



COUNTY OF SAN MATEO
Inter-Departmental Correspondence

San Mateo County Health System

DATE: July 27, 2009
BOARD MEETING DATE: August 25, 2009
SPECIAL NOTICE/HEARING: None
VOTE REQUIRED: Majority

TO: Honorable Board of Supervisors

FROM: Jean S. Fraser, Chief, Health System
Mary J. Hansell, Director, Family Health Services

SUBJECT: Grant Agreement with First 5 San Mateo County

RECOMMENDATION:

Adopt a Resolution:

1. Authorizing the President of the Board to execute a grant agreement with First 5 San Mateo County to support the Prenatal to Three Initiative for the term of July 1, 2009 through June 30, 2012, in the amount of \$3,152,000; and
2. Authorizing the Chief of the Health System or designee to execute contract amendments which modify the County's maximum fiscal obligation by no more than \$25,000 (in aggregate), and/or modify the contract term and/or services so long as the modified term or services is/are within the current or revised fiscal provisions.

BACKGROUND:

Between 2003 and 2008, the First 5 San Mateo County (F5SMC) Commission approved two three-year contracts with Prenatal to Three (Pre-3) at \$1 million per year, for a total of \$6 million. In September 2008 the F5SMC Commission adopted a new Strategic Plan for 2009-2015. The Plan outlines a system of care that incorporates four focus areas: Early Learning, Child Health and Development, Family Support and Engagement, and Communication and Systems Change.

On January 30, 2009, F5SMC released a Request for Proposals aiming to address the following outcomes: children's health and developmental needs are identified and treated early; parents and caregivers are knowledgeable and able to support their child's development and understand the importance of a healthy parent-child relationship; and local policies and practices support an environment that nurtures young children and families within their communities. In June 2009 F5SMC awarded \$3,152,000 to Pre-3's proposal for "Home Visiting, Prenatal, and Maternal Services".

DISCUSSION:

With the support of the Board of Supervisors and funders like F5SMC, Pre-3 has grown into a nationally recognized early intervention program. Family Health Services (FHS) and Behavioral Health and Recovery Services collaborate with key community partners to provide a range of services to children ages 0-5 and new and expectant parents on Medi-Cal. These services include: home visiting, comprehensive screening and assessment, mental health groups and individual therapy, addiction readiness and recovery, psychiatric medication assessment and management, parent education, and parent-child support groups.

Through these interventions Pre-3 is making progress towards meeting its goals of building parenting skills (primary prevention), facilitating early identification and treatment of problems (secondary prevention), and improving access to the health system. F5SMC funding has allowed expansion of services to African-American parents, including intensive case management services, social support and empowerment classes, and parenting support for fathers.

County Counsel has reviewed and approved the Resolution and Agreement as to form.

Approval of this Agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by allowing Pre-3 to continue providing nursing, behavioral health, and case management services to parents of young children in high risk families. It is anticipated that 1,700 families will be enrolled in the FHS Pre-3 Home Visiting program. Ninety percent (90%) of these families will receive a developmental assessment for their child. These performance targets reflect improvement from the previous year.

Performance Measures:

Measure	FY 2008-09 Estimate	FY 2009-10 Target
Number of families enrolled in FHS Pre-3 Home Visiting	1,650	1,700
Percent of families served by FHS Pre-3 Home Visiting in which child is assessed for developmental delays	76%	90%

FISCAL IMPACT:

First 5 San Mateo County funds comprise approximately 22% of Pre-3's annual budget and partially support fifteen Family Health Services and five Behavioral Health and Recovery Services staff positions. This First 5 grant enables Family Health Services and Behavioral Health and Recovery Services to leverage approximately \$850,000 per year in Medi-Cal Administrative Activity and Targeted Case Management funds.

The new grant of \$3,152,000 million will be expended between July 1, 2009 and June 30, 2012. One-third of the funding, \$1,050,667, was included in the Family Health Services tentatively Adopted FY 2009-10 Budget and the remaining \$2,101,333 million will be included in future budget requests. F5SMC funds may not be used to supplant County or State funding and do not have a required match, resulting in no Net County Cost associated with the grant.