use problems. Actively work to engage Alcohol and Other Drug staff, clients and providers in the business of the MHB.
- Focus on new member orientation and team building to insure continued effectiveness of the MHB.
- Institute annual Family Member Recognition Awards to honor those who have supported and assisted consumers in their journey to wellness and recovery.

Submitted by:

Judith Schutzman, Chair
Mental Health Board

Louise Rogers, Director,
Behavioral Health and Recovery Services

COMMITTEE FOR OLDER ADULT SERVICES REPORT

Judith Schutzman, Chair

The Committee for Older Adult Services has met monthly, except May, during the fiscal year. The committee members are:

Judith Schutzman, Chair
Doris Todd-Brown, MD, Member of the Public
John Castro, Mental Health Board
Linda Franco, Ron Robinson Senior Care Center
Judith Guilfoyle, Ombudsman Program
Teresa Hurtado, Senior Peer Counseling, La Esperanza Vive
Howard Lader, Senior Peer Counseling
Raja Mitry, Mental Health Board
Marsha Fong, Aging and Adult Services
Chris Rodriguez, Aging and Adult Services
Carol Marble, Heart & Soul.
Diane Dworkin, Clinical Services Manager for OASIS and staff support.

The Older Adult Committee focused on the following activities during FY2007-08:

- The Committee continued to follow the Mental Health Services Act (MHSA) Community Services and Supports implementation through its various developmental phases. Our goal was to monitor the progress of the implementation and its consistency with the approved plan. We also participated in workgroups for Prevention and Early Intervention. Members were regular, active members of ongoing Steering Committee, Implementation Committee and Task Force meetings throughout the year.
- Committee members Raja Mitry, Carol Marble, Diane Dworkin and Judy Schutzman attended the annual Senior Peer Counseling recognition and award luncheon in July.
- Site visits were made to On-Lok Senior Health Services in San Francisco and St. Mary's residential facility for older adults with co-occurring disorders in Oakland to learn about successful engagement efforts designed to alleviate isolation and enhance social connectedness.
- In April, representatives from Community Care Licensing and the Ombudsman Program gave informative presentations on their services including types of licenses, licensing standards, how to file a complaint, client representation and client protection.

- Along with other MHB members, we helped staff with a booth at the San Mateo County Fair “Senior Day” to inform the public of the services Mental Health offers.
- Raja Mitry and Judy Schutzman attended the Health Management breakfast which discussed the County’s changing demographics and its aging population.
- Senior BHRS management staff gave a presentation in October of a Client Flow Report that was developed specifically for the Mental Health Board as part of our Quality Improvement effort.
- Sue Horst of Daly City ACCESS gave a presentation on their new pilot program HART (Healthy Aging Response Team).
- Raja Mitry represented the Committee at the Adult Abuse Prevention Collaborative.
- Committee members Chris Rodriguez and Marsha Fong gave detailed talks on In-Home Supportive Services, Adult Protective Services and elder abuse reporting at our February and March meetings.
- The Committee moved from Heart and Soul to the County’s new offices at 2000 Alameda de las Pulgas, San Mateo, in June and will meet there permanently.
- Diane Dworkin and Raja Mitry attended the annual CIMH Older Adult conference in Napa in June.

Goals/Objectives for FY 2008-2009

The Older Adult Committee will continue to support the implementation of the Mental Health Services Act through active participation on task forces and planning committees as each phase of development proceeds. We will also support the ongoing transition of the integrated Behavioral Health and Recovery Services Division.

We look forward to assisting in shaping the enhanced and renamed Older Adult System of Integrated Services (OASIS) as it defines priorities and allocates resources. Of particular interest will be expansion of primary care interface and outreach activities and Senior Peer Counseling expansion. The Committee is interested in reports from IMPACT (Improving Mood and Promoting Access to Collaborative Treatment), an evidence-based model that was selected for Community and Service Supports implementation of the MHSA, as well as the model of choice for Prevention/Early Intervention, in order to monitor effective outcomes for the older adult population.

Site visits are planned for the Institute on Aging in San Francisco, Second Harvest food bank and Pyramid Alternatives, an alcohol and other drug service (AOD) provider.

Presentations are planned for an update on the expanded Senior Peer Counseling program and on programs that provide alcohol and other drug services for older adults.

All committee members have committed to recruiting new members, especially consumers, family and other stakeholders. We would like to improve the ethnic diversity of the Committee and also add an AOD member.

Submitted by:

Judith Schutzman, Chair
Mental Health Board
Committee for Older Adult Services

Diane Dworkin
Clinical Services Manager

COMMITTEE FOR ADULT SERVICES REPORT

Sharon Roth, Chair

For the past year, the Committee for Adult Services has continued to meet on a monthly basis. Committee members include:

Sharon Roth, Chair
Bill Kruse, Administrator to Cordilleras
Josephine Thompson, Mental Health Board
Greg Wild, Heart & Soul
Carmen O'Keefe, Human Services Agency
Pat Way, NAMI
Terry Walker, NAMI
Karin Buscher, SMMC
Liz Evans, San Mateo Medical Center
Josephine Destin, Office of Consumer & Family Affairs
Jairo Wilches, Office of Consumer & Family Affairs

Chris Coppola, Deputy Director of Adult/Older Adult Services provided staff support for the committee.

In addition to our monthly committee meetings, we keep these goals from year to year. Here are a few highlights:

- The Mental Health Services Act is now an ongoing process. The adult committee will continue to participate in the many different stages whether planning or implementation.
- We are also charged with making sure the policies in all service areas for adults are amenable to clients and family members.
- The adult committee is also dedicated to supporting the ongoing Crisis Intervention Training (CIT) for law enforcement. We also support the Pathways court program in our county and the SMART ambulance program.
- We highly encourage healthy lifestyles, good nutrition, and increased opportunities for clients to live in the community in safe, affordable, supportive housing.

Our accomplishments for 2007-08

This year we have established a more consistent active membership that includes board members, contractors, consumer leadership and county staff.

- The administrative and nursing staff from San Mateo County General Hospital and Emergency Psychiatric Services are regular attendees to our meeting and this enables open discussion about problems and concerns.
- We also have consistent attendance from the Administration of Cordilleras, our in-county Mental Health Rehabilitation facility. We visited Cordilleras and were able to see the renovation of the common area and the outdoor patio space. We were also pleased to see the new fruit trees and vegetable garden and learn about their sustainable food project.
- We will continue to invite mental health service personnel and contractors to our meetings. This open dialogue allows for problem solving and is educational to our committee members. Carmen O'Keefe from VRS, Greg Wild of Heart & Soul, the Mental Health Association, and Caminar have all presented program information.
- We have requested presentations from programs that have been implemented as a result of the MHSA including the Adult Full Service Partnership.
- We have participated in committees to review responses to RFP's, hiring panels to select leadership staff, work groups and committees that plan and design programs.

Goals/Objectives for 2008-09

- We continue to recruit more members and have contractors come on a regular basis. We are dedicated to meet and focus on areas that are important to adults with mental illness and their families. We strive to be aware of problems that clients and their families may have in acute or community services and advocate effectively for solutions. A key goal for 2008-09 will be continuing to participate in the Mental Health Services Act including Prevention & Early Intervention, and housing development. We will continue to support the CIT Program in San Mateo County until all our officers are trained. We will also continue to try and make sure that all clients have healthy, meaningful, and safe activities. We will continue our good relationship with the inpatient services (3a/b) in San Mateo County General Hospital and PES. We are discussing data reports, tracking levels of care development and the Behavioral Health & Recovery Services initiatives as they are operationalized within Adult Services.
- We meet monthly on the first Wednesday of each month from 2:00-3:00.
- Our main purpose remains advocacy for effective client services, education for our members and the public, and review of mental health programs.

Submitted by:

Sharon Roth - Chair
Mental Health Board
Committee for Adult Services

Chris Coppola
Deputy Director/Adult Services

COMMITTEE FOR CHILD & YOUTH SERVICES REPORT

Patrisha Scott

Members of the committee are:

Patrisha Scott, Chair
Al David, Chair (through December 2007)
Felicitas Rodriguez, Chair (through April 2007)
Valerie Gibbs, Mental Health Board
Raja Mitry, Mental Health Board
Jillian Collins, Youth Commissioner
K. Lew, Legal Aid
Ken Epstein, Edgewood Center
Sue Larramendy, San Mateo County Office of Education
Suzanne Aubry, Office of Consumer and Family Affairs

The role of the Child & Youth Committee is to address the needs of the youth population with mental health disorders and those who are at risk of significant mental health conditions; and to oversee the quality of San Mateo County's mental health services for youth, encouraging community input, supporting staff, and advocating for programs and policies to meet the needs of children and youth.

Specific committee activity included the following:

- The Committee visited the Youth Services Campus. Members also visited the Edgewood Center's Turning Point drop-in center in San Bruno.
- Chris Robinson and Jonay Grant presented on the Supported Education Program and services/opportunities at College of San Mateo.
- Ivan Martinez presented the "Los Hermanos Program" at Skyline College.
- Robin Sohen, Executive Director, presented the "Each One, Reach One" program, a playwriting mentorship workshop.
- The Committee held a meeting at the new Youth Services Campus where the public meeting of the Mental Health Board was held.
- David Williams and Michelle Thayer of Behavioral Health & Recovery Services (BHRS), presented the Client Flow Report for Youth and Transitional Age Youth.
- Louise Rogers and Lorrie Sheets of BHRS, presented an update on the Behavioral Health & Recovery Services E-Clinical Care (electronic chart) project.

Goals/Objectives for 2008-09

- The committee will continue to monitor the provision of mental health services to special education youth under the AB3632/ Chapter 26.5 program.
- The committee will continue to focus on Transitional Aged Youth (ages 16-25) with ideas on how to meet their needs and to continue to engage them to participate in upcoming planning of prevention and early intervention, as advocacy and youth leadership.
- The committee will work with Jei Africa, PsyD, Health Disparities Manager, San Mateo County BHRS on the high school settings on cultural competency.
- The committee will attend at least one of the classes at College of San Mateo at community speaks.
- The committee plans to participate in the disability awareness month at College of San Mateo.
- Committee members were invited to attend one of the sites of the Therapeutic Day School Program (TDS). The TDS program is a collaborative effort between four high school districts and San Mateo County Mental Health to provide comprehensive school based services for youth in San Mateo County who are special education certified and experiencing significant mental health issues.
- The committee continues to outreach to the diverse community, to address differences in cultures.
- The committee plans to have an Alcohol & Other Drugs (AOD) presentation in the fall by Judy Davila.
- Mental Health Board representatives will be represented on review panels for responses to Request for Proposals (RFP's) for some of the MHSA programs.
- The committee will continue to monitor the Full Service Partnership Program implemented by Edgewood Center for Children & Families. Another important role for the committee will be to review the integration of family members into the Regional Youth Teams and oversee the impact on the delivery of services for youth and families in our mental health system. This year mental health services expanded to two middle schools in the County. Mental health services have been initiated through a contract at two middle schools in the Northern Region of the County (Daly City and South San Francisco) as a result of Prop 63. The committee will review this implementation. Members continue to receive updates regarding the Canyon Oaks Youth Center which is usually at full capacity with 12 adolescents.

Submitted by:

Patrisha Scott, Co-Chair
Mental Health Board
Committee for Child and Youth Services

Paul Sorbo
Deputy Director/Youth Services

HIGHLIGHTS OF MEETINGS

July, 2007 **The Board did not meet in July**

August 1, 2007 **Stamp Out Stigma (SOS)**
Presented by: Carmen Lee and Greg Wild, Stamp Out Stigma

The presentation discussed the activities of SOS, a consumer founded and operated advocacy and educational outreach program designed to make positive changes in the public perception of mental illness.

September 5, 2007 Alcohol and Other Drug Services (AOD)
Presented by: Stephen Kaplan, AOD Director

This presentation discussed the AOD program's strategic plan, priorities, challenges and joint efforts with Mental Health to integrate services to our mutual clients.

October 3, 2007 **Housing**
Presented by: Wendy Goldberg, Human Services Agency
Chris Coppola, Deputy Director for Mental
Health

This meeting was to update/inform the board regarding the Mental Health Services Act housing component and the 10 year plan to end homelessness through HOPE (Housing Our People Effectively).

November 7, 2007 **Consumer Hall of Fame**
Presented by: Mental Health Board

This program recognized mental health consumers who are successfully managing their illness and have demonstrated significant progress on their journey to wellness and recovery. The Board also released the MHSA Community Services and Supports (CSS) Expansion Plan for public comment.

Consumer Hall of Fame winners were:

☆ Tom Ambrose
☆ Aireen DeLaCruz

☆ George Culores
☆ Amber Klink

The stories of their personal journeys can be read in the December 2007 Wellness Matters newsletter on the Mental Health Division website.

December 5, 2007 Behavioral Health and Recovery Services (BHRS) Merger Update

Presented by: Louise Rogers, Acting Director of BHRS

This presentation discussed the progress made in merging Mental Health Services and AOD Services into an integrated Behavioral Health and Recovery Services division. We also closed the CCS Expansion Plan public comment period and approved the Plan for submission to the State.

January 2, 2008 Primary Care Interface
Presented by: Celia Moreno, M.D., BHRS Chief Psychiatrist
Cheryl Walker, Interface Team Supervisor

This program gave an overview of the division's efforts to integrate mental health services and primary care services in order to provide comprehensive care to our clients.

February 6, 2008 Youth Campus
Presented by: Toni De Marco

This month's presentation covered the mental health services provided to residents of the Youth Services Center.

March 5, 2008 Home Team
Presented by: Chris Rodriguez, Aging & Adult Services
Tammy Siu, Social Work Supervisor

The Board was given a presentation on the multidisciplinary engagement of clients in their own homes to achieve healthier outcomes.

April 2, 2008 Mental Health Services Act (MHSA) Update
Presented by: Louise Rogers, BHRS Director
Sandra Santana-Mora, MHSA Coordinator

This meeting provided an update of MHSA activities. The Board released the CSS Growth Plan and IT & Capital Facilities Plan for public comment and approved submission of the Housing Assignment Letter.

May 7, 2008 Tony Hoffman Community Mental Health Service Awards
Presented by: The Mental Health Board
Public Hearing for Mental Health Services Act Progress Report
Presented by: Sandra Santana-Mora, MHSA Coordinator

In observance of 2008, May is Mental Health Month, the San Mateo County Mental Health Board recognized and honored individuals, professionals, businesses, and the media that have made an extraordinary contribution to improving the lives of people with mental illness at the annual Tony Hoffman Community Mental Health Service Awards.

The following individuals and organizations were honored:

- ★ Jeff Hinds, San Mateo County Event Center, for providing, over many years, free tickets to our clients to the San Mateo County Fair so that they may fully participate in community activities.
- ★ Lynne Stoye for her volunteer work with the NAMI Support Group at Cordilleras Psychiatric Treatment Center.
- ★ Tim Stringari, College of San Mateo, for his determination in forming the San Mateo County Community Rehabilitation Committee and his success in starting a program at the College of San Mateo for students with psychiatric disabilities.
- ★ Clara Diaz, as a founding member of NAMI-San Mateo and her years on NAMI boards and committees. She also was a part of the original H.O.P.E. (Housing Our People Effectively) commission.
- ★ Kimberly Nobles, for her courageous work as an advocate and leader in the consumer movement in San Mateo County. She has also been a VISTA volunteer, ran a safe house for teen girls out of her own home, worked with the Community Rehabilitation Coalition and NAMI while addressing her own mental health issues.
- ★ Michael Levin, EPA.net, for his focus on “media for community development in East Palo Alto” that has included public service announcements inviting residents to participate in mental health awareness events in EPA.

The community service awards are in memory of Tony Hoffman. He and his wife Fran were known throughout California and the nation as leading advocates in the successful organizing of families to demand compassionate and appropriate services for their family members with serious mental illness. In the early 1970s, the Hoffman’s founded Parents of Adult Schizophrenics, an organization which spread across California and the nation to become the National Alliance for the Mentally Ill (NAMI). For over 20 years, Tony Hoffman served on the San Mateo County Mental Health Board. Controversial, tough, persistent, Hoffman pushed the mental health system to make needed changes. Today our mental health system is a reflection of the influence and leadership of Tony and Fran Hoffman and the advocates that they “trained” and inspired. The Board took special notice of the passing of Fran Hoffman.

June 6, 2007 Youth Commission, Youth Development Initiative
Presented by: Kristin Sajonas, Youth Development
Coordinator

This meeting focused on a presentation on the Youth Commission’s role, membership and activities and the Youth Development Initiative which aims to mentor and encourage youth in active participation in community life through volunteerism and advocacy for issues of relevance to them.

The Board also receive an update from Dan Becker, M.D., Chief of Psychiatry for Mills-Peninsula Hospitals, on plans for inpatient beds as the Burlingame hospital undergoes rebuilding to meet State seismic standards.

MENTAL HEALTH BOARD MEMBERS

MEMBER	APPOINTMENT DATE	EXPIRATION DATE
Kathleen Bernard Consumer	02/01/08	09/30/09
John Castro Consumer	09/07/07	09/30/09
Valerie Gibbs Public	11/18/03	09/30/08
Katherine Kerns Consumer	11/18/03	09/30/08
Greg Love Public	11/18/03	09/30/09
Amy Mah Public	11/18/03	09/30/07
Raja H. Mitry Public	10/02/01	09/30/07
Felicitas Rodriguez Public	10/01/05	09/30/08
Sharon Roth Family	03/31/05	09/30/07
Judith Schutzman Family	03/31/05	09/30/09
Patrisha Scott Consumer	02/16/07	02/13/10
Josephine Thompson Family	11/18/03	09/30/09
Al David Public	02/16/07	Resigned 12/1/07
Glen Rossman Family	02/16/07	Resigned 1/1/08

MEMBER	APPOINTMENT DATE	EXPIRATION DATE
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Youth Commissioners

Jillian Collins
 Youth Commissioner

Board of Supervisors Representative

Supervisor Rich Gordon 650-363-4569	1997	Upon termination from BOS
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rgordon@co.sanmateo.ca.us

Representative: Matt Jacobs, Staff to Supervisor Gordon
 650-599-1013

mjacobs@co.sanmateo.ca.us

COMMITTEE ASSIGNMENTS

EXECUTIVE COMMITTEE

(Meets 3rd Friday, 3:30pm, Louise Roger's office)

Judith Schutzman, Chair, Mental Health Board
John Castro, Vice Chair, Mental Health Board
Sharon Roth, Chair, Adult Services Committee, Representative to State CALMHB-C
Patrisha Scott, Co-Chair, Child & Youth Committee
Raja Mitry, Chair, Older Adult Committee
Kathleen Bernard, Member at Large
Louise Rogers, Director, Behavioral Health and Recovery Services
Chantae Rochester, Staff Support

COMMITTEE FOR ADULT SERVICES

(Meets 1st Wednesday, 2:00pm, Conf Room 132)

Sharon Roth, Chair
Bill Kruse, Administrator to Cordilleras
Josephine Thompson, Mental Health Board
Katherine Kerns, Mental Health Board
Chris Coppola, Staff Support

COMMITTEE FOR CHILDREN & YOUTH SERVICES

(Meets 1st Wednesday, 2:00pm, Room 20)

Patrisha Scott, Co-Chair
Al David, Co-Chair 7/1-12/1/07
Valerie Gibbs, Mental Health Board
Raja Mitry, Mental Health Board
John Castro, Mental Health Board
Jillian Collins, Youth Commissioner
K. Lew, Legal Aid
Ken Epstein, Edgewood Center
Sue Larramendy, San Mateo County Department of Education
Suzanne Aubry, Office of Consumer and Family Affairs
Paul Sorbo, Staff Support

COMMITTEE FOR OLDER ADULT SERVICES

(Meets 1st Wednesday, 11:30am, 2000 Alameda de las Pulgas)

Judith Schutzman, Chair
Doris Todd-Brown, MD, Member of the Public
Linda Franco, Ron Robinson Senior Care Center
Judith Guilfoyle, Ombudsman Program

Teresa Hurtado, Senior Peer Counseling, La Esperanza Vive
Howard Lader, Senior Peer Counseling
Raja Mitry, Mental Health Board
Carol Marble, Heart & Soul
Chris Rodriguez, Aging and Adult Services
Marsha Fong, Aging and Adult Services
Diane Dworkin, Staff Support

NOMINATING COMMITTEE (Appoint committee annually at July Mental Health Board meeting. Committee presents slate at September Mental Health Board meeting. Officers elected at October Mental Health Board meeting).

Valery Gibbs, Chair
Felicitas Rodriguez, Amy Mah

Note: Officers and committee assignments may change with elections to be held in October 2008.

MEMBERSHIP REQUIREMENTS

The Mental Health Board shall include eighteen (18) persons; including fifteen (15) members appointed by the Board of Supervisors, as required by the Welfare & Institutions Code §5604, one (1) member of the Board of Supervisors, and two (2) members of the Youth Commission. All members are voting members. Members appointed by the Board of Supervisors shall serve terms of three (3) years, which begin on October 1 and end on September 30. Upon conclusion of a term, a member may be reappointed to a maximum of twelve (12) years of full terms. The twelve (12) year limit does not include partial terms to which members may be appointed at the beginning of their service, holdover service caused by delay in appointing a replacement at the end of a member's service, or terms that have been adjusted to achieve the staggering referred to in the next paragraph.

The terms of the members appointed by the Board of Supervisors shall be staggered so that approximately one third (1/3) of the appointments expire in each year. To the extent that member's terms are not staggered as of the date this resolution is adopted, the terms of the existing members may be adjusted to achieve staggering and equal distribution of term expiration.

The members of the Mental Health Board who are Youth Commissioners shall be designated by the Youth Commission, and shall serve one term of two years.

The member of the Mental Health Board who is a member of the Board of Supervisors may serve a term as long as that person's service on the Board of Supervisors.

The Board membership should reflect the ethnic diversity of the client population in the County (W&I 5604.a). Fifty (50) percent (or eight) of the appointed members shall be consumers or the parents, spouses, siblings, or adult children of consumers, who are receiving or have received mental health services. At least twenty (20) percent (or three) of the appointed members shall be consumers, and at least twenty (20) percent (or three) of the appointed members shall be families of consumers (W&I 5604.a.1).

The remainder of the appointments shall include individuals who have knowledge and experience of the Mental Health System and may include persons who are outlined in paragraph above.

Consistent with W & I Code §5604(d), no member of the Board or his/her spouse shall be a full-time or part-time County employee of a County mental health service, an employee of the State Department of Mental Health, or an employee of, or a paid member of the governing body of, a mental health contract agency. "Mental health service" includes any service directed toward early intervention, or alleviation or prevention or, mental disorder, including, but not subject to, diagnosis, evaluation, treatment, personal care, day care, respite care, special living arrangements,

community skill training, sheltered employment, socialization, case management, transportation, information, referral, consultation, and community services.

FUNCTIONS

The functions of this Board shall include, but not be limited to, the following [W&I 5604.2]:

- Review and evaluate the community's mental health needs, services, facilities, and special problems.
- Review any county performance contracts entered into pursuant to W & I Code §5650.
- Advise the Board of Supervisors and the local Mental Health Director as to any aspect of the local mental health program.
- Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
- Submit an annual report to the Board of Supervisors on the needs and performance of the County's Mental Health System, which report shall satisfy the requirement of preparation of an annual work plan.
- Review and make recommendations on applicants for the appointment of a local Director of Mental Health Services. The Board shall be included in the selection process prior to the vote of the Board of Supervisors.
- Review and comment on the County's performance outcome data and communicate its findings to the California Mental Health Planning Council.
- Additional duties or authority as specified by the Board of Supervisors.
- Assess the impact of the legislative realignment of services from the State to the County on services delivered to clients and on the local community.