Mental Health Services in San Mateo County consist of comprehensive mental health programs dedicated to serving the needs of seriously mentally ill adults and severely emotionally disturbed youth and their families. Services are offered to children, adolescents, and adults in inpatient, outpatient, and forensic settings by multidisciplinary staff which includes psychologists, psychiatrists, nurses, social workers, interns and paraprofessionals.

We offer 4 main placement sites for Practicum Students:
Youth Outpatient in Daly City, Juvenile Forensic in San Mateo, Adult Forensic and Adult Outpatient in Redwood City. All of these sites have licensed psychologists serving as primary supervisors.

Training:
San Mateo County is proud of its training programs as we provide training opportunities for approximately 60-75 psychology interns, masters-level trainees and psychiatric residents every year. For psychology practicum students there is opportunities for individual supervision, group supervision and case conferences. All students are also welcome to attend any of the five didactic training seminars throughout the county. There are bi-monthly psychiatric grand rounds at the hospital that are open to all staff and students. Regular in-service trainings and specialized staff trainings are also available for students to attend. In this past year alone there has been training in a wide variety of topics such as Dialectical Behavior Therapy, Motivational Interviewing, Cognitive Behavior Therapy, and Suicide Assessment.
Cultural Competence Stipends are available for those who can help provide treatment to underserved clients within our system of care. The emphasis is on bi-lingual or bi-cultural service ability. Each stipend is $5,000 for an intern who works 24 hours in their placement. Stipends will be pro-rated if the student works fewer hours. Please request a stipend application from any of the supervisors or you may download one from our website if you are interested.

Included in this packet is information on each of the placement sites. For more detailed information or questions about a site please feel free to contact the supervisor listed.

APPLICATION PROCEDURE
For Practicum Candidates:
Please directly contact the supervisor of the site(s) you are interested in by e-mailing a copy of your CV and a letter of interest. Our admissions are rolling and we will begin reviewing applications in late January/early February.

For general training information please contact
Alisa Kriegel, Ph.D., Training Director
Phone: (650) 573-2306
E-mail: akriegel@co.sanmateo.ca.us

Website:  www.smhealth.org/bhrs
Go to:  Mental Health; Intern & Trainee Program

PRACTICUM PLACEMENTS

Forensic
ADULT FORENSIC MENTAL HEALTH TEAM  pg. 3

YOUTH SERVICES CENTER  pg. 4

Youth Outpatient
NORTH COUNTY YOUTH TEAM  pg. 5

Adult Outpatient
SOUTH COUNTY ADULT OUTPATIENT  pg. 6
PLACEMENT OPENINGS: Practicum, Pre-doctoral and Post-Doctoral Interns

- Minimum 24 hours per week.
- Flexible schedule available Monday – Saturday, days, evenings and weekends. We are requesting at least one weekend or evening shift.
- Placement from September through June, summer also available.
- Participate in research project to evaluate program effectiveness.
- Provide clinical services to seriously mentally ill adults.

Program Description:

Work with a multidisciplinary team providing services to seriously mentally ill and chemically dependent adults in the criminal justice system, with a current emphasis on research projects. In addition to the research project, training experiences typically include assessment, behavior management skills, crisis intervention, treatment planning, and consultation to security, the courts and Probation staff. Group and selective individual treatment experiences may also be available.

Supervisor: CAROL CLANCY, Psy.D.
PHONE: (650) 599-1739
E-mail: caclancy@co.sanmateo.ca.us
PLACEMENT OPENINGS:
Pre-doctoral and Post-doctoral Psychology Interns;
Practicum Students;
Half-time or Full-time

Requirements:
• Minimum hours per week: 20.
• Hours flexibly distributed Monday – Friday, 8:00 A.M. – 5:00 P.M.
• Must be available Wednesdays 8:30 A.M. – 2:30 P.M. (training and meetings)

Program Description:
The Youth Services Center provides an excellent opportunity to develop psychological assessment and report writing skills, as well as to gain experience providing therapeutic services to culturally diverse adolescents and their parents. Trainees and interns can choose from 3 primary assignments for direct clinical work to complement their psychological report writing experience:

1. The Forensic Mental Health Team provides crisis response, assessment, and triage; brief and longer-term individual and family therapy; group treatment; and case management services to Youth detained in the San Mateo County Juvenile Hall.

2. The Assessment Center Team provides psychological screening and assessment, as well as crisis response and triage to youth entering the Juvenile Probation system. Significant familiarity with the provision of mental health services in the Juvenile Hall is a prerequisite for this team assignment.

3. The Mental Health team at the Margaret J. Kemp Girls’ Camp offers girls gender-responsive, culturally attuned, and trauma-informed group, individual, and family therapy to address mental health needs and co-occurring substance use disorders.

Site Contact: SCOTT PEYTON, M.A., M.F.T.
Phone: (650) 312-5347
Email: mpeyton@co.sanmateo.ca.us

Primary Supervisor: BRUCE BESS, Ph.D.
Phone: (650) 312-5275
Email: brucebess@yahoo.com
PLACEMENT OPENINGS: Practicum Students strongly encouraged.

Requirements:
- A minimum of 20-24 hours weekly.
- Must be available Thursdays from 8:30 to 1:00.
- Must be able to work at least one evening/week until 6 or 7 pm.
- Must have a driver’s license and car insurance to be able to drive to school and other sites on behalf of the client.
- Placement runs from the first week of September to the last week of May.

Program/Duties:
- Work with children 0 – 18 years of age.
- Perform clinical assessments; individual, family and group therapy.
- Perform Special education assessment when required.
- Collaborate with agencies involved in the client’s treatment.
- Collaborate with the school the client is attending.
- Work with a diverse ethnic population.
- Participate in trainings provided by the clinic and by the county. (Extensive training seminars in child, adolescent, family, and group assessment and treatment.)
- Attend individual supervision and required meetings for staff and students.

Supervisor: CARMENZA RODRIGUEZ, Ph.D.
Phone: (650) 301-8692
E-mail: crodriguez1@co.sanmateo.ca.us
SOUTH COUNTY MENTAL HEALTH CENTER
ADULT TEAM

802 BREWSTER AVENUE
REDWOOD CITY, CA  94063
(650) 363-4111

PLACEMENT OPENINGS:  Advanced Practicum Students.  Previous experience with severe or chronic mentally ill population preferred

- 20 hours weekly.
- Placement runs from September through June.
- Work with seriously mentally ill adults, often with co occurring disorders, via brief therapy, Motivational Interviewing, case management, assessments, crisis intervention, and groups.
- Weekly individual supervision with a licensed Psychologist.
- Bi-lingual candidates are encouraged to apply.

Program Description:

South County Mental Health Services is one of five regional clinics that provide outpatient treatment and services to individuals with chronic or severe mental illness. Mental Health services include medication management, individual and group therapy, rehabilitation and recovery services, crisis intervention, and clinical case management. Whenever appropriate, families and clients’ support systems are involved in treatment. Treatment teams are multidisciplinary and include psychiatrists, a psychologist, social workers, marriage and family therapists, psychiatric nurses, residents and interns. Interns play a significant role in conducting much of the individual and group therapy at South County, using brief, solution focused, and cognitive behavioral therapy. Interns are encouraged to collaborate with clinical teams, and to develop assessment and case management skills.

Because Co-Occurring Disorders are an expectation, not an exception, the delivery of services incorporates Motivational Interviewing, and Stage-wise Case Management. Interns will also have the opportunity to co-lead various groups, i.e. Wellness & Recovery, DBT Skill Sets, Motivational Interviewing Groups, Seeking Safety, and Grief Groups.

SEND RESUMÉ TO:  ROSEMARY VEGA, Ph.D.
rovega@co.sanmateo.ca.us