

Profile of _____

Completed on _____

1. What you really like to do, what gets your juices going, is ...
2. What you really dislike doing, what fills you with dread, is ...
3. The way you like to have your good work recognized is ..
 - a) Personal note from me
 - b) Note/acknowledgement by person/team you helped
 - c) Acknowledgement in front of other people
 - d) Other?
4. In individual situations, you respond to perceived criticism by ...
5. In group situations, you respond to perceived criticism by ...
6. When you feel stressed at work, you respond by ...
7. Your top five pet peeves, i.e. the little things that a better person would not let bother them but that it would be really useful for others to know, are
8. The behaviors that you exhibit that you need someone else to “call” you on are ...
9. When you have to learn to do a new thing, do you prefer
 - a) to read about it/be taught it before you take it on
 - b) to be given general guidance and then just do it and learn from trial/error
 - c) to watch someone else do it before you do it
 - d) Other?
10. What you really want from your supervisor is ...

Periodic Update to personal profile:

- What tasks do you really dislike about your current position? How can we help you redesign your job to do less of that?
- What do you think you really love to do in your current position and how can we help you expand your job to do more of that?
- As your supervisor, I should
 - a) Start doing these things:
 - b) Stop (or do less of) these things:
 - c) Continue (or do more of) these things: